

Global Peace Lovers

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HOWDY



Dedication

To facilitate the end of the series of violence in our world, we must, as adults, parents, and citizens of this world, learn to become peaceful and nonviolent ourselves. We must then express this wisdom of peace to all. Let's help educate ourselves and all the children of this world about peace, and to change our society from a culture of hostility to a culture of peace. The world events and the occurrences of aggression in our society demand that we the people make a diplomatic revolution and declare that peace shall be the way we live. There are many means of expression to peace, which often intersect, go beyond, or glance off each other. At different periods in our lives, we might be on different trail than we are now—or will be. Still, we can learn so much about ourselves in the world by identifying which trail is most aligned with our nature in this moment, and in knowing which path is our primary path to peace.

Our lives run parallel to each other and only intersect when deemed necessary by divine intervention. We must embrace these opportunities and utilize them to the fullest extent of our ability. By doing so, we will enrich and improve not only our existence, but of those we touch every single day. Ultimately, the people of the world follow the path to righteousness and glory in God Almighty, forever. The nature of the world would become peace and harmony.

There are different ways to define peace; some define “*peace*” as a state of harmony, or the absence of hostility. *Peace* can mean a state of quiet or tranquility—an absence of disturbance or agitation. *Peace* can also be a non-violent way of life. *Peace* is used to describe the termination of violent conflict. *Peace* can also express a relationship between any persons, which is characterized by respect, justice, and goodwill. *Peace* can describe calm, serenity, and silence. This latter knowledge of peace can also impact an individual’s sense of him- or herself, as to be “at peace” with one’s own mind. Whatever you describe and understand about peace, we—the people of the world—would like to have this simple word to our lives and to humanity. The motivational quotes are inspirations to all who give positive words of encouragement. They are designed to help give you the self-confidence and self-esteem you need to empower, motivate, and inspire yourself and others.

Consider peace in your life and peace in the world. If you want a society based on a culture of peace instead of the prevailing culture of violence, this book is dedicated to you. It is a call to action. Let’s discover and support the magnificence of peace to our lives and to the world.

“If we are to achieve real peace in this world ... we shall have to begin to ourselves.”

Peace to each and every one!



The Book Of Guidance

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Motivational and Inspirational Statements

- ❖ Live life to the fullest.
- ❖ Make your boss proud.
- ❖ Voice your ideas.
- ❖ Get active!
- ❖ A smile a day makes the day.
- ❖ If God forgives, why can't we?
- ❖ Let's enjoy life together.
- ❖ Every expert was once a beginner.
- ❖ I am right because I am righteous.
- ❖ Don't let a little dispute injure a great friendship.
- ❖ It's time for you to decide.
- ❖ Two minds work better than one.
- ❖ Experience or no experience, someone will get the job done.
- ❖ Kind words may encourage love.
- ❖ Another day, another dollar.

- ❖ Be flexible!
- ❖ Desperate times call for desperate measures.
- ❖ Better to be safe than sorry.
- ❖ If you snooze, you lose.
- ❖ Be a hero!
- ❖ Don't allow anyone to take your freedom away.
- ❖ Education is the root of success.
- ❖ Be a good example to others.
- ❖ Don't worry about your past; it's history.
- ❖ Things happen for a reason.
- ❖ Don't just trust anybody.
- ❖ Spying on someone is asking for trouble.
- ❖ Prevail, because times will eventually get better.
- ❖ Appreciate the value of life.
- ❖ We can all make a difference.
- ❖ There's always light at the end of the tunnel.
- ❖ Good workmanship deserves to win awards.
- ❖ Be committed to your everyday goals.

- ❖ You might live in the palace, but if you're not happy, it's like being in hell.
- ❖ Sometimes things just won't go away.
- ❖ It isn't nice to be a copycat.
- ❖ Protect endangered animals.
- ❖ Diplomacy always works.
- ❖ Your word should be your promise.
- ❖ There are solutions that can end any conflict.
- ❖ The grass is not always greener on the other side.
- ❖ We all have the opportunity to succeed.
- ❖ Every culture has a story.
- ❖ Do things in moderation.
- ❖ Prepare before you start.
- ❖ Your actions should not be in your interest alone, but also in the interest of others.
- ❖ Update your schedules.
- ❖ Have a good plan for wherever you go and for whatever you do.
- ❖ Don't let the opportunities in life pass you by.
- ❖ It's better to leave some people alone and wish them the best.

- ❖ A cheap shot will not advance you righteously.
- ❖ Don't let others take advantage of you.
- ❖ Unite, don't divide!
- ❖ Beware of those who encroach.
- ❖ You're okay in my book.
- ❖ Change your attitude, to change your day.
- ❖ Health is golden.
- ❖ Search for the truth.
- ❖ Violence is not the answer.
- ❖ Work on your self-esteem.
- ❖ Failure is not an option.
- ❖ Be concerned.
- ❖ Change the world to make a better day.
- ❖ A temper will put you and others in jeopardy.
- ❖ Do your daily stretches.
- ❖ Honor all schools.
- ❖ Get around!
- ❖ Unify peace with reverence.

- ❖ Hurting others is hurting yourself.
- ❖ Sometimes the subject should be changed.
- ❖ The past is gone... the future is coming.
- ❖ I gotcha covered!
- ❖ Implement the good things you learn.
- ❖ Some are morally rich, and others are materialistically rich.
- ❖ I want to understand you, but it's just not my language.
- ❖ Talk the talk, walk the walk.
- ❖ This world is mine, as much as, it is yours.
- ❖ Keep your mind charged with peace.
- ❖ Shun all evil.
- ❖ Sign up!
- ❖ You owe it to yourself.
- ❖ Understand yourself, so that you can understand others.
- ❖ The party is over.
- ❖ You can do it!
- ❖ Zero in your target.
- ❖ Beware of shysters.

- ❖ Angels help unite the world.
- ❖ Why settle for good when you could be better?
- ❖ Believe in God!
- ❖ Work towards a global peace.
- ❖ Bring music to your ears.
- ❖ Comply with the contract.
- ❖ Some get it and some don't.
- ❖ Confirm your appointment.
- ❖ Don't blame an entire race for a single man's mistakes.
- ❖ Some are street smart and others are book smart.
- ❖ Don't take your drama to others.
- ❖ Every person has weaknesses.
- ❖ It's a privilege to be free.
- ❖ Strengthen your good desires in life.
- ❖ Some can go on without stopping.
- ❖ Stop the bullies.
- ❖ Take one step at a time.
- ❖ Every plant is a work of art.

- ❖ Our tax money should be used towards good causes, not bombs.
- ❖ Wake up and smell the coffee.
- ❖ Deal with it.
- ❖ Show your peace signs.
- ❖ Join a parade for fun.
- ❖ Some are desperate to leave their homes.
- ❖ Be courageous! Teach courage!
- ❖ Value the human race.
- ❖ Give a penny for a cause, any cause is worth a penny.
- ❖ Follow the road directions.
- ❖ Try your best to achieve your goals.
- ❖ Watch out for people who are cool on the outside but are not honest on the inside.
- ❖ Respect and peace to all religions.
- ❖ Follow the road to glory.
- ❖ War = bad memories.
- ❖ Truth is the best ground to stand on.
- ❖ Every penny counts.

- ❖ Try and fail, but don't fail to try.
- ❖ Focus on what's best for future generations.
- ❖ Your safety comes first.
- ❖ For better or for worse, 'til death do us part.
- ❖ Every occupation contributes to life.
- ❖ Count your calories.
- ❖ Everybody deserves to be happy.
- ❖ Don't take your anger out on others.
- ❖ Don't push anyone to the point where they will snap.
- ❖ It's your future.
- ❖ We wish you all the best.
- ❖ Try not to have a short fuse.
- ❖ Join to unite.
- ❖ Wealth is good, but life is joy.
- ❖ Seeing is believing.
- ❖ The bigger they are, the harder they fall.
- ❖ People can be trained for any job.
- ❖ Help the world, don't destroy it.

- ❖ A clock can't tell your future.
- ❖ Watch out for identity theft.
- ❖ It's your choice.
- ❖ You can't put yourself down forever.
- ❖ Culture is a facet of living.
- ❖ Criminals must pay for the crimes they commit.
- ❖ Try before you buy.
- ❖ Fulfill your responsibilities.
- ❖ Don't squander your desirable life.
- ❖ Create new employment opportunities.
- ❖ You have the feeling? Then go for it.
- ❖ You have the freedom to sing.
- ❖ Beware of greedy people in society.
- ❖ The best person can sometimes be the worst.
- ❖ First, keep the peace within you; then you can bring peace to others.
- ❖ Fix it before it gets worse.
- ❖ Respect yourself and others will respect you.
- ❖ Truth is the best argument.

- ❖ Peace feels better than hate.
- ❖ Someone can always make your day.
- ❖ Join a marathon helping a good cause.
- ❖ Show love and you'll be loved.
- ❖ Revere the lives of others.
- ❖ We all have equal rights.
- ❖ Shred all your important documents before the criminals get hold of them.
- ❖ There's no deity but God.
- ❖ The whole planet should be shared equally.
- ❖ Lead yourself by the beauty of all religions
- ❖ Do you remember the boy who cried wolf?
- ❖ There is life after death.
- ❖ Do your daily obligations.
- ❖ Sharpen up!
- ❖ They know it, they see it, and they can help it.
- ❖ Leaders should help to save the world.
- ❖ You have the right to counsel.
- ❖ Showing off is a childish act.

- ❖ Give for a good cause.
- ❖ We all have good and bad days.
- ❖ Be reasonable in everything you do.
- ❖ Do you like it like that?
- ❖ We learn from our mistakes.
- ❖ If someone doesn't want to be around you, don't think they hate you. Maybe it's because you don't have anything in common.
- ❖ Share the world ... save the world!
- ❖ Do you expect me to believe that?
- ❖ Things can get chaotic.
- ❖ Drop your hate.
- ❖ Give everyone a fair hearing.
- ❖ If they offer one, you should take one.
- ❖ Things can turn around at the last second.
- ❖ If you are a trusting person, you are a successful person.
- ❖ Work out to stay healthy.
- ❖ Laziness causes failure.
- ❖ Time can accelerate your life, so never waste a second.

- ❖ Practice makes perfect.
- ❖ Adopt the needy, if you can.
- ❖ Treasure is in your heart and diamonds are on your fingers.
- ❖ Each one of us is the greatest in our own way!
- ❖ Everything's hunky-dory!
- ❖ Laugh with others.
- ❖ Money that is donated to charity should be monitored.
- ❖ Nice Doohickey!
- ❖ Whether you're educated or not, you are still human.
- ❖ Support global health care.
- ❖ Associate with those who are honest.
- ❖ *Admit to solve*; problems will be solved when you admit the truth.
- ❖ Recognize NATO.
- ❖ Be a visionary.
- ❖ It's simple: You're right and I'm wrong.
- ❖ Women and men have equal rights.
- ❖ Don't be scared, be alert.
- ❖ Enjoy life, don't destroy life.

- ❖ Treasure all the good moments in your life.
- ❖ We are all one family.
- ❖ Some are brilliant and some are not.
- ❖ Don't be shocked when your time comes.
- ❖ Simon says, "Stop the demons."
- ❖ Enjoy every raindrop, every snowflake and every ray of sunshine.
- ❖ Protect nature.
- ❖ Protect the ozone layer, because it protects us.
- ❖ Best wishes to all!
- ❖ Learning to love your enemies is the greatest love of all.
- ❖ Learn and say good things.
- ❖ Don't burn your bridges.
- ❖ All skills are needed in life.
- ❖ Show your sense of humor.
- ❖ Friendship is friendship, business is business.
- ❖ We are all equal in the tree of humanity.
- ❖ Use it or share it.
- ❖ Imitate a good person.

- ❖ All things are created by our Lord.
- ❖ You can run, but you can't hide.
- ❖ Every human is a marvel in his or her own way.
- ❖ You can't accomplish anything without trying.
- ❖ Believe—don't refuse—your faith.
- ❖ Don't crash through when you can use the entrance and exit.
- ❖ Watch out for con artists.
- ❖ Don't bug others.
- ❖ Take charge.
- ❖ Every "king" will perish.
- ❖ If they love you, love them back.
- ❖ Winners never quit.
- ❖ You hit it right on the button.
- ❖ Some never learn their lessons.
- ❖ Don't cut into someone else's pie.
- ❖ Tomorrow may never come.
- ❖ Some people are more blessed than others.
- ❖ Every problem has a solution.

- ❖ Each one of us is unique, so don't compare one person to another.
- ❖ Learn from yesterday, live for today, and hope for tomorrow.
- ❖ Each plant is beautiful and tells its own story.
- ❖ Not reality, actuality.
- ❖ Got enough milk?
- ❖ If you have done a wrong, show remorse.
- ❖ Nothing can bring you peace but yourself; peace is the triumph of principles.
- ❖ Rebel against unnecessary issues.
- ❖ Let's rock and roll.
- ❖ Rebuild your life.
- ❖ Good foresight will guide us through our great journey.
- ❖ Let's put an end to pollution.
- ❖ Be sure to help the elderly; you're going to be old yourself someday.
- ❖ Take back what you abandoned.
- ❖ Drink what's beneficial and leave aside what's harmful.
- ❖ Appreciate all sports.
- ❖ Your attitude is symbolic of your character.

- ❖ Calm down; anger is not going to solve the problem.
- ❖ Your eyes see what they can't touch.
- ❖ Stand tall and shine with joy.
- ❖ Everything has limits.
- ❖ Appearances are deceiving.
- ❖ The world is bonded together through imports and exports.
- ❖ Campaign to improve your position.
- ❖ The biggest adventure you can ever take is to live the life of your dreams.
- ❖ Stand tall against the odds.
- ❖ Life is precious.
- ❖ Can you help me to help you?
- ❖ Control yourself.
- ❖ Send a positive message.
- ❖ Carry and handle one thing at a time.
- ❖ Support someone's opinions.
- ❖ Take care of the world.
- ❖ Laws are rules to be followed.

- ❖ Ban the weapons.
- ❖ Check the résumé.
- ❖ We can't stay young forever.
- ❖ There is a destiny.
- ❖ Faithfulness is a key to success.
- ❖ Don't let others beguile you from your goals in life.
- ❖ I feel your pain.
- ❖ Cheer yourself up!
- ❖ Show your manners; it shows your respect for others.
- ❖ Fame is a big business.
- ❖ There are limitations in life.
- ❖ Save, save, save, just in case.
- ❖ Support scientific theories for a better future.
- ❖ Take care of your business.
- ❖ Fashion is a part of culture.
- ❖ There are things that can be inspiring to others.
- ❖ A person's good name is worth more than any prize.
- ❖ Say "cheese" and smile.

- ❖ Love and hug your friend.
- ❖ Unique people, unique styles.
- ❖ When the going gets tough, the tough get going.
- ❖ It's okay to use self-defense.
- ❖ Plug it in!
- ❖ Support the Red Cross.
- ❖ Take care of yourself.
- ❖ Learn to heal yourself.
- ❖ Show your love.
- ❖ Be a peacemaker.
- ❖ Committing a crime is a sin.
- ❖ It's show time!
- ❖ When it rains, it pours.
- ❖ Create a good plan.
- ❖ You can't push people into religion if they don't want to be pushed.
- ❖ Be a star!
- ❖ Think positively!
- ❖ Stop the recession! Act accordingly.

- ❖ Take your life one day at a time.
- ❖ Give assistance to those who need it.
- ❖ Hitting is forbidden.
- ❖ Think smart!
- ❖ Always do a good job.
- ❖ You can make every day delightful.
- ❖ Strike a fair deal.
- ❖ Follow the examples of Buddhism.
- ❖ Keep it simple.
- ❖ Show good customer relations.
- ❖ Hit a home run.
- ❖ Keep it safe!
- ❖ Make friends everywhere you go.
- ❖ Show compassion towards the aged.
- ❖ You are us and we are you.
- ❖ Show and teach others a positive way of life.
- ❖ You asked for it.
- ❖ Stress! Keep it away.

- ❖ True leaders will help all nations.
- ❖ Support the Peace Corps.
- ❖ Honor the relief workers.
- ❖ Show your sympathy to those in sorrow.
- ❖ “Gay” means happy.
- ❖ Show your true colors.
- ❖ Praying will get you a mountain of good deeds in heaven, but you must work hard to put food in your stomach.
- ❖ Make them laugh.
- ❖ Present generations should improve upon the last.
- ❖ We live and learn every day.
- ❖ Show what you know.
- ❖ Keep your promises. Never promise more than you can perform.
- ❖ Killing is a crime that shows no remorse.
- ❖ Trust your heart.
- ❖ Celebrate Fathers’ Day every day of the year.
- ❖ Support the Salvation Army.
- ❖ Stop the pollution.

- ❖ Thank your mom for raising you!
- ❖ Germs, germs, germs! They hide from the naked eye, but still will cause you pain.
- ❖ Make time for yourself.
- ❖ Don't take it personally.
- ❖ Let us forgive each other—only then will we live in peace.
- ❖ Be committed to what you say.
- ❖ Constantly seek new ideas.
- ❖ Be clear.
- ❖ Discipline is important in everything you do.
- ❖ Be honest with your business.
- ❖ Go back to refresh yourself.
- ❖ If it's dangerous, then keep away from it.
- ❖ Leave your problems behind.
- ❖ Stop the proliferation of nuclear bombs.
- ❖ Thank you to all heroes who have strived to make our world a more peaceful place.
- ❖ Don't be a snob.
- ❖ Glorify humanity.

- ❖ Donate to a good cause.
- ❖ Let your dreams resonate.
- ❖ If it's necessity, then build it.
- ❖ No gossiping!
- ❖ Reconcile your differences.
- ❖ Some want to party and some don't.
- ❖ Let good music inspire you.
- ❖ Indicate the way.
- ❖ Recognize your beneficial friends.
- ❖ Don't be afraid of stopping a dictator; he is human just like us.
- ❖ No legacy is as rich as honesty.
- ❖ We all come from the same planet.
- ❖ Stop the increase of narcotics.
- ❖ A good idea should be quickly picked up.
- ❖ Some will work to raise the world and others to bring it crashing down.
- ❖ Treat everyone equally.
- ❖ We may all cause war, one way or another.

- ❖ Your time is now.
- ❖ Be open with others.
- ❖ Be optimistic.
- ❖ Do your share!
- ❖ If your life is miserable, don't make others suffer for it.
- ❖ God sent us messengers to follow.
- ❖ Let peace and love fill our heart, our world, and our universe.
- ❖ Show them what you've got.
- ❖ Encourage a loved one to do the right thing.
- ❖ Good actions may help build spirit.
- ❖ Stop man-made disasters.
- ❖ Thanks to the world-loving people.
- ❖ Let's start now.
- ❖ Respect different views.
- ❖ Ignorance comes from shallow minds.
- ❖ Let's share the moment of truth.
- ❖ One thing to live for is happiness.
- ❖ One way or another, we'll get it done.

- ❖ Open doors for others.
- ❖ Stay focused.
- ❖ The world should not change, because of war.
- ❖ Think about your pregnancy before you get an abortion.
- ❖ A temper won't solve the problem.
- ❖ Be young at heart.
- ❖ Show me respect and I'll show you respect.
- ❖ Don't be a stalker.
- ❖ A vitamin a day keeps the doctor away.
- ❖ Beauty is from the inside out.
- ❖ Don't be afraid of others; they are mortal, just like you.
- ❖ Some can take the pain and some can't.
- ❖ Take responsibility.
- ❖ Your righteousness must begin with patience.
- ❖ Don't deny what you have done.
- ❖ Life comes with unpredictable challenges.
- ❖ A warranty is good, but a guarantee is a promise.
- ❖ Come back, go back and solve it?

- ❖ Take precautionary measures when starting your day
- ❖ War is not the answer.
- ❖ Some dogs bark up the wrong tree.
- ❖ Protect the rain forest.
- ❖ Celebrate Mother's Day every day of the year.
- ❖ Medication on this planet has been provided to us by God.
- ❖ Build your life from the foundation up.
- ❖ Good music brings joy to the soul.
- ❖ Laugh when you can. It's a great way to medicate yourself.
- ❖ Get a second opinion.
- ❖ Let's get real.
- ❖ Show some hospitality.
- ❖ Protect the legacy of your ancestors.
- ❖ Stop the crimes, if you want to have a peaceful world.
- ❖ Don't remind people of their bad days.
- ❖ Forgive me, for I have sinned.
- ❖ The mind can help heal you.
- ❖ The world is a place to explore and enjoy.

- ❖ Lead by the examples of Jesus Christ.
- ❖ Choose wisely.
- ❖ Be an organ donor to save the lives of others.
- ❖ Watch and learn.
- ❖ Some like it loud and others like it quiet.
- ❖ Agree to disagree.
- ❖ Help preserve wild life.
- ❖ Be a gentleman.
- ❖ Stop the bloodshed.
- ❖ The world is counting on you.
- ❖ Don't hurt people's feelings.
- ❖ Bon appétit!
- ❖ Aim for success!
- ❖ Faith will move mountains.
- ❖ Prevent environmental disasters.
- ❖ Don't humiliate others.
- ❖ Bless us all.
- ❖ Raise important issues.

- ❖ Don't honk! Be patient!
- ❖ Facts are important in life.
- ❖ Help is here for you. Work for it!
- ❖ The family that prays together stays together.
- ❖ Keep a healthy lifestyle.
- ❖ Some have it and some don't.
- ❖ Let's glorify the Lord together.
- ❖ Show respect, wherever you are.
- ❖ Make positive changes.
- ❖ Help others, and you will receive the same in return.
- ❖ Stop the bad guys!
- ❖ The world thrives on technology.
- ❖ Preserve your idea before making a deal.
- ❖ Justice should be equal for both the rich and the poor.
- ❖ Take care of the ones who took care of you.
- ❖ Some may believe and some won't.
- ❖ Make more to keep more.
- ❖ Wasting your time is wasting your future.

- ❖ Take it to the highest level.
- ❖ Hey pretty face, let's share the world together.
- ❖ Some leaders are out for publicity.
- ❖ Take charge of your destiny.
- ❖ Wars won't solve problems, they create problems.
- ❖ Stop neglecting children, they are our future.
- ❖ There are always people who will support you.
- ❖ We all have unique talents.
- ❖ We are alive because of peace-loving people.
- ❖ Respect all doctors.
- ❖ Some have hearts of gold, and others are rusted.
- ❖ Test the water before making a final decision.
- ❖ We should all pledge allegiance to the world peace flag.
- ❖ Testing yourself is improving yourself.
- ❖ Everyone has God-given talents.
- ❖ Chain the bad to save the world.
- ❖ We all strive to move ahead in life.
- ❖ Protect yourself from STDs.

- ❖ There are always surprises in life.
- ❖ Mind your own business.
- ❖ Purify yourself.
- ❖ May peace prevail!
- ❖ Honesty is the best policy.
- ❖ Thank God for another day in life.
- ❖ Keep your nose clean and your head straight.
- ❖ Challenge society for better solutions.
- ❖ Respect all aspects of life.
- ❖ Flip your problems from negative to positive.
- ❖ Shake hands with sincerity.
- ❖ Some have loose screws.
- ❖ Minimize your spending for the better.
- ❖ There are always two sides to the story.
- ❖ Caution! Protect your personal codes and I.D. numbers.
- ❖ Psychotic people should be monitored at all times.
- ❖ Follow the examples of Christianity.
- ❖ Keep your mind busy.

- ❖ Flowers are beautiful wherever they grow.
- ❖ May the Lord always bless you.
- ❖ Honesty will bring you prosperity.
- ❖ Challenge yourself for better ideas.
- ❖ Time cannot be reversed.
- ❖ Do as you say.
- ❖ Flex your time.
- ❖ Satisfaction is anything you accept.
- ❖ There is always a better explanation to a situation.
- ❖ Always protect yourself.
- ❖ Feeling lonely? Go online for a same day match.
- ❖ Let's shake, don't hate.
- ❖ If you are uncomfortable with your surroundings, just leave.
- ❖ Change of heart is permissible.
- ❖ Don't litter the seas.
- ❖ Always stay, as sweet as you are.
- ❖ Click on help!
- ❖ Don't make fun of others.

- ❖ Give yourself credit for your achievements.
- ❖ Some have open doors and others don't.
- ❖ Don't twist the truth with your words.
- ❖ Let's make this world a better place.
- ❖ Seek therapy for help.
- ❖ Celebrate with others.
- ❖ Stop being a snitch.
- ❖ There are days when you are sad, and there are days when you are not.
- ❖ Every story should have a happy ending.
- ❖ It's the circle of life.
- ❖ Stop funding bad causes.
- ❖ Don't undermine others.
- ❖ Change with the climate.
- ❖ Stop the genocide.
- ❖ Stop the dirty attacks.
- ❖ Clean up after yourself.
- ❖ Meet challenges mentally, not physically.
- ❖ Always be in control of what you do.

- ❖ There are lots of admirable people in the world.
- ❖ Let's protect the wildlife.
- ❖ Seek knowledge for peace.
- ❖ Have sympathy for a loss in a family.
- ❖ Don't be so pushy.
- ❖ If you embrace another, it will be returned.
- ❖ Everyone makes mistakes in life.
- ❖ Let's put an end to crime.
- ❖ People need you to join their side.
- ❖ Attract peaceful energy.
- ❖ If you fail, then try again.
- ❖ Efficiency can minimize your work.
- ❖ Miracles can happen.
- ❖ Our life is but a few seconds.
- ❖ Stop cruelty to animals.
- ❖ There are many ways to solve a problem.
- ❖ Chuckle away your frown.
- ❖ Don't underestimate the ability of others.

- ❖ We all get older and some get wiser.
- ❖ Ask questions if you don't know the answer.
- ❖ Salute all our service men and women.
- ❖ Be an honor student.
- ❖ Don't use past history as an excuse.
- ❖ Return a favor that has been bestowed upon you.
- ❖ Health is first.
- ❖ Get back together.
- ❖ People who don't want peace are dictators of evil.
- ❖ Give respect and help to the handicapped.
- ❖ Resist temptation and stick with your good habits.
- ❖ There are peaceful ways to be victorious.
- ❖ Our deepest sympathy, our thoughts, and our prayers are with you during your time of loss.
- ❖ Return what you borrowed.
- ❖ Save energy.
- ❖ Go with your good inspirations.
- ❖ Be hospitable to all of your guests.
- ❖ Yesterday is gone.

- ❖ Time changes everything.
- ❖ Write the truth.
- ❖ Support the troops to help prevent a greater war.
- ❖ Devils are bad; they teach hate; they like war.
- ❖ Yes, I'm single and I'm proud!
- ❖ Be cautious in order to prevent an accident.
- ❖ Stick together for a good cause.
- ❖ There are people who will do anything to give you a bad reputation.
- ❖ Everyone lives in his or her own world.
- ❖ Please don't be rude. Rudeness is the weak man's imitation of strength.
- ❖ Join a good cause to help the world.
- ❖ A physical examination every year is required to maintain our good health.
- ❖ Say it nicely.
- ❖ Live the good life.
- ❖ Rethink the way you live.
- ❖ We are blessed with freedom of religion.
- ❖ Relocate, if necessary, to a better environment.

- ❖ Support UNICEF.
- ❖ Grab the opportunity as long as you can do so righteously.
- ❖ You must earn it on your own.
- ❖ Remember all souls.
- ❖ Make a good first impression.
- ❖ There are opportunities everywhere.
- ❖ Encourage others.
- ❖ *Amigo: Es Fantastico hacer Paz.*
- ❖ Promote yourself, but do not denigrate others.
- ❖ It is what it is.
- ❖ Every human has a soul.
- ❖ Pick a good trade or profession to make the best of life.
- ❖ Restore middle-class dreams.
- ❖ It's okay to ask for help.
- ❖ Some have a magic touch and some don't.
- ❖ Elevate yourself with meditation.
- ❖ We are all blessed with resilience.
- ❖ Do you care about yourself?

- ❖ Step up to the plate.
- ❖ There is a right time for everything.
- ❖ If it's expired don't try it.
- ❖ Every crime has a story behind it.
- ❖ Communities gather to exchange useful information.
- ❖ Having confidence is a key to success.
- ❖ Every day is a struggle for the positive.
- ❖ It's the principle that counts.
- ❖ Make it happen.
- ❖ It's time for peace.
- ❖ Don't be so sensitive! Come on!
- ❖ Participate in competitions.
- ❖ Give up your pride for a better world.
- ❖ Follow the examples of the Hinduism religion.
- ❖ The best journey is the one to heaven.
- ❖ Don't be so loud.
- ❖ Someone who mistreats his enemies is also capable of mistreating his friends.
- ❖ There will be a day of judgment.

- ❖ Remind yourself of what must be done.
- ❖ Some evil men like to keep us underfoot.
- ❖ Be polite when passing by.
- ❖ Relinquish your ego.
- ❖ Protect all creatures.
- ❖ Be positive!
- ❖ Modernize the world.
- ❖ Everyone needs a backbone.
- ❖ There's good news and bad news everywhere.
- ❖ Have a sound mind in a sound body.
- ❖ Why destroy human life when you can assist it?
- ❖ Stop the negative ads.
- ❖ When you're far, know where you are.
- ❖ There's no need to fear; the angels are here.
- ❖ Don't be offensive.
- ❖ A hard-working team will succeed together.
- ❖ We are all the creations of one God.
- ❖ You don't need a degree to show that you're smart.

- ❖ Stop the proliferation of weapons.
- ❖ Honor policewomen and men.
- ❖ Who let the dogs out? Carelessness! Who...
- ❖ Say bye-bye to yuckiness.
- ❖ Everyone needs privacy.
- ❖ Honor firemen.
- ❖ Object to violence.
- ❖ Stay tuned.
- ❖ There will be fewer problems in the world if you ask questions.
- ❖ Pierce my ear, but not my heart.
- ❖ There's always someone better than the best.
- ❖ A happy childhood is high-quality preparation for social skills.
- ❖ Stop the nonsense.
- ❖ Try to be a good person.
- ❖ Be a stickler.
- ❖ Who are you to take the lives of others?
- ❖ Don't get upset because you're wrong.

- ❖ Be sure about the facts before you criticize.
- ❖ Filter what you drink.
- ❖ Remember who you left behind.
- ❖ Be pleasant!
- ❖ Stay on your side of the border.
- ❖ Time is money.
- ❖ Don't give in to evil.
- ❖ Save our natural world.
- ❖ Try to keep the noise down.
- ❖ Fight against addictions.
- ❖ Sometimes the only person you can count on to do the job is yourself.
- ❖ Remember the good days you had.
- ❖ Be thankful that you are alive.
- ❖ Try not to make stupid remarks.
- ❖ Old excuses should stay old.
- ❖ Save the animal kingdom.
- ❖ Stop the pandemic of hate.
- ❖ Fight discrimination.

- ❖ Don't gamble with your mind.
- ❖ Try on what looks good on you.
- ❖ Be steadfast in prayer.
- ❖ Stay on track every day.
- ❖ It's time to speak up.
- ❖ Absorb positive words.
- ❖ Catch up with what you missed.
- ❖ Place valuable possessions out of sight.
- ❖ Respect your parents at all times.
- ❖ We must believe in predestination.
- ❖ Pray for peace.
- ❖ Protect your wealth.
- ❖ Follow the examples of the Catholic religion.
- ❖ You don't need to be popular to enjoy life.
- ❖ Be fashionable.
- ❖ Some don't appreciate what others do for them.
- ❖ That's life!
- ❖ Can you be honest with yourself?

- ❖ That's not funny.
- ❖ Keep trying until you succeed.
- ❖ Some will clean your pockets out if you're not careful.
- ❖ Celebrate all your holidays.
- ❖ Don't steal another's idea.
- ❖ Inspect carefully before things fall apart.
- ❖ Don't take unsafe shortcuts.
- ❖ Go on vacation. Take a break.
- ❖ God is most gracious and merciful.
- ❖ Lock your doors, just in case.
- ❖ Stop faking it.
- ❖ Some can master things faster than others.
- ❖ Keep on moving forward.
- ❖ Accept what you have.
- ❖ Keep trying, no matter how hard it seems. It will get easier.
- ❖ Get certified.
- ❖ You're always innocent until proven guilty.
- ❖ Log on!

- ❖ Don't sweat it!
- ❖ Go green; save the planet.
- ❖ Respect your neighbors.
- ❖ Live your life the way you want to.
- ❖ Inhale and exhale; while it's free.
- ❖ Live for tomorrow. Tomorrow will be better if you prepare for it today.
- ❖ Some can express themselves better than others.
- ❖ The beginning of knowledge is the discovery of something we do not understand.
- ❖ Plan a good future for your family.
- ❖ Keep off private property.
- ❖ Some will fool you like magic.
- ❖ What's your game?
- ❖ Pray to the Almighty.
- ❖ You have to believe in order to understand.
- ❖ Just because someone has a trade skill or profession doesn't mean they know everything.
- ❖ Choose a trade or profession that you enjoy.
- ❖ Prevent the cheating of others before it happens to you.

- ❖ We know how smart you are.
- ❖ What's your mission?
- ❖ Pray for others.
- ❖ When are we going to live peacefully?
- ❖ Good luck to you.
- ❖ Justice does not come from the outside: it comes from the inside.
- ❖ Sometimes we have a slip of the tongue.
- ❖ When giving a lecture, give a peaceful one.
- ❖ Respect your coach.
- ❖ Allow freedom of speech.
- ❖ The world belongs to everyone.
- ❖ I'll never brag, so yours will always be better than mine
- ❖ Some you can live with and some you cannot.
- ❖ Always try your best.
- ❖ You've got to have good moves to checkmate.
- ❖ Chip in!
- ❖ Somebody's got to do it.
- ❖ The truth always helps.

- ❖ All religions are unique.
- ❖ Love your children equally and avoid favoritism.
- ❖ Prevent global warming.
- ❖ You cannot predict who and what will succeed in the future.
- ❖ Good looks fade away with time.
- ❖ Just say NO to DRUGS, period.
- ❖ Allow freedom of the press.
- ❖ Don't waste food.
- ❖ Plan it well.
- ❖ Respect your children, so that they will in turn respect you.
- ❖ Good for you!
- ❖ Appreciate your parents.
- ❖ Please remain calm.
- ❖ Don't wait 'til the last minute.
- ❖ It's best to walk away from an angry situation.
- ❖ Keep your secrets to yourself.
- ❖ Have hope.
- ❖ No pain, no gain.

- ❖ Good manners show respect.
- ❖ Don't walk on thin ice.
- ❖ All the children of the world are precious.
- ❖ People don't all have the same values.
- ❖ Enough effort will help you be saved.
- ❖ Are you for it?
- ❖ Righteousness leads you to paradise.
- ❖ Deny all false accusations.
- ❖ Rivalry creates problems.
- ❖ Buy what you need without being wasteful.
- ❖ Have fun!
- ❖ Stop taking cheap shots.
- ❖ Enter a league.
- ❖ Have compassion for the weak.
- ❖ Employ your knowledge in everything you do.
- ❖ Many people are smarter than they look.
- ❖ Stop using profanity.
- ❖ No money, no honey.

- ❖ World is always ready to receive talent with open arms.
- ❖ Deal with the issues of the day.
- ❖ Knowledge is power.
- ❖ Don't use excuses to raise your price.
- ❖ Arguments are to be avoided.
- ❖ Stop upsetting others.
- ❖ Examine the facts before you place blame.
- ❖ You're damned if you do and damned if you don't.
- ❖ Enjoy the fun activities.
- ❖ Ask me to ask you.
- ❖ Reconsider, before leaving a loved one.
- ❖ No one is perfect.
- ❖ Ask permission before using anything.
- ❖ Right place, wrong people.
- ❖ Stop the world's most dangerous criminals who are hiding behind others.
- ❖ Respect the skills of a woman.
- ❖ Use your gut instinct.
- ❖ Deal or no deal.

- ❖ Watch out for the forfeiture disclaimer.
- ❖ Support your community's fundraising.
- ❖ Everyone has a purpose in life.
- ❖ Be a mentor to the uncouneted people.
- ❖ Do it with dual efforts.
- ❖ Help when it's needed.
- ❖ Serve the Lord.
- ❖ People can change their minds quickly.
- ❖ Be a workaholic, not an alcoholic.
- ❖ One man's trash is another man's treasure.
- ❖ Selfishness is foolishness.
- ❖ One who is paralyzed needs help. One who is ambulatory needs *to* help.
- ❖ Help when disasters hit us.
- ❖ Leaders must work for peace.
- ❖ Heroes don't like destruction and war. Heroes save lives and love peace.
- ❖ Everyone has a special someone out in the world.
- ❖ Watch out! A devil can brainwash you quicker than you think.

- ❖ Some hard working people build incredible machines but some are too lazy to even turn them on!
- ❖ Watch your budget.
- ❖ Do it right.
- ❖ Be a peaceful citizen in your community.
- ❖ Everyone has equal rights.
- ❖ Watch where you're going.
- ❖ One God, one hope.
- ❖ Do it nicely.
- ❖ Everyone has feelings.
- ❖ One life to live.
- ❖ Don't be harsh on yourself.
- ❖ Be nice!
- ❖ Learn a useful skill.
- ❖ You are in it for eternity.
- ❖ There is an explanation for everything.
- ❖ You scratch my back and I'll scratch yours.
- ❖ Life is short; enjoy it.
- ❖ Please stop the madness.

- ❖ Support the organization that has good objectives for mankind.
- ❖ Politics should be peaceful.
- ❖ If you are on medication, don't use machinery.
- ❖ Everyone has different opinions.
- ❖ Sometimes it's necessary to work together.
- ❖ There are things in life that you have to deal with.
- ❖ Please don't interrupt.
- ❖ Find ideas outside of your globe.
- ❖ Be sure you can do what you're supposed to do.
- ❖ Find a life booster.
- ❖ Ignore those who try to discourage you.
- ❖ Be an entrepreneur.
- ❖ Please keep the noise down.
- ❖ Don't be so extreme.
- ❖ There is always someone who cares where ever you go.
- ❖ Protect one another.
- ❖ Find a healthy balance.
- ❖ Loosen up!

- ❖ Be creative.
- ❖ If you aren't satisfied, you may be spoiled.
- ❖ Protect liberty.
- ❖ Look forward.
- ❖ Foster good habits
- ❖ Don't be one-sided.
- ❖ You should know the difference between good and bad.
- ❖ Loosen your heart and open your mind.
- ❖ Sometimes good leaders make mistakes.
- ❖ There is a risk in every moving object.
- ❖ Life is good.
- ❖ We all will fulfill our final destiny in life.
- ❖ If you believe, you can achieve.
- ❖ Consider the choices you must make.
- ❖ Don't be shy.
- ❖ Some will use you just for their pleasure.
- ❖ Get it together.
- ❖ If you are already great, be greater!

- ❖ Life is more important than smoking.
- ❖ Find a positive solution to your problems.
- ❖ Leave them alone, those who seek peace in their lives.
- ❖ Some will like you the way you are—and others won't.
- ❖ There is always a better one in the world.
- ❖ Be a champion.
- ❖ Think peaceful dreams.
- ❖ Be meticulous in choosing what you buy.
- ❖ Immigrants are here to improve their lives.
- ❖ Get help before it gets worse.
- ❖ Start where you are and move forward.
- ❖ You don't work hard just for yourself, but for your family as well.
- ❖ You get what you pay for.
- ❖ Don't exceed your limits.
- ❖ Get it right on the first try.
- ❖ Don't fade—accelerate
- ❖ You got me.
- ❖ Start counting.

- ❖ Problems with a relationship? Better to have no relationship.
- ❖ You don't own the world that God created.
- ❖ Love may save the universe.
- ❖ Please don't squeeze me.
- ❖ Think twice before you do it.
- ❖ You're complete with or without a relationship.
- ❖ Don't ever depend on others for the rest of your life.
- ❖ If you witnessed a crime, please come forward.
- ❖ If you insist that you own the world, where is your receipt?
- ❖ If you're looking for motivation, try seeking inspiration.
- ❖ Help the needy.
- ❖ Be obedient.
- ❖ Never act on negative thoughts.
- ❖ Replace existing technology with new ideas.
- ❖ Be compassionate; don't exploit the weak.
- ❖ Imagination has no boundaries.
- ❖ Get involved through peaceful tactics.
- ❖ Stay away from bad apples.

- ❖ Promote a healthy relationship.
- ❖ Be meek so that others will be meek with you.
- ❖ Don't obey the wrongdoers.
- ❖ You can't always have what you want.
- ❖ God is our salvation.
- ❖ Be ready to respond.
- ❖ Survival is a way of life.
- ❖ Don't occupy another's land.
- ❖ Swearing is repulsive.
- ❖ "Just gotta do it."
- ❖ If you drink and drive, you are an idiot.
- ❖ Be on time.
- ❖ Nervous is normal.
- ❖ We are lucky to be alive.
- ❖ Join a club that's promoting peace in the world.
- ❖ Be responsive, but don't be too sensitive.
- ❖ Be scrupulous in what you say and do.
- ❖ Science is part of our life.

- ❖ Search for good ideas in enlightening books.
- ❖ Good deeds are the tickets to heaven.
- ❖ Pay your bills on time.
- ❖ Don't monkey around.
- ❖ Search for the right leader.
- ❖ Be patient!
- ❖ We are one race in the eyes of God.
- ❖ You can't blame your mistakes on history.
- ❖ Use your money whenever you need to.
- ❖ Be patient; your turn is coming.
- ❖ Surrender your ego.
- ❖ We are visitors in every land.
- ❖ All countries are responsible for global problems, not just one.
- ❖ Never laugh at someone else's dreams.
- ❖ Be romantic.
- ❖ Don't neglect your children, because of a bad marital relationship.
- ❖ Surprise your loved ones with beautiful gifts.

- ❖ Positive energy is an eternal delight.
- ❖ To love and be loved is to feel the sun from both sides.
- ❖ Follow the examples of Quran.
- ❖ Teach your children good manners.
- ❖ Some people think that they are better than others.
- ❖ Everyone is brilliant in his or her own way.
- ❖ Don't tell anyone someone else's business.
- ❖ You can't applaud with one hand; you need two hands for the job.
- ❖ Technology will improve the quality of our lives.
- ❖ Everything happens for a reason.
- ❖ Don't think you're fooling anyone; your face tells the truth.
- ❖ Hang on to your dreams.
- ❖ What do you get when you put down others? *Nada!*
- ❖ Shake hands on your deal.
- ❖ Once you're in heaven, serenity will be yours.
- ❖ Keep on trying to achieve your goals.
- ❖ Handle with care.
- ❖ Set standards for yourself.

- ❖ Nothing's better than having peace in life.
- ❖ New ideas are driven by old ideas.
- ❖ Weapons don't bring peace.
- ❖ Practice what you preach.
- ❖ It's now or never.
- ❖ Well done! Way to go!
- ❖ Take your prescription as required.
- ❖ Everything that happens has already been decreed.
- ❖ What goes around comes around.
- ❖ Keep the change; it adds up.
- ❖ Being truthful is being responsible.
- ❖ Talking nonsense is not the answer.
- ❖ Beware of bad karma.
- ❖ Now is the best time of your life.
- ❖ Have a blissful day.
- ❖ Believe in yourself!
- ❖ Take your time. What's the rush?
- ❖ Obey the Ten Commandments.

- ❖ Don't trash the world.
- ❖ Resolve the conflict.
- ❖ Keep yourself free from stress.
- ❖ Settle your issues in a calm manner.
- ❖ A kiss will put a smile on your loved one's face.
- ❖ We're all beautiful in our own way.
- ❖ Not everything is biodegradable.
- ❖ Only I can change my life. No one can do it for me.
- ❖ The longer you live, the more beautiful life becomes.
- ❖ Winning involves being humble not despotic.
- ❖ Evil is what divides the world.
- ❖ Don't hate me, I'm just a messenger.
- ❖ Nothing can replace you.
- ❖ Don't take chances by leaving harmful objects out in the open.
- ❖ Buy what you can afford.
- ❖ Celebrate good moments.
- ❖ Build the country, not weapons.
- ❖ Follow the examples of the Evangelical religion.

- ❖ A hypocrite is one who is lost.
- ❖ Cherish good times.
- ❖ Relax with yoga.
- ❖ Evil people will do anything to put you down.
- ❖ Mix your tastes. Vary your tastes.
- ❖ Wait for the right moment.
- ❖ Pray for a better world.
- ❖ Life is not a fairy tale.
- ❖ Put aside your issues.
- ❖ Stop being so mean.
- ❖ Children need good mentors.
- ❖ Choose better activities to enhance your life.
- ❖ Support the United Nations.
- ❖ If some people don't hang with you doesn't mean they're racist; there's just a cultural difference.
- ❖ It's too late to get what you wanted.
- ❖ Every country has its evil and that needs to be stopped.
- ❖ Be appreciative.
- ❖ Every person has a journey in life.

- ❖ Child pornography is vile.
- ❖ Where is my fifteen minutes of fame?
- ❖ Keep an eye out for predators.
- ❖ Go for healthy snacks.
- ❖ Join a charity that benefits the world.
- ❖ Choose honesty over experience.
- ❖ Don't be afraid to apologize.
- ❖ Respect truck drivers for they are delivering our goods.
- ❖ Be entertaining.
- ❖ Stop calling others names.
- ❖ Don't insult anyone.
- ❖ Give someone good advice in a peaceful way.
- ❖ Every person is afflicted with some type of hardship.
- ❖ Cherish every moment of your life.
- ❖ Go explore.
- ❖ Don't worry; be happy.
- ❖ Every place is not the Taj Mahal.
- ❖ Honor war heroes.

- ❖ Pray for a brighter day.
- ❖ Life would be dull without other languages.
- ❖ When you have reached your peak, continue to strive.
- ❖ Reduce greenhouse gas emissions.
- ❖ Support your loved ones' needs.
- ❖ Volunteer for peacemaking efforts.
- ❖ War causes disasters.
- ❖ Every picture is worth a thousand words.
- ❖ Honor UNESCO.
- ❖ It's time to settle down.
- ❖ Lift each other up; don't drag each other down.
- ❖ Success comes from hard work.
- ❖ It's time to make another friend.
- ❖ Some people never grow up.
- ❖ Open up!
- ❖ Join a peaceful campaign.
- ❖ Recycle for a cleaner world.
- ❖ Governments *are* the people.

- ❖ Pray for all nations.
- ❖ Don't be fooled by lies.
- ❖ Not everyone is right, even the smartest people make mistakes.
- ❖ Life's not about masculinity.
- ❖ Push yourself.
- ❖ Be sincere with your work.
- ❖ Where there is dignity, there is also honesty.
- ❖ Develop a good plan for your future.
- ❖ Open your eyes and see.
- ❖ Maintain your good character.
- ❖ Resolution, not revolution.
- ❖ Watch out for a two-faced person.
- ❖ Don't commit crimes if you want to have a peaceful life.
- ❖ It's not a big deal.
- ❖ Vote to help change the world.
- ❖ Check the references to insure security.
- ❖ Even psychos need help.
- ❖ Purity is the essence of sparkle.

- ❖ Visualize your future.
- ❖ Submission to the Divine is the key to success.
- ❖ Life isn't perfect.
- ❖ Don't respond in loud tones.
- ❖ Things won't leap to your hand, unless you earn them.
- ❖ Stop criticizing others.
- ❖ Lead by the examples of Martin Luther King, Jr.
- ❖ Have a peaceful mind.
- ❖ Exterminate the terrorists.
- ❖ Be with the people you love; you'll make their day.
- ❖ We gain discipline through good teachings.
- ❖ People can get brainwashed.
- ❖ Make a connection.
- ❖ Think about the future.
- ❖ In this world, you never know what to expect.
- ❖ Be spiritual.
- ❖ Adore your family.
- ❖ Study your idea before you make a deal.

- ❖ Luckily, life chose me.
- ❖ Some people will never change.
- ❖ Don't whine about your problems.
- ❖ Charity helps the world go round.
- ❖ Luck is the residue of hard work.
- ❖ We all have a host of emotions.
- ❖ Some people employ strategies to get into your head.
- ❖ You're born to live.
- ❖ Face the reality.
- ❖ Dreams are wishes your heart makes.
- ❖ Express your true feelings.
- ❖ Choose life, not war.
- ❖ Think about what makes you smile, and you'll smile.
- ❖ Reserve it!
- ❖ Home sweet home.
- ❖ Follow the examples of the Pentecostal religion.
- ❖ Advertise peace.
- ❖ Recycle for a better future.

- ❖ We can live with it or we can live without it.
- ❖ Learn from the good and disregard the bad.
- ❖ Change your thoughts and you change your world.
- ❖ Resolve your problems with harmony.
- ❖ Clean up the mess to save the environment.
- ❖ Feel good to look good.
- ❖ Some can do it and others can't.
- ❖ Report the wanted; it's a reward to your community.
- ❖ A peaceful mind will solve all your problems.
- ❖ Even troublemakers may deserve a second chance.
- ❖ Learn from the best.
- ❖ It will work for you if you work for it.
- ❖ Hello, happiness!
- ❖ While a few can see and hear, others cannot.
- ❖ Recognition is the most exquisite form of courtesy.
- ❖ Age is just a number.
- ❖ With good intentions, you should move forward.
- ❖ Highlight what's important to you.

- ❖ Impeach corrupt politicians.
- ❖ If you start something, you should finish it.
- ❖ Be ready to change your outlook on things.
- ❖ Address issues benefiting the world.
- ❖ An eye for an eye might be fair, but it's not ethical.
- ❖ Choose to live your own life.
- ❖ It's a blessing to be here.
- ❖ Be rad, not radical.
- ❖ Filter what you hear.
- ❖ Don't put the entire burden on one person.
- ❖ Make a smart plan.
- ❖ While there's life, there's hope.
- ❖ Support cancer research.
- ❖ Be proud of yourself and of who you are.
- ❖ Aim for the target.
- ❖ Wish for the best.
- ❖ A racist is someone who speaks against another's race, color, gender or religion.
- ❖ Be grateful!

- ❖ A servant today is a king tomorrow.
- ❖ Help to improve your community.
- ❖ Choose what works for you.
- ❖ It is your choice how you live your life.
- ❖ Be generous.
- ❖ It takes two to tango.
- ❖ If people don't want to be with you, that doesn't mean that they dislike you; they just have a different way of life.
- ❖ Prevent the killing of innocent victims.
- ❖ Reading brings knowledge.
- ❖ Stop playing games with people's minds.
- ❖ Don't beat around the bush.
- ❖ While you live, tell the truth to shame the devil.
- ❖ Engage in a trade.
- ❖ Don't jump to conclusions.
- ❖ Suicide is a mortal sin.
- ❖ Embrace the wisdom of peace.
- ❖ Ego feeds on a strong self-esteem.
- ❖ Don't judge others by their looks.

- ❖ Make a skill out of your knowledge.
- ❖ Be happy with yourself.
- ❖ A sharp mind can help heal the world.
- ❖ Be appreciative of your spouse.
- ❖ Come out for the challenge.
- ❖ Don't jinx yourself.
- ❖ Enjoy your holidays.
- ❖ Get real!
- ❖ Solve it, don't sue.
- ❖ What's the benefit of committing a sin? Nothing.
- ❖ Get the referral.
- ❖ Don't become outraged over minor issues.
- ❖ Honor the International Rescue Committee.
- ❖ History doesn't repeat itself, YOU do!
- ❖ Put an effort into whatever you do.
- ❖ Read for pleasure.
- ❖ Hold on to what you have.
- ❖ A smile brings peace.

- ❖ Too many Indians, but not enough chiefs.
- ❖ Communicate with your world.
- ❖ It happened because you asked for it.
- ❖ Let's all help the world rise to the next level.
- ❖ Make a pledge to help the poor.
- ❖ This planet is a place to be free.
- ❖ Don't believe everything people say.
- ❖ Honor and support the honest politicians and judges who stand up for our rights.
- ❖ You've gotta socialize if you want to meet different people.
- ❖ Let's end the atrocities.
- ❖ Enough is enough.
- ❖ When the time is right, you'll both say "I do."
- ❖ Give back what was given to you.
- ❖ Work on diplomacy.
- ❖ Let's bring peace to the world.
- ❖ Stop scamming!
- ❖ It's a long journey to the end.
- ❖ Let's clap hands together in pleasure.

- ❖ A promise is a promise, without repudiation.
- ❖ Be gentle.
- ❖ Make friends without making enemies.
- ❖ Compassion comes from the depth of your heart.
- ❖ Don't believe predictions.
- ❖ Regulate our taxes.
- ❖ People don't buy everything you say.
- ❖ Don't keep bad ideas in your mind.
- ❖ Smoking is insidious.
- ❖ Keep some clothes on for decency.
- ❖ Read a positive book to raise your spirits.
- ❖ Give peace a chance.
- ❖ Getting frustrated easily gets you nowhere.
- ❖ Without peace, we can't have love.
- ❖ Make it simple, not hard.
- ❖ Peace saves lives; war destroys lives.
- ❖ Religions should unite not divide.
- ❖ The right religion takes you on the right path.

- ❖ Remember that the fields and forests give us life.
- ❖ Give all businesses a chance.
- ❖ Anything is replaceable.
- ❖ Hold your horses, Superman!
- ❖ Smart people call the criminals by their first name, not by their race, color, gender, or religion.
- ❖ Words are cheap; actions are truth.
- ❖ Stop telling others how to live.
- ❖ Don't hate! Let's celebrate!
- ❖ When the world is clean, your life is healthier.
- ❖ Vote for good and honest leaders.
- ❖ Acknowledge good deeds.
- ❖ Be fair with everything; forget about being biased.
- ❖ Make up for your past.
- ❖ Don't break the forbidden laws.
- ❖ Be funny!
- ❖ Take a chance.
- ❖ Relax your mind, body, and soul.
- ❖ Strive to be in a pleasant environment.

- ❖ Abide by honesty!
- ❖ The world grows economically, but not spiritually.
- ❖ Watch for danger.
- ❖ Don't give up hope when affliction burdens you.
- ❖ Hold on tight.
- ❖ Don't blame others for problems they did not create.
- ❖ Let's join hands forever in peace.
- ❖ Take a chill pill.
- ❖ It's never too late!
- ❖ To volunteer is an honor.
- ❖ War brings recession to the world.
- ❖ Getting angry is futile in our everyday lives.
- ❖ Counter a bad deed with a good deed.
- ❖ Old crimes should be solved.
- ❖ Use peace, not bombs.
- ❖ Establish new rules for a good reason.
- ❖ Abandon all of your bad habits for a brighter day.
- ❖ Let's rule the world together, not alone.

- ❖ Don't change the subject to get away.
- ❖ Help to improve the world's economy.
- ❖ Sometimes people need a change.
- ❖ Enjoy what you have now, it might not last forever.
- ❖ Acknowledge the freedom of the flag of peace.
- ❖ Take a big chunk out of crime.
- ❖ Don't take an affluent society for granted.
- ❖ Take a deep breath.
- ❖ Actions speak louder than words.
- ❖ Slow down when necessary.
- ❖ Don't be fooled by an insincere smile.
- ❖ Every aspect of life is a work of art.
- ❖ Good things come in small packages.
- ❖ Good things can happen.
- ❖ Turn bad news into good news.
- ❖ Don't be glued to your habits.
- ❖ On a daily basis, some are battling to make this world a better place.
- ❖ Don't be seduced by wealth.

- ❖ Every prime star will be replaced with the new star.
- ❖ Tackle the challenges of our globe.
- ❖ Take a little, give a little.
- ❖ Let's help to prevent and treat malaria.
- ❖ No comment.
- ❖ Greet a stranger to make a friend.
- ❖ When the time is right, you GO.
- ❖ Honor Search and Rescue Assistance in Disasters (SARAID).
- ❖ It's all about focus.
- ❖ Don't be so stubborn.
- ❖ Some are barely making it.
- ❖ Don't waste your precious time.
- ❖ Be there to help others.
- ❖ Trying to improve yourself is time spent wisely.
- ❖ Solve your problems mentally, not physically.
- ❖ Greet others with respect.
- ❖ People like to accumulate brownie points.
- ❖ Turn a bad habit into a good one.

- ❖ Submit to the Creator of our planet.
- ❖ Racist leaders don't last forever.
- ❖ Dreams can come true.
- ❖ Treat your guests with respect.
- ❖ God loves you!
- ❖ It goes from one hand to another.
- ❖ Let's have unity around the world.
- ❖ Greeting others will always put a smile on their faces.
- ❖ Don't make excuses based on your childhood.
- ❖ Be careful what you wish for.
- ❖ Not one day should be spent in war.
- ❖ Put your mind to it and you can do it.
- ❖ If you want peace in your home, stop the war.
- ❖ Success comes through strong ambition.
- ❖ Quitters will never succeed.
- ❖ Be in charge of your finances.
- ❖ Pursue happiness.
- ❖ Yield to pedestrians.

- ❖ Tune up!
- ❖ Help implement new laws.
- ❖ Raindrops keep falling; listen to the soothing sound.
- ❖ If you want to be respected, you must first respect yourself.
- ❖ Raise and love your family without favoritism.
- ❖ Improve to get approved.
- ❖ Surprise others.
- ❖ You can be fooled in the blink of an eye.
- ❖ Switch it on!
- ❖ Do a marvelous job.
- ❖ Why do we have to criticize others?
- ❖ Every person operates in their own way.
- ❖ Whether you walk or march, you are still getting paid the same.
- ❖ Eat, but don't waste.
- ❖ Don't waste your time by wasting my time.
- ❖ Dress to impress.
- ❖ Honor the World Health Organization.
- ❖ Improve the quality of your life.

- ❖ Turn it on!
- ❖ Follow the examples of Islam.
- ❖ Wow! It's your lucky day.
- ❖ You can be good your whole life but one mistake can change it all.
- ❖ We are all created by one God!
- ❖ Who are you to judge me if you aren't perfect yourself?
- ❖ A weapon is not a gift.
- ❖ Eat healthy to stay healthy.
- ❖ Diversity is the one true thing that we all have in common.
- ❖ Be a Good Samaritan.
- ❖ Make your commitment.
- ❖ Support the Consumer Product Safety Commission.
- ❖ A good relationship is an investment.
- ❖ It feels good to be in love.
- ❖ Change the world for a better day.
- ❖ If you kick a stone with anger, you'll hurt your own foot.
- ❖ Do the best job possible.
- ❖ Thank God for everything. Amen.

- ❖ Be a good role model.
- ❖ We are all descendants of Adam and Eve.
- ❖ Celebrate the New Year in peace.
- ❖ Manage your money.
- ❖ Change the world one peaceful thought at a time.
- ❖ Make your wishes come true.
- ❖ Don't sign anything until you're 100 percent sure.
- ❖ The world is one team.
- ❖ Why does a whole race, religion or nation have to suffer for one man's mistake?
- ❖ Let's wait and see.
- ❖ Make peace, not weapons.
- ❖ Why wait any longer?
- ❖ Have strong values.
- ❖ Stay away from unauthorized areas.
- ❖ If you can't get it this time, know that there is always a next time in life.
- ❖ Don't start a fight.
- ❖ Being loyal is a way of being righteous.

- ❖ For health, wealth and wisdom; go to bed early and wake up early.
- ❖ Support Purple Heart charities.
- ❖ Eat fresh foods.
- ❖ Don't skyrocket your prices.
- ❖ Have the courage to tell the truth.
- ❖ Go with the flow.
- ❖ Life changes every day.
- ❖ Peace-making people are the real heroes of this world.
- ❖ Don't use the excuse of your religion to hate others.
- ❖ Be a healthcare provider.
- ❖ There's no such thing as a magic wand.
- ❖ Go to your favorite spot to get away.
- ❖ Sometimes it's better where you are.
- ❖ If you are addicted, get to rehab.
- ❖ Honor your teachers.
- ❖ Drinking is far from cool.
- ❖ Change will come.
- ❖ Some things you see are enough to make you sick.

- ❖ The world is for peace lovers.
- ❖ Be a professional.
- ❖ Some people like to be left alone.
- ❖ Protect our pure water.
- ❖ It feels great to be alive and well.
- ❖ March for a good cause.
- ❖ Life comes and goes.
- ❖ Adore the life that you have.
- ❖ You've got a lot of choices.
- ❖ Be proud of trying.
- ❖ Hope for it and then work for it.
- ❖ An easy start can have a hard ending.
- ❖ Is it worth it?
- ❖ Work to make a difference.
- ❖ Many kisses to you.
- ❖ Don't judge me according to my race, nationality, name, or religion.
- ❖ Use common sense.
- ❖ Earn your own, don't take from others.

- ❖ Have specific goals.
- ❖ Protect the environment.
- ❖ The use of alcohol is pernicious.
- ❖ Don't try this at home; leave it to the professionals.
- ❖ Some are lonely because they are pushed away.
- ❖ Take one step towards God and He will take two steps towards you.
- ❖ Life brings us difficult challenges.
- ❖ Peace is a gift from God.
- ❖ Don't take advantage of someone's kindness.
- ❖ Hope you feel better soon.
- ❖ If you can't do it, someone else will.
- ❖ Some are not into it and some are.
- ❖ When time passes, things change.
- ❖ Improve your relationship with people worldwide.
- ❖ Be a class act!
- ❖ Worship the Lord.
- ❖ Be independent.
- ❖ Follow the examples of the Jehovah's Witnesses religion.

- ❖ Keep it lead-free.
- ❖ Some people's screws are too tight.
- ❖ In God we trust!
- ❖ Stay connected!
- ❖ Life is beautiful, don't just squander it.
- ❖ Hug a loved one.
- ❖ If they are bad, then why are you following in their footsteps?
- ❖ Peace evaporates racism.
- ❖ Stay decent and your dignity will thrive.
- ❖ The early bird gets the worm.
- ❖ Life is boring without ideas.
- ❖ Peace be with you always.
- ❖ A well educated person is not better than an uneducated person.
- ❖ Go the distance!
- ❖ Each one of us will be missed.
- ❖ Have mercy!
- ❖ Be a believer!

- ❖ Keep it up, pal!
- ❖ If you can't get along with some people, ignore them.
- ❖ God bless the world.
- ❖ Be kind to all.
- ❖ Have faith in tomorrow.
- ❖ Take responsibility for what you have caused.
- ❖ Hugs, not drugs.
- ❖ If someone says a bad thing to you, translate it into a good thing in your mind.
- ❖ You're not the only one who's alone.
- ❖ Give your workers a warning and a chance to improve before you fire them.
- ❖ Listen to the righteous.
- ❖ Life is give and take.
- ❖ Move towards energy independence.
- ❖ Peace = Victory
- ❖ Work out your own salvation. Do not depend on others.
- ❖ You can't make everyone happy.
- ❖ Admire the righteous.

- ❖ Show no pity for criminals.
- ❖ Littering is illegal.
- ❖ Take your life to the next level.
- ❖ We all have habits, both good and bad.
- ❖ Check the facts.
- ❖ Your day will be fulfilled when you make someone happy.
- ❖ When you break up, you should try to make up.
- ❖ Follow the examples of Bahai' religion.
- ❖ We are all of this world.
- ❖ Admire the prophets and learn what they taught.
- ❖ Avoid negative sources.
- ❖ Check the label before eating or drinking.
- ❖ Your mind should be searching for a better idea.
- ❖ Music is a form of medicine.
- ❖ Pay your debts on time.
- ❖ Some will learn the hard way.
- ❖ Remove yourself from narcotics.
- ❖ Work on schedule.

- ❖ All creations are charming in their own way.
- ❖ You can't afford to make repetitive mistakes.
- ❖ A human being can alter his life by altering his attitude.
- ❖ If it happened to me, then it can happen to you.
- ❖ Let's support our farming operations.
- ❖ Don't claim another's property.
- ❖ Help improve life for future generations.
- ❖ Sometimes, we just need a break.
- ❖ Follow the examples of the Bible.
- ❖ We are all different in many ways.
- ❖ Everyone goes through difficult phases in life.
- ❖ Be patient until your losses are restored.
- ❖ Thou shall not commit adultery.
- ❖ Always be careful.
- ❖ Grow up, already!
- ❖ Get involved with public affairs.
- ❖ All languages are music to your ears.
- ❖ Let's study the science of space to prevent a universal disaster.

- ❖ Follow the examples of the Angelical religion.
- ❖ Pay attention to others.
- ❖ Make your will.
- ❖ Share your best ideas.
- ❖ Help global economics.
- ❖ Be careful; drugs will destroy you.
- ❖ Seek to impress others.
- ❖ Self-confidence is the first requirement for great undertakings.
- ❖ Watch your step.
- ❖ Serve to protect.
- ❖ I heard your point.
- ❖ Protect your freedom.
- ❖ Behave yourself!
- ❖ Time flies when you're having fun.
- ❖ May God accept your prayers.
- ❖ Stay away from trouble.
- ❖ Life is too short to hate.
- ❖ Mother Nature is unpredictable.

- ❖ Never think about it again.
- ❖ Don't decide for others without their consent.
- ❖ Help find a cure for the world.
- ❖ Patience is stronger than power.
- ❖ They are living their lives; you live yours.
- ❖ Support the Food & Drug Administration.
- ❖ Welcome joy and leave the pain behind.
- ❖ The crime you have committed cannot be forever hidden.
- ❖ Beauty is skin deep.
- ❖ Even bad things can wind up being beneficial.
- ❖ Don't envy a sinner; you don't know what tragedy awaits him.
- ❖ Allow stem cell research.
- ❖ We should help every race.
- ❖ Let's live peacefully together.
- ❖ No person should be afraid of another.
- ❖ Patience is the key to life.
- ❖ Don't be in denial.
- ❖ Good friends and families are hidden treasures.

- ❖ Have your first aid kit close by in case of an emergency.
- ❖ Everyone has his or her own unique way of life.
- ❖ Hard work is gratifying.
- ❖ Evil is shortening your life.
- ❖ I've seen better days.
- ❖ Farmers deserve respect for growing healthy fruits and vegetables and livestock.
- ❖ Should have, could have, would have—but didn't.
- ❖ Happiness gives us the energy which is the basis of health.
- ❖ Feed the hungry.
- ❖ Don't push others towards what you like, rather entice them.
- ❖ Humility is no substitute for a good personality.
- ❖ Find the correct answers to your problems.
- ❖ Ideas come and go.
- ❖ Educate for peace to end violence.
- ❖ Life is unpredictable.
- ❖ Money can't cure a disease.
- ❖ God is great!

- ❖ No two people think alike.
- ❖ Pass on your legacy.
- ❖ We need to think about future generations.
- ❖ Feeding animals is a good deed.
- ❖ Don't use religion to take advantage of others.
- ❖ Blood is thicker than water.
- ❖ Modernize your country.
- ❖ Attract positive energy for each and every one.
- ❖ Treat our children with high esteem.
- ❖ This life is a test.
- ❖ Consider things from every angle.
- ❖ Everyone has the right to hear the truth.
- ❖ Everyone has the right to live.
- ❖ Move to a new location and obey the rules of that nation.
- ❖ Follow the rules.
- ❖ Give back what you found.
- ❖ Remain focused
- ❖ Honor our inventors.

- ❖ Sometimes we use the wrong words.
- ❖ Appreciate the concern of others.
- ❖ Stop embezzlement.
- ❖ Every case should have a fair trial.
- ❖ Treasure all the love and care that you receive.
- ❖ Help prevent the Green House effect.
- ❖ Live by the Golden Rule.
- ❖ Respect all cultures.
- ❖ Money talks.
- ❖ Let's get addicted to love and peace.
- ❖ What you see is what you get.
- ❖ Let good habits motivate your daily life.
- ❖ Have confidence in yourself.
- ❖ Stay away from evil people.
- ❖ Don't engage others in your mistakes.
- ❖ What's bothering you?
- ❖ Study what you enjoy.
- ❖ Follow the examples of the Latter Day Saints religion.

- ❖ Thank your dad for everything.
- ❖ Stay on schedule.
- ❖ Threatening others is insane.
- ❖ If you have brains don't cut in line.
- ❖ You're insane if you fry your brain.
- ❖ Love your job and perform to the best of your ability. You will reap the rewards.
- ❖ Silence helps us enjoy the wonderful world.
- ❖ Watch out for the fish in the sea.
- ❖ Have a good attitude.
- ❖ Stop victimizing others.
- ❖ Thou shall not kill.
- ❖ Stay drug free.
- ❖ Shake your enemy's hand to help bring peace to the world.
- ❖ Raise your hands high if you're really sure.
- ❖ Some bad people are always ready to set you up.
- ❖ Reach out to good people.
- ❖ Size doesn't matter.
- ❖ We need to stop killing each other.

- ❖ Piece your ideas together.
- ❖ Lead by the examples of the Pope.
- ❖ Make a difference in the world.
- ❖ Truth may not always agree with the facts.
- ❖ Outliving is the real strength.
- ❖ Disinfect to protect.
- ❖ Raise money for a good cause.
- ❖ There's a time to pause and a time to continue.
- ❖ Follow up on your dreams.
- ❖ Say it from your heart.
- ❖ Reach your hands out and help.
- ❖ It's not fair that the innocents pay for it.
- ❖ Follow the examples of the Orthodox religion.
- ❖ Seek a happy, peaceful place.
- ❖ Love yourself first.
- ❖ We can finish the task more quickly if we help each other.
- ❖ Be a good sport.
- ❖ Make a difference in the life of others.

- ❖ Don't take things that aren't yours.
- ❖ Put things back where you found them.
- ❖ Humbling yourself helps the world.
- ❖ Get up! Don't waste your life.
- ❖ Believe in goodness.
- ❖ If we can live in harmony, then we can also live in serenity.
- ❖ Don't wait any longer.
- ❖ Give more than originally planned.
- ❖ "Bismillah", in the name of God.
- ❖ Don't wait for your destiny; go out and find it.
- ❖ Have the courage to succeed.
- ❖ Don't destroy your image.
- ❖ God blessed you the day you were born.
- ❖ Bring new ideas to life.
- ❖ Toughness is not about strength or money; it's about faith and patience.
- ❖ Don't make others wait, because of your mistakes.
- ❖ We may understand in different ways.
- ❖ Health is wealth.

- ❖ Bless all humankind.
- ❖ Sharing is giving, giving is sharing.
- ❖ Stand up for the rights of others.
- ❖ Destroying humanity is an evil act.
- ❖ This world is a test. Learn, study, and live with it.
- ❖ Let freedom ring!
- ❖ All languages are unique.
- ❖ In your business when there's a problem, be fair and repair.
- ❖ Despite all your rage, still check my gauge.
- ❖ Remove yourself from the company of those who behave badly.
- ❖ Be a comedian.
- ❖ Have a spare!
- ❖ Don't divide the world according to race.
- ❖ Exhaustion comes but it also goes away.
- ❖ Always look on the bright side.
- ❖ Make someone happy.
- ❖ Be a hopeful person. Hope is necessary under every condition.

- ❖ Don't leave anyone behind.
- ❖ Get more for less.
- ❖ Carry your valid ideas with you.
- ❖ Think like a businessman.
- ❖ Everyone has the right to have a desirable life.
- ❖ One with physical dexterity has already achieved a lot.
- ❖ Joy is more than wealth.
- ❖ Don't let go of your loved ones.
- ❖ Get to know your neighbors.
- ❖ It's time to change your life.
- ❖ Don't let a good idea slip away.
- ❖ Strive for righteousness.
- ❖ Joke a lot, laugh a lot, and your life will be easier.
- ❖ Nothing defeats the purpose of peace.
- ❖ Don't pollute the oceans.
- ❖ Exercise your mind.
- ❖ Get on your feet.
- ❖ Have faith and you'll live a long life.

- ❖ Appreciate technology.
- ❖ For every minute of anger, you lose sixty seconds of happiness.
- ❖ Now it's time to get the job done.
- ❖ Plant a tree and help save the earth.
- ❖ Let them deal with it.
- ❖ Have a steady relationship.
- ❖ Don't let rejection knock you down.
- ❖ Plan your mission for tomorrow.
- ❖ Remember the great love of your life.
- ❖ Have the right tools for the job.
- ❖ If a hater hates others, then the hater can be hated.
- ❖ Ordinary people can do extraordinarily good things.
- ❖ Don't pollute the rivers.
- ❖ Exercise will build the endurance you need.
- ❖ Listen to those who have experience.
- ❖ Go for it on your own.
- ❖ Keep it clean and sterilized.
- ❖ We have liberals and we have conservatives.

- ❖ Go forward and don't look back.
- ❖ Invest money to make money.
- ❖ Have a backup plan in case of emergency.
- ❖ What goes up must come down.
- ❖ Sports can provide examples of excellence.
- ❖ Renounce the bad and endorse the good.
- ❖ Make sure that what you build is in your interest, as well as, the interest of others.
- ❖ Act your age.
- ❖ Love is worth more than money.
- ❖ The world is a diverse school; it provides multicultural classes.
- ❖ Don't give up so easily in life.
- ❖ A shift in your position may change your life for the better.
- ❖ Don't promise it if you can't do it.
- ❖ Think like a wise man; communicate with politeness.
- ❖ No way, Jose.
- ❖ Overcome anxiety to prevent depression.
- ❖ Pardon the young and use discretion with the old.

- ❖ Be a mediator to those in need of help.
- ❖ Honor all religions.
- ❖ Shine like a bright star.
- ❖ Lead by the examples of Moses.
- ❖ Nothing is permanent.
- ❖ Open your heart and mind to all possibilities in life.
- ❖ Love is life, and if you miss love, you miss life.
- ❖ Make smart choices in life.
- ❖ Play by the rules.
- ❖ There is a cost to giving, but the return is greater.
- ❖ Don't protect a criminal.
- ❖ You can't compare apples to oranges.
- ❖ Stress causes deep wounds.
- ❖ God doesn't kill; evil does that.
- ❖ The most important grades in your life are your deeds.
- ❖ Don't envy another man's success.
- ❖ We have many chances in life.
- ❖ Buy certified products.

- ❖ Education is fundamental for a better life.
- ❖ If you see a friend without a smile, give him one of yours.
- ❖ You don't have to punish yourself when you lose.
- ❖ The older you get, the wiser you are.
- ❖ You deserve a break.
- ❖ Don't judge a book by its cover.
- ❖ Transgression will be returned to the transgressor.
- ❖ Don't let too much information distract you; prioritize.
- ❖ Be proud of honest and fair leaders.
- ❖ Don't use your past as an excuse.
- ❖ Inspire others with your achievements.
- ❖ Hold your temper.
- ❖ It's sad, but sometimes it's all about money.
- ❖ Stay neutral.
- ❖ We have awesome people on our planet.
- ❖ Be organized.
- ❖ Lighten up!
- ❖ Show compassion towards the homeless.

- ❖ Practice your emergency drill.
- ❖ Be a competitor.
- ❖ Serve your country.
- ❖ You can't satisfy everyone.
- ❖ Be careful out there.
- ❖ The world will never know the ones who have not had a chance to share their ideas.
- ❖ Appreciate the radiance of peace.
- ❖ Praise the Lord.
- ❖ It's better to be color blind.
- ❖ Stay humble at all times.
- ❖ Stand up for the truth.
- ❖ Love is the big booming beat that covers up the noise of hate.
- ❖ Heaven may be this world.
- ❖ Cut it out!
- ❖ Debate debatable subjects.
- ❖ Overfilling is wasted spilling.
- ❖ Parenting is an honor.

- ❖ Beware! The devil could lead you to destruction.
- ❖ Avoid a confrontation.
- ❖ Create jobs in poor neighborhoods.
- ❖ Drugs are deadly to you and to our world.
- ❖ What if? What if? Please give a straight answer.
- ❖ It's good to be in compliance with your superiors.
- ❖ My religion means peace.
- ❖ Don't let your ego fool you.
- ❖ It's never okay to torture anybody.
- ❖ Stay away from drug dealers.
- ❖ Never rush anything.
- ❖ Honesty is more than just okay.
- ❖ Love your pets.
- ❖ Give others space to breathe.
- ❖ Honor the virtuous.
- ❖ Lead by the examples of our prophets.
- ❖ Safeguard our planet from the errors of humanity.
- ❖ Sometimes it's meant to be.

- ❖ Some people are not religious, but they're spiritual.
- ❖ Lead by the examples of Mother Teresa.
- ❖ Buckle up for safety.
- ❖ Thank you for a job well done.
- ❖ What is your vision?
- ❖ It's never too late to get an education.
- ❖ Stand up for yourself to survive.
- ❖ Make a contribution.
- ❖ Make it a better place to live for everyone.
- ❖ Our thoughts and prayers to all.
- ❖ Tell people to "Have a good day" to comfort them.
- ❖ Tell the truth.
- ❖ Thank God for technology.
- ❖ Run for your life.
- ❖ Don't be a heartbreaker.
- ❖ Time is golden.
- ❖ Some are more excitable than others.
- ❖ Be careful of all the choices that you make.

- ❖ It's normal to feel guilty when doing something wrong.
- ❖ Stand up for your rights.
- ❖ Tell a joke for a million smiles.
- ❖ We are born pure and we should die pure.
- ❖ Don't let your past shame you.
- ❖ Angels won't rebuke you, only Satan will.
- ❖ Some things in life are breathtaking.
- ❖ Love me, love me not, and love me YEAH!
- ❖ Share your objectives with others.
- ❖ Believe in love! We are most alive when we're in love.
- ❖ We need to restore our planet.
- ❖ Animals are a vital part of our world.
- ❖ Stop making excuses for everything.
- ❖ We are blessed with life.
- ❖ Bring modern ideas to the world.
- ❖ Thank you for not yelling.
- ❖ Heat it or freeze it to kill bacteria.
- ❖ It's not about how smart and rich you are; it's about how good you are.

- ❖ We need peace around the world.
- ❖ Time has a marvelous way of showing us what really matters.
- ❖ Answer your questions directly.
- ❖ You will always pay a price for your mistakes.
- ❖ Don't play with people's emotions.
- ❖ Negotiate not isolate.
- ❖ What you have, others will never get.
- ❖ See for yourself.
- ❖ Think of new ideas.
- ❖ Don't lie under oath.
- ❖ Don't milk your time on my time.
- ❖ Don't mind what people say about you.
- ❖ Don't miss great moments.
- ❖ It's not about racism ... it's about who you trust.
- ❖ Don't panic.
- ❖ You shouldn't suffer for your loved one's mistakes.
- ❖ Apologies are accepted.
- ❖ Our life starts and ends like a movie.

- ❖ Pass on your good ideas.
- ❖ Lift your heart.
- ❖ Believe in peace. Serenity and prosperity will be yours forever.
- ❖ Show that you love someone. We can only learn to love by loving.
- ❖ Make every day a beautiful and peaceful day.
- ❖ Don't pollute our planet.
- ❖ Knowledge is the foundation of success.
- ❖ Exterminate racism.
- ❖ Face your own fears.
- ❖ Follow the examples of Judaism.
- ❖ It's not healthy to stay in a frustrating situation.
- ❖ Split your shift.
- ❖ Have a survival plan available.
- ❖ Express your appreciation.
- ❖ Find peace in your heart.
- ❖ Have a positive New Year's resolution.
- ❖ Keep your germs to yourself.

- ❖ If you lost it, get help.
- ❖ Politics should not involve bribes or threats.
- ❖ Lead by the examples of Mohammad.
- ❖ It's not just my way or your way.
- ❖ It's time to grow up!
- ❖ Pray always, not only when you're in trouble.
- ❖ Love the moment, and the energy of the moment will spread beyond all boundaries.
- ❖ Make a difference in your lifestyle.
- ❖ Search for peace and never give up.
- ❖ Name it!
- ❖ A little of this and a little of that becomes your recipe.
- ❖ Nothing is free in life. You have to work for it.
- ❖ Our life is incomplete without sharing love with others.
- ❖ If it's not nice to say, then don't say it.
- ❖ Wash your hands to protect your health.
- ❖ Take advice for rough times.
- ❖ Battle with sports, not with war.
- ❖ Recognize when it's time to give up.

- ❖ Back off and cool off if there's too much pressure.
- ❖ School provides education, the foundation for our success.
- ❖ Help solve the high cost of health care.
- ❖ Love to learn and learn to love peaceful quotes.
- ❖ Make a diary of your life.
- ❖ Animals have feelings too!
- ❖ Bad things can happen to anyone.
- ❖ Be prepared to help in the aftermath of a disaster.
- ❖ Love this world as you love yourself.
- ❖ May we be guarded from all disasters.
- ❖ It's okay to feel guilty, because of your previous mistakes; just learn from them , so they don't happen again.
- ❖ Sometimes you have to sacrifice to achieve your goal.
- ❖ Be proud of where you came from.
- ❖ Live passionately.
- ❖ Fur looks good on animals.
- ❖ Foolishness can fool a fool.
- ❖ Get up and get a job!
- ❖ Be stable.

- ❖ Help find a healthy poor man a job.
- ❖ Live life completely.
- ❖ Be understanding
- ❖ Follow your faith.
- ❖ Give others a chance.
- ❖ Look at the bright side.
- ❖ Being with your loved ones is your greatest commitment in life.
- ❖ Demonstrate your personality in a good way.
- ❖ Good sportsmanship deserves a reward.
- ❖ Begin your stories with a compelling introduction.
- ❖ Its okay to say *sorry* when you are wrong.
- ❖ Destroying takes minutes, building takes years.
- ❖ Ladies first.
- ❖ Keep your dreams alive.
- ❖ Give it up!
- ❖ Lead by the examples of Dalai Lama.
- ❖ Do amazing things.
- ❖ Soothe your body and relax your mind.

- ❖ Being genuine in your prayers is a key to paradise.
- ❖ Keep your eyes on the ball.
- ❖ Lead by the examples of Gandhi.
- ❖ Do community service.
- ❖ Have a firm grip in life.
- ❖ Be aware of everything.
- ❖ Do the right thing, even when no one is watching.
- ❖ It's okay to live HUGE.
- ❖ Beware of scammers.
- ❖ Sometimes you have to explain yourself twice.
- ❖ Comply with the rules and regulations around you.
- ❖ A good beginning makes a good ending.
- ❖ A house divided against itself cannot stand.
- ❖ A penny saved is a penny earned.
- ❖ All good things come to those who wait.
- ❖ As long the quizin exceed the quz out.
- ❖ Ask a silly question and you'll get a silly answer.
- ❖ Bad news travels fast.

- ❖ Be safe and be seen.
- ❖ Courage is your own.
- ❖ Crime doesn't pay.
- ❖ Don't buy a pig in a poke.
- ❖ Don't mistake kindness for weakness.
- ❖ Don't put all your eggs in one basket.
- ❖ Easy come...easy go.
- ❖ Everything is hard until you try, then it's easy.
- ❖ First come first served.
- ❖ Forgive and forget.
- ❖ Give a person a skill not a meal.
- ❖ Give the glade eye.
- ❖ God helps those who help themselves.
- ❖ God works in mysterious ways
- ❖ Guns control not border control.
- ❖ Half a loaf is better than no bread at all.
- ❖ Happily ever after.
- ❖ Hard work never did anyone any harm.

- ❖ He who fights and runs away may live to fight another day.
- ❖ He who hesitates is lost.
- ❖ History doesn't repeat itself, you make history.
- ❖ Hit the nail on the head.
- ❖ If they smell like cologne leave them alone.
- ❖ If you come with nothing you will leave with nothing.
- ❖ It ain't over till the fat lady sings.
- ❖ It takes all sorts to make a world.
- ❖ Mirror...mirror on the wall, who is the nicest of them all.
- ❖ My kindness is not my weakness.
- ❖ Peace reflects moderation.
- ❖ See no evil, hear no evil, and speak no evil.
- ❖ Slow but sure.
- ❖ Sometime you should relax, recharge and restart.
- ❖ Talk less, walk more.
- ❖ The cheaper is the keeper.
- ❖ The shoemakers' son's always goes bare foot.
- ❖ There are always people above and below you.

- ❖ Time will tell.
- ❖ To do well, you have to do something.
- ❖ To everything there is a reason.
- ❖ Truth doesn't take sides.
- ❖ When the cat is away the mice will play.
- ❖ You can't win them all.
- ❖ Don't talk about it! Just do it!
- ❖ Discipline your children.
- ❖ It's okay to be yourself.
- ❖ Keep up the honesty.
- ❖ Enjoy moving and grooving with the wonders of nature.
- ❖ Don't ask for trouble.
- ❖ Don't think like a loser and you won't be one.
- ❖ Your good personality is the mirror of your success.
- ❖ Don't be a quitter.
- ❖ Good quality sells.
- ❖ Pursue the things you desire to advance your life.
- ❖ A good relationship means mutual understanding.

- ❖ Hard work pays off.
- ❖ Don't be afraid! Report the guilty and find the truth.
- ❖ Love conquers everything.
- ❖ Just say NO if you don't like it.
- ❖ You always have a choice sometimes you must make allowances for others.
- ❖ Correct your mistakes.
- ❖ Hard work will earn you a raise.
- ❖ Don't be biased.
- ❖ Compliments are like verbal sunshine; spread them every day.
- ❖ It's not racism to stand up for your individual rights.
- ❖ Give an exciting new dialect a try.
- ❖ Consider the truth.
- ❖ Include everyone.
- ❖ Defend your civil rights.
- ❖ It's just a joke, not racism.
- ❖ Let's work together.
- ❖ Don't make money the evil way.

- ❖ If you've lost, give it up.
- ❖ Discipline your pets.
- ❖ Keep your photos for good memories.
- ❖ Any war is spreads cancer to all our lives.
- ❖ Fight for justice.
- ❖ Life can lift you up one minute and bring you down the next.
- ❖ We all have freedom of choice.
- ❖ Stop child pornography.
- ❖ Avoid traffic jams.
- ❖ Your possessions can be fixed or replaced; your loved ones can't.
- ❖ Taste before you eat.
- ❖ Study the ways of others.
- ❖ Share your feelings.
- ❖ Design it your way.
- ❖ Pass it on.
- ❖ We are the children of the world.
- ❖ Change *fighting* jets to *relief* jets.

- ❖ Keep it neat.
- ❖ Earn what you are worth.
- ❖ Don't be jealous; there are many fish in the sea.
- ❖ Unite as a people for good causes.
- ❖ If you have a chance, take it.
- ❖ Don't be nosey, get a hobby.
- ❖ True leaders won't destroy other countries.
- ❖ The law applies to everyone equally.
- ❖ Look for bargains.
- ❖ What you do speak louder than what you say.
- ❖ It's easy for you to say.
- ❖ Devils are trying to destroy our peace angels.
- ❖ Don't take cheap shots.
- ❖ Don't upset others.
- ❖ Money doesn't grow on trees.
- ❖ Make it your own.
- ❖ There is more than one way to skin a cat.
- ❖ Gamblers are players with tricks up their sleeves.

- ❖ Stop child abuse.
- ❖ Some people aren't genuine; they just want fame and fortune.
- ❖ Fish, but don't waste.
- ❖ Dream big.
- ❖ Cool it, bro!
- ❖ Things do move along.
- ❖ Use renewable energy sources.
- ❖ Support DNA scientists.
- ❖ Follow instructions.
- ❖ Don't go up the down escalator.
- ❖ Start a neighborhood watch.
- ❖ Love within limits.
- ❖ How low can you go...\$
- ❖ Please stay out of the way.
- ❖ Why can't we all get along?
- ❖ The more you give some people, the more they want.
- ❖ Why bad business?
- ❖ Stop searching for happiness; it's all around you.

- ❖ Introduce yourself to know others.
- ❖ Help one another.
- ❖ Predators may have their eyes on you.
- ❖ Readjust!
- ❖ Try something new.
- ❖ Don't just collect information, process it!
- ❖ Sponsor it!
- ❖ Create your own reality.
- ❖ Get more information.
- ❖ Don't be mad at someone in charge because it may be their job.
- ❖ Honor all scientists.
- ❖ Love deep within your heart.
- ❖ Because a person can't read, write or speak, doesn't mean he or she is dumb.
- ❖ There is always a way to get out, but sometimes you have to pay a price for it.
- ❖ Time is on your side.
- ❖ Honor the lifeguards
- ❖ Sometimes things don't always go the right way.

- ❖ If it's dangerous, don't leave it unattended.
- ❖ Be a part of it.
- ❖ Love is blind.
- ❖ If you open it, close it!
- ❖ This is it!
- ❖ Don't bring up mistakes from the past.
- ❖ It is not rocket science.
- ❖ Jack of all trades, master of none.
- ❖ Control your ego.
- ❖ If you don't know how to operate it, leave it alone!
- ❖ Profanity is forbidden.
- ❖ Watch out for the smooth operator.
- ❖ If you use it, take care of it.
- ❖ Well said!
- ❖ Refresh your memory.
- ❖ If you turn it on, turn it off!
- ❖ Do your research.
- ❖ Good looks don't last forever.

- ❖ If you're in the way, get out of the way.
- ❖ Death doesn't discriminate.
- ❖ Be a detective to be protective.
- ❖ Good education is a motivator.
- ❖ It's a fashion! That's their tradition.
- ❖ Yummy! Yummy! Everyone likes their own taste of food in their tummy.
- ❖ Stop the corruption!
- ❖ Stop the elimination of other races and religions.
- ❖ Easy does it.
- ❖ The truth sometimes hurts.
- ❖ Use protection to prevent sexually transmitted diseases.
- ❖ Do not overload.
- ❖ Heart to heart.
- ❖ Do not get used to being abused!
- ❖ No mess...no stress!
- ❖ There are reasons to be different.
- ❖ Honor the Coastguard.
- ❖ Take a hike before danger comes.

- ❖ If you break it, repair it!
- ❖ Support your religion but don't be an extremist.
- ❖ We must learn to live in peacefully or the bubble will burst.
- ❖ This is the way of life.
- ❖ You can't teach an old dog a new trick.
- ❖ Don't cry over spilled milk.
- ❖ If it belongs to someone else, get permission to use it!
- ❖ Everything will be all right.
- ❖ Appreciate what you've got.
- ❖ Long distance relationships are better for some.
- ❖ If you make a mess, clean it up!
- ❖ It is not how big or small you are, it's about how you carry yourself.
- ❖ Break it down when they don't understand.
- ❖ If you move it, put it back!
- ❖ Adore the shore.
- ❖ Live for love.
- ❖ The world is beautiful if your heart is beautiful.
- ❖ If it doesn't concern you, don't mess with it!

- ❖ Give them a break.
- ❖ Pass your examination to get your position.
- ❖ Rise and Shine.
- ❖ If you unlock it, lock it!
- ❖ Take your medication according to directions.
- ❖ Get over it!
- ❖ You can only help one person at a time.
- ❖ Innocent until proven guilty.
- ❖ If you can't fix it, call in someone who can!
- ❖ Use it, don't abuse it.
- ❖ Search for the best.
- ❖ Candidates who undermine his opponent will, also, undermine the public.
- ❖ Dance to it.
- ❖ There's prime time for everything.
- ❖ You're here now; one step a time, you'll be up there.
- ❖ War supporters are the roots of all evil.
- ❖ Connect to others.
- ❖ Keep danger out of the reach of children.

- ❖ Abide by construction codes.
- ❖ Don't be so controlling.
- ❖ Be loyal to your job.
- ❖ Take extra precautions.
- ❖ Sometimes you've got to take the heat.
- ❖ Some people can be a pain in the neck.
- ❖ Indulging something too much will wind up hurting you.
- ❖ You want it, you work for it.
- ❖ Never, ever give up.
- ❖ Laughter is healing.
- ❖ The best things in life are free.
- ❖ Sometimes everybody takes a sudden turn.
- ❖ Enjoy life while you're living it.
- ❖ Less is more.
- ❖ Some understand the spoken language and others the written language.
- ❖ We are rolling right along!
- ❖ Think positive about yourself.
- ❖ Don't count the chicken before the eggs hatch.

- ❖ Bypass troublemakers.
- ❖ Pray for better days.
- ❖ Work for the things you need.
- ❖ Let us rejoice and be glad of it.
- ❖ Bitter words indicate of weak cause.
- ❖ It's vice versa to the knowledge you know and to the knowledge you don't know when there's need for help.
- ❖ Read the book for positive ways not negative ways.
- ❖ Slow down to get around.
- ❖ Hard work pays the bills.
- ❖ Happy wife...happy life.
- ❖ Some are in good moods...some are in their own moods.
- ❖ May the road rise up to greet you and may the wind always be at your back.
- ❖ Follow the examples of Sikhism.
- ❖ God is a different word in every language but we all believe in one God.
- ❖ We shall overcome.
- ❖ Save money now to live better then.
- ❖ Money cannot buy happiness.

- ❖ Don't forget to install security and safety equipment at home and at work.
- ❖ Stop doing and saying negative things over and over again, for God's sake!
- ❖ Committing adultery will rob you of your honor and your reputation.
- ❖ Hold on to your beliefs and values.
- ❖ Some will welcome you with open arms, but others will push you away.
- ❖ Pass it on to the one who needs it most.
- ❖ No relationship is perfect.
- ❖ Beware most poisonous gasses are silent killers. Don't allow it to poison you; detect it by adding dyes or odor.
- ❖ Life is like a car battery; there are positives and negatives.
- ❖ Think of a great idea for a new business.
- ❖ Don't think a whole book is negative by reading just one phrase. Read the whole book.
- ❖ Get it now, while you can.
- ❖ Don't cheat on your spouse, so your spouse won't cheat on you.
- ❖ Showing too much negativity is not going to bring any positivity.
- ❖ Call in advance.

- ❖ Turn your junk into treasures.
- ❖ Every country is unique and great in its own way.
- ❖ Get fired up!
- ❖ Knock before entry.
- ❖ Play nicely.
- ❖ Why buy the cow when you can just buy the milk.
- ❖ Keep your feet on the ground even though friends flatter you.
- ❖ Weakness comes from negativity.
- ❖ If it looks like a duck, walks like a duck and quacks like a duck...It's a Duck!
- ❖ Be aware of all dangerous animals.
- ❖ Beauty is in the eye of the beholder.
- ❖ Thank God for the food you eat before every meal.
- ❖ Little things mean a lot.
- ❖ It's all in the game.
- ❖ Pay attention! That warning sign is here for you.
- ❖ Keep involves in the world to stay contemporary.
- ❖ Shop, dine and celebrate.

- ❖ Please don't misunderstand and take things the wrong way.
- ❖ Lovers are in, barbarians are out.
- ❖ Don't wait until it's too late.
- ❖ If I made you feel bad...it's my bad.
- ❖ This is your moment to shine.
- ❖ Your mission is accomplished when you have peace in your life.

HEROES OF ALL GENERATIONS

Be a Hero for a Better World.

Every endeavor to make this world a better place makes a difference.

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MOTHER TERESA



*Spread the love wherever you go...
She marked the history of our century with bravery
Served all human beings with dignity and respect
Made our lives feel the tenderness
Her kindness was in her face, in her eyes, and in her smile
And in the warmth of her greetings
She cared but gave her heart as well
She kept the joy of loving God in our hearts
And shared this joy with all humankind.*

Mother Teresa was born Agnes Gonxha Bojaxhiu in Macedonian on August 26, 1910, in Skopje, Ottoman Empire. She was the youngest daughter of Nikola and Dranafi le Bojaxhiu. When Agnes was about eight years old, her father died, and her mother raised Agnes as a Roman Catholic. In her early years, she was mesmerized by stories of the lives of missionaries and their service. At a young age, about twelve years old, she convinced herself she should commit herself to a religious life.

At the age of eighteen, she left home to become a missionary with the Sisters of Loreto. After that, she never saw her family again.

Agnes studied and learned English in the Loreto Abbey in Rathfarnham, Ireland. English was the language that the Sisters of Loreto were using to teach school children in India. She began her novitiate in Darjeeling in 1929, and she took her first vows as a nun on May 24, 1931. She became Teresa after Theresa de Lisieux, the patron saint of missionaries. On May 14, 1937, while she was a teacher, she took her solemn vow. Teresa was annoyed by the poverty that surrounded

her even though she enjoyed teaching. A food crisis and starvation brought misery and death to the city; and the outbreak of Hindu/Muslim violence plunged the city into misery and dreadfulness.

On September 10, 1946, Teresa experienced what she later described as “the call within the call” while traveling to the Loreto convent in Darjeeling for her annual retreat. She said, “I was to leave the convent and help the poor while living among them. It was an order. To fail would have been to break the faith.” She began her missionary work with the poor in 1948, replacing her traditional Loreto habit with a simple white cotton chira decorated with a blue border. She adopted Indian citizenship, and ventured out into the slums. Initially she started a school in Motijhil, and soon she started tending to the needs of the destitute and starving. Her efforts quickly caught the attention of Indian officials, including the Prime Minister, who expressed his appreciation. On October 7, 1950, Teresa received Vatican permission to start the diocesan congregation that would become the Missionaries of Charity. Its mission was to care for, in her own words, “the hungry, the naked, the homeless, the crippled, the blind, the lepers, and all those people who feel unwanted, unloved, uncared for throughout society, people that have become a burden to the society and are shunned by everyone.” It began as a small order, with thirteen members in Calcutta; today it has more than four thousand nuns running orphanages, AIDS hospices, and charity centers worldwide, and caring for refugees, the blind, disabled, aged, alcoholics, the poor and homeless, and victims of floods, epidemics, and famine. With the help of the Indian officials, Mother Teresa converted an abandoned Hindu temple into the Kalighat Home for the Dying, a free hospice for the poor. As the Missionaries of Charity took in increasing numbers of lost children, Mother Teresa felt the need to create a home for them. The order began to attract both recruits and charitable donations, and by the sixties it had opened hospices, orphanages, and leper houses all over India. Mother Teresa then expanded the order throughout the globe. In Venezuela, outside India, the first house opened with five sisters. Others followed in Rome, Tanzania, and Austria in 1968. During the seventies, the order opened houses and foundations in dozens of countries in Asia, Africa, Europe, and the United States. Her philosophy and implementation have faced some criticism.

By the seventies, she had become internationally famed as a humanitarian and advocates for the poor and helpless, due in part to a documentary and the book *Something Beautiful for God* by Malcolm Muggeridge. She won the Nobel Peace Prize in 1979 for her humanitarian work. Mother Teresa's Missionaries of Charity continued to expand, and at the time of her death, it was operating 610 missions in 123 countries, including hospices and homes for people with HIV/AIDS, leprosy, and tuberculosis. There were also soup kitchens, children's and family counseling programs, orphanages, and schools. Mother Teresa rescued 37 children trapped in a frontline hospital by brokering a temporary cease-fire between the Israeli army and Palestinian guerrillas. It happened in 1982 at the height of the Siege of Beirut. Accompanied by Red Cross workers, she traveled through the war zone to the devastated hospital to evacuate the young patients. When Eastern Europe experienced increased openness in the late eighties, she expanded her efforts to Communist countries that had previously rejected the Missionaries of Charity, embarking on dozens of projects. Mother Teresa traveled to assist and minister to the hungry Ethiopians, radiation victims at Chernobyl, and earthquake victims in Armenia. In 1991, Mother Teresa returned to her homeland for the first time and opened a Missionaries of Charity Brothers home in Tirana, Albania. By 1996, she was operating 517 missions in more than 100 countries. Over the years, Mother Teresa's Missionaries of Charity grew from 12 to thousands, serving the "poorest of the poor" in 450 centers around the world.

While Mother Teresa was visiting Pope John Paul II in Rome in 1983, she suffered a heart attack. She got an artificial pacemaker in 1989 after a second attack. In 1991, after a battle with pneumonia while in Mexico, she suffered further heart problems. She offered to resign her position as head of the Missionaries of Charity, but the nuns of the order voted for her to stay. Mother Teresa continued her work as head of the order. In April 1996, Mother Teresa fell and broke her collar bone. She also suffered from malaria and a failure of the left heart ventricle in August. She had surgery, but it was clear that her health was declining. On March 13, 1997, she stepped down as the head of Missionaries of Charity and died on September 5, 1997. The Archbishop of Calcutta, Henry Sebastian D'Souza, said he ordered a

priest to perform an exorcism on Mother Teresa with her permission when she was first hospitalized with cardiac problems because he thought she may be under attack by the devil.

At the time of her death, Mother Teresa's Missionaries of Charity had over 4,000 sisters, an associated brotherhood of 300 members, and over 100,000 lay volunteers, operating 610 missions in 123 countries

Mother Teresa an Albanian Roman Catholic nun founded the Missionaries of Charity in Kolkata (Calcutta), India, in 1950. For over forty years, she ministered to the poor, sick, orphaned, and dying, while guiding the Missionaries of Charity's expansion, first throughout India and then into other countries.

POPE JOHN PAUL II



*From dust you came, and to dust you shall return
Wherever you are, you'll always be remembered in our hearts
You gave colors to humanity with the words of the Lord
Words that grow and measure the importance
You gave the keys of the Kingdom
And opened the hearts of mankind
You were mighty...you were strong—a Super Power...
A pillar of the Faith
You were incredible
You adored the Poor...Honored the youth
Mastered the art of body communication
You traveled everywhere with your reputation
Tried hard to build bridges between Heaven and Earth
Pope John Paul II
Servant of God and people!
Our prayers for your Eternal Peace*

John Paul II was born Karol Jozef Wojtyla on May 18, 1920, in Wadowice, Poland. He was the youngest of three children of Karol Wojtyla and Emilia Kaczorowska. When he was nine, his mother died and his father raised him. Before he became a priest, he lost everyone in his family: his mother, sister, brother, and father.

He completed high school at the Marcin Wadowita in Wadowice, and he enrolled at the Jagiellonian University School for drama. He worked as a volunteer librarian and did compulsory military training in the Academic Legion but refused to hold or fire a weapon. In his youth, he was an athlete, actor, and playwright. He learned many languages, such as Latin, German, Ukrainian, Italian, Greek, Spanish, Portuguese, Dutch, English, his native language Polish, and some Russian.

Wojtyla entered the underground seminary run by the archbishop of Krakow. He was ordained a priest on November 1, 1946, by Cardinal Sapieha. He was sent to study theology at the Pontifical Athenaeum of St. Thomas Aquinas in Rome, Italy, commonly known as Angelicum, where he earned a licentiate and later a doctorate in sacred theology. He was consecrated to the Episcopate by Archbishop Baziak on September 28, 1958. He was the youngest bishop in Poland at the age of thirty-eight. He made contributions to two of the most historic and influential products of the council, the Decree on Religious Freedom and the Pastoral Constitution on the Church in the Modern World. On October 22, 1978, at the age of fifty-eight years old he became the 264th pope according to the chronological list of popes. He was the youngest elected pope since Pope Pius IX in 1846.

John Paul II traveled extensively, visiting 117 countries, more than any of his predecessors. He was the most traveled world leader in history. All these travels were paid for by the countries he visited and not by the Vatican. As part of his special emphasis on the universal call to holiness, he canonized a great number of people. Pope John Paul II emphasized the importance of starting fresh from Christ. He canonized many saints around the world as exemplars for his vision and he supported the prelature of Opus Dei, whose aim is to spread the message of the universal call to holiness and the sanctification of secular activities, which he believed was a great deal and a characteristic mark of the Second Vatican Council. He beatified 1,340 people, more people than any previous pope.

John Paul II's most important role as pope was to teach people about Christianity. He wrote fourteen papal encyclicals, which many observers believe will have long-lasting influence on the church. Pope John Paul II traveled expansively and came into contact with believers from many different faiths. On October 27, 1986, in Assisi, they held the World Day of Prayer in Peace. More than 120 representatives from different religions and Christian denominations spent it together, fasting and praying.

On March 31, 2005, the pope developed a very high fever and profoundly low blood pressure but was never rushed to the hospital or offered life support. Instead, he was offered medical monitoring by a team of consultants at his private residence. This was taken as an indication that the pope and those close to him believe that he was nearing death. Later that day, Vatican sources announced that Pope John Paul II had been given the anointing of the sick by his friend and secretary Stanislaw Dziwisz. During the final days of the pope's life, the lights were kept burning through the night where he lay in the papal apartment on the top floor of the Apostolic Palace. Thousands of people rushed to the Vatican, filling St. Peter's Square and beyond with a vast multitude, and held vigil for two days. Upon hearing of this, the dying pope was said to have stated, "I have searched for you, and now you have come to me, and I thank you." Pope John Paul II final words, "Let me go to the house of the father," were said to his aides, in his native language of Polish, on Saturday, April 2. He fell into coma about four hours later. He died in Vatican City, in his private apartment, in accordance with his wishes.

The death of John Paul II was attended by over two million people in Vatican City. The viewing of his body in St. Peter's Basilica drew over four million people and was one of the largest pilgrimages in the history of Christianity.

MARTIN LUTHER KING JR.



*Martin Luther King Jr. was a hero of dark times
His heart always cared and had the freedom to shine
He walked on the streets, protesting against hate
Not even caring if it would cause him his fate
He loved you if you were white, black, or even brown
He wanted everyone to be equal, spreading peace all around
With the freedom to ring, the freedom to sing
And the freedom to do absolutely anything
His heart so pure, so fresh, so clean
He will always be remembered by the quote "I have a dream."*

Martin Luther King Jr. was born on January 15, 1929, in Atlanta, Georgia. He was the son of Reverend Martin Luther King Sr. and Alberta Williams King. King had an older sister, Willie Christine, and a younger brother, Alfred Daniel.

He entered Morehouse College at the age of fifteen, skipping his ninth and twelfth grades without formally graduating. In 1948, he graduated from Morehouse with a Bachelor of Arts degree in sociology and enrolled in Crozer Theological Seminary in Chester, Pennsylvania, from which he graduated with a Bachelor of Divinity degree in 1961. King began doctoral studies in systematic theology at Boston University and received his Doctor of Philosophy on June 5, 1955.

King married Coretta Scott, on June 18, 1953, on the lawn of her mother's house. King and Scott had four children. At the age of twenty-five, King became pastor of the Dexter Avenue Baptist Church in Montgomery, Alabama.

King was a leader in the American civil rights movement. He was a Baptist minister, one of the few leadership roles available to black men at the time. He became a civil rights activist early in his career. He led the Montgomery Bus Boycott and helped found the Southern Christian Leadership Conference, serving as its first president. His efforts led to the 1963 March on Washington, where King delivered his phenomenal "I Have a Dream" speech. There, he raised public consciousness of the civil rights movement and established himself as one of the greatest orators in U.S. history. In 1964, King became the youngest person to receive the Nobel Peace Prize for his efforts to end segregation and racial discrimination through civil disobedience and other non-violent means. By the time of his death in 1968, he had refocused his efforts on ending poverty and opposing the Vietnam War, both from a religious perspective.

Martin Luther King Jr. was assassinated on April 4, 1968, in Memphis, Tennessee. He was posthumously awarded the Presidential Medal of Freedom by President Jimmy Carter in 1977. Martin Luther King Jr. Day was established as national holiday in the United States in 1986. In 2004, King was posthumously awarded a Congressional Gold Medal.

DALAI LAMA



*Dalai Lama with a mind so astute
He brings you joy like the sound of a flute
His humbleness is pure like water from a creek
His words are so smooth like a silk brocade sheet
Beneficial are his words, fulfilling like a patty
He said, "The purpose of our lives is to be happy."*

*Who wouldn't want the happiness of this man?
We all would like to if we all can.*

Tenzin Gyatso, full name Jetsun Jamphel Ngawang Lobsang Yeshe Tenzin Gyatso, was born July 6, 1935, in Qinhai, China. Tenzin Gyatso was the fifth of sixteen children of Choekyong Tsering and Diki Tsering. His parents were relatively wealthy farmers.

A search party was sent out to find the new incarnation of the Dalai Lama when Tenzin Gyatso was about two years old. Along with other omens, the head on the embalmed body of the thirteenth Dalai Lama, originally facing south, had mysteriously turned to face the northeast, indicating the direction in which the next Dalai Lama would be found. The Regent Reting Rinpoche had a vision at the sacred lake of Lhamo La-tso and a one-story house with distinctive guttering and tiling, indicating it as the place to search. They found the Thondup with various relics and toys. The search was over and they recognized the reincarnated Dalai Lama and renamed Jetsun Jamphel Ngawang Lobsang Yeshe Tenzin Gyatso. Dalai Lama is one of the most influential spiritual leaders of Tibetan Buddhism and is also Tibet's political ruler. He was proclaimed the thirteenth Dalai Lama two years after he was born. At the age of four, he was taken by lamas in a procession to Lhasa, where an official ceremony recognized him as the reborn spiritual leader of Tibet. On November 17, 1950, at the age of fifteen, he was enthroned as Tibet's Dalai Lama. This happened only one month after the People's Liberation Army's invasion of Tibet.

Tenzin Gyatso, the Dalai Lama, began his monastic education at the age of six. In 1959, at the age of twenty-five, he took his final examination in Lhasa's Jokhang Temple during the annual Monlam Festival. He passed with honors and was awarded the Lharampa degree, the highest-level degree, equivalent to a doctorate in Buddhist philosophy.

After initially ratifying, he left Tibet for India under military pressure following the failed uprising and the collapse of the Tibetan resistance movement in 1959. While he was in India, he was active in establishing the Tibetan Government in Exile and in seeking to preserve Tibetan culture and education among the thousands of refugees who accompanied him. Tenzin Gyatso is the first Dalai Lama to travel to

the West. He has helped to spread Tibetan Buddhism and to promote the concepts of universal responsibility, secular ethics, and religious harmony. He was awarded the Nobel Peace Prize, a honorary Canadian citizenship in 2006, and the United States Congressional Gold Medal on October 2007. Tenzin Gyatso is also the world's best-known Buddhist monk. The government of the People's Republic of China regards him as the symbol of an outmoded theocratic system. He is portrayed as a charismatic figure and noted public speaker. The Dalai Lama appealed to the United Nations on the question of Tibet. This appeal resulted in three resolutions adopted by the General Assembly that required China to respect the human rights of Tibetans and their desire for self determination. He promulgated a democratic constitution, which is based upon the Universal Declaration of Human Rights. The Dalai Lama proposed a five-point peace plan regarding the future status of Tibet at the Congressional Human Rights Caucus in Washington DC. The plan called for Tibet to become a zone of peace and for the end of movement by the ethnic Han Chinese into Tibet.

Ever since, the Dalai Lama has commenced a sequence of travel to forty-six nations. He has frequently engaged in religious dialogue. He has been a longstanding supporter of SOS Children's Villages. He always visits the villages and has maintained a friendship with founder Hermann Gmeiner. The Dalai Lama accepted the 1951 Seventeen Point Agreement for the Peaceful Liberation of Tibet with the People's Republic of China. The Dalai Lama endorsed the founding of the Dalai Lama Foundation in order to promote peace and ethics worldwide. The Dalai Lama is not operationally involved with this foundation, although he suggests some overall direction. His office is routinely briefed on its activities. He has stated that his belief in modern scientific findings take precedence over ancient religions. He has also expressed his concern for environmental problems.

Tenzin Gyatso is the fourteenth Dalai Lama. The Dalai Lama is a revered spiritual leader among Tibetans and exerts a powerful influence over the Gelug School of Tibetan Buddhism. He is head of the Tibetan Government in Exile in Dharamsala, India. He is also the world's best known Buddhist monk.

KING HUSSEIN I



*King Hussein of Jordan was an astonishing king
His presence on our globe was an important thing
He endeavored to bring peace to our entire sphere
With peace treaties waiting to be signed in his abode
His speeches were breathtaking and innocent
Speeches those were meek and magnificent
He said to everyone, "I'm feeling fine."
A quote concise and humble in our minds*

Hussein bin Talal was born on November 14, 1935, in Amman, Jordan. The Hussein family claims a line of descent from the Islamic prophet Muhammad. King Hussein said they are the family of the prophet and they are the oldest tribe in the Arab world.

Hussein went to school at Victoria College in Alexandria, and then proceeded to Harrow School in England. He pursued further study at the Royal Military Academy Sandhurst.

Prince Hussein took a trip to Jerusalem with his grandfather, King Abdullah I, to make Friday prayers on July 20, 1951. A fanatic Palestinian was alarmed that the king might negotiate peace with the newly-created state of Israel and opened fire on Abdullah and his grandson. Abdullah was killed, but the fifteen-year-old Hussein survived. The eldest son of King Abdullah, King Talal was crowned king of Jordan, but within a year he was forced to abdicate, he allegedly suffered from schizophrenia. On August 11, 1952, at the age of sixteen, King Talal's son Prince Hussein was crowned and proclaimed king of the Hashemite Kingdom of Jordan. At that time he was underage, so he was enthroned a year later, on May 2, 1953.

King Hussein was married four times, although he was never married to more than one woman at the same time. King Hussein was an avid amateur radio operator and loved to fly airplanes as well as helicopters.

In 1994, King Hussein concluded negotiations to end the official state of war with Israel, resulting in the Israel-Jordan Treaty of Peace, which he had begun negotiating in secret with the Israelis in the seventies. Hussein guided his country in the context of the Cold War and through four decades of Arab-Israeli.

The king had been suffering from the disease for many years and had been treated at the Mayo Clinic in Minnesota, United States. He died of complications related to non-Hodgkin's lymphoma on February 7, 1999. Before he died, he made a constitutionally allowable change to his will, disinheriting the heir-apparent of several decades, his brother Hassan, in favor of his eldest son Abdullah. He underwent a bone marrow transplant earlier that week, but the transplant failed, and the king returned home to die.

Hussein bin Talal, King of Jordan, was the ruler of Jordan after the abdication of his father, King Talal, in 1952. The king was, at the time of his death, one of the longest-serving leaders in international politics.

PRINCESS DIANA



*The clouds are bright white as the sun shines
Yet there are gray clouds and rain in our hearts
Her beauty shall never fade
She touched every heart and every soul
Deemed the lives of so many, rich and poor
She was kind and compassionate*

*With a wonderful heart made of gold
Her caring ways will be remembered for evermore
She was truly a Queen of Hearts
Known as the Princess of Wales
She will never be forgotten
Nevertheless
May we reach deep within our own hearts
To prolong in her footsteps
To love and help humanity
Wherever you are...Our Princess
May you find love and peace amongst the stars.*

Diana Frances Spencer was born on July 1, 1961, in Park House, Sandringham, Norfolk, England. Diana was the youngest daughter of Edward John Spencer and Frances Spencer. Diana was born into the Spencer family. She had Scottish, English, Irish, American, and remote Armenian ancestry. She was also a descendant of King Charles II of England on her father's side. The Spencers had been close to the British royal family for centuries. Ruth, Lady Fermoy, Diana's maternal grandmother, was a longtime friend and a lady-in-waiting to Queen Elizabeth, the Queen Mother.

Diana's first school was Silfield School; then she attended Riddlesworth Hall and West Heath Girls' School, a special school for boys and girls. In this school, she was considered a poor student, having attempted and failed all of her O-levels twice. Diana reportedly excelled in swimming and diving. She longed to be a ballerina, but she was too tall.

She had a fairy tale wedding with Prince Charles, and the couple had two sons, Prince William and Prince Henry. Their sons, Prince William and Harry are second and third in line to the thrones of the United Kingdom and fifteen other Commonwealth realms. In December of 1995, they filed for divorce, and it was finalized on August 28, 1996. Diana became very well-known for her support of several charity projects. After her divorce, she focused on helping the Red Cross and campaigned to rid the world of land mines. Diana was a supporter of the International Campaign to Ban Landmines, a campaign that went on to win the Nobel Peace Prize in 1997. She intended to work on a humanitarian rather than a political issue. She engaged in hospital visits

where she comforted the sick, and in so doing, assumed the patronage of various charitable organizations. She was one of the first high-profile celebrities to be photographed touching a person with HIV at the Chain of Hope organization. She wanted to change the public opinion of AIDS sufferers. Diana, a public figure from the announcement of her engagement to Prince Charles, remained the focus of near-constant media attention in the United Kingdom and around the world up to and during her marriage, and after her subsequent divorce. Her sudden death in a car crash was followed by a spontaneous and prolonged show of public mourning. Diana's life and legacy have been combined, but a popular fascination with the princess endures. There was a long-awaited investigation, and the coroner reported in April 2008 that Diana had been unlawfully killed by the driver and the paparazzi.

Diana died on August 31, 1997, after a high-speed car crash in the Pont de l'Alma road tunnel in Paris, along with Dodi Al-Fayed and the acting security manager of the Hotel Ritz Paris, Henri Paul, who was instructed to drive the hired Mercedes-Benz through Paris. They were secretly eluding the paparazzi. The black 1994 Mercedes-Benz S280 with registration number 688 LTV crashed into the thirteenth pillar of the tunnel. Fayed's bodyguard, Trevor Rees-Jones, who was in the passenger seat, was the only survivor of the crash. Diana's sudden death led to a widespread outpouring of grief at her passing; people left public offerings of flowers, candles, cards, and personal messages. Her funeral was attended by all members of the royal family. Her sons, William and Harry, walked behind their mother's casket along with their father Prince Charles, Grandfather Prince Philip, and Earl Spencer, Diana's brother. Elton John sang a new version of "Candle in the Wind," but he changed the title to "Goodbye England's Rose" and the lyrics refer to Diana. The burial occurred privately. Diana was wearing a black long-sleeved dress; she had chosen the dress a few weeks before she died. Rosary beads had been placed in her hands; this was a gift from Mother Teresa. Diana was buried on an island within the grounds of Althorp Park, the Spencer family home.

Diana, princess of Wales, was the first wife of Charles, Prince of Wales.

THOMAS JEFFERSON



Thomas Jefferson a thin, tall man

He was an architect, a governor, and the president of our land

His quote, if heard, will shine like a fresh-lit candle

He said, "Always take a hold of things by the smooth handle."

Another quote that can solve every solution

He said, "Every generation needs a new revolution."

We can all learn a lot from this man

Just research his life and you will also be a fan.

Thomas Jefferson was born on April 13, 1743, in Shadwell, Virginia, into a family closely related to some of the most prominent individuals in Virginia. He was the third of eight children of Jane Randolph and Peter Jefferson, a planter and surveyor.

Jefferson was first educated in a local school run by William Douglas, a Scottish minister. He studied Latin, Greek, and French at the age of nine. When he was fourteen, his father died and he inherited about five thousand acres of land and dozens of slaves. He built his home there, and it eventually became known as Monticello. After his father's death, he was taught at the school of the learned minister James Maury. He received a classical education and studied history and science. Jefferson entered the College of William & Mary in Williamsburg at the age of sixteen, for two years. He graduated with highest honors and was then enrolled in the philosophy school and studied mathematics and metaphysics. He was fluent in French, and he carried his Greek grammar book wherever he went. While he was at William & Mary, he became a member of a secret organization called Flat Hat Club, now the namesake of the William & Mary student newspaper.

Jefferson married Martha Wayles Skelton, a twenty-three-year-old widow. The couple had six children. Martha died on September 6, 1782. Jefferson never remarried.

Jefferson as a political philosopher was a man of the Enlightenment and knew many intellectual leaders in Britain and France. Jefferson also represented Albermarle County in the Virginia House of Burgesses. He wrote a set of resolutions against the acts, which were expanded into *A Summary View of the Rights of British America*. This was his first published work. Jefferson was assigned to be one of the five-man committee to prepare a declaration to accompany the resolution. Congress decided to allow a resolution of independence in June 1776. The wording of the Declaration of Independence was approved on July 4, 1776. Jefferson became a member of the Virginia House of Delegates. He established Virginia's system, of laws to abolish primogeniture, establish freedom of religion, and the judicial system. He supported the separation of church and state. He was the author of the Virginia Statute for Religious Freedom. Jefferson was the eponym of Jefferson democracy and the co-founder and leader of the Democratic-Republican Party. From 1779–81, Jefferson served as governor of Virginia. He transferred the state capital from Williamsburg to the more central location of Richmond. He continued to support the educational reforms of the College of William & Mary. He also became a minister of France. Jefferson was the first secretary of state under George Washington. He was elected second vice president of the United States. In 1801, he became the third president of United States. Thomas Jefferson ended his terms as a United States president in 1809. He continued to be active in public affairs. He believed that education was a good way to establish an organized society. He became increasingly concerned with founding new institutions of higher learning, specifically one free of church influences, where students could specialize in many new areas not offered at other universities. He indicated that he had been planning a university for decades, and this plan was realized with the founding of the University of Virginia. The University of Virginia opened in 1825. It was then the first university to offer a full slate of elective courses to its students. The university was designed as the capstone of the educational systems of Virginia. Any citizen of the commonwealth could attend this school.

Jefferson was deeply in debt when he died, even though he was born into one of the wealthiest families in United States. His properties were sold at auction, but in his will, he left Monticello to the United States to be used as a school for orphans of navy officers. Thomas Jefferson is buried on his Monticello estate, in Charlottesville, Virginia.

Thomas Jefferson was the third president of the United States and the principal author of the Declaration of Independence. He was one of the most influential Founding Fathers for his promotion of the ideals of Republicanism in the United States.

BILL CLINTON



*Bill Clinton, so keen and kind in heart
He helped out our nation right from the start
His proficiency proved to be the very best
He improved our nation and helped out the rest
His quotations as clear as the crisp clean air
He said, "We cannot build our own future
without helping others build theirs."
His speeches were strong and firm like a rope
Our president Bill Clinton is who gave us all hope.*

William Jefferson Clinton's birth name was William Jefferson Blythe III. He was born on August 19, 1946, in Hope, Arkansas, to William Jefferson Blythe Jr. and Virginia Dell Cassidy. His father was a travelling salesman who died in a car accident three months before Bill was born. His mom, Virginia, went to New Orleans to study nursing. His mom left him with his grandparents, who owned a grocery store.

At that time, the Southern United States was racially segregated. After his mother finished nursing school, she returned home and shortly thereafter, Virginia married Roger Clinton, who owned an automobile dealership in Hot Springs.

Clinton was an active student leader, avid leader, and musician when he was in school. He was in chorus and played the tenor saxophone. There were two influential moments in Clinton's life that contributed to his decision to become a public figure. The first was his visit to the White House to meet President John F. Kennedy as a Boys Nation senator. The second was listening to Martin Luther King Jr.'s "I Have a Dream" speech. He memorized Dr. King's words. Clinton received a Bachelor of Science in Foreign Service in Edmund A. Walsh School of Foreign Service at Georgetown University in Washington DC.

Clinton served two terms as president. He was described as a New Democrat. Two of his policies were the North American Free Trade Agreement and Welfare Reform. Clinton signed the Family and Medical Leave Act, which requires large employers to allow employees to take unpaid leave for pregnancy or a serious medical condition. Clinton made another campaign of allowing homosexual men and women to serve in the armed forces. After several debates, Congress applied the "Don't Ask, Don't Tell" policy, stating as long as homosexuals keep their sexuality secret, they could serve. In his second term, he was impeached by the U.S. House for perjury and obstruction of justice, but was subsequently acquitted by United States Senate and completed his term. He served over the longest period of peace-time economic expansion in American history. He implemented a balanced budget and a reported federal surplus. According to the report of the congressional accounting rules at the end of his term, there was a surplus of \$559 billion.

On October 21, 1994, the first official White House Web site was launched. The White House Web site was part of a wider movement of the Clinton administration toward Web-based communication. President Clinton issued Executive Order 13011—Federal Information Technology, ordering the heads of all federal agencies to fully utilize information technology to make the information of the agency easily accessible to the public. He warned Congress of Iraqi Dictator Saddam Hussein's pursuit of nuclear weapons. Clinton weakened, Saddam's

grip on power. Clinton signed H.R.4655 into law on October 31, 1998, which instituted a policy of regime change against Iraq, though it clearly stated it did not speak to the use of American military forces. Operation Desert Fox was launched by his administration; it was a four-day bombing campaign.

Clinton left the office as a president with an approval rating at 65 percent, the highest end-of-office rating of any president since World War II. After leaving the office, he has been concentrated on public speaking and humanitarian work. He promotes and deals with international causes, such as the treatment and prevention of HIV/AIDS and global warming. He created the William J. Clinton Foundation.

William Jefferson "Bill" Clinton was the forty-second President of the United States. He was the third-youngest president. Bill is married to United States Secretary of State Hillary Rodham Clinton and previously a United States Senator from New York. The couple has a daughter name Chelsea Victoria Clinton.

AL GORE



*Albert Arnold "Al" Gore Jr. is a great man for all time
Benevolent in his teachings to all of mankind
He taught about politics and environmental awareness
To teach the whole world of equality and much fairness
His quotes so explicit they will make your head ring
He said, "Verbosity leads to unclear, inarticulate things."
His message clearly preaches meticulousness in all aspects
Less pollution and be careful with all of the earth's facets
A man so blessed with passion for all creations*

A man as caring as this should rule our nation.

Albert Arnold Gore Jr. was born March 31, 1948, in Washington DC, to Albert Gore Sr., a U.S. representative and senator from Tennessee, and Pauline LaFon Gore. His older sister Nancy died of lung cancer in 1984.

Gore was accepted into Harvard University. This was the only college to which he had applied. He planned to be an English major, until 1968 when he took a political science course and changed his major to government. He graduated cum laude with a Bachelor of Arts degree in government.

Gore was involved in American politics for over three decades, serving in the U.S. House of Representatives, in the U.S. Senate, and as the forty-fifth vice president of the United States from 1993 to 2001, under President Bill Clinton. During his term, Gore introduced legislation and policies to develop what he called “The Information Superhighway,” most remarkably known as the High Performance Computing and Communication Act of 1991, which led to the creation of the National Information Infrastructure. He received a Webby Award for this work. In 2000, Gore was the Democratic nominee for president in the presidential election. He won the popular vote but ultimately lost to Republican candidate George W. Bush. He faced legal controversy over the Florida election recount, which was eventually settled in favor of Bush by the Supreme Court.

Gore received the Nobel Peace Prize together with the Intergovernmental Panel on Climate Change, for efforts to build up and disseminate greater knowledge about manmade climate change and to lay the foundations for the measures that are needed to counteract such change. Gore is also the author of *An Inconvenient Truth*, on the topic of global warming, and starred in the Academy-Award-winning documentary. He helped organize the Live Earth Concert on July 7, 2007. This was a benefit concert for global warming.

Gore is currently the cofounder and chairman of Generation Investment Management, cofounder and chairman of the Emmy-Award-winning American television channel Current TV, member of the board of directors of Apple Inc., and a senior advisor to Google. He

is also a partner in the venture capital firm Kleiner Perkins Caufield & Byers, heading that firm's climate change solutions group.

Al Gore was the forty-fifth vice president of the United States under the administration of President Bill Clinton. He is an American environmental activist, author, businessperson, and a former journalist.

ABRAHAM LINCOLN



*Abraham Lincoln was an ambitious man
With goals for his future and tenacity in his plan
He always worked hard with so little time
Always on the move yet so reverently kind
Our sixteenth president was a man of fame
Struggling for success, failing with no shame
He continued on, never to give up
Endeavoring to protect us from being corrupt
His quote so true that it would make a great song
He said, "If slavery isn't wrong then nothing is wrong."
His mind was exploring, not wanting to be still
More affluent than the production of the five dollar bill
His face on every penny, always to be found in a fountain of hope
His face is even more immense when seen on a mountain
He's remembered even after being laid to rest
As one who was unique and one of our best.*

Abraham Lincoln was born February 12, 1809, in Hardin County, Kentucky, to Thomas Lincoln and Nancy Hanks. Abraham was married to Mary Todd. The couple had four sons.

Lincoln's formal education took only about eighteen months. He was largely self-educated and a passionate reader. He was a talented local wrestler and was skilled with an axe. Lincoln didn't want to go fishing or hunting, because he did not like killing animals even for food. At about six feet and four inches, he was unusually tall, as well as strong.

Abraham Lincoln began his political career at the age of twenty-three, with an unsuccessful campaign for the Illinois General Assembly. The main concern of his platform was the undertaking of navigational improvements on the Sangamon River. He believed that this would attract steamboat traffic, which would allow the populated and poorer areas along the river to flourish. Before he became a president, Abraham was a lawyer, a member of the United States House of Representatives, and an unsuccessful candidate for election to the Senate. He was an outspoken opponent of the expansion of slavery in the United States. Lincoln won the Republican Party nomination in 1860 and he was elected president later on that year. During his term, he helped preserve the United States by leading the defeat of the secessionist Confederate States of America in the American Civil War. He ended slavery, and promoted the passage of the Thirteenth Amendment to the Constitution, and before he died it was approved by the states. Lincoln's position on slavery and on the social and legal position of Africans within white society was complex, and his statements were often fine tuned to a specific audience or to the context of specific issues. On April 14, 1865, while Lincoln was watching the play *Our American Cousin*, he sat in the balcony in his state box 7. John Wilkes Booth crept up behind the president and waited for the funniest line of the play, hoping the laughter would muffle the noise of the gunshot. When the laughter began, Booth jumped into the box and aimed a single-shot round slug. A twelve-day manhunt ensued, in which Booth was chased by federal agents. Booth was captured in a Virginia barn house and shot, dying of his wounds soon after. Lincoln was assassinated less than a week after the war's end.

With over 120 photographs taken of him, Lincoln was the most photographed man in the United States at the time he was assassinated.

Lincoln's death made the president a martyr too many citizens. Historians have ranked Lincoln among the greatest presidents in U.S. history; he often appears in the first position. They admire Lincoln for personifying classical values of honesty, and for his integrity, respect for individual and minority rights and human freedom in general.

Abraham Lincoln was the sixteenth president of the United States and effectively led his country through its greatest crisis, the Civil War.

SEAN PENN



*Sean Penn showed us that fear is no factor
You can disagree with any president even if you're an actor
He showed humanity how to stand up and fight
To stand up tall and march on with your rights
A quote he said is one you could feel
He said, "There is no reinventing the wheel."
He said this to admonish the entire nation
To be cautious of your choices and your future occupation
His goal is to bring peace all around the globe
But politics and a president made his mission slower
His strongest plan was the Out of Iraq forum
To the detesters of peace it brought much boredom
What he's saying is just a verbal alarm
Of bringing peace to our globe to protect us from harm.*

Sean Justin Penn was born August 17, 1960, in Santa Monica, California. He is the son of Leo Penn, an actor and director, and Eileen Ryan, an actress. He has two brothers; Michael Penn a musician and Chris Penn an actor who died in 2006. He was married to Madonna

in 1985 and got divorced in 1989. He soon began a relationship with Robin Wright. Penn and Wright got married in 1996.

Besides being an actor, Penn is also well-known for his political activism. He posted an advertisement in the Washington Post and spent fifty-six thousand dollars requesting President George W. Bush stop the series of violence on October 18, 2002. He wrote an open letter that referred to the planned attack on Iraq and the War on Terror. The advertisement that he made was a main reason for the growth of his friendship with President Hugo Chavez of Venezuela. Penn and the rest of the people promoting the anti-war movement criticized President Bush's handling of the war in Iraq. They wanted President Bush to be impeached.

Penn supports Hurricane Katrina victims; he traveled to Louisiana and actually engaged in rescuing people. He gave an unprepared interview about what he was seeing and doing. He felt at that time there was only about one-fifth of the assistance and resources that there needed to be.

Sean Justin Penn is an American actor with an Academy Award and Golden Globe, a director, and a political activist.

GANDHI



*O, thou, father of the nation
We owe you a salutation
For an amazing sensation
The creation of your heart was full of love
Towards all mankind
Unity is your strength
Love, Peace, and Equality were significant words of yours
Hear no evil, See no evil*

*Speaks no words untrue
No matter where you stay
You do your duty come what may
No one high or anyone low
You treat all men as equals
You gave hope to millions
We'll cherish your memories forever.*

Mohandas Karamchand Gandhi was born October 2, 1869, in Porbandar, Kathiawar Agency, British India, now known as Gujarat, Western India. He was the son of Karamchand Gandhi and Putlibai. His father was the prime minister of Porbander state, a small state in Kathiawar Agency of British India. At an early age, Mohandas adopted the influences of his religious mother and the Jain traditions. These would be a significant part of his adult life, influencing his kindness to attentive individuals. He became a vegetarian and also fasted, believing in common open-mindedness between those of various faiths. In May 1883, Gandhi had an arranged marriage, at the young age of thirteen, to Kasturbai Makhanji. The couple had five children, the first of whom died in infancy.

In September 1888, at the age of eighteen, he enrolled in University College of London to study law and train as a barrister. Gandhi dedicated his life to the wider purpose of discovering truth. He tried to achieve this by learning from his own mistakes, and he conducted experiments on himself. He wrote an autobiography and called it *The Story of My Experiments with Truth*. Mahatma Gandhi was not the originator of the principle of nonviolence; he was the first to apply it in the political field on a huge scale. The concept of nonviolence and nonresistance is prevalent in Indian religion. This concept prevails through many religions, such as Hindu, Buddhist, Jain, Jewish, and Christian contexts. Satya, which means truth in Gandhi's philosophy, is God. Gandhi recapped his beliefs when he said that God is truth. After a while, he changed this phrase to "Truth is God." One of Gandhi's principles was that the most important battle was overcoming his own demons, fears, and insecurities. He was a creative writer; for several years he edited numerous newspapers. He wrote letters almost every day to individuals and newspapers. Gandhi seriously believed that a

person involved in social service should lead a simple life. His simplicity began by renouncing the Western lifestyle when he was living in South Africa. He was giving up unnecessary spending and embracing a simple lifestyle which included washing his own clothes. He was born Hindu and practiced Hinduism all his life, getting most of his principles from Hinduism. He believed all religions to be equal, and rejected all efforts to convert him to a different faith. He was a passionate theologian and read widely about all major religions. Gandhi influenced important leaders and political movements. The president of South Africa, Nelson Mandela, was inspired by Gandhi and also Khan Abdul Ghaffar Khan, Steve Biko, and Aung San Suu Kyi. The leaders of the civil rights movement in the United States of America, such as Martin Luther King Jr. and James Lawson, drew from the writings of Gandhi in the development of their own theories about nonviolence. Many people considered Gandhi's life and teachings to be their inspiration.

On January 30, 1948, Gandhi was shot and killed while taking his nightly public walk on the grounds of the Birla Bhavan in Delhi. The assassin was Nathuram Godse, a Hindu radical with links to the extremist Hindu Mahasabha, who held Gandhi responsible for weakening India by insisting upon a payment to Pakistan. Gandhi's ashes were poured into urns, which were sent across India for memorial services. Most were immersed at the Sangam at Allahabad on February 12, 1948, but some were secreted away.

October 2, Gandhi's birthday, was declared a national holiday in India. On June 15, 2007, it was announced that the United Nations General Assembly declared October 2 to be the International Day of Nonviolence. Gandhi was named Man of the Year by Time magazine in 1930. He was the runner up to Albert Einstein, as Person of the Century in 1999.

Mohandas Karamchand Gandhi is commonly known around the world as Mahatma Gandhi or Great Soul. He was a major political and spiritual leader of India in the Indian independence movement. Gandhi confidently initiated total nonviolence, which led India to independence, which inspired movements for civil rights and freedom across the world. Gandhi is honored in India as the father of the nation.

STEVE IRWIN



*Steve Irwin, the Australian sensation
His audacity with animals impressed the whole nation
He did things that no one had done before
Putting himself in danger to protect the planet's carnivores
His quote, when heard, felt funny and spiky
When amazement would afflict him, he'd always say, "Crikey!"
His wife even called him the environment's Tarzan
Because nowhere in the world could she have found a better man
Who educated kids, adults, and all the global teachers
A man who helped animals, and all the earth's creatures.*

Steve Irwin was born Stephen Robert Irwin on February 22, 1962, in Essendon, Victoria, Australia. His father Bob was wildlife expert interested in herpetology, and his mother Lyn was wildlife rehabilitator. The couple opened the small Queensland Reptile and Fauna Park, where Steve grew up around crocodiles and other reptiles.

Irwin followed in his father's footsteps; he became involved with the park. He learned how to feed the animals, as well as handle care and maintenance activities. He received his first twelve-foot scrub python on his sixth birthday. At the age of nine, he was educated by his father in how to handle crocodiles. He became a crocodile trapper, which involves removing crocodiles from populated areas where they are considered a danger. He provided the service for free. He became a volunteer for the Queensland Government's East Coast Crocodile Management program, like his father. The Queensland Reptile and Fauna Park, which is now called Australia Zoo, was a family-run business until it was turned over to Steve. He met his wife Terri Raines

at the park while he was performing a one-off reptile and wildlife special for television. Steve and Terri were married in June 1992, in Eugene, Oregon, United States, Terri's hometown. Irwin was involved in several media campaigns. He became successful in the United States. He passionately joined with the Australian Quarantine and Inspection Service to promote Australia's strict quarantine customs requirements, with advertisements and posters with slogans like "Quarantine Matters! Don't muck with it." All the payments that he received for these advertising campaigns were directed into his wildlife fund. Irwin received several awards, such as the Centenary Medal for his service to global conservation and Australian tourism in 2001. He was recognized as Tourism Export of the Year. He had an international wildlife documentary series, co-hosted by his wife Terri Irwin. He was to be named an adjunct professor at the University of Queensland's School of Integrative Biology. The Rwandan government announced that it would name a baby gorilla after Steve Irwin as a tribute to his work in wildlife conservation. Steve Irwin was a fanatical conservationist and believed in promoting environmentalist by sharing his excitement about the natural world rather than preaching to people. He was concerned with the conservation of endangered animals and their habitat, which is endangered by land clearing. He considered conservation to be the most important part of his work. He also deemed himself a wildlife warrior whose mission was to save the world's endangered species.

September 4, 2006 was a fatal day for the wildlife warrior. He was pierced in the chest by a stingray spine while snorkeling at the Great Barrier Reef, which is located off the coast of Port Douglas in Queensland. He was filming his own documentary. He decided to film some shallow water shots for a segment in the television program. The tragic events were caught on camera, and a copy of the footage was handed to the Queensland Police.

Stephen Robert Irwin, simply known as the Crocodile Hunter, was a wildlife expert, conservationist, and Australian television personality. He achieved worldwide fame from the television program *The Crocodile Hunter*, an internationally broadcast wildlife documentary series, co hosted by his wife Terri.

HAMID KARZAI



*Hamid Karzai, an intelligent man
Dedicated his life to leading Afghanistan
His quote so passionate, deep, and strong
He said, "Terrorism as a force is gone."
He's helping a country with tenacity and remorse
With him leading, the government is such a great force
He's proved his loyalty with such a great start
By helping a nation with all of his heart.*

Hamid Karzai was born on December 24, 1957, in Kandahar, Afghanistan. He comes from a pashton clan that was a strong supporter of the former King Zahir Shah. He has six brothers and one sister. Karzai speaks several languages, including Pashto, Persian, Urdu, Hindi, French, and English.

Hamid Karzai was a member of the Mujahideen and took active part in driving the Soviets out of Afghanistan during the Soviet invasion in the eighties. The Mujahideen were secretly supplied and funded by the United States, and Karzai was a top contact for the U.S. Central Intelligence Agency, the CIA, at the time.

Karzai won a democratic presidential election in 2004, and many of the former Northern Alliance warlords were removed from his cabinet. Karzai proved to be more cautious than was expected. In a January 2008 interview, Karzai expressed his feelings towards America by stating, "If I am called a puppet because we are grateful to America, then let that be my nickname." The economy of Afghanistan has been growing rapidly ever since Karzai's new administration took over in 2004. Although government revenue is increasing every year, it is heavily

dependent on foreign aid. Karzai spoke to the Taliban about trying to bring peace to Afghanistan. He noted that the Afghans are always welcome in Afghanistan but foreign militants are not. Karzai told the United Nations General Assembly that Afghanistan has become the worst victim of terrorism.

In April of 2007, Karzai acknowledged that he spoke to the Taliban about trying to bring peace to Afghanistan. He noted that the Afghan Taliban is always welcome in Afghanistan, although foreign militants are not. In September of 2007, Karzai again offered to talk with the Taliban after a security scare forced him to end a commemoration speech. Hamid Karzai has received honorary degrees and awards.

Hamid Karzai has been the president of Afghanistan since December 7, 2004. He became a prominent political figure after the removal of the Taliban regime in late 2001. Karzai is known for his trademark Karakul hat.

MIKHAIL GORBACHEV



*"If not me, who? And if not now, when?" said
Mikhail Gorbachev, president of the USSR
The man who changed the world
A democratic Socialist with a human face
It is a worthy reward for his efforts over many years
A man who does his job solidly and responsibly
He proved to be one of the most significant
figures of the twentieth century
His reforms paved the way for the fall of Communism
The reintroduction of democracy and
The end of the Cold War.*

Mikhail Sergeyevich Gorbachev was born on March 2, 1931, in Stavropol, Russian SFSR, and USSR. Gorbachev had a very hard childhood under the totalitarian leadership of Joseph Stalin. Regardless of the hardship of his life, Gorbachev excelled in the field and in school. He was considered one of the most intelligent in his class, with a particular interest in history and mathematics. When he left school, he helped his father harvest a record crop on his collective farm. He was awarded the Order of the Red Banner of Labour. At his young age, it was rare to receive this kind of honor.

Mikhail Gorbachev studied law in Moscow University, where he met his wife Raisa Maksimovna Titarenko. They married on September 25, 1953. After he graduated, he engrossed himself in Communist Party work.

Upon the death of Konstantin Chernenko Mikhail Gorbachev, at the age of fifty-four, he was elected general secretary of the Communist Party on March 11 1985. He became the party's first leader to have been born after the revolution. Domestically, Gorbachev implemented economic reforms that he hoped would improve living standards and worker productivity as part of his perestroika program. However, many of his reforms were considered radical at the time by orthodox apparatchiks in the Soviet government. During his tenure, he improved relations and trade with the West by reducing Cold War tensions. He established close relationships with several Western leaders, such as West German Chancellor Helmut Kohl, U.S. President Ronald Reagan, and British Prime Minister Margaret Thatcher. Gorbachev's political initiatives were positive for freedom in the Soviet Union.

The end of Gorbachev's vision was effectively dealt by the Ukraine, when they voted for independence. Gorbachev resigned on December 25 1991 as a head of state and the Soviet Union was formally dissolved the next day. Following his resignation and the collapse of the Soviet Union, Gorbachev remained active in Russian politics but moved in the direction of social democracy. Gorbachev has remained involved in world affairs. He founded the Gorbachev Foundation in 1992. He also founded Green Cross International. He became one of the major sponsors of the Earth Charter. He also joined the Club of Rome and Club of Madrid.

Mikhail Gorbachev was a Russian politician. He was the last general secretary of the Communist Party of the Soviet Union and the last head of state of the USSR.

EXTREME MAKEOVER SHOW



*Put together with one very run down house and
A deserving family with several imaginative designers
In just seven days
With Ty Pennington as the host
They will make over your home
They can make it with plastic or even with chrome
Provides to lots of families with financial issues.
They give you tears of joy and a new house
A show that will be remembered always
Extreme Makeover: Home Edition
Is the answer to your house renovation.*

Extreme Makeover: Home Edition is self-sufficient and features a race against time on a project that would ordinarily take at least four months to achieve, involving a team of designers, contractors, and several hundred workers who have just seven days to totally rebuild an entire house—every single room plus the exterior and landscaping.

The lives of the fortunate families are forever changed when they learn that they've been selected to have their home walls moved, their floors replaced, and even their facades radically changed. The result should be a decorator's delight...if it can be done in time.

Each episode begins with team leader Ty Pennington's now famous "Good morning!" wakeup call, when he, along with the other

designers, surprises the unsuspecting family with news that their home has been chosen to receive a makeover. Then viewers witness not only the unbelievable transformation of the house, but during the final and emotional reveal, they see how the home makeover has impacted the lives of the deserving families.

The design team includes team leader Ty Pennington, with designers Paul DiMeo, Paige Hemmis, Michael Moloney, Ed Sanders, Tracy Hutson, Tanya McQueen, Eduardo Xol, and John Littlefield. New designers for this season will be Rib Hillis and Didiayer.

VLADIMIR PUTIN



*Vladimir Putin is an audacious president
A strong human being and tenacious resident
He worked so hard in the KGB
A president with passion and philosophy
He quoted most people with words to explore
He said, "Economy has been developing as never before."
The mind of this president is sleek and clear
A president on our planet, leading with no fear.*

Vladimir Vladimirovich Putin was born October 7, 1952, in Leningrad, Russian SFSR, Soviet Union, and now Petersburg, Russia. His father, Vladimir Spiridonovich Putin, was in the Soviet Navy and a model Communist. His mother, Maria Ivanovna, was a factory worker.

Vladimir Putin graduated from the International Law branch of the Law Department of the Leningrad State University in 1975.

Thereafter, he was recruited by the KGB. He also became a member of the Communist Party of the Soviet Union and remained a member until the party was dissolved in December 1991. Putin speaks German. After becoming president, he was reported to be taking English lessons.

He married Lyudmila Shkrebnova, a former airline stewardess. The couple has two daughters.

Putin became president of Russia, and under his administration, the economy made real gains. During his eight years in office, industry grew, investments increased, and agricultural production and construction increased as well. Incomes doubled and the average salary increased. The poverty line decreased. Putin also worked on the environment. He gave the responsibilities of the State Committee for Environmental Protection to the Natural Resources Ministry. He signed the Kyoto Protocol treaty to reduce greenhouse gasses.

Putin called for a fair and democratic world order that would ensure security and prosperity not only for a select few, but for all. He proposed certain initiatives, such as, establishing international centers for the enrichment of uranium and the prevention of deploying weapons in outer space. In his January 2007 interview, he said "Russia is in favor of a democratic, multicolor world and of strengthening the system of international law."

Vladimir Putin was the second president of the Russian Federation, serving from 2000 to 2008, and became the prime minister of Russia on May 8, 2008, as well as, chairman of the Council of Ministers of the Union of Russia.

JIMMY CARTER



*The thirty-ninth president of the USA
Brought peace to our lives and hope to our days
He protected other countries with intervention and aid
Protecting their people from oppression and raids
He won the Nobel Peace Prize in a humble fashion
Dedicating his life with such tremendous passion
With quotes unique and having their own zone
He said, "Testing oneself is best when done alone."
Thank you, Mr. President, for what you've said and done
In history you'll be known as the nicest one.*

James Earl "Jimmy" Carter Jr. was born on October 1, 1924, in Plains, Georgia. He was the son of James Earl Carter, a businessman, and Bessie Lillian Gordy, a registered nurse. He had three younger siblings.

Carter was a gifted student from an early age, who had always had a fondness for reading. He attended Plains High School, where he was a star in basketball. He also attended Georgia Tech and Georgia Southwestern State University before receiving an appointment to the United States Naval Academy, where he received a Bachelor of Science degree in 1946, and is the only graduate of the Naval Academy to become a president.

Jimmy Carter married Rosalynn Smith in 1946. The couple had four children. Carter demonstrated a profound dedication to Christianity. He served as a Sunday school teacher throughout his life. When he became president, he prayed several times a day, and it was apparent that Jesus Christ was the driving force in his life.

Jimmy Carter started his career by serving on various local boards, governing such entities as the school, hospital, and library, among others. He served two terms in the Georgia Senate from the fourteenth district of Georgia. He declared in his inaugural speech that the time of racial segregation was over and racial discrimination had no place in the future of the state. He was often called one of the “new Southern governors,” much more moderate than their predecessors and supportive of racial desegregation and expanding African American rights. He was formerly pro-life. Consequent to the landmark U.S. Supreme Court decision *Roe V. Wade*, Carter later broke with his church and became the first U.S. president to take a pro-choice stance on the issue of abortion. Carter also supports civil unions for gay couples. He is against all kind of discrimination. He believes there should be equal defense under the law for people who have different sexual orientations. During the Nixon administration in 1973, the Organization of Petroleum Exporting Countries (OPEC) agreed to reduce supplies of oil available to the world market. The oil crisis developed, and prices rose sharply. It stimulated price inflation throughout the economy. Carter persuaded the Democratic Congress to create the United States Department of Energy. He removed price controls from domestic petroleum production. He created the Department of Education. President Carter initially departed from the long-held policy of containment toward the Soviet Union. In its place, Carter promoted a foreign policy that put human rights at the forefront. The Carter Administration ended support to the historically U.S. - backed Somoza regime in Nicaragua and gave aid to the new Sandinist a National Liberation Front government that assumed power after Somoza’s overthrow.

Carter’s expressed goal has always been to make government competent and compassionate. He has been involved in a variety of national and international public policies, conflict resolutions, human rights, and charitable causes. He established the Carter Center in 1982 in Atlanta to advance human rights and alleviate unnecessary human suffering. The center promotes democracy, mediates and prevents conflicts, and monitors the electoral process in support of free and fair elections. The center also works to improve global health through the control and eradication of diseases, such as Guinea worm disease,

malaria, trachoma, lymphatic filariasis, and schistosomiasis. A major accomplishment of the Carter Center has been the elimination of cases of Guinea worm disease, a debilitating parasite that has existed since ancient times. Carter and his wife, Rosalynn, are also well-known for their work as volunteers with Habitat for Humanity, a program that helps low-income working people to build and purchase their own homes.

Jimmy Carter was the thirty-ninth president of the United States, from 1977 to 1981. He was the recipient of the 2002 Nobel Peace Prize.

OPRAH WINFREY



*Oprah is successful, Oprah is a delightful
Oprah is as rich and as bright as a light
She will help you through sorrow and dry up your rain
She will help you tomorrow and ease away your pain
Her quote is like a song more vivid than blues
She said, "I still have my feet on the ground; I just wear better shoes."
She's honest, wise, and sharp to the touch
And that's why our whole planet loves her, so much.*

Oprah Gail Winfrey, originally Orpah, was born January 29, 1954, in Kosciusko, Mississippi, to unmarried parents Vernita Lee and Vernon Winfrey. Her father was a coal miner and later worked, as a barber before becoming a city councilman.

Winfrey's father was in the armed forces when she was born, but after her birth, Winfrey's mother traveled north. Winfrey spent her

first six years living in rural poverty with her grandmother, Hattie Mae Lee, who was so poor that Winfrey often wore dresses made of potato sacks, causing others to make fun of her. Her grandmother taught her to read before the age of three and took her to the local church, where she was nicknamed “the Preacher” for her ability to recite Bible verses. When Winfrey was a child, her grandmother would take a switch and would hit her with it when she didn’t do chores or if she misbehaved in any way. When Winfrey was six, she moved to Milwaukee, Wisconsin, with her mother, who was less supportive and encouraging than her grandmother, due in large part to the long hours Vernita Lee worked as a maid. Winfrey has confirmed that starting when she was nine years old; she was molested by her cousin, her uncle, and a family friend. Despite her dysfunctional home life, Winfrey skipped two of her earliest grades and became the teacher’s pet, and by the time she was thirteen, she received a scholarship to attend Nicolet High School in the Milwaukee suburb of Glendale, Wisconsin. Like any other teenager at the end of the sixties, Winfrey rebelled, ran away from home, and ran to the streets. When she was fourteen, she became pregnant, but the baby died shortly after birth. Her frustrated mother sent her to live with her father in Nashville, Tennessee. Vernon was strict, but encouraging and made education her priority.

Oprah Winfrey chose a career in media, which did not surprise her grandmother, who once said that “Winfrey could talk”. She was the youngest news anchor and the first black female news anchor at Nashville’s WLAC-TV. Oprah’s career started step by step, until she became referred to simply as Oprah, an American television host, media mogul, and philanthropist. Her international talk show, *The Oprah Winfrey Show*, has earned her multiple Emmy Awards and is the top-rated talk show in the history of television. CNN and Time.com called Winfrey the world’s most powerful woman and the most influential woman in the world of the twentieth century by the *American Spectator* for consecutive years in 2004, 2005, 2006, and 2007. She is the most influential black person of her generation.

Oprah’s most important role has become that of spiritual leader. She has become a postmodern woman minister to her more than 22 million viewers. Winfrey began Oprah’s Angel Network in 1998; this is a charity that encourages people around the world to make a difference

in the lives of the underprivileged. Oprah's charitable missions give donations to nonprofit organizations around the world. She is known for raising money through her public charity, but behind the scenes, Oprah Winfrey personally donates more of her own money to charity than any other show business personality in America. She was the first black person to become the most generous philanthropist. She's given away an estimated \$303 million. She also gathered donations through the Oprah Angel Network Katrina for Hurricane Katrina, a total more than \$11 million. Winfrey personally gave \$10 million for that disaster. The organization built homes in four states. Oprah also put 250 African American men through college. She is very generous to her employees; she took her staff and their families, 1065 people in total, on vacation to Hawaii in the summer of 2006. In 2004, Winfrey and her team filmed an episode of her show entitled "Oprah's Christmas Kindness," in which Winfrey and some crew members travelled to South Africa to bring attention to the plight of young children affected by poverty and AIDS. Winfrey and her crew visited schools and orphanages in poverty-stricken areas, and at different set-up points in the areas, distributed Christmas presents to 50,000 children. Throughout the show, Winfrey appealed to viewers to donate money to Oprah's Angel Network for poor and AIDS-affected children in Africa, and pledged that she personally would oversee where that money was spent. From that show alone, viewers around the world donated over \$7 million. Winfrey invested \$40 million and much of her time establishing the Oprah Winfrey Leadership Academy for Girls near Johannesburg in South Africa.

Oprah Winfrey is also an influential book critic, an Academy-Award-nominated actress, and a magazine publisher. She has been ranked the richest African American of the twentieth century, the most philanthropic African American of all time, and the world's only black billionaire for the three straight years. She is also, according to some assessments, the most influential woman in the world.

GEORGE H. W. BUSH



*George H. W. Bush, the father of success
Loves the country where he lives; He cares for the world
He protected countries meticulously from being dictator's bait
He did his job tenaciously; his job couldn't wait
He stood as a protector for many humans by helping with our rights
He travelled for us to different nations to prevent more global fights
His quotes are the kind quotes that will pull you out of a pit,
He said, "You don't reform a world by ignoring it."*

George Herbert Walker Bush was born June 12, 1924, in Milton, Massachusetts. He's the son of Prescott Bush, a Republican senator in Connecticut from 1952 to 1962. After George Bush was born, his family moved to Greenwich, Connecticut.

George Bush graduated from Philips Academy in Andover, Massachusetts. He held a large number of leadership positions in his school, including being the president of the senior class, secretary of the student council, president of the community fundraising group, a member of the editorial board of the school newspaper, and captain of both the varsity baseball and soccer teams. On the day of his eighteenth birthday, he enlisted in the U.S. Navy as a seaman second class. After completing the ten-month course, he was commissioned as an ensign in the U.S. Naval Reserve at Corpus Christi, Texas, on June 9, 1943, just three days before his nineteenth birthday. He was the youngest naval aviator to that date.

George Bush married Barbara Pierce on January 6, 1945, weeks after his return from the war. The couple produced six children. Bush had been accepted to Yale University prior to his enlistment in the

military, but decided to fight in World War II instead of going to college. He took up the offer after his discharge and marriage, however. While at Yale, he enrolled in an accelerated program that allowed him to graduate in two and a half years rather than four. He was a member of the Delta Kappa Epsilon fraternity and was elected president. After he graduated from Yale, Bush and his family moved to West Texas. His father's business connections proved useful when he ventured into the oil business. Bush established the Bush-Overby Oil Development Company and co-founded the Zapata Petroleum Corporation, an oil company which drilled in the Permian Basin in Texas. He was president of the company until 1964, and was later chairman until 1966, but his ambitions turned political. By that time, Bush had become a millionaire.

In 1964, Bush started his political career and served as chairman of the Republican Party for Harris County, Texas. Bush lost the general election, but did not give up on elective politics. He was elected in 1966 to a House of Representatives seat from the Seventh District. He supported the Nixon administration's Vietnam policies. He was appointed an ambassador to the United Nations. Nixon asked Bush to become chairman of the Republican National Committee for the Watergate National Committee in 1973. He also served as director of Central Intelligence in 1976. Bush had been planning a presidential run as early as 1985 and entered the Republican primary for president of the United States in October 1987. Bush was inaugurated on January 20, 1989, succeeding Ronald Reagan. He entered office at a period of change in the world; the fall of the Berlin Wall and the collapse of Soviet Union came early in his presidency. He ordered military operations in Panama. In his early term, Bush faced the problem of what to do with Reagan's leftover national debt of \$220 billion. The deficit had grown to three times its size since 1980. He was dedicated to shortening the deficit and believed that America could not continue to be a leader in the world without doing so. He began an effort to persuade the democratically controlled Congress to act on the budget; Republicans believed that the best way was to cut government spending, and Democrats were convinced the only way would be to raise taxes. Bush ratified a number of government acts in his presidency, such as the Americans with Disabilities Act of 1990, the most pro-civil-rights

bill in decades. He put his effort toward increasing federal spending for education, childcare, and advanced technology research. Bush approved the Clean Air Act, requiring cleaner burning fuels, helping the environment. He argued with the Congress over and eventually signed a bill to aid police in capturing criminals, and signed into law a measure to improve the nation's highway system.

George Herbert Walker Bush served as the forty-first president of the United States. The former president continues to make many public appearances. He was awarded the Ronald Reagan Freedom Award in Beverly Hills, California, by Former First Lady Nancy Reagan.

HANAN ASHRAWI



*Hanan Mikha'il Ashrawi is a great Palestinian scholar,
Seeking tranquility for all mankind, wise is what to call her
As a winner of the Sydney Peace Prize, she gained a lot of smiles
With words of gold, amazing and bold, her
quotes would stretch for miles
She uses quotes from her mind that take her to the top
She said, "The occupation is a source of violence that has to stop."
More quotes she said with courage and wisdom without having to shout
She said some things to help her nation, using a peaceful route.*

Hanan Daoud Khalil Ashrawi was born October 8, 1946, in the West Bank city of Nablus. She's the daughter of Daoud Mikhail, a founder of the Palestine Liberation Organization, and Wadia Assad, of Lebanese descent. Ashrawi was born to a Palestinian Christian family. She attended the Ramallah Friends Girls School when her family moved

to Ramallah. She graduated from the American University of Beirut with a bachelor's and master's degree in literature from the Department of English. Ashrawi also has a PhD in Medieval and Comparative Literature from the University of Virginia.

She was married on August 8, 1975, to Emil Ashrawi, a Christian Jerusalemite who is now a photographer and a theater director. The couple has two daughters.

Ashrawi was an important leader during the First Intifada and served as the official spokesperson for the Palestinian Delegation to the Middle East peace process. She has been elected numerous times to the Palestinian Legislative Council. In 1996, Ashrawi was appointed the Palestinian Authority Minister of Higher Education and Research, but she resigned the post in 1998 in protest against political corruption, specifically Arafat's handling of peace talks. In 1998, Ashrawi founded MIFTAH, the Palestinian Initiative for the Promotion of Global Dialogue and Democracy, an initiative which works towards respect for human rights, democracy, and peace.

Ashrawi was awarded the Sydney Peace Prize in 2003. Her selection was controversial among conservative Australians, who decried Ashrawi as an apologist for terrorism. Ashrawi is a member of Palestinian Prime Minister Salam Fayyad's Third Way Party. She holds honorary degrees from Earlham College and Smith College.

Hanan Daoud Khalil Ashrawi is a Palestinian scholar and political activist.

JUNICHIRO KOIZUMI



Junichiro Koizumi was an honest prime minister

*Helping the country with so much effort, the opposite of a minister
He had a great defense tactic that
Would defend our world like bricks
Turning all the enemies' weapons into little futile sticks
The caliber of this intellectual man is one we can't ignore
His mind is the equivalent of three minds, maybe even four
The quotes of Mr. Koizumi will leave the globe to dwell
He said, "The pains felt by Asian countries are our pains.
Disasters in Asia are nothing but ours as well."*

Junichiro Koizumi was born on January 8, 1942, in Yokosuka, Tokyo, Japan. He is one of six children born to Yoshi and Junya Koizumi. Junichiro was born into a family of politicians; that is why he came by his later interest in politics naturally.

Koizumi graduated with a degree in economics from Keio University. He began his postgraduate studies at the London School of Economics, but returned home following the death of his father. He became a junior secretary to Takeo Fukuda, a member of the House of Representatives, and later became a prime minister after he tried running unsuccessfully for his father's seat in Parliament.

Koizumi married Kayoko Miyamoto in 1978, a twenty-one-year-old university student, but the marriage ended in divorce in 1982. The couple was unhappy with their marriage. They have three sons under the custody of Koizumi. Koizumi never married again.

Before becoming prime minister, Koizumi married college coed Kayoko Miyamoto in 1978 in an arranged marriage. Koizumi launched his first bid for presidency of the LDP in 1995, a post that would make him prime minister. A major point in his platform was the privatization of Japan's postal savings system, a massive government-run banking system based in post offices throughout the country. Prime Minister Ryutaro Hashimoto appointed Koizumi to the post of minister of health and welfare. In 2001, Koizumi won the LDP presidency in an astonishing defeat of Hashimoto. On April 24, 2001, he was named the party's twentieth president and the country's fifty-sixth prime minister.

There's a mixed reaction to Koizumi outside Japan. He is considered an ally by U.S. president George W. Bush, due in part to his willingness to commit troops to the Iraq war, but he has raised the ire of China and

South Korea with his annual visits to Yasukuni, a Shinto shrine honoring Japan's war casualties, including several war criminals. Koizumi caught worldwide attention through his deployment of the Japan Self-Defense Forces to Iraq. This was the first foreign deployment of the Japanese military since World War II. The economy decreased and Koizumi found it difficult to implement many of his planned reforms when the support of his fellow Japanese diminished. Since then, he's become known as an economic reformer. He focused on Japan's governmental debt and the privatization of its postal service.

Junichiro Koizumi served as prime minister of Japan from 2001 to 2006.

BISHOP DESMOND TUTU



*Bishop Desmond Tutu's words fly like a beautiful bird
He's an author of many books, courageous with every word
His ambition is to help the globe shine another day
Helps with many peaceful tactics in his own unique way
He's committed to stopping global AIDS to keep mankind alive
He won awards for his help with peace, like the Gandhi Peace Prize
He quotes you from the pith of his heart, and yes, he is so certain
That "A person is a person because he recognizes others as a person."*

Desmond Mpilo Tutu was born October 7, 1931, in Klerksdorp, Transvaal, South Africa. He's the second of three children and the only son of Zachariah Zililo Tutu, a teacher, and Aletta, a cleaner and cook at a school for the blind.

Tutu wanted to become a doctor, but due to lack of finances, his family could not afford his education. He just followed in the footsteps of his father and went into teaching. Tutu attended Pretoria Bantu Normal College and taught at Johannesburg Bantu High School. However, he resigned in protest of the poor educational prospects for black South Africans. He continued his studies and took up theology at St. Peter's Theology College. He was ordained as an Anglican minister. He's been following in the footsteps of his mentor and fellow activist, Trevor Huddleston.

On July 2, 1955, Tutu married Nomalizo Leah Shenxane, a teacher who he had met while at college. The couple has four children.

Desmond Tutu is a South African priest and a well-known activist worldwide. He is an opponent of apartheid. Tutu was ordained as the first black South African Anglican archbishop of Cape Town, South Africa, and primate of the Church of the Province of Southern Africa. Nelson Mandela, the former President of South Africa, has described Tutu as "sometimes strident and never afraid." Nelson Mandela, Graca Machel, and Tutu organized The Elders, a group of world leaders who contribute their wisdom, leadership, and integrity to tackle some of the world's toughest problems. It was established on July 18, 2007, in Johannesburg. Some of Tutu's focal points were the issues of poverty, AIDS, and non-democratic governments in the Third World. He was elected to the Board of Directors of the International Criminal Court's Trust Fund for Victims. Tutu became a member of UN advisory panel on genocide prevention in 2006. He also promotes free trade with poorer countries. Tutu gave his attention to end the expensive taxes on anti-AIDS drugs. Tutu has mainly been supporting the prevention of TB and HIV. He has been determined to support the health and human rights of all people.

Desmond Mpilo Tutu is a South African cleric and worldwide activist. He was awarded the Nobel Prize. The Nobel Prize Committee cited his "role as a unifying leader figure in the campaign to resolve the problem of apartheid South Africa."

SIMON BOLIVAR



*Simon Bolivar was a leader of so many faces
He ruled Peru, Bolivia, Columbia, and other beautiful places
When he would share ideas, he would never have to talk
He expressed opinions with actions taken
Courage is his word
He was a president, and yes, he did lead for a long length
A historical leader with many attributes, compassion was his strength
But when he spoke, it was no joke; his words were abundant
He said, "Judgment comes from experience and
experience comes from bad judgment."*

Simon Jose Antonio de la Santisima Trinidad Bolivar was born on July 24, 1783, in Caracas, Venezuela. He was from a famous family. His parents died before he was in his teens. He was orphaned by the age of fifteen. Simon grew up in Venezuela when it was ruled by the Spanish.

Bolivar once said, "I swear before you, I swear by the god of my fathers, by my forefathers themselves, by my honor and my country, that I shall never allow my hands to be idle or my soul to rest until I have broken the shackles which bind us to Spain." Bolivar then joined a group called the Patriotic Society to free his country.

Bolivar went to Spain to complete his education. He married Maria Teresa Rodriguez Del Toro y Alaysa in 1802. Bolivar went back to Venezuela and participated in the resistance juntas in America. The Caracas junta declared independence in 1810. Bolivar was sent to England on a diplomatic mission. Bolivar led the fight to free the northern part of South America for twenty years. The poorly equipped

army didn't stop them from having great victories. Bolivar had freed Columbia, Bolivar, Venezuela, Peru, and Panama. He became a president of Gran Columbia and struggled to defeat the greediness of land owners between 1821 and 1830.

Bolivar finally resigned his presidency on April 27, 1830, intending to leave the country for exile in Europe, possibly in France. He had already sent several crates containing his belongings and his writings ahead of him to Europe. He died before setting sail. It was after a painful battle with tuberculosis on December 17, 1830, in Quinta de San Pedro Alejandrino in Santa Marta, now Colombia. His remains were moved from Santa Marta to Caracas in 1842, where a monument was set up for his burial in the Panteon Nacional.

Simon Bolivar's political legacy has of course been massive, and he is a very important figure in South American political history. Claims to the mantle of Simon Bolivar have continued throughout modern times via the various shades of Bolivarianism, including Hugo Chavez's recent movement.

MARIA EVA DUARTE DE PERON



*Maria Eva Duarte de Peron married the president of Argentina
She campaigned for her husband's presidency
Stronger than Hurricane Katrina
She embarked on publicized tours like the Rainbow Tour
A passionate woman with audacious aspects,
with quotes you can't ignore
Her quotes were uniquely honest with such a good sensation,
She said, "Where there is a worker, there lays a nation."*

Maria Eva Duarte de Peron was born May 7, 1919, in Los Toldos, Argentina, to Juan Duarte and Juana Ibarguren, often called Doña Juana; they were never married.

The Sociedad de Beneficencia (Society of Beneficence) was a charity group made up of eighty-seven society ladies. The group was responsible for most charity work in Buenos Aires prior to the election of Juan Peron. The group had been an enlightened institution, caring for orphans and homeless women. The group had been supported by private contributions, mostly those of the husbands of the society ladies. Starting in the forties, the Sociedad was supported by the government.

Three days after the election, on February 27, 1946, a political speech was given in an organized move to thank the women for their support of Peron's candidacy. With that opportunity, she called for equality between men and women and suffrage for her fellow females of the nation.

Eva Peron created the Female Peronist Party, which was the first large female political party in the nation. The party was worldwide with five hundred thousand members and three thousand six hundred headquarters. Evita has often been given credit for gaining the right to vote for women. She was admired by women in Argentina. Evita also sought to create a personality cult around her husband, whom she elevated to nearly divine status, often comparing him to Christ and saying that all Peronists must be ready to die for Peron.

Evita suffered from cancer even though she had undergone a hysterectomy performed by a well-known American surgeon. She developed lung cancer and died on July 26, 1952, at 8:25 p.m., at the age of thirty-three. The news was immediately broadcast throughout the country, and the entire country of Argentina went into mourning. All activity in Argentina was stopped; movies stopped playing, restaurants were closed, and patrons were shown to the door. Eva was granted an official state funeral.

Maria Eva Duarte de Peron was the second wife of President Juan Domingo Peron. Evita served as the first lady of Argentina from 1946 until her death in 1952. She is often referred to as simply Eva Peron, or

affectionately in Spanish as Evita, which literally translates into English as “Little Eva.” Evita was once called a spiritual leader of the nation.

JOHN FORBES KERRY



*John Forbes Kerry, a spectacular icon, a senator very sane
A man with an attitude of patience and passion, a man very tame
He spoke the truth behind every booth with freedom in his voice
Achieving goals, defeating the polls, a country almost rejoiced
A quote he said, so bold and strong, so far from being demure
He said, “We have traded a dictator for chaos
that has left America less secure.”
He’s a man who endeavored to help the nation,
first with every boy and girl
A man who wanted to stop the inflation of violence in the world
He ran a race at a steady pace with peace lovers by his side
So close to shore, detesting war, with absolutely nothing to hide,
One day in time he will receive a global peace-lover’s award,
From the righteous citizens of this planet, we welcome you aboard.*

John Forbes Kerry was born December 11, 1943, in Aurora, Colorado, to Richard Kerry, a Second World War Army Air Corps test pilot and an attorney for the Bureau of United Nations Affairs, and to Rosemary Forbes Kerry, a World War II nurse and a member of the wealthy Forbes family. He has three siblings. His mother was a Protestant, but his other immediate family members were reportedly observant Roman Catholics.

As a child, Kerry served as an altar boy. Kerry's parents themselves were upper middle class. His wealthy great aunt paid for Kerry to attend elite schools in Europe and New England.

Kerry entered Yale University in 1962, majoring in political science. He graduated with a Bachelor of Arts degree in 1966. He also took a flying lesson. Kerry joined the United States Navy Reserve during his senior year at Yale. Upon graduation from Yale, Kerry entered active duty and served until 1970, eventually reaching the rank of lieutenant. He was awarded several medals during his second tour of Vietnam, including the Silver Star, Bronze Star, and the three Purple Hearts.

Kerry's military record has received considerable praise and criticism during his political career, especially during his unsuccessful 2004 bid for the presidency.

Kerry joined the Vietnam Veterans Against the War (VVAW). Kerry became the first Vietnam veteran to testify before the Congress about the war, on proposals relating to ending the war. Kerry said in Bali an administration run by the Democrats would mean the difference between night and day on policies to fight global warming. He said he would pass a bill to create a cap-and-trade system for carbon dioxide emissions.

Kerry was married to Julia Thorne in 1970, and they had two daughters, Alexandra and Vanessa. In 1982, Thorne, who was suffering from severe depression, asked Kerry for a separation. They were divorced on July 25, 1988, and the marriage was formally annulled by the Roman Catholic Church in 1997. He married Teresa Simoes-Ferreira Heinz, the widow of Pennsylvania Senator H. John Heinz III.

Kerry is the wealthiest U.S. senator, in his own name, and is the beneficiary of at least four trusts inherited from Forbes family members, including his mother, who died in 2002. Forbes magazine estimated that if elected, Kerry would have been the third-richest U.S. president in history when adjusted for inflation. This assessment was based on the couple's combined assets, but Kerry and Heinz signed a prenuptial agreement that keeps their assets separate.

Kerry is personally against abortion, but he supports a woman right to have one, which puts him at odds with the Catholic Church. Kerry is a Roman Catholic who supports abortion rights.

John Kerry is an American politician who is currently serving his fourth term as the junior United States senator from Massachusetts. Senator Kerry is currently the chairman of the United States Senate Committee on Small Business and Entrepreneurship.

JOHN F. KENNEDY



*John F. Kennedy the thirty-fifth president,
who people will always adore
Serenity was his top priority, with help from the Peace Corps
He had charisma and a good composure that made him unique in a way
He loved his country and loved his family with passion every day
Intelligent, meek, and reverent towards our entire sphere
He helped out all who needed help and dried a lot of tears
But at the time he was assassinated, the tears came back for years
Because the president we all admired was no longer to be here
A quote he said that's sad and true will never, ever be gone
He said, "A man may die, nations may rise
and fall, but an idea lives on."*

John Fitzgerald "Jack" Kennedy was born May 29, 1917, in Brookline, Massachusetts. He was the second child of Joseph P. Kennedy Sr. and Rose Fitzgerald.

In September 1936, he enrolled as a freshman at Harvard College, residing in Winthrop House during his sophomore through senior years. From September to December 1940, Kennedy was enrolled in audited classes at the Stanford Graduate School of Business. In early 1941, he helped his father complete the writing of his memoirs as

an American ambassador. In May and June 1941, Kennedy traveled throughout South America.

In the spring of 1941, Kennedy volunteered for the U.S. Army, but was rejected mainly because of his troublesome back. Nevertheless, in September of that year, the U.S. Navy accepted him, because of the influence of the director of the Office of Naval Intelligence (ONI), a former naval attaché to the ambassador, his father. As an ensign, Kennedy served in the office, which supplied bulletins and briefing information for the secretary of the navy. It was during this assignment that the attack on Pearl Harbor occurred.

Kennedy married Jacqueline Lee Bouvier on September 12, 1953. He underwent several spinal operations over the following two years, nearly dying, and was often absent from the Senate.

On January 2, 1960, Kennedy officially declared his intent to run for president of the United States. John F. Kennedy was sworn in as the thirty-fifth president at noon on January 20, 1961. Arguing that “those who make peaceful revolution impossible will make violent revolution inevitable,” Kennedy sought to contain communism in Latin America by establishing the Alliance for Progress, which sent foreign aid to troubled countries in the region and sought greater human rights standards in the region.

As one of his first presidential acts, Kennedy created the Peace Corps. Through this program, Americans volunteered to help underdeveloped nations in areas such as education, farming, health care, and construction.

The turbulent end of state-sanctioned racial discrimination was one of the most pressing domestic issues of Kennedy’s era. The United States Supreme Court had ruled in 1954 that racial segregation in public schools was unconstitutional. However, many schools, especially in Southern states, did not obey the Supreme Court’s judgment. Segregation on buses, in restaurants, movie theaters, bathrooms, and other public places remained. Kennedy supported racial integration and civil rights, and during the 1960 campaign, he telephoned Coretta Scott King, wife of the jailed Reverend Martin Luther King Jr., which perhaps drew some additional black support to his candidacy. John and Robert Kennedy’s intervention secured the early release of King from jail.

President Kennedy was assassinated in Dallas, Texas, at 12:30 p.m. Central Standard Time on November 22, 1963, while on a political trip to Texas. He was shot twice in the neck and head, and was pronounced dead at 1:00 p.m. Lee Harvey Oswald was arrested at a movie theater at about 1:50 p.m. He denied shooting anyone, claiming he was a patsy, and was killed by Jack Ruby on November 24, before he could be indicted or tried.

John Fitzgerald Kennedy, often referred to by his initials, JFK, was the thirty-fifth president of the United States, serving from 1961 until his assassination in 1963.

LARRY KING



*Larry King, an American writer, will always warm you up
Like a bowl of soup, he's beneficial and will always fill you up
His knowledge is keen and strong as a beam; it blows your mind away
He wins awards and is never bored, with a lot of things to say
A man like Larry will keep you informed of all the important news
Because he has respect for our globe and expresses amazing views
A quote he said, hastening success, "I fantasized being a broadcaster."
With that quote alone it helped him grow and succeed even faster
Another quote he said for us to get in touch with our senses
He said aloud, without a pause, "If you do
something, expect consequences."*

Larry King was born Lawrence Harvey Zeiger on November 19, 1933, in Brooklyn, New York, the son of Jenine, a garment worker, and Edward Zeiger, a restaurant owner and defense plant worker. He was

raised in a very cultural Jewish family. His father died of colon cancer when King was nine. King father's death affected him greatly, and King lost interest in school, ruining his chances of going to college. After graduating from high school, he worked to help support his mother. From an early age, he wanted to go into radio.

A CBS staff announcer, whom King met by chance, told him to go to Florida, a growing media market where openings still existed for inexperienced broadcasters. King got his first job in radio through persistence. He was to clean up and perform miscellaneous tasks. When one of their announcers quit, they put King on the air. He worked as the disc jockey and did newscasts and a sportscast. He acquired the name Larry King when the general manager said that Zeiger was too ethnic and difficult to remember and instead suggested the surname King, which he got from an ad in the Miami Herald for King's Wholesale Liquor.

Larry started his career at Court TV in 1991. He co-hosted King & Chung Nightly and worked as a senior correspondent for the network until 1992. Since leaving, he has retained the title "Court TV contributor."

On February 24, 1987, King suffered a major heart attack and then had quintuple-bypass surgery. Coincidentally, this occurred the day after Larry King took over the Don and Mike Show. It was a life-altering event. As a result of heart attacks, he established the Larry King Cardiac Foundation, an organization to which David Letterman, through his American Foundation for Courtesy and Grooming, has also contributed. On September 3, 2005, King aired "How You Can Help," a three-hour special designed to provide a forum and information clearinghouse for viewers to understand and join nationwide and global relief efforts. This was following the devastation to the Gulf Coast by Hurricane Katrina.

King has received many broadcasting awards. He won the Peabody Award for Excellence in Broadcasting for both his radio and television shows. He won Best Interviewer and Best Talk Show Series. In 1989, he was inducted into the Radio Hall of Fame. King is an honorary member of the Rotary Club of Beverly Hills. He is also, a recipient of the President's Award, honoring his impact on media, from the

Los Angeles Press Club. King is the first recipient of the Arizona State University Hugh Downs Award for Communication Excellence.

King has been married seven times, to six different women. Larry King is an American television and radio host and has hosted a nightly interview program on CNN called *Larry King Live*.

JACQUES CHIRAC



Jacques Chirac, the twenty-second president of the French Republic

Sweet as sugar, sweet as candy, life a sugar-coated comfit

He smiles a lot and never stops in succeeding in a debate

He loves a lot and stays on top, even with so much on his plate,

We salute this man with utmost passion and

wish him peace and salvation

For he is prominent and best at serving a multicultural nation

A leader of our time, from a beautiful land,

with quotes that are unstoppable

He said, "The construction of Europe is an

art. It's the art of the possible."

Jacques Rene Chirac was born November 29, 1932, in Paris, France. He is the son of Abel Francois Chirac, a company administrator, and Marie-Louise Valette, a housewife. Chirac was the only child; his elder sister died in infancy before his birth. In 1956, he married Bernadette Chodron de Courcel, with whom he later had two daughters. Jacques and Bernadette Chirac also have a foster daughter.

Inspired by General Charles de Gaulle to enter public life, Chirac pursued a civil service career in the fifties. He joined the French

Communist Party. In 1950, he signed the Soviet-inspired Stockholm Appeal for the abolition of nuclear weapons—enough for him to be questioned when he applied for his first visa to the United States. He attended Harvard University's summer school before entering the Ecole Nationale d'Administration (ENA), the elite competitive-entrance college that trains France's top civil servants, in 1957. Chirac trained as a reserve officer in armored cavalry at Saumur. Pompidou considered Chirac his protégé and referred to him as "my bulldozer" for his skill at getting things done. The nickname "Le Bulldozer" caught on in French political circles. Chirac maintains this reputation. In 1995, an anonymous British diplomat said Chirac "cuts through the crap and comes straight to the point...It's refreshing, although you have to put your seat belt on when you work with him."

When Chirac became a prime minister, he quickly set about persuading the Gaullists that, despite the social reforms proposed by President Giscard, the basic tenets of Gaullism, such as, national and European independence, would be retained.

During Chirac's first term as president, in 1995, he criticized the "sole thought" represented by the Right and promised to reduce the "social fracture," placing him more to the center. Chirac was elected on a platform of tax cuts and job programs, the removal of price controls, strong punishment for crime and terrorism, and business privatization. He has also argued for more socially responsible economic policies and privatization. During his terms, he increased the Elysee Palace's total budget by 105 percent. He doubled the number of presidential cars. As the supreme commander of the French armed forces, he reduced the French military budget, as did his predecessor. He also reduced expenditures on nuclear weapons. Chirac was elected for a second term of his presidency. After his second term, Jacques Chirac announced that he would not choose to seek a third term as France's president. He said, "Serving France and serving peace is what I have committed my whole life to," adding that he would find new ways to serve France after leaving office. After his presidency ended, Chirac became a lifetime member of the Constitutional Council of France. He also founded the Jacques Chirac Foundation for Sustainable Development and Cultural Dialogue.

Jacques Rene Chirac served as the president of France from May 17, 1995 to May 16, 2007. As president, he also served as an ex officio co prince of Andorra and grand master of the French Legion d'honneur. Chirac was the second-longest serving president of France, serving two full terms; the first was seven years and the second was five years.

KOFI ANNAN



*United Nations Secretary-General Kofi Annan
helped the progress of peace
He put a plug in many cannons so that violence wouldn't increase
A wise, strong, and extremely committed man,
he protected our planet from harm
Whenever threats would increase in steps, he'd pull the warning alarm
All of his quotes have meaning to them, and
if ignored, they blind like mace
He said, "We may have different religions, different languages,
different colored skin, but we all belong to one human race."*

Kofi Atta Annan was born April 8, 1938, in Kumasi, Gold Coast, to Victoria and Henry Reginald Annan. Kofi had a twin sister who died in 1991.

Kofi Annan attended the elite Mfantsipim School. He said that the school taught him "that suffering anywhere concerns people everywhere." In 1957, the year Annan graduated from Mfantsipim, Ghana became the first British colony in Sub-Saharan Africa to gain independence. Annan enrolled in school to earn a degree in economics, and he received a Ford Foundation grant, enabling him to complete his

undergraduate studies at Macalester College in St. Paul, Minnesota, United States. He earned a DEA degree in International Relations. He also received a Master of Science. Annan is fluent in English, French, Kru, other dialects of Akan, and other African languages.

Annan started working as a budget officer for the World Health Organization, an agency of the United Nations. He was recommended by the United Nations Security Council to replace the previous secretary-general, Boutros Boutros-Ghali of Egypt, whose second term faced the veto of the United States. Annan started his term as secretary-general on January 1, 1997.

As Secretary-General, Annan saw the AIDs pandemic as a “personal priority” and proposed the establishment of a Global AIDS and Health Fund in an attempt to stimulate the increased spending needed to help developing countries confront the HIV/AIDS crisis. Annan and the United Nations were jointly awarded the Nobel Peace Prize for their work for a better organized and more peaceful world. During the buildup to the 2003 invasion of Iraq, Annan called on the United States and the United Kingdom not to invade without the support of the United Nations. He also supported sending a UN peacemaking mission to Darfur, Sudan. Annan also worked with several Arab and Muslim countries on women’s rights and other topics.

On September 19, 2006, Annan gave a farewell address to world leaders gathered at the UN headquarters in New York, anticipating his retirement on December 31. In the speech, he outlined three major problems in the unjust world economy, world disorder, and widespread contempt for human rights. He believed the rules of law have not been resolved, but have sharpened during his time as Secretary-general. He also pointed to violence in Africa and the Arab-Israeli conflict as two major issues warranting attention. Annan returned to Ghana. He was immediately suggested as a candidate to become the country’s next head of state. He has become involved with several organizations with both global and African focuses. Annan was named chairman of the prize committee for the Mo Ibrahim Prize for Achievement in African Leadership and was chosen to lead the new formation of Alliance for Green Revolution in Africa (AGRA). He became a member of the Global Elders and was appointed president of the Global Humanitarian Forum in Geneva. He was selected for the MacArthur Foundation Award for

International Justice. Annan also participated in the negotiations to end the civil unrest in Kenya. Currently, Annan serves on the board of directors of the United Nations Foundation, a public charity created in 1998 with entrepreneur and philanthropist Ted Turner. The UN Foundation builds and implements public-private partnerships to address the world's most pressing problems and broadens support for the UN. Annan is a member of the Africa Progress Panel (APP), an independent authority on Africa to focus world leaders' attention on delivering their commitments to the continent.

Kofi Atta Annan is a Ghanaian diplomat who served as the seventh secretary-general of the United Nations from January 1, 1997 to January 1, 2007.

ANWAR EL SADAT



*Anwar El Sadat had a goal for peace and tranquility
He spoke to many leaders to the best of his abilities
Winning a prize for peace, he was an awesome man
Helping the process of peace in ways we all can understand
He said a quote to man, as if it was his biggest chore
He said, "Peace is much more precious than a piece
of land...Let there be no more wars."*

Muhammad Anwar El Sadat was born December 25, 1918, in Mit Abu al-Kum, Egypt. His father was Egyptian and his mother was Sudanese. He was one of the thirteen brothers and sisters. He spent his early childhood under the care of his grandmother. Sadat was married twice.

He graduated from the Royal Military Academy in Cairo in 1938 and was appointed to the Signal Corps. While he was in the army, he met Gamal Abdel Nasser. Along with several other junior officers, they formed the secret Free Officers Movement which was committed to freeing Egypt from British domination and royal corruption.

Sadat was appointed minister of state in 1954 and assumed the position of secretary to the National Union. Sadat was the president of the National Assembly and then vice president and member of the President Council in 1964. He became president in 1970. During his time as president of Egypt, he changed Egypt's direction, departing from some of the economic and political principles of Nasserism by reinstituting the multiparty system. His leadership in the October War of 1973 regained the Sinai and made him an Egyptian hero.

Sadat endorsed in a letter the peace proposals of the UN negotiators, which seemed to lead to full peace with Israel on the basis of Israel's withdrawal to its pre-war borders. This peace initiative failed as neither the United States, nor Israel accepted the terms as discussed. On December 19, 1977, Sadat became the first Arab leader to officially visit Israel when he met with Israeli Prime Minister Menachem Begin. They talked about Annan's views on how to achieve a comprehensive peace in the Arab-Israeli conflict, which included the full implementation of UN Resolutions 242 and 338. The Egyptian-Israeli Peace Treaty was signed by Anwar Sadat and Israeli Prime Minister Menachem Begin in Washington DC, United States, on March 26, 1979. Both Sadat and Begin were awarded the Nobel Peace Prize for creating the treaty. The main features of the agreement were the mutual recognition of each country by the other.

On October 6, 1981, Sadat was assassinated during the annual 6th October victory parade in Cairo. Anwar El-Sadat was the third president of Egypt, serving from October 15, 1970, until his assassination on October 6, 1981.

NATO



*NATO is a unique and strong organization
Giving us hope with the utmost salvation
They aspire to protect us from improper subjugation
They help the weak with protection from invasion
They also prevent tyrant inflation
By searching for clues in despotic nations
With all said and done, it's a clear manifestation
That NATO is beneficial and a helpful creation.*

The North Atlantic Treaty Organization (NATO) is an alliance that consists of twenty-six independent countries from North America and Europe committed to fulfilling the goals of the North Atlantic Treaty signed on April 4, 1949. NATO member countries are Belgium, Bulgaria, Canada, Czech Republic, Denmark, Estonia, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Lithuania, Luxembourg, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Turkey, United Kingdom, and United States.

NATO has an open-door policy with regard to enlargement. Any European country in a position to further the principles of the Washington Treaty and contribute to security in the Euro-Atlantic area can become a member of the alliance at the invitation of the North Atlantic Council. Countries aspiring for NATO membership are expected to meet certain political, economic, and military goals in order to ensure that they will become contributors to alliance security as well as beneficiaries of it. The two official languages of NATO are English and French. All member countries that participate in the military aspect of the alliance contribute forces and equipment, which

together constitute the integrated military structure of the alliance. These forces and assets remain under national command and control until a time when they are required by NATO for a specific purpose, be it conflict, crisis, or peacekeeping. NATO, however, does possess some common capabilities owned and operated by the alliance, such as the AWACS, an early warning radar aircraft.

NATO is involved in and dedicated to the solidarity of these countries. In accordance with the treaty, the fundamental role of NATO is to safeguard the freedom and security of its members' countries by political and military means. NATO safeguards the allies' common values of democracy, individual liberty, the rule of law, and the peaceful resolution of disputes, promoting these values throughout the Euro-Atlantic area. The alliance embodies the transatlantic link by which the security of North America and Europe are permanently tied together. It is practical expression of effective and collective effort amongst its members in support of their common interests.

The organization provides a forum in which the United States, Canada, and European countries can consult together on security issues of common concern and take joint action in addressing them. The group is committed to defending its member's stance against the real or the threat of aggression. Standing on the principle that an attack against one or several members would be considered an attack against all. In times of crisis management, NATO has helped to end bloody conflicts in Bosnia, Kosovo, and headed off a civil war in the Former Yugoslav Republic of Macedonia. Today, NATO-led forces are helping to bring stability to Kosovo, Afghanistan, Iraq, and Darfur. Dialogue and cooperation with non-NATO countries are helping to overcome the divisions of the Cold War era extending security and stability well beyond NATO borders.

NATO is an intergovernmental organization. The twenty-six member countries retain their full sovereignty. All NATO decisions are taken jointly by the member countries on the basis of consensus. NATO's most important decision-making body is the North Atlantic Council, which brings together representatives of the twenty-six allies at the level of ambassadors, ministers, or heads of state and government. NATO's military structure is a multinational force planning, organization, and command system. It provided for joint planning, training, exercising,

and operations, under the command of NATO's strategic commanders. The organization structures and mechanisms provide the framework for cooperation with partner countries, which forms as integral part of the day-to-day activity of the alliance.

At the 2002 NATO Summit in Prague, allies launched a modernization process designed to ensure that NATO can effectively deal with twenty-first-century threats. This process was further strengthened at the Summit in Istanbul, in 2004. In the face of new threats, the alliance is taking on new operations and missions: bringing stability to Afghanistan, assisting Iraq, protecting against terrorism in the Mediterranean, and helping the African Union to bring peace to the Darfur region of Sudan. As the nature of threats changes, so must the methods of preserving peace. NATO is reorienting its defense capabilities toward today's threats. It is adapting its forces and developing new, multinational approaches to deal with terrorism, failed states, and other security threats, such as weapons of mass destruction. NATO is deepening and broadening its cooperation with its twenty-three partner countries as well as Russia, Ukraine, its Mediterranean partners, the broader Middle East region, and other international organizations. It is developing a strategic partnership with the European Union.

BAN KI-MOON



*Ban Ki-Moon is a prominent seeker of peace
He won't give up without a change and a violence decrease
A quote he said to wake us up are words you have to shout
He said, "I know the international community is very
much patient, and our patience is running out."
Endeavoring to clean our world like a daily ablution*

*Planning a change in his mind, looking to reduce pollution
Our UN secretary is a person far from confusion
He is a worthy man in many ways, with a global solution.*

Ban Ki-Moon was born June 13, 1944, in Eumseong County, Chungcheongbuk-do, Korea. Ban is the oldest of six children. His father had a warehouse business, but the warehouse went bankrupt. The family lost its middle-class standard of living. Ban Ki-Moon met Yo Soon-taek in 1962, and they got married in 1971. They have two daughters and a son.

Ban became a star pupil when he was in secondary school, particularly in his studies of English. He regularly walked six miles to a fertilizer factory to practice English with the factory's American advisors. He was selected by his class to address a message to the UN Secretary General Dag Hammarskjold, but it is unknown if the message was ever sent. Ban received a bachelor's degree in International Relations from Seoul National University in 1970 and earned a Master of Public Administration from the John F. Kennedy School of Government at Harvard University. Ban speaks several languages such as English, French, German, Japanese, and Korean, his native language.

Ban received the top score on Korea's Foreign Service exam and joined the Ministry of Foreign Affairs. He worked his way up the career ladder during the years of the Yusin Constitution. His first overseas posting was to New Delhi, where he served as vice consul and impressed many of his superiors in the foreign ministry with his competence. Ban was in the Ministry of Foreign Affairs and in the United Nations. In the foreign ministry, he established a reputation for modesty and competence. Ban was the foreign minister of the Republic of Korea from January 2004 to November 2006. He began to campaign for the office of secretary-general. Ban was initially considered to be a long shot for the office. As foreign minister of Korea, he was able to travel to all of the countries that were members of the United Nations Security Council. This maneuver turned him into the campaign's front-runner.

When Ban became secretary-general, he identified global warming as one of the key issues of his administration. Ban was urged to take steps to curb greenhouse gas emissions. On March 22, 2007, while Ban was in Iraq having a press conference in Baghdad's Green Zone, a

mortar attack hit just eighty meters from where the secretary-general was standing. The United Nations had already limited its role in Iraq after its Baghdad headquarters were bombed. However, Ban said that he still hoped to find a way for the United Nations to do more for Iraqi social and political development. Ban took the first foreign trip of his term to attend the African Union summit in Addis Ababa, Ethiopia, in January 2007. He repeatedly identified Darfur as the top humanitarian priority of his administration and helped persuade Sudanese President Omar Al-Bashir to allow peacekeeping troops to enter Sudan.

Ban Ki-Moon is a diplomat in South Korea and was elected to be the eighth secretary-general of the United Nations General Assembly.

UNICEF



*UNICEF, created by the United Nations General Assembly,
Protecting the world's most vulnerable children
Whatever it takes to save a child
The world sets goals for children
They expunge the poverty, bestow the underprivileged
A chance to acquire a better education
They provide nutrition and environmental interventions
Protect children from violence, exploitation, and abuse
Giving equal rights for everyone
They purge gender discrimination
They bringing the world together
UNICEF and people of the world say Yes for children.*

The United Nations Children's Fund (UNICEF) is part of the United Nations and is the largest global organization working especially

for children; it cooperates with the World Health Organization. UNICEF was originally the United Nations International Children's Emergency Fund.

UNICEF facilitates the ensurement that children all over the world have access to education, health care and are protected from exploitation, neglect, and abuse. UNICEF also works during emergencies, including war and natural disasters like the tsunami, earthquakes, floods and famines. UNICEF helps children get the care and attention they need when they're little, and encourages education for every girl and boy. It works to reduce the number of children who become ill or die, and to protect children affected by diseases, including HIV/AIDS. UNICEF supports young people, wherever they are in making informed decisions about their own lives and strive to build a world in which all children live in dignity and security. UNICEF works to hold adults in all countries responsible for their promises to children made in the UN Convention on the Rights of the Child.

UNICEF has curriculum in 155 countries, territories, and areas. National committees in wealthier countries raise money for programs in developing countries and create an understanding about children's rights, to ensure that everybody knows how important it is to be aware of international issues. The headquarters of UNICEF is based in New York in the United States. All the policies and key decisions of UNICEF are made at the headquarters. Currently, UNICEF has over 200 offices in 115 developing countries.

The United Nations International Children's Emergency Fund was established on December 11, 1946, at the first meeting of the United Nations General Assembly. The organization mandates its goal as follows: to help children "on the basis of need, without discrimination because of race, creed, nationality, status or political belief." At first, UNICEF was only a temporary emergency organization. It was set up to provide aid to children affected by the Second World War. From 1947 to 1950, UNICEF shipped over 319 million tons of milk, clothes, and school supplies to children in Europe and China. It worked with the Red Cross to provide vaccinations for tuberculosis (TB) and helped to improve health and welfare provision for children. But even when the European emergency was over, there was still plenty of work to do, so UNICEF started to work with developing countries in Africa, the

Middle East, and South America. In 1953, after lots of discussion, the UN General Assembly voted to make UNICEF permanent. UNICEF dropped the words International and Emergency from its name, but it kept the acronym UNICEF, a word formed from initial letters of other words.

Today, UNICEF continues to run long-term development programs in areas such as health, education, and child protection work, and helps in emergencies, including earthquakes, famines, and floods.

JANE FONDA



*Jane Fonda, award-winning actress
She is gorgeous, and with high regard for society
Her passage is simple and exceptional
She believed "To be a revolutionary, you have to be a human being.
You have to care about people who have no power."
She's supporting civil rights movement,
Promoting peace to the world
She'll fight for Equality for humanity
Her courage will lessen our fear
She will never give up
She's a woman of desire.*

Jane Fonda was born Lady Jayne Seymour Fonda on December 21, 1937, in New York City, New York. She is the daughter of actor Henry Fonda and socialite Frances Ford Seymour. When Fonda was twelve years old, her mother committed suicide after voluntarily

seeking treatment at a psychiatric hospital. Fonda attended Greenwich Academy in Greenwich, Connecticut.

Fonda was a fashion model before she started her acting career. She attended the Emma Willard School in Troy New York and Vassar College in Poughkeepsie. Subsequently, she was introduced by her father to renowned drama teacher Lee Strasberg in 1958; she joined his Actors Studio. For many years, Fonda was a ballet enthusiast, but after fracturing her foot while filming *The China Syndrome*, she was no longer able to participate. She began actively participating in aerobics and strengthening exercises under the direction Leni Cazden. The Leni Workout became the Jane Fonda Workout and thus a second career for her, which continued for many years.

After three decades in film, Fonda announced her retirement from the film industry. However, in May 2005, she returned to the screen with the box office success *Monster-in-Law*.

On May 28, 2008, California Governor Arnold Schwarzenegger and First Lady Maria Shriver announced that Fonda will be inducted into the California Hall of Fame located at the California Museum for History.

During the sixties, Fonda engaged in political activism in support of the civil rights movement and in opposition to the Vietnam War. She supported the Alcatraz Island occupation in 1969, which was intended to call attention to Native American issues. She has also protested the Iraq War and violence against women. She describes herself as a Liberal and a feminist. Fonda publicly announced that she has become a Christian.

Jane Fonda is an American two-time Academy-Award-winning actress, writer, political activist, former fashion model, and fitness guru.

BENAZIR BHUTTO



*Benazir Bhutto, a democratic Pakistan prime minister
A clever woman with genuine love for her native land,
She was constitutionally competent to give ordinary people
Peace, security, dignity, and an opportunity to progress
“Democracy is necessary to peace and to
undermining the forces of terrorism.”
Her quotes will always be learned by heart
She had no apprehension
She'd fight for social equality
People valued her and adore her for what she accomplished
She never forgot
She was one in a million.*

Benazir Bhutto was born June 21, 1953, in Karachi, Sindhi, Pakistan. She was the eldest child of Begun Nusrat Ispahani and Zulkikar Ali Bhutto, a prominent Shia Muslim family of Larkana. Benazir Bhutto's father, former Prime Minister Zulfi kar Ali Bhutto was removed from office following a military coup in 1977.

She attended Jesus and Mary Convent at Murree and passed her O-level examinations at the age of fifteen. She then went on to complete her A-levels at the Karachi Grammar School. After completing her early education in Pakistan, she pursued her higher education in the United States. She attended Radcliffe College at Harvard University, where she obtained a Bachelor of Arts degree in Comparative Government with cum laude honors. The next phase of her education took place in the United Kingdom, where she studied philosophy, politics, and economics.

After completing her studies, Bhutto returned to Pakistan and found herself placed under house arrest in the wake of her father's imprisonment and subsequent execution. She was allowed to return to the United Kingdom and became a leader in exile of the PPP.

In the first open election in more than a decade, Bhutto's PPP won the largest bloc of seats in the National Assembly. Bhutto was sworn in as prime minister of a coalition government, but she was removed from office twenty months later under the orders of then-president Ghulam Ishaq Khan, on grounds of alleged corruption. In 1993, she was re-elected, but she was again removed in 1996 on similar charges, this time by President Farooq Leghari. She went into self-imposed exile in Dubai in 1998.

She was awarded the Prize for Freedom by the Liberal International. Bhutto's accomplishments during this time were in the initiatives for nationalist reform and modernization, which some conservatives characterized as Westernization.

After reaching an understanding with President Pervez Musharraf, Bhutto returned to Pakistan on October 18, 2007. She was granted amnesty, and all corruption charges were withdrawn. She was assassinated on December 27, 2007, while leaving a campaign rally for the PPP at Liaquat National Bagh, two weeks before the scheduled Pakistani general election of 2008 where she was a leading opposition candidate.

Benazir Bhutto was a Pakistani politician who became the youngest person and the first woman to head the government of a Muslim majority state in modern times. Benazir Bhutto was a two-time prime minister of Pakistan.

ELEANOR ROOSEVELT



*A woman with great sensitivity to the underprivileged
Of all creeds, races, and nations
Her invariable work to improve the nation
She understood social conditions better than any of her predecessors
She transformed the role of First Lady accordingly
She never shirked official entertaining
Greeted thousands with charming friendliness
No one can measure her graciousness and her sincerity
No matter how plain a woman may be
If truth and loyalty are stamped upon her
face, all will be attracted to her
She was a woman who did everything to serve
her countrymen with pride and honor
Eleanor Roosevelt is the name of one of the most
admired people of the twentieth century.*

Anna Eleanor Roosevelt was born October 11, 1884, in New York, New York, USA. Her parents were Elliot Roosevelt and Anna Hall Roosevelt. Eleanor had two brothers and a half brother. Eleanor was born into a world of immense wealth and privilege, as her family was part of New York high society, called the swells. When Eleanor was eight, her mother died of diphtheria, and she and her brother were sent to live with her maternal grandmother. Just before Eleanor turned ten, she was orphaned when her father died of complications of alcoholism. Eleanor Roosevelt describes herself during this period of childhood as insecure and starved for affection, considering herself ugly.

Eleanor was sent to Allenswood Academy, an English finishing school, through the encouragement of her paternal aunt, Bamie

Cowles. The headmistress, Marie Souvestre, was a noted feminist educator who sought to cultivate independent thinking in the young women in her charge. Eleanor learned to speak French fluently and gained self-confidence.

Eleanor Roosevelt returned to the United States thus ending her formal education at the age of seventeen. Soon afterward, she became reacquainted with her father's fifth cousin, Franklin D. Roosevelt. They became engaged, and they got married on March 17, 1905. The marriage produced six children.

When Franklin Roosevelt's paralytic illness attack in 1921, Eleanor began serving as a stand-in for her incapacitated husband, making public appearances on his behalf. She also started working with the Women's Trade Union League (WTUL), raising funds in support of the union's goals. Despite criticism, she continued with the active business and speaking agenda she had begun before becoming first lady, in an era when few women had careers outside the home. She was the first, first lady to hold weekly press conference, and she started writing a syndicated newspaper column, "My Day." She supported the New Deal policies of her husband, President Franklin D. Roosevelt, and assumed a role as an advocate for civil rights. After her husband's death in 1945, she continued to be an internationally prominent author and speaker for the New Deal coalition. She worked to enhance the status of working women, although she opposed the Equal Rights Amendment because she believed it would adversely affect women.

Eleanor Roosevelt was one of the co-founders of Freedom House and supported the formation of the United Nations. She founded the UN Association of the United States to advance support for the formation of the UN. She was a delegate to the UN General Assembly from 1945 to 1952. During her time in the United Nations, she chaired the committee that drafted and approved the Universal Declaration of Human Rights.

Eleanor Roosevelt was the first lady of the United States from 1933 to 1945. She was called the First Lady of the World in tribute to her human rights achievements. She was one of the most admired persons of the twentieth century.

DR. MARGARET CHAN



Dr. Margaret Chan, Director General of the World Health Organization

From the People's Republic of China

Established six core areas for the organization

She launched new services to prevent the spread of disease

Promote better health

She always believes that

"Time is of the essence. We must act now if we are to have the maximum

Possible opportunity to contain a pandemic."

She effectively managed outbreaks of Avian Influenza

And of severe acute respiratory syndrome

She wants to be remembered as a very fair, open,

Transparent and accountable Director-General

She would like to be able to achieve what she set out

For, a more efficient and relevant organization.

Dr. Margaret Chan, the new director-general of the World Health Organization (WHO), says she would like to be judged by WHO's impact on the health of people in Africa and women worldwide. Dr. Chan said, "What matters most to me is people. And two specific groups of people in particular. I want us to be judged by the impact we have on the health of the people of Africa, and the health of women. Improvements in the health of the people of Africa and the health of women are key indicators of the performance of WHO. All regions, all countries, all people are equally important. This is a health organization for the whole world. Our work must touch on the lives of everyone, everywhere. But we must focus our attention on the people in greatest need."

Dr. Margaret Chan, from the People's Republic of China, obtained her medical degree from the University of Western Ontario in Canada. She joined the Hong Kong Department of Health in 1978, where her career in public health began.

In 1994, Dr. Chan was appointed director of health of Hong Kong. In her nine-year tenure as director, she launched new services to prevent the spread of disease and promote better health. She also introduced new initiatives to improve communicable disease surveillance and response, enhance training for public health professionals, and establishing better local and international collaboration. She effectively managed outbreaks of avian influenza and of severe acute respiratory syndrome (SARS).

In 2003, Dr. Chan joined WHO as director of the Department for Protection of the Human Environment. In June 2005, she was appointed director of Communicable Diseases Surveillance and Response, as well as representative of the director-general for Pandemic Influenza. In September 2005, she was named assistant director-general for Communicable Diseases.

Dr. Chan was appointed to the post of director-general on November 9, 2006. Her term will run through June 2012.

AUNG SAN SUU KYI



*Freedom...Democracy, to Burma and to the world!
This is what Aung San Suu Kyi struggles for every beat of her life
A woman who will stand for her rights and principles no matter what
Even if her life is at stake
She will fight for her goals, and her poems speak for herself and
transparently speaks for us*

*Incredible, breathtaking words with soul
Words that should be written in the sky
On the walls to remind us all to be strong
To fly free and high and never fall
Love her and love her words in the poems
A woman who gives hope that justice and
freedom will, one day...prevail.*

Aung San Suu Kyi was born June 19, 1945, in Rangoon, Burma. Her parents were Aung San and Khin Kyi. Her father Aung San negotiated Burma's independence from the United Kingdom and was assassinated by his rivals in the same year. She grew up with her mother and two brothers. Suu Kyi was educated in English Catholic schools for much of her childhood in Burma. Suu Kyi's mother gained prominence as a political figure in the newly-formed Burmese government. Khin Kyi was appointed as Burmese ambassador to India.

Aung San Suu Kyi obtained her B.A. degree in Philosophy, Politics, and Economics in 1969 and her PhD at the School of Oriental and African Studies, University of London. Aung San Suu Kyi married Dr. Michael Aris, a British scholar, in 1972.

Aung San Suu Kyi returned to Burma in 1988 to take care of her ailing mother. By coincidence in that year, the long-time leader of the Socialist ruling party, General Ne Win stepped down, which led to mass demonstrations for democratization, which were violently suppressed. A new military junta took power. Influenced by both Mahatma Gandhi's philosophy of non-violence and by more specifically Buddhist concepts, Aung San Suu Kyi entered politics to work for democratization and helped found the National League for Democracy. She was put under house arrest and offered freedom if she left the country, but she refused. During her arrest, she was awarded the Sakharov Prize for Freedom of Thought and the Nobel Peace Prize the year after. Aung San Suu Kyi used the Nobel Peace Prize's \$1.3 million prize money to establish a health and education trust for the Burmese people.

The military government released Aung San Suu Kyi from house arrest in July 1995, but made it clear that if she left the country to visit her family in the United Kingdom, they would not allow her

return. When her husband died of prostate cancer, she never saw her husband. She remains separated from her children, who live in the United Kingdom.

The Junta continually prevented Aung San Suu Kyi from meeting with her party supporters or international visitors. According to the results of the 1990 general election, Suu Kyi earned the right to be prime minister, as leader of the winning National League for Democracy party, but her detention by the military junta prevented her from assuming that role. In September 2000, the junta put her under house arrest again. Following secret confidence-building negotiations led by the United Nations, the government released her. She was repeatedly put under house arrest. Fifty-nine world leaders released a letter demanding Myanmar's military government free Suu Kyi and other political prisoners. The signatories included all three surviving former U.S. presidents, Jimmy Carter, George H. W. Bush, and Bill Clinton; former UK Prime Minister Margaret Thatcher; Nobel Peace laureate and former President of Poland Lech Walesa; Nobel Peace laureate and former South Korean president Kim Dae-jung; as well as Time Woman of the Year and former Philippine president Corazon Aquino, amongst many others.

Aung San Suu Kyi was given honorary Canadian citizenship by the government of Canada in 2007. She is only the fourth person in history to receive this honor.

Aung San Suu Kyi is a pro-democracy activist and leader of the National League for Democracy in Burma and noted prisoner of conscience and advocate of nonviolent resistance.

UNITED NATIONS



"Promote international cooperation and achieve peace and security."

The United Nations (UN) is an international organization whose stated aims are to facilitate cooperation in international law, international security, economic development, social progress, and human rights issues.

ADOLFO PEREZ ESQUIVEL



*"Our hands seek to speak the language of those who labor,
to add to the effort to construct a new world solidarity
founded on love, justice, liberty, and truth."*

Since he was a child, he admired peace heroes like Mahatama Gandhi and Martin Luther King Jr. As an adult, he desired to put his faith into action, as he had seen these men do. In the early seventies, he traveled to Ecuador, Bolivia, Paraguay, Brazil, and Honduras to work

for peace with local movements, often aiding poor peasants in their struggles against the large landowners. He was arrested several times, and while he was imprisoned, he received an award: Pope John XXIII's Peace Memorial. Esquivel is founder of Servicio Paz y Justicia, a human rights organization. He's the president of the Honorary Council of the Latin American Servicio Paz y Justicia and of the International League for the Rights and Liberation of People's in Milan, Italy. His passion for peace and his love for the people of Latin America are obvious both in words and in his actions.

SERGIO VIEIRA DE MELLO



"Fight to save the world."

Sergio Vieira de Mello joined the United Nations in 1969, while studying philosophy and humanities at the University of Paris. He was a Brazilian United Nations diplomat, earning respect and praise around the world for his efforts in the humanitarian and political programs of the UN. He spent the majority of his career working for the United Nations High Commissioner for Refugees in Geneva, and served in humanitarian and peace-keeping operations, in Bangladesh, Sudan, Cyprus, Mozambique, and Peru. His assets included extraordinary intelligence, good judgment, graciousness wit, and a profound dedication to the humanitarian principles that inform the UN Charter. He was an obvious choice to lead the UN effort in Iraq, to which he gave his life on August 19, 2003, while working as the secretary-general's special representative in Iraq. His friends and colleagues at the United Nations and elsewhere will best honor his memory by

persevering in the humanitarian and human rights work to which Sergio was so committed.

SANDRA POSTEL



*"For many of us, water simply flows from a faucet,
and we think little about it beyond this point of contract.
We have lost a sense of respect for the wild river,
for the complex workings of a wetland,
for the intricate web of life that water supports."*

Sandra Postel is one of the world's leading experts on international water issues. Postel is a director of the Global Water Policy Project. She works to promote the preservation and sustainable use of our planet's fresh water ecosystems. Sandra Postel is one of the fifty contributors to science and technology for her dedication to bringing "sweeping changes aimed at preserving the world's decreasing supplies of freshwater."

ANTI-WAR.COM



"Between governments in the republican meaning, that is, constitutional, representative, limited government, on the one hand, and empire on the other hand, there is mortal enmity. Either one must forbid the other or one will destroy the other."

This site is devoted to the cause of non-interventionism and is read by libertarians, pacifists, leftists, greens, and independents alike, as well as many on the Right who agree with their opposition to imperialism. Antiwar.com is dedicated to building awareness of the globalist and interventionist forces that would enslave us all in a New World Order on which the sun never sets. But they can't do it without you.

CAROL BELLAMY



"Together let us build the global alliance to realize that goal, secure in the knowledge that in serving the best interests of children, we serve the best of all humanity."

Like many young people who want to make a difference in the world, Carol Bellamy joined the Peace Corps. She also served the public as an elected public official for thirteen years, as a New York State senator and then as the first woman president of the New York City council. She was the first Peace Corps volunteer to be chosen to head the organization. Two years later, she was appointed as the executive director of UNICEF, the United Nations' children's fund. For the next ten years, she helped UNICEF to champion the safety, health, and rights of children around the world. She challenged leaders of governments to invest in children, arguing that only when children are allowed to grow up in health, dignity, and peace can we eliminate poverty and create a safer world. Under her leadership, UNICEF made many advances for the children of the world, and UNICEF's resources and global image grew tremendously. In 2005, Carol Bellamy began a new chapter of service for a better world when she was chosen to head the nonprofit World Learning, one of the oldest nonprofit international educational organizations.

THE WORLD PEACE PRAYER Society (WPPS)



"May peace prevail on Earth."

WPPS is a nonsectarian, nonpolitical organization associated with the Department of Public Information at the United Nations. The work of WPPS encompasses the globe in ways that support peace, harmony, and goodwill among all citizens. WPPS is not a religion or a church organization.

FRANKLIN ROOSEVELT



"Peace, like charity, begins at home."

Franklin Roosevelt was the thirty-second president of the United States. He helped the American people regain faith in them. He brought hope to the people. He fought greedy industrialists and was also an environmentalist. He focused on forestry, national parks, water conservation, land management, wildlife preservation, and the general conservation of natural resources.

PEACE CORPS



*"Peace Corps volunteers don't carry our culture;
they carry universal values and principles
that are so incredibly important for all mankind."*

The Peace Corps serve their country for the cause of peace by living and working in developing countries. From that inspiration

grew an agency of the federal government devoted to world peace and friendship.

MAHNAZ AFKHAMI



“Women’s empowerment is intertwined with respect for human rights.”

Mahnaz Afkhami is one of the leading advocates for women’s rights in the Islamic world. She served as the minister of state for Women’s Affairs. She is the founder and president of Women’s Learning Partnership and has written many books and articles promoting women’s rights. She is currently in exile in the United States.

HANNAH ARENDT



“Forgiveness is the key to action and freedom.”

“The sad truth is that most evil is done by people who never make up their minds to be either good or evil.”

Hannah Arendt was a political philosopher who wrote about political events of the day throughout her life. She would go on to write numerous books and articles dealing with the nature of power, politics, freedom, authority, and totalitarianism, earning an international reputation as one of the leading political philosophers of her time.

PETER BENENSON



*"Those who today still feel a sense of importance can do something:
they can support Amnesty International.
They can help it to stand up for freedom and justice."*

Peter Benenson was a British lawyer who helped create Amnesty International in 1961. Today, Amnesty International is the world's largest human rights organizations, with nearly two million members in sixty-four countries. Amnesty International's success helped spawn human rights organizations all around the world.

BOUTROS BOUTROS-GHALI



*"Democracy is an objective. Democratization is a process.
Democratization serves the cause of peace
because it offers the possibility of justice
and of progressive change without force."*

Boutros Boutros-Ghali was the sixth secretary-general of the United Nations and the only secretary-general not appointed to a second term. His election to a second term was blocked by the United States, largely because he tried to take a stand at the United Nations so that it would serve what is best for all nations, not just what the United States and multinational corporations wanted the UN to do.

DR. PAUL FARMER



*"If access to health care is considered a human right,
who is considered human enough to have that right?"*

Dr. Paul Farmer is an American anthropologist and medical doctor who have devoted his life to treating illnesses in the poorest parts of the world and challenging policies that deprive poor people of adequate health care. Dr. Farmer and some friends started a charity hospital in Central Haiti, providing health care to the poor. Partners in Health have grown into an international organization, with projects in Peru, Russia, and Rwanda.

PETER GABRIEL



*"The UN Declaration of Human Rights laid down
what any person might reasonably expect,
yet there are remarkably few people who enjoy these rights.
With cameras in the hands of activists and
meaningful distribution of those images,
we will witness what really goes on in this world
and hopefully want to change it."*

Peter Gabriel is a British Grammy-winning singer and songwriter who gained international fame as the lead singer in the rock group Genesis, and then with a successful solo career. He is also well-known for producing and promoting world music and for his active involvement in many humanitarian campaigns and organizations. He worked with Amnesty International to organize Human Rights Now. Gabriel cofounded WITNESS which supplies human rights activists with video cameras and other technology to document and help end human rights abuses. Since then, WITNESS has worked with human rights activists in over fifty countries.

DAG HAMMARSKJOLD



"Friendship needs no words."

*"The pursuit of peace and progress
cannot end in a few years in either victory or defeat.
The pursuit of peace and progress, with its trials
and errors, its successes and setbacks,
can never be relaxed and never abandoned."*

Dag Hjalmar Agne Carl Hammarskjöld was a Swedish diplomat and the second secretary-general of the United Nations. He had already considered himself a citizen of the world and helped to strengthen the role of the United Nations in international affairs, especially in looking after the interests of smaller nations in relation to the major powers. He was a strong believer in peace through international law and hoped to help spread the goals of the United Nations Charter and the Universal Declaration of Human Rights. Dag Hammarskjöld helped mediate many conflicts during his time as secretary-general, and advocated for the creation of UN peace-keeping forces. Dag Hammarskjöld was killed as his plane crashed en-route to a peacekeeping mission in the Congo.

HUBERT HUMPHREY



*"The pursuit of peace resembles the building of a great cathedral.
It is the work of a generation. In concept it requires a matter-architect;
in execution, the labors of many."*

Hubert Horatio Humphrey Jr. was the thirty-eighth vice president of the United States, under President Lyndon Johnson. He began his political career as a mayor of Minneapolis, working hard to reform the city's government, and fought against discrimination. Minneapolis became the first American city to pass fair employment laws. Humphrey gained national attention with a powerful speech at the Democratic National Convention that called for a strong stand for civil rights.

FEDERICO MAYOR ZARAGOSA



*"The cost in human lives and suffering is so high that
we all have to work to end violence and oppression once and for all.
We have to proclaim that every human being
is equal, in dignity, in freedom—*

*and, as the first article of the Universal
Declaration of Human Rights states,
we have to live 'in a spirit of brotherhood.'*

Federico Mayor Zaragosa is a Spanish politician, scholar, and social change activist who served as the director-general of UNESCO (United Nations Educational, Scientific, and Cultural Organization). During his leadership, he focused on the building a culture of peace; education for peace, human rights, and democracy; ending poverty, cultural diversity; and conflict prevention and resolution.

UNESCO
(United Nations Educational, Scientific and
Cultural Organization)



*"Learning societies and organizations
are based on the need to acquire new knowledge throughout life."*

UNESCO was founded on November 16, 1945. For this specialized United Nations agency, it is not enough to build classrooms in devastated countries or to publish scientific breakthroughs. Education, social and natural science, culture, and communication are the means to a far more ambitious goal: to build peace in the minds of men.

RIGOBERTA MENCHU TUM



*"We are not myths of the past, ruins in the jungle, or zoos.
We are people, and we want to be respected, not
to be victims of intolerance and racism."*

Rigoberta Menchu Tum is an indigenous Guatemalan who was the first indigenous person and the youngest person ever to win the Nobel Peace Prize. She became and continues to be internationally recognized as a leader in promoting peace and indigenous rights for all indigenous people.

ELEANOR HOLMES NORTON



*"The only way to make sure people you agree with
can speak is to support the rights of people you don't agree with."*

Eleanor Holmes Norton has been called one of the one hundred most important women. Her lifelong service for a better world has

included working as a first amendment lawyer for the American Civil Liberties Union, chairing the New York Commission on Human Rights, chairing the U.S. Equal Employment Opportunity Commission, and serving as congresswoman for the District of Columbia for eight years.

DITH PRAN



*"Together we can prevent genocide from happening again.
Together we can make a better future for our children."*

Dith Pran is a photojournalist and a survivor of the Cambodian Genocide. He started the Dith Pran Holocaust Awareness Project to help educate American students about the genocide that took place in Cambodia between 1975 and 1979. He believes we can prevent genocide that's happening again and again around the world. Dith Pran was appointed as goodwill ambassador by the United Nations high commissioner for refugees and also received an Ellis Island Medal of Honor.

MARY ROBINSON



"Today's human rights violations are the causes of tomorrow's conflicts."

Mary Robinson became the first female president of Ireland in 1990. She worked hard to address the needs of all groups in her nation. She also used her position to help bring global crises to the attention of the international community. In 1997, she resigned her position as president of Ireland to accept the role of High Commissioner for Human Rights with the UN, where she championed human rights around the world and rallied international support against numerous human rights abuses.

U THANT



"Wars begin in the minds of men, and in those minds, love and compassion would have built the defenses of peace."

U Thant was the third secretary-general of the United Nations. He helped to create many of the United Nations environmental and development agencies and was a strong opponent of apartheid in South Africa. Dozens of African and Asian states were admitted into the UN under his leadership. U Thant was criticized by the United States for his criticism of the United States' role in the Vietnam War.

HARRY WU



*"If you dream for freedom, if you dream for
love, if you dream for your future,
that is not good because that causes pain and suffering."*

Harry Wu spent nineteen years in the Laogai, the Chinese Gulag system of forced labor prison camps, after he criticized the Chinese Communist Party. He has dedicated his life to documenting and speaking out about the ongoing inhumane conditions of the Laogai system, where prisoners are beaten, tortured, and starved to death.

LEYLA ZANA



"We refuse to be silent! To speak out freely is a decisive step on the way to freedom."

Leyla Zana was the first Kurdish woman elected to the parliament in Turkey. After taking her parliamentary oath in the Turkish parliament, she spoke Kurdish, which was against the law. For the next three years in parliament, she continued to speak out for a peaceful resolution of the Kurdish peoples' struggle for human rights and freedom. She was sentenced to prison. Upon her release, she formed a new political party, The Movement for a Democratic Society. It's main focus is to work towards and Support peaceful and democratic solutions.

OSCAR ARIAS SANCHEZ



*"Peace is a never-ending process, the work of many decisions by many people in many countries.
It is an attitude, a way of life, a way of solving*

*problems and resolving conflicts.
It cannot be forced on the smallest nation
or enforced by the largest.
It cannot ignore our differences or
overlook our common interests.
It requires us to work and live together."*

Oscar Arias Sanchez was elected president of Costa Rica. Oscar won the Nobel Peace Prize in 1987 for his efforts to help bring peace to Central America. He created the Arias Foundation for Peace and Human Progress. Through this foundation, Dr. Arias continues to work for democracy and demilitarization throughout the world, urging partnership between nations to create an era of peace and prosperity for all humanity.

ROGER NASH BALDWIN



*"Silence never won rights. They are not handed down from above;
they are forced by pressures from below."*

Roger Nash Baldwin was one of the founders of the American Civil Liberties Union (ACLU) in 1917. The ACLU continues today to work "to defend and preserve the individual rights and liberties guaranteed to every person by the Constitution and laws of the United States." Baldwin was a devout pacifist and dedicated his life to protecting the rights of others, both in the United States and around the world.

GEORGE CLOONEY



*"We're not politicians. We're not able to make decisions.
We're not able to do anything except bring attention to something,
and that's the thing we can do."*

George Clooney is an Academy-Award- and Golden-Globe-winning actor who has not been afraid to make controversial films that seek to change the world for the better. George Clooney also spoke out about genocide in Darfur after a visit there in 2006. He saw firsthand the atrocities that have been committed. He urged the United States and NATO to become more involved in intervening, and testified before the UN Security Council to urge UN Peacekeepers to help bring order to Darfur.

RALPH BUNCHE



*"The well-being and the hopes of the peoples of the world
can never be served until peace—
as well as freedom, honor and self-respect—is secure."*

Ralph Bunche was very involved in the civil rights movement and wrote a book and other publications about racism. He was chosen as a member of President Roosevelt's unofficial "Black Cabinet," which helped advise the president about issues affecting black Americans. Ralph Bunche became a head of the Department of Trusteeship on the United Nations. He worked in UN for the rest of his life. He worked for several years to help negotiate a peace agreement between Arabs and Jews fighting in Palestine.

JEAN DOMINIQUE



"The only weapon I have is my microphone and my unshakable faith as a militant for change, veritable change."

Jean Dominique, one of the Haiti's most important radio journalists, dedicated his life to helping the poor in his country. Trained as an agronomist, he used his training to help the poor farmers to better grow their crops. Jean Dominique helped to bring worldwide attention to the courageous life and dedication of this hero for freedom, democracy, and justice.

FREDERICK DOUGLAS



*"No class of men can, without insulting their own nature,
be content with any deprivation of their rights."*

Frederick Douglass is the most famous African American of the nineteenth century. After escaping from slavery, he became one of the nation's leading abolitionists who advocated for abolishing slavery. He was a brilliant speaker and was asked by the American Anti Slavery Society to travel on a lecture tour to speak for freedom. Frederick Douglass served as an adviser to President Abraham Lincoln, and he was a powerful and influential voice for the adoption of Constitutional amendments that guaranteed African Americans voting rights and other civil liberties. He spent the rest of his life working for freedom, justice, and equality for all.

NICOLE KIDMAN



*"I find trying to solve problems and save lives is
far more important than my film career."*

Nicole Kidman is an Academy Award winner and a three-time Golden-Globe-winning Australian actress, as well as a singer. Nicole insists that her involvement in causes for a better world is more important to her than her film. She has been a Goodwill Ambassador for UNICEF, helping raise money and advocate for their work to care for disadvantaged children around the world. Nicole is also an ambassador of the Sydney Children's Hospital and has impacted the lives of thousands of children suffering from serious illnesses. Nicole Kidman has also been involved in campaigns to fight breast cancer. She also serves as honorary patron of the UK-based organization, FARA, which provides care for orphans in Romania. In 2006 the United Nations invited Nicole to take on another role as Goodwill Ambassador of UNIFEM, the United Nations Development Fund for Women, which helps promote women's rights and gender equality. She is focusing on preventing violence against women.

W. E. B. DUBOIS



"The cost of liberty is less than the price of repression."

W. E. B. DuBois was one of the most influential African American intellectual and civil rights leaders of the early twentieth century. He has been called the "father of Pan-Africanism," which seeks to unite Africans and those of African descent around the world as part of a global African community united in the struggle for freedom. DuBois expressed his views about freedom and equality for all as an author, lecturer, and educator. Many ignored W. E. B. DuBois as a radical, but as Martin Luther King Jr. wrote, "History cannot ignore W. E.

B. DuBois because history has to reflect truth, and Dr. DuBois was a tireless explorer and a gifted discoverer of social truths.”

DWIGHT D. EISENHOWER



“In the goodness of time, all peoples will come to live together in a peace guaranteed by the binding force of mutual respect and love.”

General Dwight David Eisenhower was the supreme commander of the Allied Forces during World War II and became the thirty-fourth president of the United States in 1953. This hero in war was also a hero in peace. Eisenhower gave aid to Third World countries. He believed that stable governments and prosperity were the keys to peace within these nations, which would contribute to peace around the world.

BENJAMIN FRANKLIN



“They that can give up essential liberty to obtain a little temporary safety deserve neither liberty nor safety.”

Benjamin Franklin never held a nationally elected office but greatly helped shape the American Revolution and the newly created nation, and is often hailed as “the First American.” A true Renaissance man, Franklin’s accomplishments range from running a successful newspaper to helping create one of the nation’s first hospitals, libraries, philosophical societies, fire companies and fire insurance funds. He invented bifocals, the Franklin stove, swimming flippers, and the lighting rod. He gained international fame for his discoveries about electricity. His diplomacy before the revolution helped convince England to repeal the hated Stamp Act, which made him a national hero.

VACLAV HAVEL



*“Without free, self-respecting, and autonomous citizens,
there can be no free and independent nations.
Without internal peace, that is, peace among citizens
and between the citizens and the state,
there can be no guarantee of external peace.”*

Vaclav Havel was the last president of Czechoslovakia and the very first president of the Czech Republic. He and a number of others started an informal civic initiative called Charter 77, which criticized the government for human rights violations and loosely united its members around the goal of working for civil and human rights in Czechoslovakia and around the world.

ROBERT F. KENNEDY



"The enlargement of liberty for individual human beings must be the supreme goal and abiding practice of any western society."

As the brother of President John F. Kennedy, Robert F. Kennedy managed his brother's campaign for president. John Kennedy appointed his brother Robert as attorney general of the United States. Both brothers were "idealists without illusions," as JFK once said of him, and both brothers left lasting marks on history with their stands for civil rights and a more peaceful world. Robert F. Kennedy was elected senator from New York and ran for president in 1968. The central idea of his campaign for president was bringing peace to Vietnam, but he also championed human rights and social justice and believed strongly that government should strive to preserve and maintain pure air and pure water as the birthright of all people.

ROSA PARKS



"I would like to be known as a person who is concerned about

freedom and equality and justice and prosperity for all people."

Rosa Louise Parks was nationally recognized as the "mother of the modern-day civil rights movement" in America. Her refusal to surrender her seat to a white male passenger on a Montgomery, Alabama, bus, on December 1, 1955, triggered a wave of protest December 5, 1955, that reverberated throughout the United States. Her quiet, courageous act changed America and its view of black people and redirected the course of history.

ELIE WIESEL



"Peace is our gift to each other."

Elie Wiesel is a Jewish Romania-born American Holocaust survivor, writer, and political activist, who was awarded the Nobel Peace Prize in 1986 for his written works and activism, which have brought a powerful message of "peace, atonement, and human dignity" to the world.

JAMES AUDUBON



"A true conservationist is a man who knows that the world is not given by his father's but borrowed from his children."

The name Audubon is synonymous with bird conservation. Audubon had a deep concern for conservation, and in his later works wrote about the endangered habitat of birds in America. When the Audubon Association was incorporated in 1905 for protecting birds and their habitats, it was named in honor of America's most famous bird lover.

MAUDE VICTORIA BARLOW



"We are committed with our lives to building a different model and a different future for humanity, the Earth, and other species. We have envisaged a moral alternative to economic globalization and we will not rest until we see it realized."

Maude Victoria Barlow is a Canadian author and a social change activist. She is a leading voice for water rights around the world and cofounded the Blue Planet Project, which fights against the privatization of water. She is also a director of the International Forum on Globalization, which conducts research and education on the negative effects of globalization on social programs, foreign policy, health, and the environment.

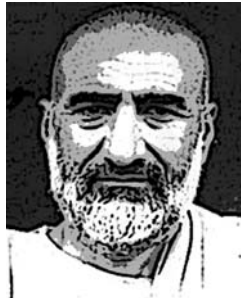
NOEL BROWN



"The role of the market place is to be an instrument of environmental change and policy making. We are all consumers with a great potential for change. Environmental protection begins at home."

Dr. Noel Brown has earned an international reputation as an environmental diplomat. For over two decades, he represented the United Nations Environment Program at many major international negotiations and conferences on environmental and sustainable development issues. Dr. Brown encouraged and sponsored a group of young people working with Peace Child International to write the internationally best-selling *Rescue Mission Planet Earth*. His deep spiritual convictions led him introduce the Environmental Sabbath Program at the UN, which is now celebrated by thousands of religious congregations throughout the world on World Environment Day.

BADSHAH KHAN



*"The Holy Prophet Muhammad came into this world and taught us –
That man is a Muslim, who never hurts anyone by word or deed,
But who works for the benefit and happiness of God's creatures.
Belief in God is to love one's fellow men."*

Abdul Ghaffar Khan was a Pashtun political, as well as, a spiritual leader known for his non-violent opposition to British Rule in India and a contemporary follower of Mahatma Gandhi. He is better known as "Badshah" Khan, which is a title given to him meaning "leader" or "king". Badshah Khan had a spiritual and truthful friendship with Mahatma Gandhi. Gandhi was the pioneer of Satyagraha, which is the non-violent method he used to win back the freedom for the people of India from the hands of British. The two had a deep respect towards each other and worked together closely. Badshah Khan was a soldier of Islam who supported the non-violent resistance to inequality. Khan's ideas and achievements are being noticed, as stories of his life and struggles against fractious Afghanistan, tribal Pashtun customs, and violence in the name of Islam unfolds. He worked alongside Gandhi to set free South Asia from British colonial rule. Badshah Khan was affectionately known as the "Sarhaddi Gandhi" or "Frontier Gandhi". Through his entire life Badshah proved that the highest religious values of Islam are deeply compatible with non-violent conflict resolution, even against heavy odds. In the 1930s Badshah founded the Khudai Khidmatgar, which means "Servants of God", as the world's first and largest non-violent army. This movement, which eventually involved more than 100,000 Pashtuns, was dedicated to social reform and to the end of the rule of the British in then-undivided India.

WANGARI MAATHAI



*"The earth was naked. For me the mission was
to try to cover it up with green."*

Wangari Maathai is from Kenya. She is an activist for human rights, women's rights, and the environment. Maathai has been courageously steadfast. Among her many accomplishment is the founding of the Green Belt Movement, an organization that concentrates on environmental conservation and community development by planting trees to protect the soil. It was through this organization that she became known throughout the world, and she became the first African woman to receive the Nobel Peace Prize "for aiding democracy and attempting to save Africa's forests."

THEODORE ROOSEVELT



*"Great thoughts speak only to the thoughtful mind,
but great actions speak to all mankind."*

Theodore Roosevelt was the twenty-sixth president of the United States. Theodore Roosevelt also made a very great contribution to the conservation of our natural resources. Roosevelt strove to educate the public on conservation. Wildlife preservation was also extremely important to him. Theodore Roosevelt established thirteen national monuments and twenty-five national forests and created four commissions on the use of public lands. He used the information he gathered from these commissions to expand public awareness and encourage ongoing congressional action on environmental protection.

EDWARD ASNER



*"As they used to say, 'What if they gave a war and nobody came?'
How worthwhile if they declared a day of peace and everybody came."*

Edward Asner is an American actor. He has narrated a number of documentaries that promote his passion for a better world. Edward Asner has also been an ardent supporter of animal rights and freedom of speech, has served as a spokesperson for Racism Watch, and is actively involved in the campaign to create a cabinet-level U.S. Department of Peace.

BARACK OBAMA



*"If you're walking down the right path and
you're willing to keep walking, eventually you'll make progress."*

Barack Obama's political career started when he was elected to the Illinois State Senate in Chicago. He served as chairman of the Public Health and Welfare Committee. He helped to author a state earned income tax credit, which provides benefits to the working poor. He also worked for legislation that would cover residents who could not afford health insurance. Speaking up for leading gay and lesbian advocacy groups, he successfully helped pass bills to increase funding for AIDS prevention and care programs. He was listed in Time Magazine as one of the one hundred most influential people in the world under the section of "Leaders and Revolutionaries" for his high-profile entrance to federal politics and his popularity within the Democratic Party.

MARY MCLEOD BETHUNE



"Invest in the human soul. Who knows, it

may be a diamond in the rough."

Mary Mcleod Bethune's parents were poor farmers, and there wasn't even a school nearby for black children to attend. But she ended up becoming a famous educator, a civil rights leader, and a presidential advisor. She believed that education would help young black people to a better life in a society that still did not practice racial equality. She also helped President Roosevelt to set up the National Youth Administration to help find employment for young people. A statue in Lincoln Park, in Washington DC, was erected to honor her life of service and dedication to the cause of equal education and freedom from discrimination for black Americans.

SEARCH AND RESCUE ASSISTANCE IN DISASTERS (SARAIID)



"Reducing disaster risk through hazard awareness."

Whenever disaster strikes around the world, there's a band of volunteers ready to drop everything and try to save lives. The one common attribute shared by the volunteers is a desire and determination to help the innocent victims of disaster, regardless of their color, religion, or political persuasion. They've also helped to train other rescue organizations around the world.

DR. ALBERT SCHWEITZER



*"Because I have confidence in the power of truth, and
of the spirit, I have confidence in the future of mankind."*

Dr. Albert Schweitzer was a great humanitarian. He set up a hospital in Gabon, Africa, to serve people who had no previous access to modern health care. He devoted the rest of his life to a selfless effort to bring care to a then remote part of the world.

NATALIE PORTMAN



*"The good news is we have the technology and
the tools to alleviate poverty on a global scale.
All that is standing in our way is education and will."*

Natalie Portman is an Israeli-American Oscar-nominated actress. She is also an advocate of many social causes. Natalie has been involved in promoting environmental causes for many years. She is also an

ardent animal lover and has been a vegetarian since she was eight years old. Natalie Portman has also been deeply involved in helping to end poverty. Natalie was named the first ambassador of hope for FINCA International, an organization that promotes micro-lending to empower women in poor countries by helping them start their own businesses.

PEACE PILGRIM



*"One little person giving all her time to peace can make news.
Many people giving some of their time can make history."*

Peace Pilgrim is an organization devoted to spreading Peace Pilgrim's message. It is an all-volunteer organization dedicated to the publication and dissemination of the words of Peace Pilgrim. The mission is continually being fulfilled by the loving efforts of Friends of Peace Pilgrim and peace-seekers throughout the world.

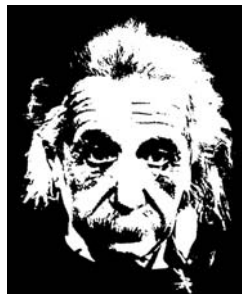
JOHNNY REID "JOHN" EDWARDS



*"We chose hope over despair, possibilities over
problems, optimism over cynicism."*

John Edwards is an American politician. Edwards promotes programs to eliminate poverty in the United States. Edwards believes that ending poverty should be a goal our nation actively pursues. A national goal will rally support for the cause and help us measure our progress. Edward endorsed efforts to slow down global warming.

ALBERT EINSTEIN



*"Perfection of means and confusion of goals
seem to characterize our age.*

*If we desire sincerely and passionately the safety,
the welfare, and the free development of the talents of all men,
we shall not be in want of the means to approach such a state."*

Albert Einstein's name has become synonymous with the word *genius*. Einstein became the most famous scientist during the early twentieth century, and he is still one of the most important people in history because of his revolutionary scientific and mathematical theories about energy and space. Albert Einstein deeply regretted his involvement in and spent the rest of his life advocating for the abolition of nuclear weapons. He also spoke out continually for the cause of peace and nonviolence and international law as the only way our world can survive.

MARIAN WRIGHT EDELMAN



*"If you don't like the way the world is, you change it.
You have an obligation to change it. You just do it one step at a time."*

Marian Wright Edelman is an American author, activist, and one of the nation's leading advocates for the rights of children. Edelman is the founder and president of the Children's Defense Fund, whose mission is to ensure that every child has a healthy and fair start in life. As the nation's most powerful lobby for children, CDF has helped convince the government to adopt many policies to protect and empower children.

ABDUL SATTAR EDHI



*"My vision is to create an institution that will carry on my life's work
and survive for a long time to come."*

Abdul Sattar Edhi is one of the most active philanthropists in Pakistan and founder of the Edhi International Foundation. Edhi Foundation has the largest private ambulance service network in the world. The foundation helps the countries not always equipped to deal with natural disasters, such as fire, floods, and earthquakes or the equally serious damage inflicted by hunger and poverty. The foundation also facilitates emergency medical assistance. Foundation-run homes provide for the destitute and mentally ill, while a missing persons service reconnects separated families.

YITZHAK RABIN



"You don't make peace with friends. You make it with very unsavory enemies."

Yitzhak Rabin was born in Palestine, helped to create the nation of Israel, and fought to defend it, and yet at the end of his life, he made the great steps towards peace and reconciliation with his former foes. As the leader of Israel, he made peace a priority.

NELSON MANDELA



*"If you want to make peace with your enemy,
you have to work with your enemy. Then he becomes your partner."*

Nelson Mandela was one of the leaders who ended segregation in South Africa. Nelson helped set a powerful example as he stressed healing his nation through reconciliation and forgiveness instead of retaliation for the injustice that had been done.

MATTIE STEPANEK



*"Unity is strength...when there is teamwork and collaboration,
wonderful things can be achieved."*

Young poet and peacemaker Mattie Stepanek passed away on the morning of June 22, 2004. Mattie's poems of peace and hope have touched millions of lives; his heart songs will continue to reach people of all ages around the world for decades to come.

INTERNATIONAL RESCUE COMMITTEE (IRC)



*“Any intelligent fool can make things bigger,
more complex, and more violent.
It takes a touch of genius, and a lot of courage,
to make a move in the opposite direction.”*

International Rescue Committee is a critical global network of leaders and first responders, humanitarian relief workers, healthcare providers, educators, community leaders, activists, and volunteers, working together. They provide access to safety, sanctuary, and sustainable change for millions of people whose lives have been shattered by violence and oppression.

RON PAUL



*“War is never economically beneficial,
except for those in position to profit from war expenditures.”*

Ron Paul is a physician and an American politician. He became a U.S. Air Force flight surgeon, serving outside the Vietnam War zone. As a specialist in obstetrics/gynecology, Dr. Paul has delivered more than four thousand babies! Paul considered becoming a Lutheran minister; instead, he decided to pursue his medical doctorate. Paul's views can best be summarized as libertarian, favoring less government involvement in people's lives. Paul has been described as conservative, Constitutionalist, and libertarian. He advocates a non-interventionist foreign policy, having voted against actions such as the Iraq War Resolution, but is in favor of force against terrorists in Afghanistan. He also opposes the Patriot Act, the federal War on Drugs, and gun control. Paul is pro-life, but opposes Federal laws regulating or banning abortion.

JOEL OSTEEN



"If you want to change your life, start by changing your words."

*"Great it is to dream the dream, when you
stand in youth by the starry stream.
But a greater thing is to fight life through, and
say at the end, the dream is true."*

The Smiling Preacher, Joel Osteen hosts the television program Lakewood Church, which can be seen in 92 percent of American households and can also be seen internationally in over one hundred nations. He is a very popular pastor and televangelist, even though he has no theological education. His education was in television production. Joel Osteen has quickly become a leading voice for a new generation of ministers. Joel Osteen's program ranks as the number one inspirational program nationally. John Osteen has a dream to reach the ends of the earth with the message of God's love.

There are many more people and organizations
ready to offer their hands to those in need to
promote peace to our world!

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Who is your hero?

A hero draws inspiration from the virtue of his family, friends, and others. A hero conquers our urges, motivates, and stimulates our daily living.

How important it is for you to recognize and celebrate our heroes?

Show your appreciation to your heroes. Place their photographs and portray what they did for you.

Be proud of them!

Photo

Photo

Photo

Greetings Around the World



*All languages are unique,
Musical signal to the ears
Resembling to colorful hummingbird in every blossom tree.
The distinctive jingle soothing to each and everyone's ear,
They're all beautiful voices, just like you and me,
Voices that make the world go round
Listen to the sound; it's sweeter of every kind.
It's like the drumbeats that tag on to our heart,
Our Global is rounded of English language contains of ABC,
Let's say "HELLO!" to the world that you have not seen.*

Writing cannot express all words; words cannot encompass all ideas, but language is the blood of the soul into which thoughts run and out of which they grow. There is no such thing as a hideous language. Any time you think some other language is strange, remember that yours is just as "strange," to others—you're just used to it.

REPUBLIC OF ABKHAZIA

Official Languages: Abkhaz and Russian

Greetings in Russian

Strazdje! – Hello!

Privet! – Hi!

Zdravstvujte? – How do you do?

Kak dila? – How are you?

Dobroje utro. – Good morning.

Dobryj den'. – Good afternoon.

Dobryj vecher. – Good night.

Dobroj noch. – Sweet dreams.

Strazdvoedje. – Nice to meet you.

Spasiba! – Thank you!

Dasvidanja – Goodbye

Pakka! – Bye!

Do svidanija. – See you later.

Da – Yes

Njet – No

ISLAMIC REPUBLIC OF AFGHANISTAN

Official Languages: Pashto and Dari

Greetings in Pashto/Afghani

Salam-u-alaikum! – Peace be upon you!

Tsanga ye? – How are you?

Manana! – Thank you!

Wraz de pa khayr. – Have a nice day.

Pa khayr! or pa khayr raghle! – Welcome!

Da khuday pa aman! – Goodbye!

Der sha. – Very good.

Sha day. – Okay

Ho – Yes

Ya – No

Greetings in Dari / Tajik / Farsi / Persian

Salaam! – Hello!

Chitowr hastee? – How are you?

Roz-e-taan ba khair. – Have a nice day.

Ba amaane khudaa! – Goodbye!
Khush aamadayd! – Welcome!
Bisyaar khoob! – Very Good!
Khoob Hast – Okay
Tashakur! – Thank you!
Khoob hastam – I am fine
Balay – Yes
Na – No

AKROTIRI AND DHEKELIA – SOVEREIGN BASE AREAS OF
AKROTIRI AND DHEKELIA (UK OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

ÅLAND – ÅLAND ISLANDS (AUTONOMOUS PROVINCE OF
FINLAND)

Official Language: Swedish

Hej / Hejsan – Hello / Hi
Goddag – Good day / Hello
Bra – Good / Fine
Hur mar du? – How are you?
Hur gar det? – How's it going?
God morgon. – Good morning.
God kvall. – Good evening.
God natt. – Good night.
Hej da / Adjö – Goodbye
Ha det bra! – Have a nice day!
Vi ses! – See you later!
Tackar / Tack / Tack sa mycket. – Thanks. / Thank you. / Thank you very much.
Ja – Yes
Nej – No

ALBANIA – REPUBLIC OF ALBANIA

Official Language: Albanian

Tungjatjeta – Hello (literally, “Long life to you.”)

Si jeni? – How are you?

Mirëmëngjes! – Good morning!

Mirëdita! – Good afternoon!

Mirëmbrema! – Good evening!

Natën e mirë! – Good night!

Ditën e mirë! – Have a nice day!

Falemnderit! – Thank you!

Mirupafshim! – Good bye!

Lamtumirë! – Farewell!

ALGERIA – PEOPLE’S DEMOCRATIC REPUBLIC OF ALGERIA

Official Language: Arabic

As-salam Alaikum – Peace be upon you!

Al hamdi allah – God Bless/ Praise to God / Thanks God

Ahlan! – Welcome!

Salam – Hi / Hello / Peace

Marhaba! – Hello! / Hi!

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.

Masaa al-khair. – Good afternoon / Good evening.

Ahlan wa Sahlan. – Welcome and have a very nice stay.

Maa alsalameh. – Goodbye (Peace be with you.)

Tsharrafana. – Nice to meet you.

Shukran! – Thanks!

Na am – Yes

Laa – No

AMERICAN SAMOA – TERRITORY OF AMERICAN SAMOA
(US TERRITORY)

Official Language: Samoan and English

Greetings in Samoan

Talofa! – Hello! Good morning!

O a mai oe? – How are you?

Feiloai. – See you later.

Tofa – Goodbye

Manuia, faafetai. – Very well, thank you.

Manuia – Fine

Ioe – Yes

Leai – No

ANDORRA – PRINCIPALITY OF ANDORRA

Official Language: Catalan

Hola! – Hello! / Good morning! / Good afternoon! / Good evening!

Com estas? – How are you?

Bon dia. – Good morning.

Bona tarda. – Good afternoon.

Bon vesper. – Good evening.

Bona nit. – Good night.

Molt de gust. – Nice to meet you.

Adeu – Goodbye

Gracies or Mercies. – Thank you.

Molt be, gracies. – Fine, thank you.

Si – Yes

No – No

ANGOLA – REPUBLIC OF ANGOLA

Official Language: Portuguese

Olá – Hello

Oi! – Hi!

¿Como está? – How are you?

Paz – Peace

Estou bem, obrigado/a – I'm okay; thank you.

Bom dia. – Good morning.

Boa tarde. – Goodafternoon.

Boa noite. – Good evening / good night.

Adeus – Goodbye!

Tenham um bom dia. – Have a nice day.

Tchau. – See you.

Prazer. – Pleased to meet you.

Ben-vindo! – Welcome!

Obrigado (males)/ **Obrigada** (females) – Thank you.

Muito obrigado/a – Thank you very much.

Sim – Yes

Não – No

ANGUILLA (UK OVERSEAS TERRITORY)

Official Language: English

Hello!

How are you?

ANTIGUA AND BARBUDA

Official Language: English

Hello!

How are you?

ARGENTINA – ARGENTINE REPUBLIC

Official Language: Spanish

Hola. – Hello / Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

ARMENIA – REPUBLIC OF ARMENIA

Official Language: Armenian

Eastern Armenian

Barev – Hello
Bari lowys. – Good morning.
Bari òr. – Good afternoon.
Bari ereko. – Good evening.
Bari gišer. – Good night.
Neroğowt'iown. – Excuse me.
Xndrem – Please
Bari galowst – Welcome
C'tesowt'iown – Goodbye
Šat šnorhakal em. – Thank you very much
Šnorhakal em. -Thank you.
Ayo – Yes
Oč – No

Western Armenian

Parev – Hello
Pari lowys. – Good morning
Pari òr. – Good afternoon.
Parirgown / Pari irigown. – Good evening
Kišer pari. – Good night.

Neroğowt'iown. – Excuse me
Xntrem – Please
Šad šnorhagal em. – Thank you very much.
Šnorhagal em. – Thank you.
Pari egar / Pari egak – Welcome
C'desowt'iown – Goodbye
Ayo – Yes
Oč – No

**ARUBA (SELF-GOVERNING COUNTRY IN THE KINGDOM OF
THE NEHTERLANDS)**

Official Languages: Dutch and Papiamentu

Greetings in Papiamentu

Hallo / Goeda dag – Hello
Cont ta bay? – How are you?
Bon dia. – Good morning.
Bon tardi. – Good afternoon.
Bon nochi. – Good night.
Ayo. – Goodbye
Bon bini. – Welcome
Danki. – Thank you.
Pase un bon dia. – Have a good day.
Si – Yes
No – No

Greetings in Dutch

Hallo! – Hello!
Hoe gaat het met je? – How are you?
Fijn, dank u. – Fine, thank you.
Dank u. – Thank you.
Blij om je te ontmoeten. – Pleased to meet you.
Welkom! – Welcome!
Goedemorgen. – Good morning.
Goede middag. – Good afternoon.
Goede nachtrust. – Good night.
Goeienavond. – Good evening.
Goede dag! – Good day!
Afscheid – Goodbye

Ja – Yes
Nee – No

**ASCENSION ISLAND (DEPENDENCY OF THE UK OVERSEAS
OF TERRITORY OF SAINT HELENA)**

Official Language: English

Hello!
How are you?

AUSTRALIA – COMMONWEALTH OF AUSTRALIA

Official Language: English

Hello!
How are you?

AUSTRIA – REPUBLIC OF AUSTRIA

Official Languages: German, locally also Hungarian, Slovenian
and Croatian

Greetings in German

Hallo – Hello
Wie Geht Es Ihnen? – How are you?
Guten Morgen. – Good morning.
Guten Tag. – Good afternoon.
Guten Abend. – Good evening.
Gute Nacht. – Good night.
Auf Wiedersehen – Goodbye
Tshuess – Bye
Nett, Sie kennen zu lernen. – Nice to meet you.
Willkommen – Welcome
Viel Glueck. – Good luck.

Mach's Gut. – Take care.
Danke sehr. – Thank you.
Ja – Yes
Nein – No

AZERBAIJAN – REPUBLIC OF AZERBAIJAN

Official Language: Azerbaijani

Asalam Alaikum. – Peace be upon you.
Salam! – Hello!
Siz necəsiniz? – How are you?
Sabahınız xeyir. – Good morning.
Hər vaxtınız xeyir. – Good afternoon.
Axşamınız xeyir. – Good evening.
Axşamınız xeyir. – Good night.
Sizlə tanış olmağıma çox şadam. – Pleased to meet you.
Xoş gəlmisiniz! – Welcome!
Səğolun – Goodbye
Təbriklər! – Congratulations!
Təşəkkür edirəm. – Thank you.
Bə – Yes
Xeyr – No

BAHAMAS, THE – COMMONWEALTH OF THE BAHAMAS

Official Language: English

Hello!
How are you?

BAHRAIN – KINGDOM OF BAHRAIN

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Tsharrafana. – Nice to meet you.
Ahlan! – Welcome!
Shukran! – Thanks!
Na am – Yes
Laa – No

BANGLADESH – PEOPLE’S REPUBLIC OF BANGLADESH

Official Language: Bengali (Bangla)

Asalam Alaikum! – Hello! / Peace be upon you. (Muslim)
Nomoshkar! – Hello! (Hindu)
Kemon achlen? – How are you?
Suprobhat. – Good morning.
Subho shondha. – Good evening.
Subho ratri. – Good night.
Khodafez – Goodbye
Dhonnobad. – Thank you.
Apnar shathe porichoe hoe amar khub-I bhalo laglo. – Nice to meet you.
Ji – Yes
Jina – No

BARBADOS

Official Language: English

Hello!
How are you?

BELARUS – REPUBLIC OF BELARUS

Official Languages: Belarusian and Russian

Greetings in Belarusian

Bitaho – Hello!

Jak mayeciesia? – How are you?

Bituem! – Welcome!

Dobray ranitsy. – Good morning.

Dobry vehar. – Good evening.

Dabranach. – Good night.

Da pabachen'nya / Ubachymsia. – Goodbye

Za zdarou'e. – Cheers / Good Health

Dziakuy. – Thank you.

Pryermna paznajomicca. – Pleased to meet you.

Greetings in Russian

Strazdje! – Hello!

Privet! – Hi!

Kak dila? – How are you?

Zdravstvujte? – How do you do?

Dobroje utro. – Good morning.

Dobryj den'. – Good afternoon.

Dobryj vecher. – Good night.

Dobroj nochi. – Sweet dreams.

Strazdvoedje. – Nice to meet you.

Do svidanija. – See you later.

Dasvidanja – Goodbye

Pakka! – Bye!

Spasiba! – Thank you!

Da – Yes

Njet – No

BELGIUM – KINGDOM OF BELGIUM

Official Languages: Dutch, French and German

Greetings in German

Hallo – Hello

Wie Geht Es Ihnen? – How are you?
Guten Morgen. – Good morning.
Guten Tag. – Good afternoon.
Guten Abend. – Good evening.
Gute Nacht. – Good night.
Auf Wiedersehen – Goodbye
Tshuess – Bye
Nett, Sie kennen zu lernen. – Nice to meet you.
Viel Glueck. – Good luck.
Mach's Gut. – Take care.
Danke sehr. – Thank you.
Willkommen – Welcome
Ja – Yes
Nein – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Au revoir – Goodbye
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

Greetings in Dutch

Hallo! – Hello!
Hoe gaat het met je? – How are you?
Fijn, dank u. – Fine, thank you.
Dank u. – Thank you.
Blij om je te ontmoeten. – Pleased to meet you.

Welkom! – Welcome!
Goedemorgen. – Good morning.
Goede middag. – Good afternoon.
Goede nachtrust. – Good night.
Goeienavond. – Good evening.
Goede dag! – Good day!
Afscheid – Goodbye
Ja – Yes
Nee – No

BELIZE

Official Language: English

Hello!
How are you?

BENIN – REPUBLIC OF BENIN

Official Language: French, Fon tribal language

Note: More than half the people speak Fon.

Greetings in Fon

Kudeu – Hello!
Ah doh ghan jee ah? – How are you?
Ah fon ghan jee ah. – Good morning.
Kudo hweme. – Good afternoon.
Kou do bah dah. – Good evening.
Ah wah nou. – Thank you.
Oh dah boh. – Goodbye
Eeen – Yes
Eho – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!

Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
C'est bien! – How good!
Bonne soiree! – Have a good day!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
Enchante – Nice to meet you.
A bientôt! / J'espere te revoir bientôt! – See you soon!
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

BERMUDA (UK OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

BHUTAN – KINGDOM OF BHUTAN DZONGKHA

Official Language: Dzongkha

Kuzo zangpo la! – Hello!
Choe ga dhay bay yoe? – How are you?
Kuzu zangpo. – Good morning.
Kuzu zangpo. – Good evening.
Chiru delek. – Good night.
Choe chegk dhi sem gai. – Nice to meet you.
Kadinchey. – Thank you.
Tashi delek – Good luck
Toup – Okay
Legshembe joen (if you're the person staying), **Legshembe shug** (if you're the

person leaving) – Goodbye

Ing – Yes

Me – No

BOLIVIA – REPUBLIC OF BOLIVIA

Official Language: Spanish

Hola. – Hello/ Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.

Buenas tardes. – Good afternoon.

Buenas noches. – Good evening / good night.

Muchas gracias. – Thanks a lot.

Gracias! – Thank you!

De nada. – You're welcome.

Bienvenido! – Welcome!

Felicidades! – Congratulations!

Tenga un buen dia! – Have a good day!

Agradable encontrarte. – Nice to meet you.

Hasta luego – See you later.

Es un placer encontrarte. – It's a pleasure to meet you.

Si – Yes

No – No

BOSNIA AND HERZEGOVINA

Official Languages: Croatian, Serbian and Bosnian

Greetings in Croatian

Bok! – Hello!

Kako ste? – How are you?

Dobro jutro. – Good morning.

Dobar dan. – Good afternoon.

Dobra vecer. – Good evening.

Laku noc. – Good night.

Hvala. – Thank you.

Do videnja or Zbogom – Goodbye

Drago mi je. – Nice to meet you.

Da – Yes
Ne – No

Greetings in Serbian

Zdravo! – Hello!
Kako ste? – How are you?
Dobro jutro. – Good morning.
Dobar dan. – Good afternoon.
Dobro veče. – Good evening.
Laku nocce. – Good night.
Drago mi je. – Pleased to meet you.
Dovidenja – Goodbye
Hvala lepo. – Thank you very much.
Hvala. – Thank you.
Da – Yes
Ne – No

Greetings in Bosnian

Dobar dan! – Hello! / Good Day!
Zdravo or Merhaba (informal) – Hello!
Kako ste? – How are you?
Drago mi je. – Nice to meet you.
Dobro jutro. – Good morning.
Dobro večer. – Good evening.
Laku noć. – Good night.
Alahimanet (religious implication) **or Zbogom or Do Vidjenja** – Goodbye
Do videnja or čao or Zdravo (informal) – Goodbye
Hvala lijepo. – Thank you very much.
Hvala – Thank you.
Da (formal)/ **Ja** (informal) – Yes
Ne – No

BOTSWANA – REPUBLIC OF BOTSWANA

Official Language: English and Setswana (national)

Greetings in Setswana

Dumela mma! (To a woman), **Dumela rra!** (To a man) – Hello!
A o tsogile? (Morning), **A o tlhotse?** (Afternoon) – How are you?

Tsamaya sentle (to person leaving) or **Sala sentle** (to person staying)
 – Goodbye
Ke itumetse. – Thank you.
Ee – Yes
Nnyaa – No

BRAZIL – FEDERATIVE REPUBLIC OF BRAZIL

Official Language: Portuguese

Olá – Hello
Oi! – Hi!
¿Como está? – How are you?
Paz – Peace
Estou bem, obrigado/a – I’m okay; thank you.
Bom dia. – Good morning.
Boa tarde. – Good afternoon.
Boa noite. – Good evening / good night.
Adeus – Goodbye!
Tenham um bom dia. – Have a nice day.
Tchau. – See you.
Prazer. – Pleased to meet you.
Ben-vindo! – Welcome!
Obrigado (males)/ **Obrigada** (females) – Thank you.
Muito obrigado/a – Thank you very much.
Sim – Yes
Não – No

BRUNEI – NEGARA BRUNEI DARUSSALAM

Official Language: Malay

Selamat! / Helo! – Hello!
Selamat datang! – Welcome! (Used as greeting)
Apa khabar? – How are you? or What’s up? (Literally, “What news?”)
Selamat sejahtera – Greetings
Selamat pagi. – Good morning.
Selamat petang. – Good afternoon / evening (note that “selamat petang” must not be used at night, as in English. For a general greeting, use “selamat

sejahtera.”)

Selamat jalan. – Have a safe journey. (Equivalent to “goodbye” used by the party staying)

Selamat malam. – Good night.

Selamat tinggal – Goodbye (“Good stay,” used by the party going)

Terima kasih. – Thank you.

Jumpa lagi. – See you again.

Ya – Yes

Tidak – No

BULGARIA – REPUBLIC OF BULGARIA

Official Language: Bulgarian

Zdraveite! – Hello!

Kak ste? – How are you?

Dobro utro. – Good morning.

Dober den. – Good evening.

Leka nosht. – Good night.

Blagodarya. – Thank you.

Dobre doshal – Welcome

Dovizhdane – Goodbye

Da – Yes

Ne – No

BURKINA FASO

Official Language: French

Bonjour! – Hello! / Good day! / Good morning / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How’s it going?

Bonne soiree! – Have a good day!

C’est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientôt! / J’espere te revoir bientôt! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

BURUNDI – REPUBLIC OF BURUNDI

Official Languages: Kirundi and French

Greetings in Kirundi

Amahoro – Peace
Amakuru? / Amaki? – How are you?
Bite? – How are things?
Bgakeye. – Good morning.
Mwiriwe. – Good afternoon / evening.
Ijoro ryiza . – Good night.
Ni vyiza kubonana nawe. – Nice to meet you.
Nagasaga – Goodbye
Murakoze. – Thank you.
Ego – Yes
Oya – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How’s it going?
Bonne soiree! – Have a good day!
C’est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye

A bientot! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

CAMBODIA – KINGDOM OF CAMBODIA KHMER

Official Language: Khmer

Chum riep sueh! – Hello!

Suor-sdei! – Hi! (general use)

Niak sohk sabai jie te? – How are you?

Aw khun. – Thank you.

Chum nep leah – Goodbye

Ja (female), **Baht** (men) – Yes

Ot te – No

CAMEROON – REPUBLIC OF CAMEROON

Official Languages: French and English

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientot! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

CANADA

Official Languages: French and English

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientot! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

CAPE VERDE – REPUBLIC OF CAPE VERDE

Official Language: Portuguese

Olá – Hello

Oi! – Hi!

¿Como está? – How are you?

Paz – Peace

Estou bem, obrigado/a – I'm okay; thank you.

Bom dia. – Good morning.

Boa tarde. – Good afternoon.

Boa noite. – Good evening / good night.
Adeus – Goodbye!
Tenham um bom dia. – Have a nice day.
Prazer. – Pleased to meet you.
Tchau. – See you.
Ben-vindo! – Welcome!
Obrigado (males)/ **Obrigada** (females) – Thank you.
Muito obrigado/a – Thank you very much.
Sim – Yes
Não – No

CAYMAN ISLANDS (UK OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

CENTRAL AFRICAN REPUBLIC

Official Languages: Sango and French

Greetings in Sango

Tah shi de leh! – Hello!
Khe rahng ku su de bo? – How are you?
Kah leh phe – Goodbye
Sim jah nahng go. – Good night.
Thu chi che. – Thank you.

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientôt! / J'espere te revoir bientôt! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

CHAD – REPUBLIC OF CHAD

Official Languages: French and Arabic

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientôt! / J'espere te revoir bientôt! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

Greetings in Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

CHILE – REPUBLIC OF CHILE

Official Language: Spanish

Hola. – Hello / Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

CHINA – PEOPLE'S REPUBLIC OF CHINA

Official Language: Mandarin

Ni hao – Hello / Hi
Ni hao ma? – How are you?
Zao an. – Good morning.

Wanshang hao. – Good evening
Wan an. – Good night.
Huanying guanglin! – Welcome!
Zai jian! – Goodbye!
Hen gaozing renshi ni. – Nice to meet you.
Xiexie! – Thank you!
Shi – Yes
Bu – No

CHRISTMAS ISLAND – TERRITORY OF CHRISTMAS
(AUSTRALIAN OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

COCOS (KEELING) ISLANDS – TERRITORY OF COCOS
(KEELING) ISLANDS (AUSTRALIAN OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

COLOMBIA – REPUBLIC OF COLOMBIA

Official Language: Spanish

Hola. – Hello / Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!

De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

COMOROS – UNION OF THE COMOROS

Official Languages: Arabic and French

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

Greetings in Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Tsharrafana. – Nice to meet you.
Shukran! – Thanks!
Na am – Yes
Laa – No

CONGO – DEMOCRATIC REPUBLIC OF THE CONGO

Official Language: French

Regional Languages: Lingala, Kongo/Kituba, Swahili, and Tshiluba

Greetings in Lingala

Losako! – Hello!
Sango nini? – How are you?
Mbote. – Good morning / afternoon / evening.
Butu elamu. – Good night.
Kendeke malamamu – Goodbye.
Melesi. – Thank you.
Iyo – Yes
Te – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

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Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

CONGO – REPUBLIC OF THE CONGO

Official Language: French

Regional Languages: Lingala, Kongo/Kituba, Swahili, and Tshiluba

Greetings in Lingala

Losako! – Hello!

Sango nini? – How are you?

Mbote. – Good morning /afternoon / evening.

Butu elamu. – Good night.

Kendeke malam – Goodbye.

Melesi – Thank you.

Iyo – Yes

Te – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientot! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

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COOK ISLANDS (*ASSOCIATED STATE OF NEW ZEALAND*)

Official Languages: English and Cook Islands Maori

Kia Orana! – May you live long! (Cook Islands greetings and response used anytime of the day or night.)

Kia orana, Kia ora ana! – Hello!

Popongi. – Good morning.

Po manea, Po meitaki. – Good night.

Ra manea. – Have a nice day.

Aere ra – Goodbye

Meitake. – Thank you.

COSTA RICA – REPUBLIC OF COSTA RICA

Official Language: Spanish

Hola. – Hello / Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.

Buenas tardes. – Good afternoon.

Buenas noches. – Good evening / good night.

Muchas gracias. – Thanks a lot.

Gracias! – Thank you!

De nada. – You're welcome.

Bienvenido! – Welcome!

Felicidades! – Congratulations!

Tenga un buen dia! – Have a good day!

Agradable encontrarte. – Nice to meet you.

Hasta luego – See you later.

Es un placer encontrarte. – It's a pleasure to meet you.

Si – Yes

No – No

CÔTE D'IVOIRE – REPUBLIC OF CÔTE d'IVOIRE

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientôt! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

CROATIA – REPUBLIC OF CROATIA

Official Language: Croatian

Zdravo! / Zivio! – Hello! Cheerio!

Kako ste? – How are you?

Dobro jutro! – Good morning!

Dobar dan! – Good afternoon! / Good day!

Dobra vecer! – Good evening!

Laku noc! – Good night!

Sretan put! – A pleasant journey!

Sretno! – Good luck

Cestitam! – Congratulations!

Hvala. – Thank you.

CUBA – REPUBLIC OF CUBA

Official Language: Spanish

Hola. – Hello/ Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

CYPRUS – REPUBLIC OF CYPRUS

Official Languages: Greek and Turkish

Greetings in Greek

Yah sahss! – Hello!
Ti kanis? – How are you?
Kalimera. – Good day / morning.
Kalispera. – Good afternoon / evening.
Kalinihta. – Good night.
Efharisto! – Thank you!
Ne – Yes!
Ohi – No

Greetings in Turkish

Asalam Aleikum. – Peace be upon you.
Merhaba! (formal) – Hello! **Selam!** (informal) – Hello!
Nasılsınız? (polite/plural) **Nasisin?** (informal singular) – How are you?
Naber? – What's up/ How're you doing? (very informal, contraction of "Ne

naber?”, literally meaning “What is new?”)

Gunaydin. – Good morning.

İyi gunler! – Good day!

İyi akşamlar. – Good evening.

İyi geceler. – Good night.

Teşekkür ederim, teşekkürler. – Thank you / Thanks.

Hoş geldin. (to just one person; informal) – Welcome!

Hoş geldiniz. (to more than one person and formal usage to just one person)
– Welcome!

İyi Yolculuklar! – Have a good trip!

Hoşca kalın – Goodbye (the one who leaves say)

Güle güle – Goodbye (the one who stays behind says)

Evet – Yes

Hayır – No

CZECH REPUBLIC

Official Language: Czech

Ahoj! / Cau! / Nazdar! – Hello! / Bye!

Jak se mas? (Singular) / **Jak se mate?** (Plural) – How are you?

Dobre rano. – Good morning (using only in early morning)

Dobry den. – Good day.

Dobry vecer. – Good evening.

Dobrou noc. – Good night.

Vítejte – Welcome

Na shledanou – Goodbye

Děkuji. – Thank you.

DENMARK – KINGDOM OF DENMARK

Official Language: Danish

Hallo! God dag! – Hello!

Hvordan går det? – How are you?

God morgen. – Good morning (before 10:00 or 11:00 AM).

God formiddag. – Good morning (after 10:00 or 11:00 AM, but before noon).

God aften. – Good evening.

God nat. – Good night.

Det var rart at mode dig. – Nice to meet you.

Farvel – Goodbye

Tak – Thank you.

Ja – Yes

Nej – No

DJIBOUTI – REPUBLIC OF DJIBOUTI

Official Languages: French and Arabic

Greetings in Arabic

As-salam Alaikum – Peace be upon you!

Al hamdi allah – God Bless! / Thanks God / Praise to God!

Marhaba! – Hello! / Hi!

Salam – Hi / Hello / Peace

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.

Masaa al-khair. – Good afternoon / Good evening.

Maa alsalameh. – Goodbye (Peace be with you.)

Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!

Shukran! – Thanks!

Tsharrafana. – Nice to meet you.

Na am – Yes

Laa – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientot! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

DOMINICA – COMMONWEALTH OF DOMINICA

Official Language: English

Others: **French Patois**

Greetings in French Patois

Bonjou! – Good morning!
Komon ou ye? – How are you?
Bonswa! – Good afternoon / evening! (Used after 11:00 AM)
N'ap boule! – (Most common greeting and response) – Good!
Mesi! – Thanks!
Wi – Yes
Non – No

DOMINICAN REPUBLIC

Official Language: Spanish

Hola. – Hello / Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.

Si – Yes
No – No

EAST TIMOR – DEMOCRATIC REPUBLIC OF TIMORLESTE

Official Languages: Tetum and Portuguese

Greetings in Portuguese

Olá – Hello
Oi! – Hi!
¿Como está? – How are you?
Paz – Peace
Estou bem, obrigado/a – I'm okay; thank you.
Bom dia. – Good morning.
Boa tarde. – Good afternoon.
Boa noite. – Good evening / good night.
Adeus – Goodbye!
Tenham um bom dia. – Have a nice day.
Prazer. – Pleased to meet you.
Tchau. – See you.
Ben-vindo! – Welcome!
Obrigado (males)/ Obrigada (females) – Thank you.
Muito obrigado/a – Thank you very much.
Sim – Yes
Não – No

Greetings in Tetum

Hae – Hello!
O diak ka lae? – How are you?
Bondia – Good morning. .
Bontarde – Good evening.
Bonoite – Good night.
Obrigadu (said by male)/Obrigada (said by female) – Thank you.
Loos – Yes
Lae – No

ECUADOR – REPUBLIC OF ECUADOR

Official Language: Spanish

Hola. – Hello / Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

EGYPT – ARAB REPUBLIC OF EGYPT

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless! / Thanks God / Praise to God!
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

EL SALVADOR – REPUBLIC OF EL SALVADOR

Official Language: Spanish

Hola. – Hello/ Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

EQUATORIAL GUINEA – REPUBLIC OF EQUATORIAL GUINEA

Official Languages: Spanish, French, Portuguese

Hola. – Hello / Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

Greetings in Portuguese

Olá – Hello

Oi! – Hi!

¿Como está? – How are you?

Paz – Peace

Estou bem, obrigado/a – I'm okay; thank you.

Bom dia. – Good morning.

Boa tarde. – Good afternoon.

Boa noite. – Good evening / good night.

Adeus! – Goodbye!

Tenham um bom dia. – Have a nice day.

Prazer. – Pleased to meet you.

Tchau. – See you.

Ben-vindo! – Welcome!

Obrigado (males)/ **Obrigada** (females) – Thank you.

Muito obrigado/a – Thank you very much.

Sim – Yes

Não – No

ESTONIA – REPUBLIC OF ESTONIA

Official Language: Estonian

Tere! / Tervist! – Hello! / Good day!
Kuidas kasi kaib? – How are you?
Tere hommikust. – Good morning.
Tere päevast. – Good afternoon.
Tere õhtust. – Good evening.
Head ööd. – Good night.
Tere tulemast! – Welcome!
Nägemiseni – Goodbye
Meeldiv tutvuda. – Pleased to meet you.
Edu! – Good luck!

ETHIOPIA – FEDERAL DEMOCRATIC REPUBLIC OF ETHIOPIA

Official Language: Amharic

Tena yistilign! – Hello!
Endemin Senebetish? (for female) / **Endemin senebetk?** (for male) – How are you?
Endemin adersh (for female) / **Endemin aderk.** (for male) – Good morning.
Endemin walsh (for female) / **Endemin walu/wa-lk.** (for male) – Good afternoon.
Endemin amesheish (for female) / **Endemin amesheh.** (for male) – Good evening.
Melkam ken. – Have a nice day.
Ameseginishalu – Goodbye
Betam. – Thank you.
Awo – Yes
Aye – No

FALKLAND ISLANDS (UK OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

**FAROE ISLANDS (SELF-GOVERNING COUNTRY IN THE
KINGDOM OF DENMARK)**

Official Languages: Faroese and Danish

Greetings in Faroese

Hallo! / Hey! – Hello!

Hvussu gongur? – How are you?

Góðan morgun. – Good morning.

Góðan dag. – Good afternoon.

Gott kvøld. – Good evening.

Góða nátt. – Good night.

Farvael. – Goodbye

Stuttligt at hitta teg. – Pleased to meet you.

Takk. – Thank you.

Ja – Yes

Nei – No

Greetings in Danish

Hallo! God dag – Hello!

Hvordan gar det? – How are you?

God morgen. – Good morning (before 10:00 or 11:00 AM)

God formiddag. – Good morning (after 10:00 or 11:00 AM, but before noon)

God aften. – Good evening.

God nat. – Good night.

Det var rart at møde dig. – Nice to meet you.

Tak – Thank you.

Farvel – Goodbye

Ja – Yes

Nej – No

FIJI – REPUBLIC OF THE FIJI ISLANDS

Official Languages: English, Bau Fijian and Hindustani

Greetings in Bau Fijian

Bula! – Hello! / Cheers! / Good health! (common Fijian greeting)

Sa bula – Good day, Hello!

O lai vei? – How are you?

Ni sa yadra. – Good morning.

Ni sa moce. – Good night.

Ia (ni) bula. – Nice to meet you.

Ni sa moce. – Goodbye

Vinaka. – Thank you.

Io – Yes

Sega – No

FINLAND – REPUBLIC OF FINLAND

Official Languages: Finnish and Swedish

Greetings in Finnish

Hei – Hello!

Kuinka voit – How are you?

Hyvaa huomenta. – Good morning.

Hyvää päivää. – Good afternoon.

Hyvää iltaa. – Good evening.

Hyvaa yota. – Good night.

Hauska tavata. – Pleased to meet you.

Näkemiin – Goodbye

Mukava tavata sinut. – Nice to meet you.

Kitos. – Thank you.

Kyllä – Yes

Ei – No

Greetings in Swedish

Hej / Hejsan – Hello / Hi

Goddag – Good day/ Hello

Hur mar du? – How are you?

Bra – Good/ Fine

God morgon. – Good morning.

God kvall. – Good evening.

God natt. – Good night.

Ha det bra! – Have a nice day!

Hej da / Adjo – Goodbye

Ja – Yes

Nej – No

FRANCE – FRENCH REPUBLIC

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

FRENCH POLYNESIA (FRENCH OVERSEAS COLLECTIVITY)

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

GABON – GABONESE REPUBLIC

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

GAMBIA, THE – REPUBLIC OF THE GAMBIA

Official Language: English

Hello!
How are you?

GEORGIA

Official Language: Georgian

Gamardjoba! – Hello!
Rogora khar? – How are you?
Dila mshvidobisa. – Good morning.
Ghame mshvidobisa – Good night.
Mobrdzandee! – Welcome!
Nakhvamdis – Goodbye
Sasiamovnoa tk'veni. – Pleased to meet you.
Didi Madloba. – Many thanks.
Madlobt! – Thank you!
Diakha – Yes
Ara – No

GERMANY – FEDERAL REPUBLIC OF GERMANY

Official Language: German

Hallo – Hello
Wie Geht Es Ihnen? – How are you?
Guten Morgen. – Good morning.
Guten Tag. – Good afternoon.
Guten Abend. – Good evening.
Gute Nacht. – Good night.
Auf Wiedersehen – Goodbye
Tshuess – Bye
Nett, Sie kennen zu lernen. – Nice to meet you.
Willkommen – Welcome
Viel Glueck. – Good luck.
Mach's Gut. – Take care.
Danke sehr. – Thank you.
Ja – Yes
Nein – No

GHANA – REPUBLIC OF GHANA

Official Language: English

Note: Akan is a language spoken by a group of Ghanians.

Greetings in Akan

Akwaaba! – Welcome!

Mabyeache. – Good morning.

Maaha. – Good afternoon.

Maa adjo. – Good evening.

Da yie – Good night.

Nantiee yie – Farewell

Medaase – Thank you!

GIBRALTAR (*UK OVERSEAS TERRITORY*)

Official Language: English

Hello!

How are you?

GREECE – HELLENIC REPUBLIC

Official Language: Greek

Opa – Welcome / Wassup? (Traditionally an exclamation used during Greek dances; no specific definition)

Ya! – Hello!

Yasou – Hello (to you)

Xerete or Yiasou – Hello or Goodbye

Ti kanis? – How are you?

Kali'mera. – Good morning / good day.

Kali ni hta. – Good night.

Kali spera. – Good afternoon / evening.

Kali tihi. – Good luck

Efharisto. – Thank you.

Herete. – Goodbye

Nai – Yes
Ohi – No

GREENLAND (*SELF-GOVERNING COUNTRY IN THE
KINGDOM OF DENMARK*)

Official Languages: Greenlandic (East Inuit), Danish, and English

Greetings in Greenlandic

Inuugujoq, kutta! – Hello!
Haluu! – Hey!
Qanoq-ipit? – How are you?
Kumoorn. – Good morning.
Takuss! – See you later!
Tikilluarit! – Welcome!
Qujanarsusq! – Thanks a lot!
Qujanaq! – Thanks!

Greetings in Danish

Hvordan gar det? – How are you?
Hallo! God dag – Hello!
God morgen. – Good morning (before roughly 10:00 or 11:00 AM)
God formiddag. – Good morning (after 10:00 or 11:00 AM, but before noon)
God aften. – Good evening.
God nat. – Good night.
Det var rart at mode dig. – Nice to meet you.
Farvel – Goodbye
Tak. – Thank you.
Ja – Yes
Nej – No

GRENADA

Official Language: English

Hello!
How are you?

**GUAM –TERRITORY OF GUAM (US ORGANIZED
TERRITORY)**

Official Languages: Chamorro and English

Hafa Adai! – Hello!

Hafa tatamanu hao? – How are you?

Buenas dihas or Oga'an Maolek. – Good morning.

Buenas tatdes or Talo'ānen Maolek. – Good afternoon.

Puengen Maolek. – Good evening.

Pupuengen Maolek or Buenas noches. – Good night.

Adios – Goodbye

GUATEMALA – REPUBLIC OF GUATEMALA

Official Language: Spanish

Hola. – Hello / Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.

Buenas tardes. – Good afternoon.

Buenas noches. – Good evening / good night.

Muchas gracias. – Thanks a lot.

Gracias! – Thank you!

De nada. – You're welcome.

Bienvenido! – Welcome!

Felicidades! – Congratulations!

Tenga un buen dia! – Have a good day!

Agradable encontrarte. – Nice to meet you.

Hasta luego – See you later.

Es un placer encontrarte. – It's a pleasure to meet you.

Si – Yes

No – No

**GUERNSEY – BAILIWICK OF GUERNSEY (BRITISH CROWN
DEPENDENCY)**

Official Languages: English (predominant). French (legislative)

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

GUINEA – REPUBLIC OF GUINEA

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientôt! – See you soon!

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Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

GUINEA-BISSAU – REPUBLIC OF GUINEA-BISSAU

Official Language: Portuguese

Olá – Hello

Oi! – Hi!

¿Como está? – How are you?

Paz – Peace

Estou bem, obrigado/a – I'm okay; thank you.

Bom dia. – Good morning.

Boa tarde. – Good afternoon.

Boa noite. – Good evening / good night.

Adeus – Goodbye!

Tenham um bom dia. – Have a nice day.

Prazer. – Pleased to meet you.

Tchau. – See you.

Ben-vindo! – Welcome!

Obrigado (males)/ **Obrigada** (females) – Thank you.

Muito obrigado/a – Thank you very much.

Sim – Yes

Não – No

GUYANA – CO-OPERATIVE REPUBLIC OF GUYANA

Official Language: English

Hello!

How are you?

HAITI – REPUBLIC OF HAITI

Official Languages: French, Haitian Creole

Greetings in Haitian Creole

Komon ou ye? – How are you?

N'ap boule! (Most common greeting and response) – Good!

Bonjou! – Good morning!

Bonswa! – Good afternoon! / evening! (Bonswa is typically said after 12:00 noon)

Bon nuit. – Good night.

Ba bay – Goodbye

Mesi – Thanks

Wi – Yes

Non – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) **ca va?** – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

HONDURAS – REPUBLIC OF HONDURAS

Official Language: Spanish

Hola. – Hello / Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.

Buenas tardes. – Good afternoon.

Buenas noches. – Good evening / good night.

Muchas gracias. – Thanks a lot.

Gracias! – Thank you!

De nada. – You're welcome.

Felicidades! – Congratulations!

Bienvenido! – Welcome!

Tenga un buen dia! – Have a good day!

Agradable encontrarte. – Nice to meet you.

Hasta luego – See you later.

Es un placer encontrarte. – It's a pleasure to meet you.

Si – Yes

No – No

**HONG KONG – HONG KONG SPECIAL ADMINISTRATIVE
REGION OF THE PEOPLE'S
REPUBLIC OF CHINA (AREA OF SPECIAL SOVEREIGNTY)**

Official Languages: Chinese and English

Ni hao! – Hello! / Hi!

Nei ho ma – Hello, how are you?

Zao shang hao. – Good morning.

Xia wu hao. – Good afternoon.

Wan shang hao. – Good evening.

Wan an. – Good night.

Zai jian – Goodbye

Zai jian – Bye!

Xie xie. – Thank you.

Hen gao xin ren shi ni. – Nice to meet you.

Shi – Yes

Bu shi – No

HUNGARY – REPUBLIC OF HUNGARY

Official Languages: Hungarian

Jó napot (literally Good day)
Kívánok, Szervusz, Szia – Hello
Hogy van? (Formal), **Hogy vagy?** (Informal) – How are you?
Jó reggelt. – Good morning.
Jó estét. – Good evening.
Jó éjszakát. – Good night.
Üdvözet! – Welcome!
A viszontlátásra. – Goodbye
Sok szerencsét kívánok! – Good luck!
Koszonom. – Thank you.
Örvendek / Örülök, hogy megismertelek. – Pleased to meet you.
Igen – Yes
Nem – No

ICELAND – REPUBLIC OF ICELAND

Official Language: Icelandic

Hallo – Hello
Komið þið sæl og blessuð. – Hello (to a group of people).
Hvernig hefur þu þao? – How are you?
Góðan daginn. – Good morning / afternoon.
Gott kvöld. – Good evening.
Góða nótt. – Good night.
Bless – Goodbye
Bæ – Bye
Gaman ao kynnast þer. – Nice to meet you.
Sjáumst. – See you later.
Takk fyrir. – Thank you very much
Takk! – Thank you!
Ja – Yes
Nei – No

INDIA – REPUBLIC OF INDIA

Official Languages: Hindi and English

Aap kaisey hain? – How are you?
Namstae! – Hello!
Suprabhaat! – Good morning.
Shubh sundhiyaa. – Good evening.
Shubh raarti. – Good night.
Aapse milkar khushii huyii. – Nice to meet you.
Alveeda! – Goodbye!
Dhanyavaad. – Thank you.
Ha – Yes
Nahi – No

INDONESIA – REPUBLIC OF INDONESIA

Official Language: Indonesian

As-salam alaikum. – Peace be upon you (Muslim greeting).
Halo! – Hello
Apa kabar? – How are you?
Selamat pagi. – Good morning.
Selamat siang. – Good day
Selamat sore. – Good evening.
Selamat malam. – Good night.
Senang bertemu anda. – Nice to meet you.
Selamat tinggal – Goodbye
Terima Kasih! – Thank you!
Ya – Yes
Bukan – No

IRAN – ISLAMIC REPUBLIC OF IRAN

Official Language: Persian

As-salam alaikum! – Peace be upon you!
Salam – Greetings or Hello
Hal-e shoma che towreh? – How are you?

Sobh beh'khayr. – Good morning.
Asr be kheir. – Good evening.
Shab be khayr. – Good night.
Az didane shomaa khosh haalam. – Nice to meet you.
Khoda Hafez – Goodbye
Enshallah. – God willing
Mamnoon am. – Thank you.
Aareh – Yes
Na – No

IRAQ – REPUBLIC OF IRAQ

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless! / Thanks God / Praise to God!
Salam – Hi / Hello / Peace
Marhaba! – Hello! / Hi!
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan! – Welcome!
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Tsharrafana. – Nice to meet you.
Shukran! – Thanks!
Na am – Yes
Laa – No

IRELAND – REPUBLIC OF IRELAND

Official Language: Irish and English

Dia Dhuit! – Hello! (Literal meaning is “God be with you”) the response to this greeting is **Dia is Muire Duit** [literally (May) God and (The Virgin) Mary be with you.]
Dia duit? – How do you do?
Go mbeannai Dia duit. – Pleased to meet you.
Bail ó Dhia ort! – The blessing of God on you!
Cad é mar atá tú? or **Conas atá tú?** – How are you?

Taim go maith. – I'm good.
Maidin mhaith. – Good morning.
Maith an lae. – Good evening.
Oiche nhaith – Good night.
Is orm e an t-onoir. – Nice to meet you.
Slan – Goodbye
Go raibh maith agat! – Thank you!
Tá fáilte romhat/roimh (singular/plural). – You're welcome (in response to "thank you").
Sea – Yes
Ni hea – No

ISLE OF MAN (BRITISH CROWN DEPENDENCY)

Official Languages: Manx and English

Dy banne diu, Ta shiu/oocheet! – Hello!
Hai – Hi
Kys t'ou? – How are you?
Bannaghtyn – Greetings, blessings
Moghrey mie. – Good morning.
Fastyr mie. – Good afternoon / good evening.
Oie vie. – Good night.
Gura mie ayd. – Thank you.
Aigh vie! – Good luck!
Slane Ihiat – Goodbye
Bai – Bye
S'mie Ihiam cheet dty whail. – Pleased to meet you.

ISRAEL – STATE OF ISRAEL

Official Languages: Hebrew and Arabic

Greetings in Hebrew

Shalom – Hello, goodbye, or peace
Ma shlomcha/shlomech? – How are you? (Male/female)
Ma nishma? – What's up?
Boker tov. – Good morning.
Erev tov. – Good evening.

L'hitra'ot. – See you soon.

Mazel Tov! – Good luck! / Congratulations!

Todah. – Thank you.

Greetings in Arabic

As-salam Alaikum – Peace be upon you!

Al hamdi allah – God Bless! / Thanks God / Praise to God!

Marhaba! – Hello! / Hi!

Salam – Hi / Hello / Peace

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.

Masaa al-khair. – Good afternoon / Good evening.

Maa alsalameh. – Goodbye (Peace be with you.)

Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!

Tsharrafana. – Nice to meet you.

Shukran! – Thanks!

Na am – Yes

Laa – No

ITALY – ITALIAN REPUBLIC

Official Language: Italian

Buon giorno – Hello!

Salve – Hi!

Ciao (informal) – Hello or goodbye

Come sta? – How are you?

Benvenuto! – Welcome!

Bene, grazie. – Fine, thank you.

Grazie – Thank you.

Buongiorno. – Good morning.

Buon Pomeriggio. – Good afternoon.

Buonasera. – Good evening.

Buona notte. – Good night.

Piacere di conoscerla. – Nice to meet you.

Arrivederci or Arrivederla – Goodbye

Si – Yes

No – No

JAMAICA

Official Language: English

Note: Native islanders typically speak in a regional Patois/Creole.

Greetings in Patois/ Creole

Komon ou ye? – How are you?

Bonzour – Hello

Bonjou. – Good morning.

Bonswa. – Good night.

Orewar – Goodbye

M kontan fè konesans ou. – Nice to meet you.

Mesi. – Thank you.

Wi – Yes

Non – No

JAPAN

Official Language: Japanese

Konnichiwa! – Hello!

O genki densu ka. – How are you?

Ohayou. – Good morning.

Konbanwa. – Good evening.

O yasumi nasai. – Good night.

Hajimemashite! – Nice to meet you!

Ja mata ne! – See you!

Yoi ichinichi wo! – Have a nice day!

O daiji ni. – Take care of yourself.

Sayonara – Goodbye

Baibai – Bye!

Arigatou. – Thank you.

Omedeto! – Congratulations!

Genki de ne! – Good luck

Hei – Yes

Iei – No

**JERSEY – BAILIWICK OF JERSEY (BRITISH CROWN
DEPENDENCY)**

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

JORDAN – HASHEMITE KINGDOM OF JORDAN

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless! / Thanks God / Praise to God!
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Tsharrafana. – Nice to meet you.
Shukran! – Thanks!

Na am – Yes

Laa – No

KAZAKHSTAN – REPUBLIC OF KAZAKSHTAN

Official Languages: Kazakh (State Language) and Russian

Greetings in Kazakh

Salamatsys, ba? – Hello, how are you?

Sälem! – Hello!

Qalynyz Kalai? – How are you?

Qayirli tan. – Good morning.

Qayirli kun. – Good afternoon.

Qayirli zhariq. – Good evening.

Qayrli tyn. – Good night.

Rrrrak-mit. – Thank you.

Saw boliniz. – Goodbye

Iske sat. – Good luck

Ee ah – Yes

Shoke – No.

Greetings in Russian

Strazdje! – Hello!

Privet! – Hi!

Kak dila? – How are you?

Zdravstvujte? – How do you do?

Dobroje utro. – Good morning.

Dobryj den'. – Good afternoon.

Dobryj vecher. – Good night.

Dobroj nochi. – Sweet dreams.

Strazdvoedje. – Nice to meet you.

Do svidanija. – See you later.

Spasiba! – Thank you!

Dasvidanja – Goodbye

Pakka! – Bye!

Da – Yes

Njet – No

KENYA – REPUBLIC OF KENYA

Official Languages: English and Kiswahili

Greetings in Kiswahili

Hujambo! – Hello

Karibu! – Welcome!

Habari yako? or Habari gani? – How are you? (When greeting a single person)

Habari zenu? or Habari gani? – How are you? (When greeting many people)

Habari ya asubuhi. – Good morning.

Habari ya mchana. – Good afternoon.

Habari ya jioni. – Good evening.

Usiku mwema. – Good night.

Nafurahi kukuona / Nimefurahi kukutana nawe. – Pleased to meet you.

Asante! – Thank you!

Kwaheri! – Goodbye

Ndio – Yes

Hapana! – No

KIRIBATI – REPUBLIC OF KIRIBATI

Official Languages: English and Gilbertese

Ko uara? – How are you?

Mauri – Hello

Mauri n te ingabong aei. – Good morning.

Mauri n te tairiki aei .– Good evening.

Tiabo – Goodbye

Ko rab’a. – Thank you.

Ko na mauri! – Greetings! (You will be well!)

Marurung. – Good health

Eng – Yes

Tiaki – No

**KOREA, NORTH – DEMOCRATIC PEOPLE’S REPUBLIC OF
KOREA**

Official Language: Korean

Anneyong hashimnikka. – Hello
Ottoshimikha? – How are you?
Annyong hashimnikha. – Good morning / good afternoon / good evening.
Anyong-hi jumushipshiyo. – Good night.
Annyonghi kashipshiyo. (to person leaving) – Goodbye / Go safely
Annoyonghi kyeshipshiyo (to person staying) – Goodbye
Soo Guh Heet Sahm Nee Dah. – You worked hard.
Kahn Sah Hahm Nee Dah. – Thank you.
Chuhn Mahn Eh Yo. – You’re welcome.
Mannaseo bangapseumnida. – Pleased to meet you.
Ne – Yes
Aniyo – No

KOREA, SOUTH – REPUBLIC OF KOREA

Official Language: Korean

Anneyong hashimnikka. – Hello
Ottoshimikha? – How are you?
Annyong hashimnikha. – Good morning / good afternoon / good evening.
Anyong-hi jumushipshiyo. – Good night.
Annyonghi kashipshiyo. (to person leaving) – Goodbye / Go safely
Annoyonghi kyeshipshiyo (to person staying) – Goodbye
Soo Guh Heet Sahm Nee Dah. – You worked hard.
Kahn Sah Hahm Nee Dah. – Thank you.
Chuhn Mahn Eh Yo. – You’re welcome.
Mannaseo bangapseumnida. – Pleased to meet you.
Ne – Yes
Aniyo – No

KOSOVO

Official Languages: Albanian, Serbian and English

Greetings in Albanian

Tungjatjeta – Hello

Si Jeni? – How are you?

Mirëmëngjes, si ke nje? – Good morning, how are you today?

Mirëmëngjes! – Good morning!

Mirëmbërëma! – Good evening!

Natën e mirë! – Good night!

Ditën e mirë! – Have a good day!

Mirupafshim – Goodbye

Falemnderit! – Thank you.

Paqe – Peace

Greetings in Serbian

Zdravo – Hello

Pozdravi – Greetings

Dobar dan! – Good day!

Jutro. – Good morning.

Dobro večë. – Good evening.

Laku noć. – Good night

Do videnja – Goodbye

Zbogom – Goodbye or farewell

KUWAIT – STATE OF KUWAIT

Official Language: Arabic

As-salam Alaikum – Peace be upon you!

Al hamdi allah – God Bless! / Thanks God / Praise to God!

Marhaba! – Hello! / Hi!

Salam – Hi / Hello / Peace

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.

Masaa al-khair. – Good afternoon / Good evening.

Maa alsalameh. – Goodbye (Peace be with you.)

Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!

Tsharrafana. – Nice to meet you.

Shukran! – Thanks!

Na am – Yes

Laa – No

KYRGYZSTAN – KYRGYZ REPUBLIC

Official Languages: Kyrgyz and Russian

Greetings in Kyrgyz

Salamatsyzby! – Hello!

Kandaysiz? – How are you? **Kutmanduu tangyngyz menen!** – Good morning!

Kutmanduu kechinqiz menen! – Good evening!

Kosh kalyng! – Goodbye

Rahmat! – Thank you!

Siz menen tanyshkanyma kubanychtumun! – Pleased to meet you!

Ooba – Yes

Jok – No

Greetings in Russian

Strazdje! – Hello!

Privet! – Hi!

Kak dila? – How are you?

Zdravstvujte? – How do you do?

Dobroje utro. – Good morning.

Dobryj den'. – Good afternoon.

Dobryj vecher. – Good night.

Dobroj nochi. – Sweet dreams.

Strazdvoedje. – Nice to meet you.

Spasiba! – Thank you!

Dasvidanja – Goodbye

Pakka! – Bye!

Do svidanija. – See you later.

Da – Yes

Njet – No

LAOS – LAO PEOPLE’S DEMOCRATIC REPUBLIC

Official Language: Lao

Sa bai dee. – Hello / Good morning / good afternoon / good evening.

Chao sa bai dee baw? – How are you?

Laew phob kan mai! – See you!

La kawn – Goodbye

Khawp chai. – Thank you.

Khoy dee chai lai thee dai phob chao. – I’m pleased to meet you.

Maen laeow/Doy/Eur – Yes

Baw – No

LATVIA – REPUBLIC OF LATVIA

Official Language: Latvian

Labdien! Ka jums klajas? – Hello! How are you?

Sveiki! – Hi!

Labrit! – Good morning!

Labdien! – Good day!

Labvakar! – Good evening!

Priecajos jus atkal redzet. – Glad to see you again.

Visu labu! – All the best!

Paldies! – Thank you!

Loti patikami! – Pleased to meet you!

Uzredzesanos – Goodbye / See you soon

Ata! – Bye!

Ja – Yes

Ne – No

LEBANON – REPUBLIC OF LEBANON

Official Language: Arabic

As-salam Alaikum – Peace be upon you!

Al hamdi allah – God Bless! / Thanks God / Praise to God!

Marhaba! – Hello! / Hi!

Salam – Hi / Hello / Peace

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.

Masaa al-khair. – Good afternoon / Good evening.

Maa alsalameh. – Goodbye (Peace be with you.)

Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!

Shukran! – Thanks!

Tsharrafana. – Nice to meet you.

Na am – Yes

Laa – No

LESOTHO

Official Languages: Sesotho and English

Dumela – Hello / Good morning / good afternoon / good evening.

U pheala joang/ O kae? – How are you?

Lumaka/Khotso. – Good morning.

Lumela/Khotso. – Good evening / good night

Ke thabela ho u tseba. – Nice to meet you.

Lebogega! – Welcome!

Sala gabotse! / Salang gabotse. – Goodbye, stays well, keep well (said to one person / said to several persons)

Ke o lakaletsa mohlohonolo. – Good luck.

Ke a leboga. – Thank you!

O tsamaye hantle. – Have a safe journey.

Eea – Yes

Che – No

LIBERIA – REPUBLIC OF LIBERIA

Official Language: English

Hello!

How are you?

**LIBYA – GREAT SOCIALIST PEOPLE’S LIBYAN ARAB
JAMAHIRIYA**

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless! / Thanks God / Praise to God!
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

LIECHTENSTEIN – PRINCIPALITY OF LIECHTENSTEIN

Official Language: German

Hallo – Hello
Wie Geht Es Ihnen? – How are you?
Guten Morgen. – Good morning.
Guten Tag. – Good afternoon.
Guten Abend. – Good evening.
Gute Nacht. – Good night.
Auf Wiedersehen – Goodbye
Tshuess – Bye
Nett, Sie kennen zu lernen. – Nice to meet you.
Willkommen – Welcome
Viel Glueck. – Good luck.
Mach’s Gut. – Take care.
Danke sehr. – Thank you.
Ja – Yes
Nein – No

LITHUANIA – REPUBLIC OF LITHUANIA

Official Language: Lithuanian

Sveikas! – Hi! (Man)
Sveika! – Hi! (Woman)
Sveiki! – Hi! (Men)
Sveikos! – Hi! (Women)
Labas! – Hello
Kaip jaučiatės? – How are you?
Labas rytas! Labą rytą! – Good morning!
Labas vakaras! Labą vakarą! – Good evening!
Laba diena! Labą dieną! – Good afternoon!
Malonu jus matyti. – Glad to see you.
Sveiki atvykę! – Welcome!
Viso! Ate! Iki (pasimatymo)! – See you soon!
Viso gero! Viso labo! – Goodbye!
Labos nakties! Labanakt! – Good night.

LUXEMBOURG – GRAND DUCHY OF LUXEMBOURG

Official Languages: French, German, and Luxembourgish

Greetings in Luxembourgish

Moien – Hello!
Wei geet et? – How are you?
Gudde Moien. – Good morning.
Gudde Metteg. – Good afternoon.
Gudden Owend. – Good evening.
Addi – Goodbye
Merci. – Thank you.

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J’espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

Greetings in German

Hallo – Hello
Wie Geht Es Ihnen? – How are you?
Guten Morgen. – Good morning.
Guten Tag. – Good afternoon.
Guten Abend. – Good evening.
Gute Nacht. – Good night.
Auf Wiedersehen – Goodbye
Tshuess – Bye
Nett, Sie kennen zu lernen. – Nice to meet you.
Viel Glueck. – Good luck.
Mach’s Gut. – Take care.
Danke sehr. – Thank you.
Willkommen – Welcome
Ja – Yes
Nein – No

MACAO – MACAO SPECIAL ADMINISTRATIVE REGION OF THE PEOPLE’S REPUBLIC OF CHINA (AREA OF SPECIAL SOVEREIGNTY)

Official Languages: Chinese and Portuguese

Greetings in Chinese Cantonese

Nei ho ma? – How are you?
Heng wui. – Nice to meet you.
Yat loh suun fung! – Bon Voyage!

Gung hei – Congratulations
Gei ho – Fine
Jo sun. – Good morning.
M on. – Good afternoon.
Maan on. – Good evening.
Jo tau. – Good night.
Joi geen / bai bai – Goodbye / Bye bye
Dor je. – Thank you. / thanks

Greetings in Portuguese

Olá – Hello
Oi! – Hi!
¿Como está? – How are you?
Paz – Peace
Estou bem, obrigado/a – I'm okay; thank you.
Bom dia. – Good morning.
Boa tarde. – Good afternoon.
Boa noite. – Good evening / good night.
Adeus – Goodbye!
Tenham um bom dia. – Have a nice day.
Prazer. – Pleased to meet you.
Tchau. – See you.
Ben-vindo! – Welcome!
Obrigado (males)/ **Obrigada** (females) – Thank you.
Muito obrigado/a – Thank you very much.
Sim – Yes
Não – No

MACEDONIA – REPUBLIC OF MACEDONIA

Official Languages: Macedonian and Albanian

Greetings in Macedonian

Zdravo! – Hello!
Pozdravi! – Greetings!
Kako ste? – How are you? / How do you do?
Dobro utro! – Good morning!
Dobar den! – Good afternoon!
Dobrovecher! – Good evening!
Dobra nokj! – Good night!
Prijatno! – Have a nice day! / Goodbye!

Doviduvanje! – Goodbye!
Zbogum! – Farewell!
Mnogu dobro! – Very well!
Blagodaram! – Thank you!

Greetings in Albanian

Tungjatjeta – Hello (literally, “Long life to you.”)
Mirëdita! – Good afternoon!
Mirëmbrema! – Good evening!
Natën e mirë! – Good night!
Ditën e mirë! – Have a nice day!
Mirupafshim! – Good bye!
Lamtumirë! – Farewell!
Falemnderit! – Thank you!

MADAGASCAR – REPUBLIC OF MADAGASCAR

Official Language: Malagasy

Manhoana or Mankory or Akory – Hello / How are you? / Good morning / good afternoon / good evening.
Veloma – Goodbye
Soava dia! – Bon Voyage!
Tsara fa misaotra. – Fine, Thank you!
Misaotra! – Thank you!
Azafady kely e! – Excuse me!
Faly mahalla anao. – Nice to meet you.
Mandra-pihaona! – See you!
Arahabaina! – Congratulations!
Eny – Yes
Tsia – No

MALAWI – REPUBLIC OF MALAWI

Official Languages: English and Chichewa

Moni! – Hello!
Amayi – How are you?

Zikomo. – Thank you.
Nda pita – Goodbye (I'm going.)
Tionana – Goodbye
Yendani bwino. – Have a nice journey.
Mwadzuka bwanji! – Good morning!
Mwasewala bwanji! – Good afternoon!
Mwachoma bwanji! – Good evening!)
Gonani bwino or Mugone bwino! – Good night! (Literally, "Sleep well!")
Zikomo kwambili. – Thank you very much.
Ndili bwino. Kaya inu? Kaya anzathu? – Fine, thank you. And you?
Tsalani bwino, sukani bwino. Kanlani bwino! – Stay well!

MALAYSIA

Official Language: Malay

Helo – Hello!
Hai – Hi!
Apa khabar? – How are you?
Selamat Tinggal or Selamat Jalan. – Have a good trip (or goodbye).
Selamat pagi. – Good morning.
Selamat tengah hari. – Good afternoon (Noon – 2:00 PM).
Selamat petang. – Good afternoon (2:00 – 7:00 PM).
Selamat malam. – Good evening / night.
Selamat bertemu. – Nice to meet you.
Selamat datang! – Welcome!
Sila masuk. – Please come in.
Terima kasih! – Thank you!
Ya – Yes
Tidak – No

MALDIVES – REPUBLIC OF MALDIVES

Official Language: Dhivehi

Assalaamu Alaikum! – Hello!
Kihineh? – How are you?
Rangalhu – Good
Baajja very hendhuneh! – Good morning!

Baajja very haveereh! – Good evening!

Shukuriyaa! – Thank you!

Dhanee! – Goodbye!

Aasn – Yes

Noon – No

MALI – REPUBLIC OF MALI

Official Language: French

Note: Bambara 80 percent of the population speaks it as a first or second language.

Greetings in Bambara

I n ice! – Hello!

I ka kɛnɛ wa? – How are you? (Are you well?) (To one person)

Aw ka kɛnɛ? – How are you? (Are you well?) (To more than one person)

Aw ni s_g_ma (several persons around), **i ni s_g_ma** (1 person) – Good morning.

Aw ni tile, i ni tile. – Good afternoon.

Aw ni wula, i ni wula. – Good evening.

Aw ni su, i ni su. – Good night.

Ka su hɛɛrɛ! – Good night! (to sleep)

K'an bɛn! – Goodbye!

I ni ce. – Thank you.

Awò – Yes

Ayi – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye
A bientôt! / J'espere te revoir bientôt! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

MALTA – REPUBLIC OF MALTA

Official Language: Maltese

Merhba! – Hello! / Welcome!
Kif intkom? – How are you?
Sliem ghalik or is-sliem. – Peace be with you or peace
Sahha – Cheers / Goodbye (literally, “Good health.”)
L-ghodwa t-tajba. – Good morning.
Is-serata t-tajba. – Good evening.
Il-lejl it-tajieb. – Good night.
Bongu. – Good day
Sahha – Bye
Grazzi. – Thank you.
Iva – Yes
Le – No

MARSHALL ISLANDS – REPUBLIC OF THE MARSHALL ISLANDS

Official Language: Marshallese

Yokwe – Hello / Goodbye
Ej et am mour? – How are you?
Yok we in jibbon. – Good morning.
Yok we in raelep. – Good afternoon.
Yok we in jota. – Good evening.
Bar yok we. – Good night.
Kommol tata. – Thank you very much.
Kin jouj. – You're welcome.

Aet – Yes
Jaab – No
Ebwe – Okay

MAURITANIA – ISLAMIC REPUBLIC OF MAURITANIA

Official Language: Hassaniya Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (man) / **Kayf haalik?** (woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

MAURITIUS – REPUBLIC OF MAURITIUS

Official Languages: English

Recognized regional Languages: Mauritian Creole spoken 80% of population.

Greetings in Mauritian Creole

Bonzour – Hello (good day)
Bon apre midi – Hello (Good afternoon)
Bonzour, ki manyer? – Hello, how are you?
Ki maniere? – How are you?
Bonswar. – Good evening.
Mo kontan monne zwin u or mo kontan fi nn zwin u. – Please to meet you.
Si ouple – Please

Mersi. – Thank you.
Mo truve twa talere – See you later.
Orewar – See you

MAYOTTE – DEPARTMENT COLLECTIVITY OF MAYOTTE
(FRENCH OVERSEAS COLLECTIVITY)

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

MEXICO – UNITED MEXICAN STATES

Official Language: Spanish

Hola. – Hello / Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.

Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

MICRONESIA – FEDERATED STATES OF MICRONESIA

Official Language: English

Hello!
How are you?

MOLDOVA – REPUBLIC OF MOLDOVA

Official Language: Moldovan

Alo / Hei! / Noroc! – Hello!
Ce mai faci? – How are you?
Bună dimineța – Good morning
Bună ziua – Good afternoon
Bună seara – Good evening
Noapte bună – Good night
Bun venit – Welcome
La revedere – Goodbye
Pa or Servus – Bye
Mulțumesc mult – Thank you very much
Mulțumesc – Thank you!
Încântat or lmi pare bine- Nice to meet you
Da – Yes
Nu – No

MONACO – PRINCIPALITY OF MONACO

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

MONGOLIA

Official Language: Mongolian

Sain by noo or Sain'uu– Hello

Sonin yu baina ve? – How are you?

Yasan be? – What's up?

Uglunii mend – Good morning

Udrin mend – Good afternoon

Orai mend – Good night

Saikhthan untaarai – Good night (sleep)

By yar tai – Goodbye

By yar la – Thank you

Team – Yes

Oo-Gwee – No

MONTENEGRO – REPUBLIC OF MONTENEGRO

Official Language: Serbian/Montenegrin

Zdravo – Hello!
Kako ste– How are you?
Zdaravo kako si – Hello, how are you
Dobro jutro – Good morning
Dobar dan – Good day
Dobro veče – Good evening / Good night
Laku noć – Good night (to sleep)
Dovidjenja – Goodbye
Drago mi je. – Pleased to meet you.
Hvala – Thank you
Da – Yes
Ne – No

MONTSERRAT (UK OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

MOROCCO – KINGDOM OF MOROCCO

Official Language: Arabic

Greetings in Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless! / Thanks God / Praise to God!
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!

Shukran! – Thanks!

Tsharrafana. – Nice to meet you.

Na am – Yes

Laa – No

French (Nevertheless, due to its close relationship with France in times past, almost all of the Moroccan population speak French.)

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientôt! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

MOZAMBIQUE – REPUBLIC OF MOZAMBIQUE

Official Language: Portuguese

Olá – Hello

Oi! – Hi!

¿Como está? – How are you?

Paz – Peace

Estou bem, obrigado/a – I'm okay; thank you.

Bom dia. – Good morning.

Boa tarde. – Good afternoon.
Boa noite. – Good evening / good night.
Adeus – Goodbye!
Tenham um bom dia. – Have a nice day.
Prazer. – Pleased to meet you.
Tchau. – See you.
Ben-vindo! – Welcome!
Obrigado (males)/ **Obrigada** (females) – Thank you.
Muito obrigado/a – Thank you very much.
Sim – Yes
Não – No

MYANMAR – UNION OF MYANMAR

Official Language: Burmese

Min ga la ba / Nei kanon ye la – Hello!
Nei kaon la? – How are you?
Mingalaba – Good morning
Eigh douh meh – Good night (to sleep)
Twe ya da wanta ba de – Nice to meet you.
Thwa dau me – Goodbye
Kyeizu tin ba de. – Thank you
Ho de – Yes
Ma ho bu – No

NAGORNO-KARABAKH – NAGORNO-KARABAKH REPUBLIC ARMENIAN

Official Language: Armenian

Greetings in Eastern Armenian

Barev – Hello
Bari lowys – Good morning

Bari òr – Good afternoon
Bari ereko – Good evening
Bari gişer – Good night
Neroğowt'iown – Excuse me
Xndrem – Please
Şat şnorhakał em – Thank you very much
Şnorhakał em – Thank you
Bari galowst – Welcome
C'tesowt'iown – Goodbye
Ayo – Yes
No -Oč
Es sirowm em k'ez - I love you

Greetings in Western Armenian

Parev – Hello
Pari lowys – Good morning
Pari òr – Good afternoon
Parirgown / Pari irigown – Good evening
Kişer pari – Good night
Neroğowt'iown – Excuse me
Xntrem – Please
Şad şnorhagał em – Thank you very much
Şnorhagał em – Thank you
Pari egar/ Pari egak – Welcome
C'desowt'iown – Goodbye
Ayo – Yes
Oč – No

NAMIBIA – REPUBLIC OF NAMIBIA

Official Language: English

Note: Afrikaans (Mainly spoken language of about 60 percent of the population)

Greetings in Afrikaans

Dag / Goeie / Hallo – Hello
Hoe gaan dit? – How are you?
Goeie more – Good morning
Goeie dag – Good day

Goeie naand – Good evening
Goeie nag – Good night
Aangename kennis – Nice to meet you.
Totsiens – Goodbye
Dankie – Thank you
Ja – Yes
Nee – No

NAURU – REPUBLIC OF NAURU

Official Language: English and Nauruan

Hello!
How are you?

NEPAL – STATE OF NEPAL

Official Language: Nepali

Namaste – Hello / “I salute to God within you.”
Sanchi cha? – How are you?
Subha Prabhat – Good morning
Subha ratri – Good night
Dhanyabaad – Thank you
Namaskaar – Goodbye
Tata – Bye bye
Hajur – Yes
Chaina – No

NETHERLANDS – KINGDOM OF THE NETHERLANDS

Official Language: Dutch

Hallo! – Hello!
Hoe gaat het met je? – How are you?
Goedemorgen – Good morning

Goede middag – Good afternoon
Goede nachtrust – Good night
Goeienavond – Good evening
Goede dag! – Good day!
Dank u – Thank you
Blij om je te ontmoeten. – Pleased to meet you.
Welkom! – Welcome!
Afscheid – Goodbye
Ja – Yes
Nee – No

**NETHERLANDS ANTILLES (SELF-GOVERNING COUNTRY
 IN THE KINGDOM OF THE NETHERLANDS)**

Official Language: Dutch

Hallo! – Hello!
Hoe gaat het met je? – How are you?
Goedemorgen – Good morning
Goede middag – Good afternoon
Goede nachtrust – Good night
Goeienavond – Good evening
Goede dag! – Good day!
Afscheid – Goodbye
Blij om je te ontmoeten. – Pleased to meet you.
Welkom! – Welcome!
Dank u – Thank you
Ja – Yes
Nee – No

**NEW CALEDONIA – TERRITORY OF NEW CALEDONIA
 (FRENCH COMMUNITY SUI GENERIS)**

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

NEW ZEALAND

Official Languages: English, Maori and NZ Sign language

Greetings in Maori

Kia ora tatou — Hello everyone
Kia ora — Hello
Tena koe — Greetings to you (said to one person)
Tena koutou — Greeting to you all
Haere mai / Nau mai — Welcome
Kei te pehea koe? — How's it going?
Kei te pai — Good
Ka kite ano — Until I see you again (Bye)
Haere ra — Farewell

NICARAGUA – REPUBLIC OF NICARAGUA

Official Language: Spanish

Hola. – Hello/ Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.

Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

NIGER – REPUBLIC OF NIGER

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

NIGERIA – FEDERAL REPUBLIC OF NIGERIA

Official Language: English

Recognized regional languages: Hausa, Igbo and Yoruba

Salaafa ni/ Sedaadaa ni? – How are you?

Bawo ni n nkan? – How is everything?

Ku aro – Good morning

Ku' osan – Good afternoon

Ku irole – Good evening

O di aro – Good night

O t'oyo meta – Long time no see!

Odabo – Goodbye

Jo – Please

O se – Thank you

Be ni – Yes

Oti – No

Greetings in Hausa

As-salam-Aleikum – Peace be upon you!

Sannu / A gaishai ka – Hello

Kana Lahiya (addressing males) / **Kina Lahiya** (addressing females) – How are you?

Ya ya komi da komi – How is everything?

Ina kwana – Good morning

Barka da yamma – Good evening

Allah ya ba mu alheri – Good night

)Sannu da zuwa – Welcome!

Sai an jima – Goodbye

I na farin cikin haduwa da kai – Nice to meet you.

Na gode – Thank you!

Eh – Yes

A'a – No

Greetings in Igbo

Kedu Ka di – How are you?

Kedu ka ihe di? – How is everything?

Ibolachi – Good morning

Ezigbo ehihi – Good afternoon

Mgbede Oma – Good evening

Kachifo – Good night

Dalu – Thank you

NIUE (ASSOCIATED STATE OF NEW ZEALAND)

Official Language: Niuean and English

Fakaalofa atu – Hello!
Malolo nakai a koe? – How are you?
Fakaalofa lahi atu – Welcome!
To feleveia – Goodbye
Fakaaue lahi mahaki – Thank you very much
Fakaaue / Ha ia – Thank you!

NORFOLK ISLAND – TERRITORY OF NORFOLK ISLAND
(AUSTRALIAN OVERSEAS TERRITORY)

Official Language: English and Norfuk

Wataweih – Hello, how are you?
All yorlye gwen? (general greeting to a group) – How are you all?
Welkam – Welcome
Cooshoo! – Good!

NORTHERN CYPRUS – TURKISH REPUBLIC OF
NORTHERN CYPRUS

Official Language: Turkish
Second Language: English

Merhaba – Hello! / Hi!
Nasılsınız? – How are you?
Selamünaleyküm – May God's peace be upon you
İnşallah – If God wills
Allah rahatlık versin – May God give you peace and comfort.
Gunaydin – Good morning
İyi akşamlar – Good evening
İyi geceler – Good night
İyi günler – Have a good day
Günaydın – Good day
Hoş geldiniz, Hoş bulduk – Welcome

Güle güle – Goodbye
İyi yolculuklar / Hayırlı yolculuklar – Have a nice journey
İyi eğlenceler – Have a nice time
İyi şanslar – Good luck
Teşekkür ederim, Sağolun – Thank you
Evet / Tamam / Peki – Yes
Hayır/ Olmaz/ Yo – No

NORTHERN IRELAND

Official Languages: English, Irish Gaelic, and Ulster Scots

Greetings in Irish

Dia Dhuit – Hello! (Literal meaning is “God be with you”) the response to this greeting is **Dia is Muire Duit** [literally (May) God and (The Virgin) Mary be with you.]

Dia duit – How do you do?

Go mbeannai Dia duit – Pleased to meet you.

Bail ó Dhia ort – The blessing of God on you!

Cad é mar atá tú or **Conas atá tú ?** – How are you?

Taim go maith – I’m good.

Maidin mhaith – Good morning

Maith an lae. – Good evening

Oiche nhaith – Good night

Is orm e an t-onoir – Nice to meet you.

Slan – Goodbye

Go raibh maith agat – Thank you!

Tá fáilte romhat/roimh (singular/plural). – You’re welcome (in response to “thank you.”)

Sea – Yes

Ni hea – No

Greetings in Ulster Scots

Hi ye daen! – Hello!

Whut about ye? – How are you?

Ir ye weel? – Are you well?

Cheers / Thanks – Thanks / Thank you

NORTHERN MARIANA ISLANDS – COMMONWEALTH
OF THE NORTHERN MARIANA ISLANDS (US
COMMONWEALTH)

Official Languages: English, Chamorro, and Carolinian

Greetings in Chamorro

Hâfa adai – Hello!

Hâfa tatatmanu hao? – How are you?

Buenas días. – Good morning

Buenas noches. – Good night

Buenas tatdes – Good evening

Asta agupa'. – Good night (see you tomorrow)

Si Yu'us ma'ase – Thank you

Buen probechu. – You're welcome

Adiós. – Goodbye

NORWAY – KINGDOM OF NORWAY

Official Language: Norwegian

Hei. / Hallo! – Hei / Hello!

Hvordan har du det? – How are you?

God morgen. – Good morning.

God kveld. – Good evening.

God natt. – Good night.

Lykke til – Best wishes or Good luck

Hilsen – Greetings!

Det var godt å se deg – It was good to see you.

Det var hyggelig/hyggeleg å treffe deg – It was nice seeing/meeting you.

Ha det bra! / Farvel – Goodbye

Takk. – Thank you.

Ja. – Yes

Nei. – No

OMAN – SULTANATE OF OMAN

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

PAKISTAN – ISLAMIC REPUBLIC OF PAKISTAN

Official Languages: Urdu (national), English (official)

As-salaam- Alaykum – Peace be upon you. / Hello
Salam! – Hi!
Kya Hal Hai? – How are you?
Salam Aleikum / Subha Ba-khair! – Good morning
Salam Alekum – Good evening
Salem Walekum / Shab Bakhair! – Good night
Khush Aamdeed – Welcome
Khuda Hafi z – GoodBye!
Bahut Bahut Shukriya! – Thank you! (Very much)
Main theek Hun, Shukriya! – I'm fine, thanks!
Accha / Kuch Theek – Good/ So-so
Maze Karein – Enjoy
Aap Se Milker Khushi Huwi! – Nice to meet you!
Phir Milaiyin ge! – See you later!
Allah Ka Fazal Ho – Good luck!
Mubarak – Congratulations
Haan – Yes
Nahi – No

PALAU – REPUBLIC OF PALAU

Official Languages: English and Palauan

Alii – Hello!
Ke ua ngerang? – How are you?
Ungil tutau. – Good morning
Ungil chodechosong. – Good afternoon
Ungil kebesengei. – Good evening
Mechikung – Goodbye
Sulang. – Thanks
Ke kmal mesaul. – Thank you
Ng diak. – No
Choi, O’ Oi – yes

PALESTINE – OCCUPIED PALESTINE TERRITORIES

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

PANAMA – REPUBLIC OF PANAMA

Official Language: Spanish

Hola. – Hello / Hi

¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

PAPUA NEW GUINEA – INDEPENDENT STATE OF PAPUA NEW GUINEA

Official Languages: English, Tok Pisin, and Hiri Motu

Greetings in Tok Pisin

Gude – Hello
Yu stap gut? – How are you?
Moning/Moning tru/Moning nau – Good morning
Apinum – Good Afternoon
Gut nait. – Good night
Gutpela long bungim yu – Nice to meet you.
Tenkyu – Thank you
Mipela welkum yupela – Welcome
Gutbai – Goodbye
Yes – Yes
Nogat – No

Greetings in Hiri Moto

Dada namona – Hello / Good morning
Handorai namona – Good afternoon
Tanakiu – Thank you

PARAGUAY – REPUBLIC OF PARAGUAY

Official Languages: Spanish and Guarani

Greetings in Spanish

Hola. – Hello/ Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.

Buenas tardes. – Good afternoon.

Buenas noches. – Good evening / good night.

Muchas gracias. – Thanks a lot.

Gracias! – Thank you!

De nada. – You're welcome.

Bienvenido! – Welcome!

Felicidades! – Congratulations!

Tenga un buen dia! – Have a good day!

Agradable encontrarte. – Nice to meet you.

Hasta luego – See you later.

Es un placer encontrarte. – It's a pleasure to meet you.

Si – Yes

No – No

Greetings in Guarani

Mba'eichapa – Hello!

Mba'éichapa reiko? – How are you?

Mba'éichapa ne ko'è – Good morning

Mba'éichapa ndepyhare – Good evening

Mba'éichapa nde asaje? – Good afternoon

Aguyjevete ndéve – Thank you

Che roryete roikuaávo – I'm very glad to meet you.

Tapeguahe poraite – Welcome

Jajoechajevypeve – Goodbye

PERU – REPUBLIC OF PERU

Official Languages: Spanish and Quechua

Greetings in Spanish

Hola. – Hello / Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

Greetings in Quechua

Rimaykullayki / Napaykullayki – Hello
Ima hinalla? – How are you?
Rikunakusun – Goodbye
Windia – Good morning
Añay – Thank you

PHILIPPINES – REPUBLIC OF THE PHILIPPINES

Official Languages: English and Filipino (Tagalog)

Hello! – Hello!
Kumusta? – How are you?
Magandang umaga – Good morning
Magandang tanghali / Magandang hapon – Good afternoon
Magandang gabi – Good evening
Mabuhay! – Welcome
Paalam – Goodbye
Maligayang bati! – Congratulations!
Salamat – Thank you
Oo – Yes
Hindi – No

**PITCAIRN ISLANDS – PITCAIRN, HENDERSON, DUCIE,
AND OENO ISLANDS (UK OVERSEAS TERRITORY)**

Official Languages: English and Pitkern

Wut-a-way you. – Good day!
What a way ya? – How are you?
I glad to meet yorley. – I'm glad to meet you
Cooshoo! – Good!
Toby – Goodbye!

POLAND – REPUBLIC OF POLAND

Official Language: Polish

Cześć/ Dzień dobry – Hi / Hello!
Jak sie masz – How do you do?
Dzień dobry – Good morning/Afternoon (good day)
Dobry wieczór – Good evening
Dobranoc – Good night
Miłego dnia – Have a nice day
Do widzenia – Goodbye
Dobra robota! – Good job!
Dziękuję – Thank you!
Bardzo mi miło – Pleased to meet you.
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Do zobaczenia – See you later
Tak – Yes
Nie – No

PORTUGAL – PORTUGUESE REPUBLIC

Official Language: Portuguese

Olá – Hello
Oi! – Hi!
¿Como está? – How are you?
Paz – Peace

Estou bem, obrigado/a – I'm okay; thank you.
Bom dia. – Good morning.
Boa tarde. – Good afternoon.
Boa noite. – Good evening / good night.
Adeus – Goodbye!
Tenham um bom dia. – Have a nice day.
Prazer. – Pleased to meet you.
Tchau. – See you.
Ben-vindo! – Welcome!
Obrigado (males)/ **Obrigada** (females) – Thank you.
Muito obrigado/a – Thank you very much.
Sim – Yes
Não – No

PUERTO RICO – COMMONWEALTH OF PUERTO RICO (US COMMONWEALTH)

Official Languages: Spanish and English

Hola. – Hello / Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Hasta luego – See you later.
Es un placer encontrarte. – It's a pleasure to meet you.
Si – Yes
No – No

QATAR – STATE OF QATAR

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

ROMANIA

Official Language: Romanian

Salut – Hello!
Ce mai faci? – How are you?
Bună dimineața – Good morning
Incantat – Nice to meet you.
Multumesc – Thank you!
La revedere – Goodbye
Bună ziua – Good day
Bună seara – Good evening
Da – Yes
Nu – No

RUSSIA – RUSSIAN FEDERATION

Official Language: Russian

Strazdje! – Hello!
Privet! – Hi!
Kak dila? – How are you?
Zdravstvujte? – How do you do?
Dobroje utro. – Good morning.
Dobryj den’. – Good afternoon.
Dobryj vecher. – Good night.
Dobroj nochi. – Sweet dreams.
Strazdvoedje. – Nice to meet you.
Spasiba! – Thank you!
Dasvidanja – Goodbye
Pakka! – Bye!
Do svidanija. – See you later.
Da – Yes
Njet – No

RWANDA – REPUBLIC OF RWANDA

Official Languages: Kinyarwanda, French, and English

Greetings in Kinyarwanda

Muraho – Hello!
Amakuru – How are you?
Mwaramutse – Good morning
Mwiriwe – Good afternoon
Ijoro Rwizza – Have a good night
Umunsi Mwizza – Have a good day
Urakaza – Welcome!
Murabeho – Goodbye!
Murakoze – Thank you
Yego – Yes
Oya – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?

(comment) **ca va?** – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

**SAINT BARTHELEMY COLLECTIVITY OF SAINT
BARTHELEMY (FRENCH OVERSEAS COLLECTIVITY)**

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) **ca va?** – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

SAINT HELENA (UK OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

**SAINT KITTS AND NEVIS – FEDERATION OF SAINT
CHRISTOPHER AND NEVIS**

Official Language: English

Hello!
How are you?

SAINT LUCIA

Official Languages: English and French Creole

Komon ou ye? – How are you?
Bonjou! – Good morning!
Bonswa! – Good afternoon!/Evening! (used after 11 AM)
N'ap boule! – (Most common greeting and response) – Good
Wi – Yes
Non – No
Mesi – Thanks

SAINT MARTIN – COLLECTIVITY OF SAINT MARTIN
(FRENCH OVERSEAS COLLECTIVITY)

Official Language: Dutch

Hallo! – Hello!
Hoe gaat het met je? – How are you?
Fijn, dank u – Fine, thank you.

Dank u – Thank you
Blij om je te ontmoeten. – Pleased to meet you.
Welkom! – Welcome!
Goedemorgen – Good morning
Goede middag – Good afternoon
Goeienavond – Good evening
Goede nachtrust – Good night
Goede dag! – Good day!
Afscheid – Goodbye
Ja – Yes
Nee – No

SAINT PIERRE AND MIQUELON –TERRITORIAL
COLLECTIVITY OF SAINT PIERRE AND MIQUELON
(FRENCH OVERSEAS COLLECTIVITY)

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientôt! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

SAINT VINCENT AND THE GRENADINES

Official Language: English

Hello!

How are you?

SAMOA – INDEPENDENT STATE OF SAMOA

Official Languages: Samoan and English

Talofa – Hello! / Good morning

‘O a mai ‘oe? – How are you?

Ua ou fi afi a ua ta teiloai – I’m very pleased to meet you.

Tofu Soifua – Goodbye

Fa’afetai tele – Thank you

Ioe – Yes

Leai – No

SAN MARINO – MOST SERENE REPUBLIC OF SAN MARINO

Official Language: Italian

Buon giorno – Hello!

Salve – Hi!

Ciao (informal) – Hello or Goodbye

Come sta? – How are you?

Bene, grazie. – Fine thank you.

Buongiorno – Good morning

Buon Pomeriggio – Good afternoon

Buonasera – Good evening

Buona notte – Good night

Benvenuto – Welcome!

Arrivederci or Arrividerla – Goodbye

Grazie – Thank you

Piacere di conoscerla – Nice to meet you

Si – Yes

No – No

SÃO TOMÉ AND PRÍNCIPE – DEMOCRATIC REPUBLIC OF
SÃO TOMÉ AND PRÍNCIPE

Official Language: Portuguese

Olá – Hello
Oi! – Hi!
¿Como está? – How are you?
Paz – Peace
Estou bem, obrigado/a – I'm okay; thank you.
Bom dia. – Good morning.
Boa tarde. – Good afternoon.
Boa noite. – Good evening / good night.
Tenham um bom dia. – Have a nice day.
Tchau. – See you.
Prazer. – Pleased to meet you.
Ben-vindo! – Welcome!
Adeus – Goodbye!
Obrigado (males)/ **Obrigada** (females) – Thank you.
Muito obrigado/a – Thank you very much.
Sim – Yes
Não – No

SAUDI ARABIA – KINGDOM OF SAUDI ARABIA

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

SCOTLAND

Official Language: English

Hello!

How are you?

SENEGAL – REPUBLIC OF SENEGAL

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

SERBIA – REPUBLIC OF SERBIA

Official Language: Serbian

Greetings in Serbian

Zdravo! – Hello!

Kako ste? – How are you?

Dobro jutro – Good morning
Dobar dan – Good afternoon
Dobro več – Good evening
Laku nocce – Good night
Drago mi je. – Pleased to meet you.
Dovidenja – Goodbye
Hvala lepo – Thank you very much
Hvala – Thank you
Da – Yes
Ne – No

SEYCHELLES – REPUBLIC OF SEYCHELLES

Official Languages: French and English

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

SIERRA LEONE – REPUBLIC OF SIERRA LEONE

Official Language: English

Hello!

How are you?

SINGAPORE – REPUBLIC OF SINGAPORE

Official Language: English, Mandarin (Chinese), Malay, Tamil

Greetings in Mandarin

Ni hao – Hello / Hi

Ni hao ma? – How are you?

Zao an – Good morning

Wanshang hao – Good evening

Wan an – Good night

Huanying guanglin – Welcome!

Zai jian – Goodbye!

Hen gaozing renshi ni – Nice to meet you.

Xiexie – Thank you!

Shi – Yes

Bu – No

Greetings in Malay

Selamat / Helo – Hello!

Selamat datang – Welcome (used as greeting)

Apa khabar? – How are you? or What's up (literally, "What news?")

Selamat pagi – Good morning

Selamat petang – Good afternoon/evening (note that *Selamat petang* must not be used at night as in English. For a general greeting, use *Selamat sejahtera*)

Selamat malam – Good night

Selamat sejahtera – Greetings

Selamat jalan – Have a safe journey (equivalent to "goodbye" used by the party staying)

Selamat tinggal – Goodbye (Good stay, used by the party going)

Terima kasih – Thank you

Jumpa lagi – See you again

Ya – Yes

Tidak – No

Greetings in Tamil

Vaazhga! – Welcome! (To greet someone)

Alo! – Hi

Eppati irukkinga? Or Nalamaa? – How are you?

Kaalai Vanakkam – Good morning

Maalai Vanakkam – Good evening

Iravu vanakkam – Good night

Vanakkam, Vaanga! – Good wishes, please come

Ungalai santhithathil magizhchi or **Magizhchi!** – Nice to meet you.

Apram paarkalame! – See you later!

Poitur varen! – Goodbye

Romba Nandri – Thanks

SLOVAKIA – SLOVAK REPUBLIC

Official Language: Slovak

Ahoj! Nazdar! – Hello! Hi!

Ako sa mas? Asko sa mate? – How are you?

Dobré rano. – Good morning

Dobry Den – Good day

Dobre popoludnie – Good afternoon

Dobry vecer – Good evening

Dobru noc – Good night

Vitaj, Vitajte. – Welcome

Dovidenia – Goodbye

Vela stastia – Good luck

Dakujem. – Thank you

SLOVENIA – REPUBLIC OF SLOVENIA

Official Language: Slovenian / Slovene

Zdravo / civijo – Hello! Hi!

Kako si? – How are you?

Dobro jutro – Good morning

Dober dan – Good day

Dober vecer – Good evening

Lahko noc – Good night

Dobrodo cli / Pozdravljeni (usually for groups) – Welcome
Lepo, da sva se spoznala. – Nice to meet you.
Lepo se imejte. / Lepo se imej. – Have a good/nice time.
Zdravo. / Civijo. / Adijo – Bye!
Na svidenje. – Goodbye
Srecno – Good luck
Hvala – Thank you
Da – Yes
Ne – No

SOLOMON ISLANDS

Official Language: English

Hello!
How are you?

SOMALIA

Official Language: Somali

Assalam Alaikum – Peace be upon you.
Hayye / Nabad– Hello!
Subah wanaagsan – Good morning
Galab wanaagsan – Good afternoon
Habeeb wanaagsan – Good night
Nabadeey – Goodbye
Mahdsanid – Thank you

SOUTH AFRICA

Official Language: Afrikaans, English, Ndebele, Northern Sotho, Sotho, Swati, Tsonga, Tswana, Venda, Xhosa, Zulu.

Note: Common language spoken at home by South Africans is Zulu.

Greetings in Zulu

Sawubona (singular)/ Sanibonani (plural) – Hello! General greeting used for Good morning, Good afternoon, and Good evening.

Unjani? (singular) / Ninjani? (Plural) – How are you? – Although it's more polite to ask *ninjani*, because that means you're inquiring after not only your friend's health, but also that of his family and loved ones.

Lala kahle (Singular) / Lalani kahle! (Plural) – Good night

Ngibonga kakhulu – Thanks a lot!

Ngiybonga – Thank you!

Siyabonga – You're welcome

Ngiyajabula ukukwazi – Nice to meet you.

Sala kahle (singular)/Salani kahle (plural) People staying – **Hamba kahle**

(singular) /Hambani kahle (plural) – people leaving – Stay well/ Go well

(Used as "goodbye") –

Ngikufi sela iwela! – Good luck!

Oogy wawa! –Cheers/Good health

Thokoleza ukudla! – Bon appétit

Ube nohambo oluhle! – Bon voyage

SPAIN

Official language: Castilian (Castellano) / Spanish

Hola. – Hello / Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.

Buenas tardes. – Good afternoon.

Buenas noches. – Good evening / good night.

Muchas gracias. – Thanks a lot.

Gracias! – Thank you!

De nada. – You're welcome.

Bienvenido! – Welcome!

Felicidades! – Congratulations!

Tenga un buen dia! – Have a good day!

Agradable encontrarte. – Nice to meet you.

Hasta luego – See you later.

Es un placer encontrarte. – It's a pleasure to meet you.

Si – Yes

No – No

SRI-LANKA

Official language: Sinhalese or Sinhala

Hallo – Hello
Kohomadha. Ithin? – How are you?
A-yubo-wan, suba. Udhac-sa.nak – Good morning
A-yubo-wan, suba. Ra-thriyak – Good night
Hambu una eka loku sathutak – Nice to meet you
Gihin ennam – Goodbye
Stuthiyi – Thank you!
Sa-dha.ra.yen.piliganimu – You are welcome
Karuna-ka.ra.la – Please
Sama-wenna. – Excuse me
Ow – Yes
Nae – No

SUDAN

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

SURINAME

Official Language: Dutch

Hallo! – Hello!
Hoe gaat het met je? – How are you?
Goedemorgen – Good morning
Goede dag! – Good day!
Goede middag – Good afternoon
Goeienavond – Good evening
Goede nachtrust – Good night
Blij om je te ontmoeten. – Pleased to meet you.
Dank u – Thank you
Welkom! – Welcome!
Afscheid – Goodbye
Ja – Yes
Nee – No

SWAZILAND – KINGDOM OF SWAZILAND

Official Language: English and Swati

Sawubona – Hello
Unjani? – How are you?
Sala kahle – Goodbye
Inhlanhla lenhle – Good luck
Ube (singular) / Nibe (plural) neluhambo loluphephile – Have a safe journey.
Ngiyabonga - Thank you
Yebo – Yes
Cha – No

SWEDEN – KINGDOM OF SWEDEN

Official Language: Swedish

Hej / Hejsan – Hello / Hi
Goddag – Good day/ Hello
Hur mar du? – How are you?

Bra – Good/ Fine
God morgon – Good morning
God kvall – Good evening
God natt – Good night
Hej da / Adjo – Goodbye
Ha det bra! – Have a nice day!
Ja – Yes
Nej – No

SWITZERLAND – SWISS CONFEDERATION

Official Languages: German, French, Italian, Romansh

Greetings in German

Hallo – Hello
Wie Geht Es Ihnen? – How are you?
Guten Morgen – Good morning
Guten Tag – Good afternoon
Guten Abend – Good evening
Gute Nacht – Good night
Auf Wiedersehen – Goodbye
Tshuess – Bye
Nett, Sie kennen zu lernen – Nice to meet you.
Viel Glueck – Good luck
Mach's Gut – Take Care
Willkommen – Welcome
Danke sehr – Thank you
Ja – Yes
Nein – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientôt! / J’espere te revoir bientôt! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

Greetings in Italian

Buon giorno – Hello!
Salve – Hi!
Ciao (informal) – Hello or Goodbye
Come sta? – How are you?
Bene, grazie. – Fine thank you.
Grazie – Thank you
Buongiorno – Good morning
Buon Pomeriggio – Good afternoon
Buonasera – Good evening
Buona notte – Good night
Benvenuto – Welcome!
Arrivederci or Arrividerla– Goodbye
Piacere di conoscerla – Nice to meet you.
Si – Yes
No – No

SYRIA – SYRIAN ARAB REPUBLIC

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

TAIWAN – REPUBLIC OF CHINA

Official Language: Mandarin

Ni hao – Hello / Hi!
Ni hao ma? – How are you?
Zao chen – Good morning
Xia wu wan shang – Good afternoon
Hao – Good evening
Wan an – Good night
Xie xie – Thank you
Hen gaozing renshi ni – Nice
Huanying guanglin – Welcome!
Zai jian – Goodbye
Shi – Yes
Wo – No

TAJIKISTAN – REPUBLIC OF TAJIKISTAN

Official Language: Tajik, Russian

Greetings in Tajik

Assalam Aleikum – Peace be upon you.
Salom – Hello
Chi khel shumo? – How are you?
Rahmat – Welcome
Khayr – Goodbye!
Tashakur – Thank you

Greetings in Russian

Strazdje! – Hello!
Privet! – Hi!

Kak dila? – How are you?
Zdravstvujte? – How do you do?
Dobroje utro. – Good morning.
Dobryj den’. – Good afternoon.
Dobryj vecher. – Good night.
Dobroj noch. – Sweet dreams.
Strazdvoedje. – Nice to meet you.
Do svidanija. – See you later.
Dasvidanja – Goodbye
Pakka! – Bye!
Spasiba! – Thank you!
Da – Yes
Njet – No

TANZANIA – UNITED REPUBLIC OF TANZANIA

Official Language: Kiswahili, English

Kiswahili Greetings

Jambo! – Hello!
Shikamoo – Respectful greetings to person with higher status
Habari yako? – How are you?
Habari za asubuhi – Good morning
Habari za mchana – Good afternoon
Habari za jioni – Good evening
Habari za usiku – Good night
Jukso – Yes
Nanana – No

THAILAND – KINGDOM OF THAILAND

Official Language: Thai

Sawat-dee – Hello!
Sabai dee mai – How are you?
Sawatdi torn chao – Good morning
Sawat-dii torn bai – Good afternoon
Sawat-dii torn khum – Good evening
La-gon – Goodbye

Chok dee – Good luck
Yin-dii thii dai ruu-jak – Nice to meet you.
Kop koon – Thank you
Chai – Yes
Mai chai – No

TOGO - TOGOLESE REPUBLIC

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!
Salut! – Hi! / Hello!
Comment allez-vous? – How are you?
(comment) ca va? – How's it going?
Bonne soiree! – Have a good day!
C'est bien! – How good!
Bonsoir! / Bon soiree! – Good evening!
Bonne soiree! – Have a good evening!
Bonne nuit! – Good night!
Merci beaucoup! – Many thanks! / Thank you very much!
Merci! – Thank you!
Bonne chance! – Good luck!
Au revoir – Goodbye
A bientot! / J'espere te revoir bientot! – See you soon!
Enchante – Nice to meet you.
Bon appetit! – Enjoy your meal!
Sante! – Cheers!
Oui – Yes
Non – No

TOKELAU (OVERSEAS TERRITORY OF NEW ZEALAND)

Official Languages: English, Tokelauan

Talofa / Malo – Hello!
Ea mai koe? – How are you?
Mauia te tae ao – Good morning
Aho – Good day
Afi afi – Good evening

Taloha ni – Welcome!
Tofa – Goodbye
Fakafe tai – Thank you!
Lo – Yes
He ai – No

TONGA – KINGDOM OF TONGA

Official Languages: English and Tongan

Malo e lelei – Hello!
Fefe hake? – How are you?
Mālō e lelei ki he pongipongí ni – Good morning
Mālō ‘etau lava ki he pongipongí ni – Good morning
Mālō ‘etau lava ki he efi afi ni – Good afternoon
Mālō ‘etau lava ki he poó ni – Good night
Mālō e lava mai – Welcome!
Alu ā ē – Goodbye (to the person leaving)
Nofo ā ē – Goodbye (to the person staying)
Mālō – Thank you, congratulations
Mālō ‘aupito – Thanks a lot

TRANSNISTRIA – TRANSNISTRIAN MOLDOVAN REPUBLIC

Official Languages: Moldovian, Russian, Ukrainian

Greetings in Russian

Strazdje! – Hello!
Privet! – Hi!
Kak dila? – How are you?
Zdravstvujte? – How do you do?
Dobroje utro. – Good morning.
Dobryj den’. – Good afternoon.
Dobryj vecher. – Good night.
Dobroj nochi. – Sweet dreams.
Strazdvoedje. – Nice to meet you.
Spasiba! – Thank you!
Dasvidanja – Goodbye

Pakka! – Bye!
Do svidanija. – See you later.
Da – Yes
Njet – No

Greetings in Moldovan

Salut! – Hello!
Imi pare bine. – Pleased to meet you
Multum esc. – Thank you
Bun venit! – Welcome!
La revedere. – Goodbye
Da – Yes
Nu – No

Greetings in Ukrainian

Pryvit (formal) – Hello!
Zdrastuy (informal) – Hello
Dobrogo dnia – Hello, Good day
Yak mayetes? – How are you?
Dobrogo ranku – Good morning
Dobrogo vechora – Good evening
Na dobranic – Good night
Rady vas bachyty – Nice to see you!
Dyakooyu – Thank you
Do pobachennya – Goodbye
Na vse dobre – Good luck
Tak – Yes
Nee – No

TRINIDAD AND TOBAGO – REPUBLIC OF TRINIDA AND TOBAGO

Official Language: English

Hello!
How are you?

TRISTAN DA CUNHA (*DEPENDENCY OF THE UK OVERSEAS*)
TERRITORY OF SAINT HELENA

Official Language: English

Hello!
How are you?

TUNISIA – TUNISIAN REPUBLIC

Official Language: Arabic

As-salam Alaikum – Peace be upon you!
Al hamdi allah – God Bless/ Praise to God / Thanks God
Marhaba! – Hello! / Hi!
Salam – Hi / Hello / Peace
Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?
Sabaah al-khair. – Good morning.
Masaa al-khair. – Good afternoon / Good evening.
Maa alsalameh. – Goodbye (Peace be with you.)
Ahlan wa Sahlan. – Welcome and have a very nice stay.
Ahlan! – Welcome!
Shukran! – Thanks!
Tsharrafana. – Nice to meet you.
Na am – Yes
Laa – No

TURKEY – REPUBLIC OF TURKEY

Official Language: Turkish

Asalam Aleikum – Peace be upon you
Merhaba (formal) – Hello! **Selam** (informal) – Hello
Nasılsınız? (polite/plural), **Nasısın?** (Informal singular) – How are you?
Naber? – What's up/ How are you doing? (Very informal, contraction of “*Ne naber?*”
— Literally meaning “What is new?”)
Gunaydin – Good morning
Iyi gunler! – Good day!

İyi akşamlar – Good evening
İyi geceler – good night
Teşekkür ederim, teşekkürler – Thank you / Thanks
Hoş geldin (to just one person & informal) – Welcome!
Hoş geldiniz (to more than one person and formal usage to just one person)– Welcome!
İyi Yolculuklar! – Have a good trip!
Hoşca kalın – Goodbye (the one who leaves says)
Güle güle – Goodbye (the one who stays behind says)
Evet – Yes
Hayır – No

TURKMENISTAN

Official Language – Turkmen

Asalam Aleikum – Peace be upon you
Salam – Hello! / Hi!
Siz nähili – How are you?
Ertiriniz hajirli bolsun – Good morning
Gijängiz rahat bolsun – Good night
Hosh geldiniz – Welcome
Sagh bol – Goodbye
Tangur – Thank you

TURKS AND CAICOS ISLANDS (UK OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

TUVALU

Official Languages: Tuvaluan, English

Talofa – Hello!

UGANDA – REPUBLIC OF UGANDA

Official Languages: English and Swahili

Jambo! – Hello!

Shikamoo – Respectful greetings to person with higher status.

Habari yako? – How are you?

Mambo? – How are things?

Habari za asubuhi – Good morning

Habari za mchana – Good afternoon

Habari za jioni – Good evening

Habari za usiku – Good night

Karibul – Welcome

Kwaheri – Goodbye

Jukso – Yes

Nanana – No

UKRAINE

Official Languages: Ukrainian

Pryvit (formal) – Hello!

Zdrastuy (informal) – Hello

Dobrogo dnia – Hello, Good day.

Yak mayetes? – How are you?

Dobrogo ranku – Good morning

Dobrogo vechora – Good evening

Na dobranic – Good night

Rady vas bachyty – Nice to see you!

Na vse dobre – Good luck

Do pobachennya – Goodbye

Dyakooyu – Thank you

Tak – Yes

Nee – No

UNITED ARAB EMIRATES

Official Language: Arabic

As-salam Alaikum – Peace be upon you!

Al hamdi allah – God Bless/ Praise to God / Thanks God

Marhaba! – Hello! / Hi!

Salam – Hi / Hello / Peace

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.

Masaa al-khair. – Good afternoon / Good evening.

Maa alsalameh. – Goodbye (Peace be with you.)

Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!

Shukran! – Thanks!

Tsharrafana. – Nice to meet you.

Na am – Yes

Laa – No

UNITED KINGDOM – UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND

Official Language: English

Hello!

How are you?

UNITED STATES – UNITED STATES OF AMERICA

Official Language: English

Hello!

How are you?

URUGUAY – EASTERN REPUBLIC OF URUGUAY

Official Language: Spanish

Hola. – Hello/ Hi

¿Como estas? – How are you?

Buenos dias. – Good morning.

Buenas tardes. – Good afternoon.

Buenas noches. – Good evening / good night.

Muchas gracias. – Thanks a lot.

Gracias! – Thank you!

De nada. – You're welcome.

Bienvenido! – Welcome!

Felicidades! – Congratulations!

Tenga un buen dia! – Have a good day!

Agradable encontrarte. – Nice to meet you.

Hasta luego – See you later.

Es un placer encontrarte. – It's a pleasure to meet you.

Si – Yes

No – No

UZBEKISTAN – REPUBLIC OF UZBEKISTAN

Official Language: Uzbek

Asalam Alaikum – Peace be upon you.

Yaxshimisiz? – How are you?

Hayiri tong – Good morning

Hayiri kun – Good afternoon

Hayiri kech – Good evening

Hayiri tun – Good night

Tanishganimdan hursandman – Pleased to meet you.

Xush kelibsiz – Welcome

Xayr – Goodbye

Omad yor bo'lsin! – Good luck

Rahmat – Thank you

VANUATU – REPUBLIC OF VANUATU

Official Language: Bislama, English, French

Greetings in Bislama

Hello – Hello!

Olsem wanem? – How are you?

Gud morning – Good morning

Gud afternun – Good afternoon

Gud naet – Good evening / Good night

Baibai / Tata – Goodbye

Tankyu – Thank you

Yes – Yes

No – No

Greetings in French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientot! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

VATICAN CITY – STATE OF THE VATICAN CITY

Official Language: Latin

Salve! – Greetings
Ecce! – Behold!
Deo gratias. – Thanks be to God
Deus – God
Requiescat in pace. – Rest in peace.
Deo volente. – God willing
Ego tibi gratias maximas ago. – Thanks a million!
Vale. – Goodbye
Dei gratia – By the grace of God
Dominus – God or Christ

VENEZUELA – BOLIVARIAN REPUBLIC OF VENZUELA

Official Language: Spanish

Hola. – Hello / Hi
¿Como estas? – How are you?
Buenos dias. – Good morning.
Buenas tardes. – Good afternoon.
Buenas noches. – Good evening / good night.
Muchas gracias. – Thanks a lot.
Gracias! – Thank you!
De nada. – You're welcome.
Bienvenido! – Welcome!
Felicidades! – Congratulations!
Tenga un buen dia! – Have a good day!
Agradable encontrarte. – Nice to meet you.
Es un placer encontrarte. – It's a pleasure to meet you.
Hasta luego – See you later.
Si – Yes
No – No

VIETNAM – SOCIALIST REPUBLIC OF VIETNAM

Official Language: Vietnamese

Chào – Hello! / Goodbye
Khoe không? – How are you? (Are you healthy?)
Chào buổi sáng – Good morning
Xin chào – Good afternoon
Chào buổi tối – Good evening
Chúc ngủ ngon – Good night
Hân hạnh gặp ông – Pleased to meet you.
Cám ơn – Thank you.
Chúc may mắn! – Good luck
Vâng – Yes
Không – No

VIRGIN ISLANDS, BRITISH – BRITISH VIRGIN ISLANDS
(UK OVERSEAS TERRITORY)

Official Language: English

Hello!
How are you?

VIRGIN ISLANDS, UNITED STATES – UNITED STATES
VIRGIN ISLANDS *(US ORGANIZED TERRITORY)*

Official Language: English

Hello!
How are you?

WALLIS AND FUTUNA – TERRITORY OF WALLIS AND
FUTUNA ISLANDS *(FRENCH OVERSEAS COLLECTIVITY)*

Official Language: French

Bonjour! – Hello! / Good day! / Good morning! / Good afternoon!

Salut! – Hi! / Hello!

Comment allez-vous? – How are you?

(comment) ca va? – How's it going?

Bonne soiree! – Have a good day!

C'est bien! – How good!

Bonsoir! / Bon soiree! – Good evening!

Bonne soiree! – Have a good evening!

Bonne nuit! – Good night!

Merci beaucoup! – Many thanks! / Thank you very much!

Merci! – Thank you!

Bonne chance! – Good luck!

Au revoir – Goodbye

A bientôt! / J'espere te revoir bientot! – See you soon!

Enchante – Nice to meet you.

Bon appetit! – Enjoy your meal!

Sante! – Cheers!

Oui – Yes

Non – No

WESTERN SAHARA

Official Language: Arabic

As-salam Alaikum – Peace be upon you!

Al hamdi allah – God Bless/ Praise to God / Thanks God

Marhaba! – Hello! / Hi!

Salam – Hi / Hello / Peace

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.

Masaa al-khair. – Good afternoon / Good evening.

Maa alsalameh. – Goodbye (Peace be with you.)

Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!

Shukran! – Thanks!

Tsharrafana. – Nice to meet you.

Na am – Yes

Laa – No

YEMEN – REPUBLIC OF YEMEN

Official Language: Arabic

As-salam Alaikum – Peace be upon you!

Al hamdi allah – God Bless/ Praise to God / Thanks God

Marhaba! – Hello! / Hi!

Salam – Hi / Hello / Peace

Kayf haalak? (Man) / **Kayf haalik?** (Woman) – How are you?

Sabaah al-khair. – Good morning.

Masaa al-khair. – Good afternoon / Good evening.

Maa alsalameh. – Goodbye (Peace be with you.)

Ahlan wa Sahlan. – Welcome and have a very nice stay.

Ahlan! – Welcome!

Tsharrafana. – Nice to meet you

Shukran! – Thanks!

Na am – Yes

Laa – No

ZAMBIA – REPUBLIC OF ZAMBIA

Official Language: English

Hello!

How are you?

ZIMBABWE – REPUBLIC OF ZIMBABWE

Official Language: English

Hello!

How are you?

Greetings using Sign Language



Hello

Make the sign for “hello”
by moving your horizontal palm out from your forehead.
It is like a military salute.



Come

Make the sign for “come”
by pointing both index fingers toward each other.
Rotate both fingers around one another.
Move both hands toward your body.



Go

Make the sign for “go”
by pointing both index fingers toward each other.
Rotate both fingers around one another. Move both hands away from your body.



Nice

The sign for “nice” or “clean”
is made by placing your left hand in front of you, palm up.
Move the flat palm of your right hand across your left hand.
Start by the wrist and end at the fingertips.



Good

Make the sign for “good”
by placing the fingers of your right hand against your lips.
Move your right hand into the palm of your left hand.
Both hands should be facing upward.



Love

The sign for “love”
is made by crossing both hands over your heart.
(Middle of your chest.)
Your hands may be closed or open,
but the palm side should face toward you.



Please

The sign for "please" is made by placing your flat right hand over the center of your chest. Move your hand in a clockwise motion (from the observer's point of view, use a circular motion towards your left, down, right, and back up) a few times.



Thank you

The sign for "thank you" is made by touching your lips with the front of the fingers of your right hand. Your hand should be an "open-b." Move your hand away from your face, palms upward.
Smile.

Note: If you use two hands with this sign it means you are "very" grateful.

Note: This sign can also be interpreted to mean "good."



Stop

The sign for "stop" is made by extending your left hand, palm upward. Sharply bring your open right hand down to your left hand at a right angle.

Respect and many more other languages...

Languages are written or spoken words that we use to communicate. Languages don't make us different as humans. Languages are invented by people like you and me. Take letters and put them together to create a new word, and give it a name. You can also take a word from any language and spell it backwards to become a new word, then add a letter here and there.

Here are some words that I, Aasef Shafik created:

1. Ciohill ---- Hello
2. Lo yo won ----How are you?
3. Othsap ----- Beautiful
4. Shymoogo ---nice
5. Cibooski ---- Congratulation
6. Ruscollum ---- welcome
7. Thukwis ---- no
8. Carmci --- yes
9. Wali coz --- good morning
10. Nesitsea ---- thanks
11. Neemin ---- go
12. Yoguetor ---- boy
13. Botonker ---- girl
14. Kiegoat --- come

I'm not educated, so you can do a much better job than me.

Charity Makes the World Go Round

*Charity, charity, you help us all
When we plea, you answer the call
You bring us joy when we feel pain
You fill us up like gutters in rain
Charity, you're more than honest sharing
You're best at love and always caring
It's benevolent and nice how you seek to give
Through your actions, we all can live.*

*"Charity is a virtue of the heart.
Gifts and alms are the expressions, not the essence, of the virtue."*

When we hear the word "charity," we think of love toward our neighbor, love made visible as in service. We hear the word every day; we use it and we may also practice it in different forms. But what does charity really mean?

Charity is a foundation created to promote the public good, but not for assistance to any particular individuals. It is a kindly and lenient attitude toward people; an activity or gift that benefits the public at large and an institution set up to provide help to the needy.

Every charity has a mission and criteria of how to help the needy. Some organizations legitimately may account differently for their activities and category. Organizations assist the poor in many ways, according to what they offer. Most of them are impartial, neutral, and independent organizations whose exclusively humanitarian mission is to protect the lives and dignity of victims of war and internal violence, and to provide them with assistance. It directs and coordinates the international relief activities conducted by the movement in situations of conflict. It also endeavors to prevent suffering by promoting and strengthening humanitarian law and universal humanitarian principles. Humanitarian workers find ways to work around barriers to provide aid to the people around the world. Some organizations are based on the Bible. They are motivated by the love of God and to meet human needs without discrimination. Several of the organizations deliver food, medicine, clothing, and other necessities to individuals, children,

and families who lack these essentials due to famine, war, poverty, or natural disaster. They were dedicated to helping hungry and hurting people. Some of the charities are into peace, security, and affairs of the world. They are promoting a systems-based approach to peace-building and to resolution training, and communication. Some are focusing into building and supporting a community of youth, who are actively promoting and protecting human rights, and to educating and inspiring the next generation to work for peaceful change.

Most of the charities rely on everyone's commitment to the humanitarian cause and their underlying values. If they are to meet the challenges they are currently facing they must get the strongest possible support from individuals, companies, and foundations.

There are, as many motivations for charity, as there are people. The reason for doing good works for people in need is a personal one. By showing many different examples of how it is done will reach more and more people. This will include activities that are likely to promote the good welfare for the people as a whole. To participate in these activities, you do not need to have a large amount of wealth. All you need is a heart that feels for others.

International Charities



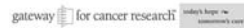
The Salvation Army International — an international movement is an evangelical part of the Universal Christian Church. Its **message** is based on the Bible. Its **ministry** is motivated by the love of God. Its **mission** is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.



Feed the Children — International relief organization that delivers food, medicine, clothing, and other necessities to individuals, children, and families who lack these essentials due to famine, war, poverty, or natural disaster. Dedicated to helping hungry and hurting people, it has reached children and families in 118 countries around the globe.



International RED CROSS and RED CRESCENT Movement — The international federation's programs are grouped into four main core areas: promoting humanitarian principles and values, disaster response, disaster preparedness, and health and care in the community.



Gateway for Cancer Research — they're dedicated to curing cancer through funding patient-centered clinical studies that make an impact on those battling cancer.



Environmental Media Fund, Inc. — Nonprofit Corporation acts as a catalyst for media programming and events about the environment and other issues of significant public interest and educational benefit.



International Fund for Animal Welfare (IFAW) — around the world, IFAW is campaigning to protect animals. IFAW provides emergency relief, protects whales around the world, saves the world's remaining elephants, and helps pets and companion animals. IFAW fights illegal wildlife trade and they also are doing their effort to generate resolutions that help both animals and humanity.



Global Impact — the organization is dedicated to helping the poorest on Earth. Global Impact touches more than million lives worldwide through disaster relief, education, health training, and economic programs that promote self-sufficiency.



Wildlife Conservation Society — the mission at the Wildlife Conservation Society is to save wildlife and wild places. They strive to inspire other people to save them, too, through science and education.



Hepatitis Foundation International — The Foundation is dedicated to the eradication of viral hepatitis, a disease affecting more than 500 million around the world. It seeks to raise awareness of this enormous worldwide problem and to motivate people to support this important—and winnable—battle.



Interact Worldwide — the organization works in collaborative partnerships with local and national organizations and governments, to improve the sexual and reproductive health and rights, including maternal health care, family planning, and HIV/AIDS services, of some of the poorest and most marginalized people in the world.



Make a Wish Foundation — This foundation has enriched the lives of children with life-threatening medical conditions through its wish-granting work. The Foundation grants the wishes of these children, to enrich the human experience with hope, strength, and joy.



The Asia Foundation

The Asia Foundation — this organization is committed to the development of a peaceful, prosperous, just, and open Asia-Pacific region. The Foundation supports programs in Asia that help improve governance, law, and civil society, women's empowerment, economic reform and development, and international relations.



Cancer Research Institute — the world's nonprofit organization dedicated exclusively to the support and coordination of scientific and clinical efforts that will lead to the immunological treatment, control, and prevention of cancer.



International Children's Fund (ICF) — the group strives to meet the needs of underprivileged children throughout the world. Sending medical supplies and equipment to doctors and hospitals is an important part of ICF's mission. ICF's projects include: medicine, medical equipment, clinics, hospitals, orphanages, children's feeding programs, medical laboratories, leper colonies,

and care for disabled and handicapped people as well as needy children in many different countries.



Afghan Education Foundation (AEF) — The Organization is dedicated to connecting Afghan children to a brighter future by providing educational assistance inside Afghanistan. The sole mission is to share some of the blessings that providence had bestowed on those in the United States with the Afghan children.



Avon Foundation — in response to the needs of women and their families, the Avon Foundation Breast Cancer Crusade has, for more than a decade, raised funds and awareness for advancing access to care and finding a cure for breast cancer.



International Relief Teams — a humanitarian organization dedicated to providing critical assistance to victims of disaster, poverty, and neglect

worldwide. IRT specializes in medical training and education, surgical outreach, public health, and disaster relief.



ACCION International — A private, nonprofit organization with the mission of giving people the financial tools they need—microenterprise loans, business training and other financial services—to work their way out of poverty.



World Vision — A Christian relief and development organization dedicated to helping children and their communities worldwide reach their full potential by tackling the causes of poverty. Find and sponsor a child to build a better world.



A Child's Hope Foundation — "Saving Lives, Building Families." It provides orphaned children in developing countries a healthy, caring environment while seeking a loving family for them. A Child's Hope Foundation is creating

adoption orphanages and providing a healthy environment for infants and young children, awakening their spirits while.



Helen Keller International (HKI) — International nonprofit organizations devoted to fighting and treating preventable blindness and malnutrition. The goal of all HKI programs is to reduce suffering of those without access to needed health or vision care and ultimately, to help lift people from poverty.



TreeHouse — The national charity for autism. TreeHouse is unique; it is the only autism education charity to combine the role of direct service provider and national influencer in one center.

More charities to consider:

- **Abaana** – African Charity, working with children with projects in countries such as Uganda, Zambia and Malawi.
- **ACET (AIDS Charity)** – Seeking to encourage effective and compassionate responses to AIDS and related issues in every nation.
- **Acterra** – Bring people together to create local solutions that enhance the natural environment.

- **Action Against Hunger-USA** – Providing innovative solutions to world hunger.
- **ActionAid International** – Creating change on behalf of poor and disenfranchised people worldwide.
- **Adopt-A-Minefield** – Global partnership for mine action with campaigns in Canada, the United States, the United Kingdom and Sweden
- **ADRA (Adventist Development and Relief Agency)** –The ADRA was founded by the Seventh-day Adventist church. It's a worldwide humanitarian organization that helps people that are experiencing poverty and suffering to alter and improve the quality of life of those in need.
- **AED-SATELIFE Center for Health Information and Technology** – The global health information network.
- **Afghanaid** – An independent charity to provide assistance to Afghans in hardship and distress.
- **African Children's Choir** – Choir made up of children ages 7 to 12, most of the children have lost one of both parents to AIDS and other poverty-related diseases, and all of them are victims of extreme poverty.
- **African Medical and Research Foundation (AMREF)** –Working in Africa to relieve poverty through health development.
- **African Well Fund** – Raising funds for the construction and maintenance of freshwater wells.
- **Africare** – Specializing in aid to Africa.
- **Aga Khan Foundation, USA** – Promoting social development, focusing on health, education, culture, rural development, institution and the promotion of economic development of the needy.
- **Agros International** – Enables rural poor families in Central America and Mexico to escape the cycle of poverty by purchasing their own land.

- **All God's Children** – Dedicated to the orphaned and disadvantaged children of Honduras.
- **Alliance for Global Justice** – Providing education on human, environmental, and worker rights.
- **Alternative Gifts International** – Give the world a present. An organization that send reliable, life-giving gifts to needy world-gifts that make a partnership with people in disaster and that defend and care for the earth's endangered environment that nourish and sustain a more reasonable and peaceful global community.
- **Amazon Conservation Team (ACT)** – Works in partnership with indigenous people of tropical America in conserving the biodiversity of the Amazon rainforest as well as the culture and land.
- **American Friends Service Committee** – Committed to the principles of nonviolence and justice, it seeks in its work and witness to draw on the transforming power of love, human and divine.
- **American Himalayan Foundation** – Helping the people and ecology of the Himalayas.
- **American Jewish World Service** – Pursuing global justice through grassroots change.
- **American Near East Refugee Aid** – Creating opportunity and hope for people in the Middle East.
- **American Refugee Committee International** – Displaced people, and those at risk to help them survive crises and rebuild lives of dignity, health, security, and self-sufficiency.
- **AmeriCares** – Delivering medicines, medical supplies, and aid to people in crisis around the world.
- **Asha for Education** – Bringing hope through education.
- **Ashoka** – Innovators for the public, they make every effort to change a global, industrial, competitive citizen to think and act as changemakers.

- **Asian-German Sports Exchange Program** – Organization intends to assist the divided ethnic groups to grow together and find peace by exposing children to other ethnic groups as part of sporting events.
- **AUMOHD (Association of University Students Committed to a Haiti with Rights)** – Engaged in humanitarian aid and development activities in Haiti.
- **Autism Research Institute**–Non-profit organization conducting research and disseminating the results of research on the triggers of autism and on methods of diagnosing and treating autism.
- **Baptist Medical & Dental Mission International** – More than medicine.
- **Barnabas Fund** – An interdenominational aid and relief organization encouraging Christians to support and pray for the suffering and persecuted church worldwide.
- **Bayat Foundation** – Largest and most active organization in Afghanistan helping to rebuild Afghanistan.
- **Beyond Borders** – Work for justice and peace out of devotion to Christ, focuses on the division created by the growing economic disparity in our world.
- **Borderless World Volunteers** – Empowers youth for leadership in global aid.
- **Bread for the World Institute** – Seeking justice. Ending hunger.
- **Brother's Brother Foundation** – Connecting people's resources with people's needs.
- **Building with Books** – Empowering youth, enhancing education. Building schools in developing countries.
- **Burrito Project** – A group of friends that feeds the hungry and homeless in cities around the world.
- **Calcutta Rescue** – Runs medical, educational, and support services to disadvantaged people in West Bengal.

- **Camara** – Sends refurbished computers from Ireland to schools and other educational institutions in sub-Saharan Africa.
- **Cambodian Children’s Fund (CCF)** – Aids the most impoverished of Cambodia’s children.
- **Campaign for Access to Essential Medicines** – Increases the availability of “essential medicines” in developing countries.
- **CARE** – Defending dignity. Fighting poverty.
- **Catholic Relief Services** – Bringing a wealth of benefits to poor communities worldwide by providing easy access to clean, fresh water.
- **Center for Excellence in Education** – Nurturing young scholars to careers of excellence and leadership in science and technology.
- **Center for International Policy** – Promoting a foreign policy based on cooperation, demilitarization, and respect for human rights.
- **Center for the Advancement of Health** – Translates to the public the latest evidence-based research on health, health care, prevention, and chronic disease management, with an emphasis on how social, behavioral, and economic factors affect illness and well-being.
- **Child Family Health International** – Advancing quality health care for all.
- **Children Care International** – Opens rehabilitation centers throughout developing countries in Asia, Africa, and Latin America. Aids children who are victims of sex tourism, slavery, and all other forms of exploitation.
- **Children Incorporated** – Assisting children of all races and creeds, administering to their physical, emotional, and educational needs.
- **Children International** – Help children living in dire poverty around the world, through the generosity of contributors that

provide needy children with a variety of programs and services to meet their basic needs.

- **Children of Promise International** – Providing physical and spiritual care for orphans and destitute children.
- **Children of the Nations** – Caring for orphaned and destitute children.
- **Children's Relief Mission** – Rescuing children ... giving hope.
- **Children's HopeChest** – God's hope and practical help for orphans around the world.
- **Children's Miracle Network** – Raises funds for children's hospitals, medical research, and community awareness of children's health issues.
- **Children's Shelter of Cebu** – Every child deserves a family.
- **Christian Aid** – Helps the world's poorest communities.
- **Christian Children's Fund** – Working for the health and wellbeing of children in need.
- **Christian Disaster Relief** – Develops transportation and distribution for disaster relief through churches, missionaries, and other Christian organizations in affected areas.
- **Christian Foundation for Children and Aging** – Catholic organization serving the poor at mission sites around the world.
- **Christian Freedom International** – An interdenominational human rights organization for religious liberty, helping persecuted Christians through advocacy and direct aid.
- **Christian Mission Service** – Charitable childcare organization.
- **Christian Relief Fund** – Ministering to human needs spiritually, physically, and emotionally.
- **Christian World Adoption** – Largest international adoption agency in the U.S.; offers adoption programs in many countries.

- **Church World Service** – Working worldwide to meet human needs and foster self-reliance.
- **Cleft Lip and Palate Association (CLAPA)** – Only UK-wide voluntary organization specifically helping those with, and affected by, cleft lip and palate.
- **Compassion International** – An evangelical Christian child development ministry dedicated to addressing the needs of children around the world.
- **Concern Universal** – International Development and Emergency Relief Organization that works with people in some of the poorest countries of the world.
- **Concern Worldwide** – International humanitarian organization dedicated to the reduction of suffering and working toward the ultimate elimination of extreme poverty in the world's poorest countries.
- **Consortium of Humanitarian Agencies (CHA)** – Committed to a dynamic process of continual improvement as a quality certified institution located in Sri Lanka.
- **CRY (Child Rights and You)** – Works toward restoring basic rights to children.
- **CURE International** – Transforms the lives of disabled children and their families in the developing world through spiritual healing.
- **DEMIRA Deutsche Minenräumerei V.** – Provides humanitarian mine clearance, EOD (Explosive Ordnance Disposal), emergency medical aid, and disaster relief to people living in postwar countries.
- **Direct Relief International** – Provides medical assistance to improve the quality of life for people victimized by poverty, disaster, and civil unrest at home and throughout the world.
- **DOCARE International** – Medical outreach program that brings health care to primitive and isolated people in remote areas of Western Hemisphere countries.

- **Doctors of the World** – Providing project-based opportunities for volunteer medical professionals.
- **Doctors Without Borders** – Grants emergency and medical relief projects worldwide.
- **Easter Seals Disability Services** – Provides exceptional services to ensure that people living with autism and other disabilities have equal opportunities to live, learn, work, and play.
- **ECHO (Educational Concerns for Hunger Organization)** – Networking global hunger solutions for families in developing countries.
- **Elias Fund** – Providing hope and opportunity to Zimbabwean youth through community development and education.
- **Endeavor** – Transforms the economies of emerging markets by identifying and supporting high-impact entrepreneurs.
- **Engineering Ministries International** – Christian development organization made up of architects, engineers, and design professionals who donate their skills to help children and families around the world step out of poverty and into a world of hope.
- **Feed the Children** – Delivers food, medicine, clothing, and other necessities to individuals, children, and families who lack of these essentials due to famine, war, poverty, or natural disaster.
- **FilmAid International** – Screens films throughout refugee camps in Africa to help promote mental health and cultural understanding within refugee communities.
- **FINCA International** – Provides financial services to the world's lowest-income entrepreneurs so they can create jobs and improve their standard of living.
- **Five Talents** – Provides loans to groups of entrepreneurs and also offers business training and mentoring to clients.
- **Floresta USA** – Christian organization that reverses deforestation and poverty in the world by transforming the lives of the rural poor.

- **Food for the Hungry** – International Organization of Christian motivation, committed to working with poor people to overcome hunger and poverty through integrated self-development and relief programs.
- **Food for the Poor** – Ministering to spiritually renew impoverished people.
- **Freedom from Hunger** – A worldwide organization that helps and microfinance the needy people to progress their incomes maintains their good health and prevents hunger.
- **Global Fund for Children** – Advancing the dignity of children and youth worldwide.
- **Global Greengrants Fund** – Providing small grants to grassroots environmental groups around the world.
- **Global Health Ministries** – Helping the hands that heal.
- **Global Partners for Development** – Ending poverty through the power of partnership.
- **Global Volunteers** – Strives to wage peace throughout the world by helping to establish mutual understanding between people of diverse cultures.
- **Global Youth Connect** – Builds and supports a community of youth who are actively promoting and protecting human rights, and to educate and inspire the next generation to work for peaceful change.
- **Grameen Foundation** – Empower the world's poorest people to lift themselves out of poverty with dignity through access to financial services and information.
- **Grassroots International** – Promoting global justice through partnership with social change organizations.
- **Half the Sky Foundation** – Nurturing care for China's orphaned children.
- **Hands Around the World** - UK registered charitable trust devoted to sending short-term volunteers to help in developing countries.

- **Help the Helpless** – Hope for the handicapped.
- **Himalayan Cataract Project** – Striving to eradicate preventable and curable blindness in the Himalaya.
- **HOPE International** – Poverty alleviation through microenterprise development.
- **HOPE Worldwide** – Bringing hope and change the lives of the world's most poor, sick and suffering.
- **Idols Give Back** – Tonight, save a life. One voice to fight against extreme poverty.
- **IMA World Health** – Advancing health and healing in communities the world over.
- **INMED Partnerships for Children** – Inspiring communities, creating opportunities.
- **International Children's Care** – Working around the world to bring orphans new life.
- **International Children's Heart Foundation** – This is a foundation that helps and offers skills, technology, and educates local health care professionals, and they also provide needed equipments and medications to cure and care for children with congenital heart disease especially in developing countries.
- **International Community Foundation** –Connecting people and communities to make a difference.
- **International Disaster Emergency Service** – Offering helps and hopes to a hurting world.
- **International Eye Foundation** – Saving sight worldwide.
- **International Foundation of Hope** – Partnering with the people of Afghanistan.
- **International Guide Dog Foundation for the Blind, Inc.** – An organization whose mission is to “encourage and advance the concept and provision of guide dogs worldwide as a means of independent mobility for people with vision disability.

- **International Institute of Rural Reconstruction, U.S. Office** – Promoting people-centered development.
- **International Medical Corps** – A worldwide humanitarian organization dedicated to saving lives and relieving suffering through health care training and relief development programs.
- **International Orthodox Christian Charities** – An international humanitarian organization provides assistance to the poor, either in response to emergencies or long term socioeconomic development needs.
- **International Peace Institute** – Independent, international institution dedicated to promoting the prevention and settlement of armed conflict between and within states through policy research and development.
- **International Rescue Committee** – Global emergency relief, rehabilitation, protection of human rights, post-conflict development, resettlement services, and advocacy for those uprooted or affected by violent conflict and oppression.
- **Interplast** – First International humanitarian organization to provide free reconstructive plastic surgery for the poor in developing countries.
- **Islamic Relief USA** – An organization makes every effort to lessen the suffering, hunger, illiteracy and diseases worldwide without considering the color, race and faith. They have different kinds of projects that will help and guide them to reach their goal such as water and sanitation, health and nutrition, emergency, education, income generation and orphan support program.
- **ISOH/Impact** – International services of hope is a charitable organization whose mandate is devoted to ensuring a brighter future for children.
- **K.I.D.S.** – An organization dedicated to providing financial aid and assistance to children with lack of support such as medical health or educational services.
- **Kick Start International** – An organization that develops and markets new technologies in Africa. They create new jobs and prosperity to facilitate the needy to get out of their poverty

- **Kids Alive International** – Giving new hope to all children living in desperate conditions. They were once street children, abused, neglected, HIV positive and living with AIDS.
- **Kiwanis International Foundation** – Assisting Kiwanis International to serve the children of the world.
- **Lalmba** – “A place of hope.” A group of committed professionals who search out the most remote parts of Africa in which to work-places where other organizations have chosen not to work.
- **Living Water International** – Providing safe drinking water to those in developing countries.
- **Love A Child, Inc.** – Sharing the message of God’s love with children in extreme poverty.
- **Lutheran World Relief** – Seeks lasting solutions to poverty and injustice and in doing so, Lutherans put their faith into action.
- **MAP International** – Health and hope for a hurting world. A worldwide organization that helps and assists the developing countries with necessary supplies of medicines and promotes the total health of the communities.
- **Mary Mother of Peace–Medjugorje Charity, Inc.** – Faith, hope, love, and charity.
- **Med Send International** – Sending hope. Saving lives.
- **Med Share International** – Sharing can make a world of difference.
- **Medical Ministries International** – Serving Jesus Christ by providing spiritual and physical health care.
- **Medical Missions for children** – Restoring hope and health through technology.
- **Medical Teams International** – Demonstrates the love of people affected by disaster, conflict, and poverty around the world.
- **Melwood Growing Together** – Empowering people with disabilities.

- **Mennonite Central Committee World** – Demonstrates God’s love by working among people suffering from poverty, conflict, oppression, and natural disaster.
- **Mercy Corps** – Be the change.
- **Mercy Ships** – Bringing hope and healing.
- **Middle East Fellowship** – Bringing a greater awareness of issues pertaining to the Middle East.
- **Millenium Relief & Development Services** – Delivering intelligent compassion to people in complex situations.
- **Mission of Mercy** – Helping to meet the physical and spiritual needs of hurting people in poverty-stricken areas of the world.
- **Multiple Myeloma Research Foundation** – Finding treatments faster. Finding a cure.
- **Operation Blessing International** – Demonstrates God’s love by alleviating human need and suffering in the United States and around the world.
- **Operation Bootstrap Africa** – Helping people help themselves in a variety of educational programs in Africa.
- **Operation USA** – Helps communities alleviate the effects of disasters, disease, and endemic poverty throughout the world.
- **Oprah’s Angel Network** – Inspiring people to make a difference in the lives of others.
- **Outreach Asia** – Strives to improve the impoverished lives of children and families living in the developing countries of Southeast Asia.
- **Oxfam America** – Creating solutions to global poverty, hunger, and social injustice.
- **Partners in Health** – Health care for the poor.
- **Partners with Haiti** – Assisting the National Evangelical Church in Haiti.

- **Partners Worldwide** – Christian businesspeople transforming lives.
- **PATH** – A catalyst for global health.
- **Pathfinder International** – Changing lives, saving lives.
- **Physicians for Peace** – Building peace and international friendship through medicine.
- **Project Concern International** – Saving lives and building healthy communities.
- **Project HOPE** – Health and hope for tomorrow.
- **Proliteracy Worldwide** – Oldest and largest nongovernmental literacy organization in the world. Sponsoring educational programs that help adults and their families acquire the literacy practices and skills they need to function more effectively in their daily lives.
- **Purple Heart** – Military order of the Purple Heart Service Foundation, Inc. Program assists all Veterans, their widows and orphan children. You do not need to be a Purple Heart Organization to seek assistance.
- **Rafiki Foundation** – Turning helpless orphans in Africa into godly contributions in their countries.
- **Relief International** – Saving lives, sustaining livelihoods.
- **Room to Read** – World change starts with educated children.
- **Root Capital** – Giving sustainable rural communities the credit they deserve.
- **Rotaplast International** – Building bridges of peace through smiles around the world.
- **Samaritan's Purse** – International relief. Helping people around the world with food, medicine and other assistance especially to victims of natural disaster, war, disease, and famine.
- **Save the Children** – Creating lasting change for children in need in the United States and around the world.

- **Save the Children International Alliance** – An independent organization creating real and lasting change for children in need in the United States and around the world.
- **Schools Around the World** – Promotes increased aspirations through educational activities among young people (primarily eleven to sixteen years old) whose opportunities are limited by social, domestic or financial circumstances.
- **Seva Foundation** – Serves people around the world who are struggling for health, cultural survival, and sustainable communities.
- **Solid Rock Missions** – Touching lives for eternity.
- **Sustainable Harvest International** – Planting hope, restoring forests, nourishing communities.
- **Techno Serve** – Business solutions to rural poverty.
- **The Aims Project** – Supporting international health and community services.
- **The Albert Schweitzer Fellowship** – Reducing disparities in health and healthcare.
- **The Asia Foundation** – Working to build a peaceful, prosperous, just, and open Asia-Pacific region.
- **The Breast Cancer Research Foundation** – Prevention and a cure for breast cancer.
- **The Dian Fossey Gorilla Fund International** – Dedicated to the conservation and protection of gorillas and their habitats in Africa.
- **The Hunger Project** – Global strategic organization committed to the sustainable end of world hunger.
- **The Parkinson's Institute** – An internationally recognized organization dedicated to finding the causes and a cure for Parkinson's disease.

- **UNICEF United States Fund** – Whatever it takes to save a child. Focuses on five major priorities: education, emergencies, HIV/AIDS, immunization, and malnutrition.
- **Unitus** – Innovative solutions to global poverty.
- **Vision Trust International** – Hope for the world's neediest children.
- **Vitamin Angels** – Providing vital nutrition to children in need.
- **Voice of Vision** – Develops and produces vibrant theater works with women at the core, and provides them with time, space, and resources to create in an environment free from commercial pressures.
- **Water for People** – Using water as catalyst for change.
- **Water Missions International** – Changing lives through sustainable water systems.
- **Wide Horizons for Children** – Nonprofit adoption and child welfare agency.
- **William J. Clinton Foundation** – Values the foundation of fairness and opportunity to strengthen the capacity in the USA and throughout the world.
- **Wings of Hope** – Changing the course of humanity toward peace and hope.
- **Women for Women International** – Helping women in war-torn regions rebuild their lives.
- **Word for World Organization (WFWO)** – Overcomes poverty by enabling the world's poorest people to gain the hope for a better future and improve their quality of life.
- **World Concern (Programs of Crista Ministries)** – Nonprofit Christian humanitarian organization providing disaster response and community development programs to the world's poor in Africa.
- **World Hope International** – Alleviating suffering and injustice through education, enterprise, and community health

- **World Missionary Evangelism** – Worldwide interdenominational, non-sectarian, missionary movement, reaching out to those in need through caring for thousands of orphans, building native churches, children's homes, leper control centers, schools, and training centers for the blind in needy lands.
- **World Neighbors** – Inspiring people, strengthening communities.
- **World Relief** – Relieving human suffering, poverty, and hunger worldwide in the name of Jesus Christ.

And many more ...

Help for today ... hope for tomorrow

A helping hand gives a new life!

Religions Around the World



ALADURA

“Prayer People” or in a real sense, “Prayer Warriors”

Aladura is a Yoruba term for various prophet-healing churches that have developed in West Africa. They rely on the power of prayer and in all effects of the baptism of the Holy Spirit.



ASATRU (HEATHERNRY, GERMANIC PAGANISM)

“Faith or belief in gods.”

“Fatalistic view of universe.”

Asatru which means “belief in the gods”. This is a Neopagan movement inspired by Germanic polytheism, in particular the Norse paganism as practiced prior to the Christianization of Scandinavia.



BAHA'I FAITH

"The earth is but one country and mankind its citizens." Bahá'u'lláh

The **Baha'i Faith** is a monotheistic religion founded by Bahá'u'lláh ("buh-howluh") in Persia. Bahá'ís believe in only one God, who sends prophets as his messengers. Baha'is regard God as completely transcendent and ultimately unknowable, so Bahá'í doctrine focuses primarily on "Manifestations of God" who progressively reveal God to humanity.



BON

"Gain Enlightenment to humankind."

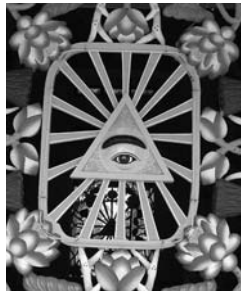
Bon is the spiritual tradition of Tibet. The followers of the Bon tradition call "Bonpo". The important aims of Bon are cultivating heart mind to purify and silence the noise of the mindstream within the bodymind.



BUDDHISM

*"One thing I teach: suffering and the end of suffering.
It is just ill and the ceasing of ill that I proclaim." – The Buddha*

Buddhism is a path of practice and spiritual development leading to insight into the true nature of life. Buddhist practices such as meditation are means of changing oneself in order to develop the qualities of awareness, kindness, and wisdom.



CAO DAI

*"The Eye represents the heart. Source of twin pure light beams.
Light and Spirit are One. God is the Spirit's gleam.
"Peace and Harmony in each person and in the world, salvation by
cultivating self and finding God in self."*

Cao Dai is a syncretist Vietnamese religious movement with a strongly nationalist political character. Cao Dai is a universal faith with the principle that all religions have one same divine origin, which is GOD, or ALLAH, or the TAO, or the Nothingness, one same ethic based on love and justice, and are just different manifestations of one same truth.



CHINESE RELIGION

*“A favorable life and peaceful afterlife, attained
through rituals and honoring of ancestors.”*

*“Chinese have had little interest in discussing the nature of the gods,
apart from understanding the impact they can have on people.”*

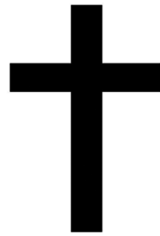
Chinese religion is unique. This is partly due to the fact that, alone among the great religions of mankind, Chinese religion first developed in isolation without the influence of the other great world religions. Chinese religion is primarily composed of four main traditions: Chinese folk religion, Confucianism, Taoism, and Buddhism.



DEEPAK CHOPRA AND THE CHOPRA CENTER

*“Humans have limitless potential, but do not recognize this.
Health and success can be had by focusing on
whole self, mind, body and spirit.”*

Chopra Center is monism—God or Supreme Reality pervades all things; all is unity. Thus, the divine pervades the entire universe as well as human beings, and every person has divinity within him- or herself. Based on this fundamental worldview, Deepak Chopra teaches the belief, a main tenet of New Age spirituality, that human possibility is limitless.



CHRISTIANITY (CATHOLIC, PROTESTANT, ORTHODOX, ETC. ...)

"Believe in the Lord Jesus, and you will be saved." —Acts 16:31

*"On account of the heresies,
the toil of discovery must be undertaken."*

--Clement of Alexandria, c. AD 195

*"Christianity claims to give an account of facts—
to tell you what the real universe is like." —C.S. Lewis, 1944*

Christianity is at least three major Christian beliefs, a set of beliefs, a way of life, and a community of people. Christianity is a religion based upon the teachings and miracles of Jesus. Jesus is the Christ. Christianity teaches that there is only one God in all existence, that God made the universe, the Earth, and created Adam and Eve. God created man in His image.



CHURCH OF CHRIST, SCIENTIST

"Heal the sick ..."

*"Heaven is not a locality, but a divine state of mind in which
all the manifestations of Mind are harmonious and immortal."*

Church of Christ has basic ideas: God is divine love, Father-Mother, supreme, the true nature of each individual as a child of God is spiritual and God's infinite goodness, realized in prayer, heals. Christian Science find better emotional and physical health, answers to life's deepest issues, and progress on their spiritual journeys.



CONFUCIANISM

*"Lead the people with administrative injunctions
and put them in their place with penal law,
and they will avoid punishments but will be without a sense of shame.
Lead them with excellence and put them in their place
through roles and ritual practices, and in
addition to developing a sense of shame,
they will order themselves harmoniously." (Analects II, 3)*

Confucianism is a way of life taught by Confucius. Sometimes viewed as a philosophy, sometimes as a religion, it has deeply influenced spiritual and political life. Ritual, propriety, etiquette, loves within the family, righteousness, honesty and trustworthiness, benevolence, humaneness toward others: the highest Confucian virtue and loyalty to the state.



DRUZE

"Live a good life for a favorable reincarnation."

"Heaven is a spiritual existence when one has escaped reincarnation."

Hell is distance from God in lifetime after lifetime."

Druze is a religion and a group of people who believe that at various times, God has been divinely incarnated in a living person. The Druze believes in one God. The Druze does not pray in a mosque and are secretive about the tenets of their religion.



DEISM

"God gave us reason, not religion."

"Belief in God + God-given reason = Deism."

"In deism, our reason and our belief are happily united."

Deism is a religious philosophy and movement that derives the existence and nature of God from reason and personal experience.



ECKANKAR

"The light and sound of God."

"Spirit acts in a way that is for the good of the whole, sometimes bringing a healing of the emotions or the mind instead of the body, because that is in the best interests of that particular Soul's enfoldment." —Harold Klemp

Eckankar is a religious movement that focuses on spiritual exercise, enabling practitioners to experience the light and sound of God.



EPICUREANISM

*"Nothing to fear in God, Nothing to feel in Death.
Good can be attained; Evil can be endured."*

Epicureanism is an ancient Greek philosophical system taught by Epicurus. It emphasized the goal of a happy and content life in the here and now, rejecting both superstitious fear of the gods and notions of an afterlife.



FALUN GONG

"Practice of the Wheel of Dharma"

"The Buddha Fa is most profound; among all the theories in the world, it is the most intricate and extraordinary science. In order to explore this domain, humankind must fundamentally change its conventional thinking. Otherwise, the truth of the universe will forever remain a mystery to humankind, and everyday people will forever crawl within the boundary delimited by their own ignorance." – Master Li Hongzhi

Falun Gong is a Chinese movement in a high-level cultivation practice guided by the characteristics of the universe – truthfulness, benevolence and forbearance.



ANCIENT GREEK AND ROMAN RELIGION

"Whoever obeys the gods, to him they particularly listen."

"Human life is subject to the whim of the gods and to fate; these can be controlled through sacrifice and divination."

Greek religion was a predominant form of early Paganism, and as a result, their religion reflected many central ideas and concepts of earlier forms of Paganism, such as Druidism, both ancient and modern, and witchcraft and Wicca. Greeks worshiped many gods.

Roman religion believed in many gods and generally worshiped the earth, sea, sun, sky and various other elements of nature.



HARE KRISHNA (ISKCON)

“Krishna is the Supreme of God.”

*“Salvation from this Age of Kali is by a return to Godhead,
accomplished through Krishna-Consciousness.”*

Hare Krishna is the popular name for the International Society of Krishna Consciousness or ISKCON, a religious movement based in Hinduism. The mission of this nonsectarian, monotheistic movement is to promote the well-being of society by teaching the science of Krishna consciousness according to the Bhagavad-gita and other ancient scriptures.



HINDUISM

“Truth is one; sages call it by different names.”

—Hindu saying about religion

*“When you hear about the Self, meditate upon the Self,
and finally realize the Self,*

you come to understand everything in life.”
—Brihadaranyaka Upanishad 4.5

Hinduism is an ancient living religion in the world. Most Hindus worship one or more deities, believe in reincarnation, value the practice of meditation, and observe festive holidays like Diwali and Holi.



ISLAM

*“Righteous is he who believes in Allah and
the Last Day and the Angels and the Scriptures
and the Prophets.” — Qur’an 2:17*

Islam is a monotheistic religion based on revelations received by the Prophet Muhammed and later recorded in the Quran (Koran), Islam’s sacred text. The Arabic word Islam means “submission,” reflecting the religion’s central tenet of submitting to the will of God. Islamic practices are defined by the Five Pillars of Islam: faith, prayer, fasting, pilgrimage and alms.



JAINISM

*“Friendship to all living forms,
delight in the qualities in the qualities of the virtuous ones,*

*unlimited compassion for all suffering beings,
equanimity toward all who wish me harm,
may my soul have these dispositions now
and forever.” —Jain prayer*

Jainism is a religion that emphasizes complete non-violence and asceticism. It is propounded by a “Jina.” Jainism is a religion based on cosmic principles, eternal principles on which this colossal machinery runs without any mistake or even a single momentary halt.



JEHOVAH’S WITNESSES

*“One God, Jehovah. No Trinity –
Christ is the first creation of God;
the Holy Spirit is a force.”*

*“Jesus did not die on a cross. He died on a pole, or a stake.
The Greek word translated ‘cross’ in many
bibles meant just one piece of timber.
The symbol of the cross comes from ancient false religions.
The cross was not used or worshiped by the early Christians.
Therefore, do you think it would be right to use a cross in worship?”
(Deuteronomy 7:26; 1 Corinthians 10:14)*

Jehovah’s Witnesses are members of a worldwide Christian religion who actively share with others information about God, whose name is Jehovah, and about his Son, Jesus Christ. They base their beliefs solely on the principles found in the Holy Bible and view first-century Christianity as their model.



JUDAISM

*"God created the world for the purpose
of having people upon whom to bestow kindness.
He gave us commandments in order that
they should deserve the kindness
he bestows and that it not be charity."*

Judaism is a monotheistic religion. They believe that there is only one true God, who is the creator and ruler of the world. Judaism believes that God created the world for the purpose of having people upon whom to bestow kindness.



MAYAN RELIGION

*"Appease and nourish the gods; determine
luckiest dates for various activities."*

Mayan religion was characterized by the worship of nature gods (especially the gods of sun, rain, and corn), a priestly class, the importance of astronomy and astrology, rituals of human sacrifice, and the building of elaborate pyramid temples.



MORMONISM (LDS)

*"The Church of Jesus Christ of Latter-day Saints is Christian
but is neither Catholic nor Protestant. Rather,
it is a restoration of the original church established by Jesus Christ."
—LDS.org*

*"God the Father,
the Son Jesus Christ,
and the Holy Ghost
are three
separate individual beings."*

Mormonism is a term used to describe the religious, ideological, and cultural elements of certain branches of the Latter Day Saint movement, specifically, the Church of Jesus Christ of Latter-day Saints (LDS Church). Salvation by faith in Christ, good works, ordinances, and evangelism are the human situation and purpose of Mormonism.

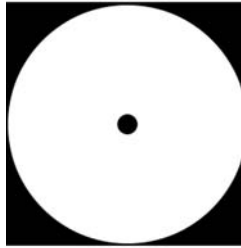


NEOPAGANISM

*"Paganism is the ancestral religion of the whole of humanity." —The
Pagan Federation*

*"Neo-Paganism strives to revive authentic
pantheons and rituals of ancient cultures,
though often in deliberately eclectic and reconstructionist ways,
and is characterized by a particularly
contemplative and celebrative attitude."
—Encyclopedia Britannica*

Neopaganism is a religious movement emphasizing ancient pagan religious traditions and reverence for nature. Pagans follow a wide variety of paths and may have a variety of beliefs on religious questions like the divine, human nature, and the afterlife. The most fundamental belief of Neopaganism is the recognition of the **divine in nature**.



NEW THOUGHT

"Life is eternal in the invisible kingdom of God."

*"Man is divine, essentially spirit, and has infinite possibility.
Mind can control the body.
Sin and sickness caused by incorrect thinking.
Man can live in oneness with God in love, truth,
peace, health, and prosperity."*

New Thought is a mind-healing movement. It has no one creed, but its fundamental teaching is that spirit is more real and more powerful than matter, and that the mind has the power to heal the body. New Thought groups are based in Christianity.



RASTAFARI

*"Humans are temples of Jah.
Salvation is primarily in this world and
consists of liberation from oppression and return to Africa."*

The **Rastafari movement** or **Rastafarianism** is a "messianic religion-political movement" that began in the Jamaican slums in the 1920s and '30s. Rastafarians believe in the Judeo-Christian God, whom they call **Jah**. In general, Rastafarian beliefs are based with an emphasis on Old Testament laws and prophecies and the book of Revelation.



SCIENTOLOGY

*"Human consists of body, mind, and thetan;
capable of great things.
Gain spiritual freedom by ridding mind of engrams."*

The **Church of Scientology** presents itself as a "technology" that leads people to "true spiritual release and freedom." It does not emphasize particular beliefs about God or other traditional religious topics, yet it calls itself a "Church" and presents many of its teachings in spiritual and religious terms.



SEVENTH-DAY ADVENTISTS

"One God who is a Trinity of Father, Son, and Holy Spirit."

"Believe in the Lord Jesus, and you will be saved."

—Acts 16:31

*"A Peaceful Pause after death until the coming of Christ,
then resurrection to judgment and eternity in heaven or hell."*

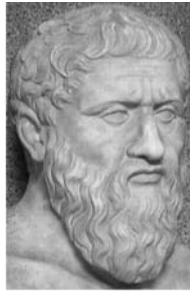
The **Seventh-day Adventist Church** (abbreviated **SDA**) considers itself a branch of Protestant Christianity, though differences in doctrine and practice exist. As a Christian church, Seventh-day Adventists are a faith community rooted in the beliefs described by the Holy Scriptures.



SHINTO

*"Humans are pure by nature and can keep away evil
through purification rituals and attain good
things by calling on the kami."*

Shinto (also **Shintoism**) is the term for the indigenous religious beliefs and practices of Japan. Shinto has no founder, no official sacred scriptures, and no fixed creeds, but it has preserved its main beliefs and rituals throughout the ages.



STOICISM

"Happiness, achieved by virtue, living reasonably."

Stoicism was one of the philosophical movements of the Hellenistic period founded by Zeno. The Stoics taught materialism, in which everything—including God and words—is material. Even emotions are material because they have physical manifestations (e.g. blushing, smiling).



TAOISM

*"The way that can be spoken of
is not the constant Way;*

*The name that can be named
is not the constant Name.*

*The nameless was at the beginning of heaven and earth;
the named was the mother of myriad creatures." --Tao Te Ching*

Taoism (also spelled **Daoism**) is based on the teachings of the *Tao Te Ching*, a short tract written in China. Its emphasis on spiritual harmony within the individual complements Confucianism's focus on social duty. Taoism is also increasingly influential in the West, especially in the field of alternative medicine and in martial arts like Tai Chi.



UNIFICATION CHURCH

*"True love and world peace instead of selfish love;
True love and the kingdom of God on earth will be
restored by the creation of True Families."*

The **Unification Church** (officially named the Holy Spirit Association for the Unification of World Christianity) is a religious movement founded by Reverend Sun Myung Moon in Korea. The Unification Church is a unique interpretation of Christianity that regards Rev. Moon as the Messiah and believes world peace can be attained through the creation of "true families." It is especially known for its mass weddings and seeking of converts and eternal life in a spirit world.



UNITARIAN UNIVERSALISM

*"Salvation is spiritual health or wholeness,
seeking inner and outer peace, insight health, compassion and
strength."*

Unitarian Universalism (UU for short) is a liberal, "non-creedal" religious movement characterized by its support for a "free and responsible search for truth and meaning. Unitarian Universalists do not share a creed; rather they are unified by their shared search for spiritual growth.



WICCA

*"If it harms none, do what you will."
"Wiccans believe that the spirit of the One,
Goddess and God exist in all things.
In the trees, rain, flowers, the sea, in each
other and all of nature's creatures.
This means that we must treat 'all things' of
the Earth as aspects of the divine."*

Wicca is a contemporary spiritual religion, based on and reviving the ancient pre-Christian pagan religions of Europe. Wiccans believe in a divine force or power as the source of all. It is both immanent and transcendent, while encompassing the whole universe. Therefore, the world and all aspects within the world, nature, and life itself in particular, are considered sacred.



ZOROASTRIANISM

"Humans are free to do well or evil must choose the side of good."

Zoroastrianism is the ancient, pre-Islamic religion of Persia (modern Iran). Zoroastrianism is a religion based on the teachings of its prophet Zoroaster. He taught that God was the wholly Good Creator of all things, of sun, moon, and stars, of the spiritual and material worlds, of humans and of beasts.

Inspirational Words of Wisdom from People of the World

"I walk slowly, but I never walk backward." – Abraham Lincoln

"There was a perception created of incompetence, some said callousness and he needs to replace it with compassion." – Tim Russert

"Some will kill thousands just for a three letter word, 'WIN!' that's an evil way to win." – Aasef Shafik

"A child mis-educated is a child lost." – John F. Kennedy

"Good things are not done in a hurry." – German Proverb

"Hugs can do great amounts of good—especially for children." – Princess Diana

"Where there is love, there is life." – Mahatma Gandhi

"In charged! Please uncharged the innocent that's not involved." – Aasef Shafik

"Good works are links that form a chain of love." – Mother Teresa

"Character is a journey, not a destination." – Bill Clinton

"Language is the road map of a culture. It tells you where its people come from and where they are going." – Rita Mae Brown

"If someone betrays you once, it's their fault, if they betray you twice, it's your fault." – Eleanor Roosevelt

"Do not seek evil gains; evil gains are the equivalent of disaster." – Hesiod

"You say you love me, OKAY! Then let I choose what's right for me."
– Aasef Shafik

"Challenges are gifts that force us to search for a new center of gravity. Don't fight them. Just find a different way to stand." – Oprah Winfrey

"If you know how to spend less than you get, you have the philosopher's stone."

– Benjamin Franklin

"This meeting is a starting point. It's not the end. I hope we work together in order to make that difference."

– Hanan Ashrawi

"Drug addiction is failing; good music is a form of healing."

– Aasef Shafik

"Education's purpose is to replace an empty mind with an open one."

– Malcolm Forbes

"We need to keep hope alive and strive to do better."

– Kofi Annan

"A coward is much more exposed to quarrels than a man of spirit."

– Thomas Jefferson

"Freedom consists not in doing what we like, but in having the right to do what we ought."

– Pope John Paul II

"Agreement is a peace of mind; not just a paper that you sign."

– Aasef Shafik

"I think of a hero as someone who understands the degree of responsibility that comes with his freedom."

– Bob Dylan

"Confidence ... thrives on honesty, on honor, on the sacredness of obligations, on faithful protection and on unselfish performance. Without them, it cannot live."

– Franklin D. Roosevelt

"I saw many aspects of the country which I needed to see in order that I might know what we need to do."

– Aung San Suu Kyi

"Handful patience is worth more than a bushel of brains."

– Dutch Proverb

"Peace is not the absence of war but the presence of justice."

– Harrison Ford

"Everything that is really great and inspiring is created by the individual who can labor in freedom."

– Albert Einstein

"My past is expired business... now is my future business."

– Aasef Shafik

"I hear and I forget. I see and I remember. I do and I understand."

– Chinese proverb

"I know God will not give anything I can't handle. I just wish that He didn't trust me so much."

– Mother Teresa

"The absence of flaw in beauty is itself a flaw." – Havelock Ellis

"The afternoon knows what the morning never suspected." – Swedish proverb

"We aim above the mark to hit the mark." – Ralph Waldo Emerson

"The aim of education should be teaching us how to think, rather than what to think." – James Beattie

"Get excited and enthusiastic about your own dream, this excitement is like a forest fire—you can smell it, taste it, and see it from a mile away."
– Denis Waitley

"Get the facts, or the facts will get you. And when you get them, get them right, or they will get you wrong." – Dr. Thomas Fuller

"Think peace globally, you'll live peacefully." – Aasef Shafik

"What we play is life." – Louis Armstrong

"The radical invents the views. When he has worn them out, the conservatives adopt them." – Mark Twain

"Don't talk about what you have done or what you are going to do."
– Thomas Jefferson

"Experience is the universal mother of sciences." – Miguel de Cervantes

"Don't tell me the sky's the limit when there are footsteps on the moon."
– Anonymous

"If you fear making anyone mad, then you ultimately probe for the lowest common denominator of human achievement." – Jimmy Carter

"Those which God writes on thy forehead, thou wilt come to it." – The Koran

"You've got to be stronger to live longer." – Nadya Shafik

"Only peace can write the new history." – Oscar Arias Sanchez

"A diplomatic peace is not yet the real peace. It is an essential step in the peace process leading towards a real peace." – Yitzhak Rabin

"Without fanaticism, we cannot accomplish anything." – Eva Peron

"Seek the lofty by reading, hearing, and seeing great work at some moment every day." – Thornton Wilder

"Progress is a nice word. But change is its motivator. And change has its enemies." – Robert F. Kennedy

"It may be true that the law cannot make a man love me, but it can stop him from lynching me, and I think that's pretty important." – Martin Luther King, Jr.

"The only stable state is the one in which all men are equal before the law."
– Aristotle

"Show your action to a 100% satisfaction." – Aasef Shafik

"Humility is no substitute for a good personality." – Fran Lebowitz

"Happy are those who dream and are ready to pay the price to make them come true." – Leon J. Suenes

"Sad things happen, they do. But we don't need to live sad forever."
– Mattie Stepanek

"Desire is the starting point of all achievement, not a hope, not a wish, but a keen pulsating desire which transcends everything." – Napoleon Hill

"I believe sustainable use is the greatest propaganda in wildlife conservation at the moment." – Steve Irwin

"With realization of one's own potential and self-confidence in one's ability, one can build a better world." – Dalai Lama

"Those who have succeeded at anything and don't mention luck are kidding themselves." – Larry King

"Without forgiveness, there's no future." – Bishop Desmond Tutu

"We are all here on earth to help other." – W.H. Auden

"An education isn't how much you have committed to memory, or even how much you know. It's being able to differentiate between what you do know and what you don't." – Anatole France

"Light tomorrow with today!" – Elizabeth Barrett Browning

"Like music and art, love of nature is a common language that can transcend political or social boundaries." – Jimmy Carter

"Little minds are tamed and subdued by misfortunes; but great minds rise above them." – Washington Irving

"I could see your pretty eyes telling all lies" – Aasef Shafik

"Time is really the only capital that any human being had, and the only thing he can't afford to lose." – Thomas Edison

"War is a defeat of humanity." – Pope John Paul II

"He plants trees to benefit another generation." – Caecilius Statius

"Don't call it hate crime; call it by the person's first name who committed that crime." – Aasef Shafik

"Relaxation comes from letting go of tense thoughts." – Frances Wilshire

"He that always gives way to others will end in having no principles of his own."
– Aesop

"Let weakness learn meekness." – A.C. Swinburne

"Success is choice and opportunity." – Harrison Ford

"Earn your own... it is not yours leave it alone." – Aasef Shafik

"Live well. It is the greatest revenge." – The Talmud

"The strongest principle of growth lies in human choice." – George Eliot

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit." – Aristotle

"We don't need a weakened government but a strong government that would take responsibility for the rights of the individual and care for the society as a whole." – Vladimir Putin

"Forget injuries, never forget kindnesses." – Confucius

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." – Martin Luther King, Jr.

The guts carry the feet, not the feet the guts.” – Miguel de Cervantes

“A dream becomes a goal when action is taken toward its achievement.”
– Bo Bennett

“If you’re talking negative again and again about your neighbor’s home, you’re raising high esteem of hate in your own home.” – Aasef Shafik

“Where there is love, there is pain.” – Spanish proverb

“A fact is a simple statement that everyone believes. It is innocent, unless proven guilty.” – Anonymous

“When you relinquish the desire to control your future, you can have more happiness.” – Nicole Kidman

“People with goals succeed because they know where they’re going.”
– Earl Nightingale

“A rich man’s joke is always funny.” – Thomas Edward Brown

“Ninety-nine percent of failures come from people who have the habit of making excuses.” – George W. Carver

“Knowing yourself is the beginning of all wisdom.” – Aristotle

“Don’t believe that Friday the thirteenth is a bad day, it’s just another day.” – Aasef Shafik

“No bird soars too high if he soars with his own wings.” – William Blake

“Globalization is not something we can hold off or turn off ... it is the economic equivalent of a force of nature—like wind or water.” – Bill Clinton

“No great man ever complains of want of opportunities.” – Ralph Waldo Emerson

“Experience teaches only the teachable.” – Aldous Huxley

“If you know what to do, plan it right before you do it.” – Aasef Shafik

“Facts do not exist because they are ignored.” – Aldous Huxley

“Failure is no accident.” – Dr. Phil McGraw

"A belief is not merely an idea the mind possesses; it is an idea that possesses the mind." – Robert Bolton

"A dog is not a considered a good dog because he is a good barker. A man is not considered a good man because he is a good talker." – Chuang Tzu

"Family isn't about whose blood you have. It's about who you care about." –Trey Parker and Matt Stone

"Our greatest battles are that with our own minds." – Jameson Frank

"Fast is fine, but accuracy is everything." – Xenophon

"Unity is strength ... when there is teamwork and collaboration, wonderful things can be achieved." – Mattie Stepanek

"Not your war... your friends were shot down...you cried all night long... if you try for peace together... forever you're going to laugh all year long."
– Aasef Shafik

"Fate knows where you are going, but it is up to you to drive there."
– Michelle Keesling

"For example' is not proof." – Jewish proverb

"The great use of life is to spend it for something that will outlast it."
– William James

"We need to think of the future and the planet we are going to leave to our children and their children." – Kofi Annan

"Character isn't inherited. One builds it daily by the way one thinks and acts, thought by thought, action by action." – Helen Gahagan Douglas

"We only become what we are by the radical and deep-seated refusal of that which others have made of us." – Jean-Paul Sartre

"Every dictator uses religion as a prop to keep himself in power."
– Benazir Bhutto

"We rarely think people have good sense unless they agree with us." – Francois de La Rochefoucauld

"I have one thing that counts, and that is my heart, it burns in my soul, it aches in my flesh, and it ignites my nerves; that is my love for the people and Peron."

–Eva Peron

"Being unwanted, unloved, uncared for, forgotten by everybody, I think that is a much greater hunger, a much greater poverty than the person who has nothing to eat." – Mother Teresa

"Good habits result from resisting temptation." – Ancient proverb

"The past is a source of knowledge, and the future is a source of hope. Love of the past implies faith in the future." – Stephen Ambrose

"God heals and the doctor takes the fees." – Benjamin Franklin

"Spread love everywhere you go. Let no one ever come to you without leaving happier." – Mother Teresa

"If you doubt you can accomplish something, then you can't accomplish it. You have to have confidence in your ability, and then be tough enough to follow through." – Rosalyn Carter

"A friend is one who knows you and loves you just the same." – Elbert Hubbard

"As soon as we find a cure, we will utilize any of the donations to go toward providing medication to those who can't afford it." – Montel Williams

"Your performance gets you promoted. It doesn't matter if you're brown, black or white." –Geraldo Rivera

"Peace cannot be kept by force; it can only be achieved through understanding." – Albert Einstein

"We cannot change anything until we accept it. Condemnation does not liberate, it oppresses." – Carl Gustav Jung

"Mr. Wrong! Apologizing is right from wrong." – Aasef Shafik

"If you love somebody, let them go. If they return, they were always yours. If they don't, they never were." – Anonymous

"Reality can be beaten with enough imagination." –Anonymous

"Peace will be victorious." – Yitzhak Rabin

"Opportunity dances with those who are ready on the dance floor." – H. Jackson Brown Jr.

"A good head and a good heart are always a formidable combination."
– Nelson Mandela

"I believe our biggest issue is the same biggest issue that the whole world is facing, and that's habitat destruction." – Steve Irwin

"I believe that as much as you take, you have to give back. It's important not to focus on yourself too much." – Nicole Kidman

"Contamination has no date to your age." – Aasef Shafik

"When you get to the end of your rope, tie a knot and hang on." – Anonymous

"People are always ready to admit a man's ability after he gets there."
– Bob Edwards

"Depression is anger without enthusiasm." – Anonymous

"Remember always that you not only have the right to be an individual, you have an obligation to be one." – Eleanor Roosevelt

"If you really want something, you can figure out how to make it happen."
– Cher

"A good book has no ending." – R.D. Cumming

"We cannot command Nature except by obeying it." – Francis Bacon

"There is a God and He is good, and his love, while free, has a self-imposed cost:

We must be good to one another." – George H. W. Bush

"If a book is worth reading, it is worth buying." – John Ruskin

"If a free society cannot help the many who are poor, it cannot save the few who are rich." – John F. Kennedy

"A goal without a plan is just a wish." – Antoine de Saint-Exupery

"Negative ads will show that it loves you... Watch it! It could turn around to haunt you." – Aasef Shafik

"Stability and peace in our land will not come from the barrel of a gun, because peace without justice is in impossibility." – Bishop Desmond Tutu

"Those who educate children well are more to be honored than parents, for these only gave life, those the art of living well." – Aristotle

"One man in his time plays many parts." – William Shakespeare

"A good deed is never lost: he who sows courtesy reaps friendship; and he who plants kindness gathers love." – St. Basil

"Think like a man of action, act like a man of thought." – Henri Louis Bergson

"You can't change what you don't acknowledge." – Dr. Phil McGraw

"Those who hate you don't win unless you hate him—and then you destroy yourself." – Richard Nixon

"Your imagination is your preview of life's coming attractions."
– Albert Einstein

"The essential thing is not knowledge, but character." – Joseph Le Conte

"Work for something because it is good, not just because it stands a chance to succeed." – Vaclav Havel

"Nobody should pin their hopes on a miracle." – Vladimir Putin

"Addiction can turn to conviction." – Aasef Shafik

"Whatever you want to teach, be brief." – Horace

"The free thinking of one age is the common sense of the next."
– Matthew Arnold

"The future is an opaque mirror. Anyone who tries to look into it sees nothing but the dim outlines of an old and worried face." – Jim Bishop

"Good manners are the best education." – Aasef Shafik

"The great end of life is not knowledge but action." – Thomas H. Huxley

"Live one day at a time, emphasizing ethics rather than rules." – Wayne Dyer

“Every person is responsible for all the good within the scope of his abilities, and for no more, and none can tell whose sphere is the largest.” – Gail Hamilton

“God keeps the wicked to give them time to repent.” – Sophie Rostopchine Segur

“From water to dirt and all different creations, we are all share the same land.”
– Aasef Shafik

“Believe you can and you’re halfway there.” – Theodore Roosevelt

“Peace is all around us. It is not a matter of faith; it is a matter of practice.”
– Thich Nhat Hanh

“Strong reasons make strong actions.” – William Shakespeare

“Let us then try what love will do.” – William Penn

“In all things of nature, there is something of the marvelous.” – Aristotle

“The future belongs to those who believe in the beauty of their dreams.”
– Eleanor Roosevelt

“The test of our progress is not whether we add more to the abundance of those who have much; it is whether we provide enough for those who have too little.”
– Franklin D. Roosevelt

“We have the means and the capacity to deal with our problems, if only we can find the political will.” – Kofi Annan

“Game makers are the inventors... fair players are the winners.” – Aasef Shafik

“Our problems are man-made; therefore they may be solved by man. And man can be as big as he wants. No problem of human destiny is beyond human beings.” – John F. Kennedy

“Each child is an adventure into a better life—an opportunity to change the old pattern and make it new.” – Hubert Humphrey

“History is a story of the past, make a new peaceful story of your future.”
– Aasef Shafik

“Nothing is particularly hard if you divide it into small jobs.” – Henry Ford

“Statistics are no substitute for judgment.” – Henry Clay

"The secret to creativity is knowing how to hide your sources." – Albert Einstein

"The self is not something ready-made, but something in continuous formation through choice of action." – John Dewey

"See good services; sweet remembrances will grow them." – Madame de Stael

"If not us, who? If not now, when?" – John F. Kennedy

"If your heart is beautiful, your life is beautiful." – Aasef Shafik

"Look to be treated by others as you have treated others." – Publius Syrus

"Passion makes the world go round. Love just makes it a safer place." – Ice T

"A successful lawsuit is the one worn by a policeman." – Robert Frost

"Keep your eyes on the stars, and your feet on the ground."
– Theodore Roosevelt

"We learn by teaching." – James Howell

"A good man would prefer to be defeated than to defeat injustice by evil means."
– Sallust (Gaius Sallustius Crispus)

"Fear is a disease that eats away at logic and makes man inhuman."
– Marian Anderson

"Nature is an endless combination and repetition of a very few laws."
– Ralph Waldo Emerson

"Nearly all men can stand adversity, but if you want to test a man's character, give him power." – Abraham Lincoln

"I have no fear of losing my life – if I have to save a koala or a crocodile or a kangaroo or a snake, mate, I will save it." – Steve Irwin

"The world is not the problem, the greediness of various people is the problem."
– Aasef Shafik

"I know that's a secret, for its whispered everywhere." – William Congreve

"Happiness is nothing more than good health and a bad memory."
– Albert Schweitzer

"Peace begins with a smile." – Mother Teresa

"They will be given to justice. They have committed a murder, and let justice decide. Let the courts decide." – Hamid Karzai

"I dream my painting, and then I paint my dream." – Vincent van Gogh

"It takes time to build a castle." – Irish proverb

"Respect yourself and others will respect you." – Confucius

"Money won't create success, the freedom to make it will." – Nelson Mandela

"All would live long, but none would be old." – Benjamin Franklin

"Fill your mind with stress free and obtain a fuel of peace." – Aasef Shafik

"There are two sides to every question." – Protagoras

"All you need in this life is ignorance and confidence, then success is sure."
– Mark Twain

"Of all parts of wisdom the practice is the best." – John Tillotson

"Cowards are cruel, but the brave love mercy and delights save." – John Gay

"Follow your honest convictions, and stay strong." – William Thackeray

"Never mistake activity for achievement." – John Wooden

"The hardest job kids' face today is learning good manners without seeing any."
– Fred Astaire

"An excuse is worse and more terrible than a lie, for an excuse is a lie guarded."
– Pope John Paul II

"Hatred paralyzes life; love releases it. Hatred confuses life; love harmonizes it.

Hatred darkness life; love illuminates it." – Martin Luther King, Jr.

"Bad habits are like a comfortable bed, easy to get into, but hard to get out of."
– Anonymous

"There are eyes and ears of witnesses to sites and sounds all around... you'll pay a price now or later for that crime." – Aasef Shafik

"God didn't make a mistake when He made you. You need to see yourself as God sees you." – Joel Osteen

"If we have no peace, it is because we have forgotten that we belong to each other." – Mother Teresa

"Glow all over, don't blow all over." – Aasef Shafik

"Those who are at war with others are not at peace with themselves."
– William Hazlett

"Things are not as bad as they seem. They are worse." – Bill Press

"Blame them not me, blame the weather not me. Blame but not me. Meayaww... Meayaww not me." – Not Me

"In the middle of difficulty lies opportunity." – Albert Einstein

"Legitimate use of violence can only be that which is required in self-defense."
– Ron Paul

"Nothing can bring you peace but yourself." – Ralph Waldo Emerson

"Love of democracy is that of equality." – Charles de Montesquieu

"The burden is equal to the horse strength." – The Talmud

"For every mountain there is a miracle." – Robert H. Schuller

"Downgrade... try to upgrade." – Aasef Shafik

"When you have given nothing, ask for nothing." – Albanian proverb

"When you have the facts on your side, argue the facts. When you have the law on your side, argue the law. When you have neither, holler." – Al Gore

"It is my firm belief that I have a link with the past and responsibility to the future. I cannot give up. I cannot despair. There's a whole future, generations to come. I have to keep trying." – King Hussein I

"Forgiveness does not change the past, but it does enlarge the future."
– Paul Boese

"Strive for excellence, not perfection." – H. Jackson

“Patience is the companion of wisdom” – Saint Augustine

“If Nature is opposed, we will fight her and make her obey us.” – Simon Bolivar

“Fortune favors the brave.” – Virgil

“Money is the fruit of evil as often as the root of it.” – Henry Fielding

“President is education, farmer is vegetation the clock ticks no differently throughout their lifetime.” – Aasef Shafik

“We have too many high-sounding words and too few actions that correspond with them.” – Abigail Adams

“Memories of our lives, of our works and our deeds will continue in others.”
– Rosa Parks

“Stop blowing the globe or you’ll never sew...” – Aasef Shafik

“Forgiveness is love in its most noble form.” – Anonymous

“Human rights are the soul of our foreign policy, because human rights are the very soul of our sense of nationhood.” – Jimmy Carter

“What does it take to be a champion? Desire, dedication, determination, concentration, and the will to win.” – Patty Berg

“Those who lose dreaming are lost.” – Australian Aboriginal proverb

“Time stays long enough for anyone who will use it.” – Leonardo da Vinci

“There is not black America and white America and Latino America and Asian America – there is the United States of America.” – Barack Obama

“Be silent as to services you have rendered, but speak of favors you have received.”
– Seneca

“If you can learn from hard knocks, you can also learn from soft touches.”
– Carolyn Kenmore

“Though we travel the world over to find the beautiful, we must carry it with us or we find it not.” – Ralph Waldo Emerson

"Every flower blooms within its own time... it show the beauty all around, each one is one of a kind." – Aasef Shafik

"Let us act on what we have, since we have not what we wish."
– Cardinal Newman

"Play for more than you can afford to lose and you will learn the game."
–Winston Churchill

"I think we all have light and dark inside us." – Sean Penn

"Imagination is the eye of the soul." – Joseph Joubert

"Politics is more dangerous than war, for in war you are only killed once."
– Winston Churchill

"Our aims are absolutely clear: They are high living standard in the country and a secure, free, and comfortable life." – Vladimir Putin

"Success seems to be connected to action. Successful people keep moving. They make mistakes, but they don't quit." – Conrad Hilton

"Manifest plainness, embrace simplicity, reduce selfishness, have few desires."
–Lao-Tzu

"Tell me who admires you and loves you, and I will tell you who you are."
– Charles Augustin Sainte-Beuve

"Terrorism as a force is gone. As individuals, they are all around and we will continue to look for them." – Hamid Karzai

"If you're not getting along, then move on, it's not the end of the world."
– Aasef Shafik

"Whatever is good to know is difficult to learn." – Greek proverb

"Conformity is the jailer of freedom and the enemy of growth." – John F. Kennedy

"We should live and learn; but by the time we've learned, it's too late to live."
– Carolyn Wells

"Air pollution is turning Mother Nature prematurely gray." – Irv Kupcinec

"We will either find a way, or make one." – Hannibal

"To be a revolutionary, you have to be a human being. You have to care about people who have no power." – Jane Fonda

"Put away your weapons, helshel has goals and a life like you." – Aasef Shafik

"Justice cannot be for one side alone, but must be for both." – Eleanor Roosevelt

"We don't need advice, theories, or books, because life itself is our teacher."
– Rigoberta Menchu Tum

"Efforts and courage are not enough without purpose and direction." – John F. Kennedy

"Be polite to all, but intimate with few." – Thomas Jefferson

"The boundaries which divide life from death are at best shadowy and vague. Who shall say where one ends, and the other begins?" – Edgar Allan Poe

"Some praise at morning what they blame at night." – Alexander Pope

"Tell me and I'll forget. Show me, and I may not remember. Involve me and I'll understand." – Native American saying

"The difference between the impossible and the possible lies in a person's determination." – Tommy Lasorda

"Stop the silly rules of a monkey... money on the donkey." – Aasef Shafik

"God will not look you over for medal, degrees, or diplomas, but for deed."
– Elbert Hubbard

"All men of action are dreamers." – James G. Huneker

"It is better to light one candle than to curse the darkness." – Chinese proverb

"Whether it is the best of times or the worst of times, it is only time we have."
– Art Buchwald

"There cannot be a crisis next week. My schedule is already full."
– Henry Kissinger

"Whatever you are, be a good one." – Abraham Lincoln

"But one must know where one stands, and where the others wish to go."

–Johann Wolfgang von Goethe

"There is absolutely no reason for being rushed along with the rush. Everybody should be free to go slow." – Robert Frost

"My direction is peace reflection." – Aasef Shafik

"Who never made a mistake never made a discovery." – Samuel Smiles

"The most profound statements are often said in silence." – Lynn Johnston

"Charm is the quality in others that makes us more satisfied with ourselves."
– Henri Frederic Amiel

"Think but don't think for nothing." – Aasef Shafik

"Real Democrats don't abandon the middle class." – John Kerry

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world." – Bishop Desmond Tutu

"Life without love is like a tree without blossoms or fruit." – Kahlil Gibran

"Great works are performed not by strength but by perseverance."
– Samuel Johnson

"Some people approach every problem with an open mouth." – Adlai Stevenson

"Hunger is never filling. Science is the only fueling." – Aasef Shafik

"Madness is part of all us, all the time, and it comes and goes, waxes and wanes." – Otto Friedrich

"Make all you can, save all you can, give all you can." – John Wesley

"If I cannot brag of knowing something, then I brag of not knowing it, at any rate, brag." – Ralph Waldo Emerson

"We have no right to complain about any condition affecting the quality of our lives, unless we are doing something about it." – Geraldo Rivera

"If you are not criticized, you may not be doing much." – Donald H. Rumsfeld

"Human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives." – William James

"All equal to you ...not better than you." – Aasef Shafik

"If you want more, you have to require more from yourself." – Dr. Phil McGraw

"I believe in the sun even if it isn't shining. I believe in love even when I am alone. I believe in God even when He is silent." – Anonymous

"Character, in the long run, is the decisive factor in the life of an individual and of nations alike." – Theodore Roosevelt

"Charity separates the rich from the poor; aid raises the needy and sets him on the same level with the rich." – Eva Peron

"Design is not just what it looks like and feels like. Design is how it works."
– Steve Jobs

"You are free, as far as, everyone sees." – Aasef Shafik

"At every single moment of one's life, one is going to be no less than what one has been." – Oscar Wilde

"The best job goes to the person who can get it done without passing the buck or coming back with excuses." – Napoleon Hill

"Someday they will know what I mean." – Tom Thomson

"Rather than love, than money, than fame, give me truth."
– Henry David Thoreau

"Real happiness comes from inside. Nobody can give it to you." – Sharon Stone

"Awards are so unnecessary, because I think we get so much out of our work just by doing it. The work is reward in itself." – Natalie Portman

"If you want to be free, there is but one way, it is to guarantee and equally full measure of liberty to all your neighbors. There is no other." – Carl Schurz

"People can brainwash you, it can turn you against your own family too, and no 'cat scan' can help you... except you." – Aasef Shafik

“Education is for improving the lives of others and for leaving your community and world better than you found it.” – Marian Wright Edelman

“If you want to be loved, be lovable.” – Ovid

“Awareness without action is worthless.” – Dr. Phil McGraw

“One of the greatest diseases is to be nobody to anybody.” – Mother Teresa

“See a bright light alien in our atmosphere, no witness to our eyes. It could be fooled by the blink of an eye.” – Aasef Shafik

“Life without liberty is far worse than death.” – Hamid Karzai

“An intellectual is a man who takes more words than necessary to tell more than he knows.” – Dwight D. Eisenhower

“Horsepower was a wonderful thing when only horses had it.” – Anonymous

“How can one not speak about war, poverty, and inequality when people who suffer from these afflictions don’t have a voice to speak?” – Isabel Allende

“Choose your friends by their characters and your socks by their color. Choosing your socks by their character makes no sense, and choosing your friends by their color is unthinkable.” – Anonymous

“First weigh the considerations, and then take the risks.” – Helmuth von Moltke

“Fix the problem, not the blame.” – Japanese proverb

“Democrats need to be not only gracious in defeat, but positive about the future.” – Alan Colmes

“Change is the law of life. And those who look only to the past or present are certain to miss the future.” – John F. Kennedy

“No longer forward nor behind I look in hope and fear; But grateful take the good I find, the best of now and here.” – John G. Whittier

“Hey! Mr. Rude, its okay to be cool.” – Aasef Shafik

“There is all the difference in the world between treating people equally and attempting to make them equal.” – Friedrich A. Hayek

"A little less complaint and whining, and a little more dogged work and manly striving, would do us more credit than a thousand civil rights bills."

– W.E.B. Du Bois

"Looks can fool, it's like the color of food...the taste is the real truth."

– Aasef Shafik

"Education is the most powerful weapon which you can use to change the world." – Nelson Mandela

"War is a cowardly escape from the problems of peace." – Thomas Mann

"There is no security on this earth, there is only opportunity."

– General Douglas MacArthur

"Open your arms to change, but don't let go of your values." – Dalai Lama

"If we cannot now end our differences, at least we can help make the world safe for diversity." – John F. Kennedy

"No matter how good you get, you can always get better and that's the exciting part." – Tiger Woods

"Experience shows up when your years adds up." – Aasef Shafik

"Do something. If it doesn't work, do something else. No idea is too crazy."

– Jim Hightower

"Competence, like truth, beauty, and contact lenses, is in the eye of beholder."

– Laurence J. Peter

"Obstacles are those frightful things you see when you take your eyes off your goal." – Henry Ford

"Innocents are dying, the person in charge does not understanding."

– Aasef Shafik

"Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing." – Abraham Lincoln

"Patience is the best remedy for every trouble." – Titus Maccius Plautus

"Dripped to drop; creeks to rivers; seas to oceans, these are the cycles of life."

– Aasef Shafik

"They are so tough and not giving up... when they bleed... they're DNA matches just like my blood type." – Aasef Shafik

"We must like what we have when we don't have what we like."
– Roger de Bussy-Rabutin

"Don't buy the house; buy the neighborhood." – Russian proverb

"Don't compromise yourself. You are all you've got." – Janis Joplin

"Take a little... give a little... time to grow a little." – Aasef Shafik

"An idea is salvation by imagination." – Frank Lloyd Wright

"An ignorant people are the blind instrument of its own destruction."
– Simon Bolivar

"They bring you down to your knees and make you happy... that's your beautiful baby." – Aasef Shafik

"Every one of us needs to show how much we care for each other and, in the process, care for ourselves." – Princess Diana

"It is absurd to divide people into good and bad. People are either charming or tedious." – Oscar Wilde

"Languages are the singing sounds of beautiful birds in every town."
– Aasef Shafik

"One can present people with opportunities. One cannot make them equal to them." – Rossamond Lehmann

"The only people who think children are carefree are the ones who've forgotten their own childhood." – Orson Scott Card

"Personality can open doors, but only character can keep them open."
– Elmer G. Letterman

"Good manners will open doors that the best education cannot."
– Clarence Thomas

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader." – John Quincy Adams

"Choose heaven or life... Mom chose you for life." – Aasef Shafik

"Happiness is not something readymade. It comes from your own actions."
–Dalai Lama

"Take rest; a field that has rested gives a bountiful crop." – Ovid

"If you want to be respected, you must respect yourself." – Spanish proverb

"Don't waste... that's not your taste." – Aasef Shafik

"There is no free lunch in life. Please don't feel entitled to anything you don't sweat and struggle for." – Marian Wright Edelman

"All our problems, all our disputes, all our disagreements can be resolved quickly to mutual satisfaction if we address the question." – Benazir Bhutto

"There is nothing more frightening than ignorance in action." – Goethe

"Hard work turns your hands to diamond." – Aasef Shafik

"Hold onto your life... Be ALIVE!!! Only one chance on this ride."
– Aasef Shafik

"It's not their car; it's the good credit they're showing off." – Aasef Shafik

"Many of life's failures are people who did not realize how close they were to success when they gave up." – Thomas A. Edison

"The most important thing that the father can do for his children is to love their mother." – Theodore Hesburgh

"Practice life... being fair is right." – Aasef Shafik

"Do what you can, with what you have, where you are." – Theodore Roosevelt

"When a thing has been said and well, has no scruple. Take it and copy it."
–Anatole France

"By lifting the weakest, poorest among us, we lift the rest of us as well."
– Bill Clinton

"Be understanding... that isn't disappointing." – Aasef Shafik

"Life is just a journey." – Princess Diana

"Not smiling...the heart is pumping...the brain is imagining...life is just beginning." – Aasef Shafik

"Good artists exist simply in what they make, and consequently are perfectly uninteresting in what they are." – Oscar Wilde

"Fear is, I believe, a most effective tool in destroying the soul of an individual— and the soul of a people." – Anwar El-Sadat

"The neighbors you know...are no difference from others that you don't know." – Aasef Shafik

"We first make our habits, and then our habits make us." – John Dryden

"The way of life is not as easy as some people think ... like me." – Mattie Stepanek

"God Bless all nations... no favoritism to any one nation... permission to build your own nation." – Aasef Shafik

"He who has never learned to obey cannot be a good commander." – Aristotle

"Beware! Cancer is spreading on this earth... take charge of preventing and dealing with this problem simultaneously" – Aasef Shafik

"Give the laborer his wage before his perspiration be dry." – Muhammad

"Nothing will end war unless the people refuse to go to war." – Albert Einstein

"The best way to enhance freedom in other lands is to demonstrate here that our democratic system is worthy of emulation." – Jimmy Carter

"Angels unite the world, devils divide it." – Aasef Shafik

"You can't separate peace from freedom because no one can be at peace unless he has his freedom." – Malcolm X

"The times spat at me. I spit back at the times." – Andrei Voznesensky

"You cannot kill the truth. You cannot kill peace. You cannot kill what we are fighting for." – Jean Dominique

"When you make a mistake, admit it; if you don't, you only make matters worse." – African proverb

"Whenever we are, what we hear is mostly noise. When we ignore it, it disturbs us. When we listen to it, we find it fascinating." – John Cage

"What you pray and wear is your right... but don't push others, unless they're trouble in this life." – Aasef Shafik

"It is easier to be wise for others than for ourselves."
– Francois De La Rochefoucauld

"I am making fun of me...I'm so ugly... a joke a day is good for you and me."
– Aasef Shafik

"When you go to buy, use your eyes, not your ears." – Czech proverb

"The future starts today, not tomorrow." – Pope John Paul II

"Failure is not the only punishment for laziness; there is also the success of others." – Jules Renard

"Even though the future seems far away, it is actually beginning right now."
–Mattie Stepanek

"Things do not happen. Things are made to happen." – John F. Kennedy

"Don't always follow the most popular leaders; listen to the most honest leaders."
– Aasef Shafik

"We are shaped and fashioned by what we love." – Johann von Goethe

"You really can change the world if you care enough." – Marian Wright Edelman

"That's their tradition, but that does not make them different." – Aasef Shafik

"Even if you are on the right track, you'll get run over if you just sit there."
– Will Rogers

"Every man in the world is better than someone else, and not as good as someone else." – William Saroyan

"When the president does it that means it is not illegal." – Richard Nixon

"Where liberty dies, evil grows." – Hamid Karzai

"The universe is change; our life is what our thoughts make it."

– Marcus Aurelius Antoninus

"Everywhere you go...there are the good, the bad and the ugly." – Aasef Shafik

"Without goals, and plans to reach them, you are laying a ship that has set sail with no destination." – Fitzhugh Dodson

"Do not worship a leader, follow by the examples of a good honest leader."

– Aasef Shafik

"I think that when you invite people to your home, you invite them to yourself."

– Oprah Winfrey

"Don't judge a man by his opinions, but what his opinions have made of him."

– George Christopher Lichtenberg

"When the mouse laughs at the cat, there's a hole nearby." – Nigerian proverb

"Where the willingness is great, the difficulties cannot be great."

– Niccolo Machiavelli

"Come forth into the light of things let nature be your teacher."

– William Wordsworth

"It is easy to be brave from a safe distance." – Aesop

"The smallest deed is better than the grandest intention."

– Roger Nash Baldwin

"Art washes away from the soul the dust of everyday life." – Pablo Picasso

"When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us."

– Helen Keller

"Be kind whenever possible. It is always possible." – Dalai Lama

"One can go to war alone, but you can't build peace alone." – Jacques Chirac

"All skills are equal in the eyes of God." – Aasef Shafik

"A person that values its privileges above its principles soon loses both." – Dwight D. Eisenhower

"There are three types of people in this world: those who make things happen, those who watch things happen, and those who wonder what happened. We all have a choice. You can decide which type of person you want to be. I have always chosen to be in the first group." – Mary Kay Ash

"Small opportunities are often the beginning of great enterprises."
– Demosthenes

"When you play, play hard; when you work, don't play at all."
– Theodore Roosevelt

"You can change your world by changing your words ... remember, death and life are in the power of the tongue." – Joel Osteen

"Bad excuses are worse than none." – Thomas Fuller

"Be honorable yourself if you wish to associate with honorable people."
– Welsh proverb

"Unless you believe, you will not understand." – Saint Augustine

"If you talk to a man in a language he understands, that goes to his head, if you talk to him in his language that goes to his heart." – Nelson Mandela

"There is no happiness for people at the expense of other people."
– Anwar El-Sadat

"Politicians are the same all over. They promise to build a bridge even where there is no river." – Nikita Khrushchev

"Resolution not revolution...Pin Head!" – Aasef Shafik

"Life is not of having and a getting, but a being and a becoming."
– Matthew Arnold

"Weakness on both sides is, as we know, the motto of all quarrels." – Voltaire

"You don't understand anything until you learn it more than one way."
– Marvin Minsky

"Everything that used to be a sin is now a disease."
– Bill Maher (American comedian/actor)

"Let us not say, every man is the architect of his own fortune, but let us say, every man is the architect of his own character." – George Dana Boardman

"Think of all the beauty still left around you and be happy." – Anne Frank

"You may delay, but time will not." – Benjamin Franklin

"This was such a massive catastrophe. I don't know that anything could have been done differently. We had a lot of heroic people." – John Walsh

"Parents can only give good advice or put them on the right paths, but the final forming of a person's character lies in their own hands." – Anne Frank

"Nobody cares how much you know, until they know how much you care."
– Theodore Roosevelt

"There is nothing so likely to produce peace as to be well prepared to meet the enemy." – George Washington

"When two men in business always agree, one of them is unnecessary."
– William Wrigley, Jr.

"Showing your love makes the world much beautiful place." – Aasef Shafik

"Nothing is as simple as we hope it will be." – Jim Horning

"When I do good, I feel good; when I do bad, I feel bad, and that is my religion." – Abraham Lincoln

"The pains felt by Asian countries are our own pains. Disaster in Asia is nothing but ours as well." – Junichiro Koizumi

"Things do not change; we change." – Henry David Thoreau

"What is forgiven is usually well remembered." – Louis Dudek

"After the game, the king and the pawn go into the same box." – Italian proverb

"Take it easy! It is not easy to find happiness in ourselves, and it is not possible to find it elsewhere." – Anonymous

"Tune into your favorite screen. Don't miss the news of your brain. Follow your mother's dream." – Aasef Shafik

"He that is good for making excuses is seldom good for anything else."

– Benjamin Franklin

"If you're bored with life—you don't get up every morning with a burning desire to do things—you don't have enough goals." – Lou Holtz

"Everyone is trying to accomplish something big, not realizing that life is made up of little things." – Frank Clark

"A good general not only sees the way to victory; he also knows when victory is impossible." – Polybius

"Real success is finding your lifework in the work that you love."

– David McCullough

"The enemy of my enemy is my friend." – Arabic proverb

"The face is the mirror of the mind, and eyes without speaking confess the secrets of the heart." – Saint Jerome

"The first duty of a government is to give education to the people."

– Simon Bolivar

"If you would know the road ahead, ask someone who has traveled it."

– Chinese proverb

"You are a man...then why are you running away from a peaceful plan?"

– Aasef Shafik

"If you can imagine it, you can achieve it, if you can dream it, you can become it." – William Arthur Ward

"All things bright and beautiful, all creatures great and small, all things wise and wonderful, the Lord God made them all." – Cecil Frances

"There's one thing about baldness—it's neat." – Don Herold

"Perseverance is a great element of success; if you only knock long enough and loud enough at the gate, you are sure to wake up somebody."

– Henry Wadsworth Longfellow

"Everything of importance has been said before by somebody who did not discover it." – Alfred North Whitehead

"When you're up there, send some love down here." – Aasef Shafik

"Stand up for me and I will stand up for you." – Hillary Clinton (2008 US presidential candidate)

"War is not nice." – Barbara Bush

"Trouble will rain on those who are already wet." – Anonymous

"Success is the good fortune that comes from aspiration, desperation, perspiration, and inspiration." – Evan Esar

"When the angels present themselves, the devils abscond." – Arabic proverb

"A man may die, nations may rise and fall, but an idea lives on."
– John F. Kennedy

"Nothing is a waste of time if you use the experience wisely." – Auguste Rodin

"There is one who kisses, and the other who offers a cheek." – French proverb

"What is told in the ear of a man is often heard 100 miles away."
– Chinese saying

"So much commotion... not enough emotion... forward to promotion."
– Aasef Shafik

"Two men look out through the same bars. One sees the mud and one the stars."
– Frederick Langbridge

"We need to look up to and not just fear." – John Kerry

"That government is best which governs the least, because its people discipline themselves." – Thomas Jefferson

"There is no reason to repeat bad history." – Eleanor Holmes Norton

"If you treat people right they will treat you right—90 percent of the time."
– Franklin D. Roosevelt

"Be not afraid of growing slowly; be afraid only of standing still."
– Chinese proverb

"Have all the power in your hands... playing a bad politics game...you don't gain when your name is in pain." – Aasef Shafik

"It doesn't matter where you are coming from, all that matters is where you are going." – Brian Tracy

"Be happy in the moment—that's enough. Each moment is all we need—not more." – Mother Teresa

"Use power to help people: For we are given power not to advance our own purpose or a name. There is but one just use of power and it is to serve people."
– George H. W. Bush

"To lead the people, walk behind them." – Lao Tzu

"As a Goodwill Ambassador for UNIFEM, I've learned that violence against women knows no boundaries. Join me in helping women worldwide who have suffered unthinkable violence." – Nicole Kidman

"You don't have to go to college to be a success ... We need the people who run the office, the people who run the offices, the people who do the hard physical work of our society." – George H. W. Bush

"Pleasure in the job puts perfection in the work." – Aristotle

"Now, when people are dying, you don't really look at who's offering the help. You take it. The first issue should be to help the people." – Benazir Bhutto

"Whatever makes you happy, that what counts...but do no harm."
– Aasef Shafik

"We have the Bill of Rights. What we need is a Bill of Responsibilities."
– Bill Maher (American comedian/actor)

"He who is not courageous enough to take risks will accomplish nothing in life."
– Muhammad Ali

"In life, as in football, you won't go far unless you know where the goalposts are."
– Arnold H. Glasgow

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." – John Fitzgerald Kennedy

"Peace is not achieved by controlling nations, but mastering our thoughts."
– John Harricharan

"Life shrinks or expands in proportion to one's courage." – Anais Nin

"I not only use all the brains I have, but all I can borrow." – Woodrow Wilson

"Let there be spaces in your togetherness." – Kahil Gibran

"No person was ever honored for what he received. Honor has been the reward for what he gave." – Calvin Coolidge

"Support your allies with peaceful tactics, not weapons." – Aasef Shafik

"Teachers believe they have a gift for giving; it drives them with the same irrepressible drive that drives others to create a work of art or a market or a building." – A Bartlett Giamatt

"The future is the past returning through another gate." – Arnold Glasgow

"When one of your dreams comes true, you begin to look at the others more carefully." – Anonymous

"I consider myself a Hindu, Christian, Moslem, Jew, Buddhist, and Confucian."
– Mahatma Gandhi

"Do not protect yourself by a fence, but rather by your friends." – Czech proverb

"Ye shall know the truth, and the truth shall make you free." – The Bible

"Own a property but not a human being" – Aasef Shafik

"To the country and the world, I ask you to please join us, together we can continue to rebuild families, homes and lives...if you join us, we'll be unstoppable."—Liz McCartney

"Motivation is what gets you started. Habit is what keeps you going."
– Jim Ryun

"Never discourage anyone ... who continually makes progress, no matter how slow." – Plato

"Only do what your heart tells you." – Princess Diana

"You must not lose faith in humanity. Humanity is an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty." – Mahatma Gandhi

"We have 40 million reasons for failure, but not a single excuse."
– Rudyard Kipling

"We will not know unless we begin." – Peter Nivio Zarlenga

"We would accomplish many more things if we did not think of them as impossible." – C. Malesherbes

"The best way to predict the future is to invent it." – Alan Kay

"Real victories are those that protect human life, not those that result from its destruction or emerge from its ashes." – King Hussein I

"Speaking very highly of your ethnic and you...everyone knows who is who... Save your brownie points with you...words to you are to me too." – Aasef Shafik

"You cannot belong to anyone else until you belong to yourself." – Pearl Bailey

"It is not only fine feathers that make fine birds." – Aesop

"It is never too late to give up our prejudices." – Henry David Thoreau

"I've learned that you can't have everything and do everything at the same time."
– Oprah Winfrey

"An honest man can feel no pleasure in the exercise of power over his fellow citizens." – Thomas Jefferson

"Good deeds are the ticket to heaven." – Aasef Shafik

"You have enemies? Good. That means you've stood up for something, sometime in your life." – Winston Churchill

"The path towards a free society has not been simple. There are tragic and glorious pages in our history." – Vladimir Putin

"It is not the place, nor the condition, but the mind alone that can make anyone happy or miserable." – Roger L'Estrange

"You cannot depend on your eyes when your imagination is out of focus."
– Mark Twain

"Too much talk will include errors." – Burmese proverb

"Risk! Risk anything! Care no more for the opinions of others, for those voices. Do the hardest thing on earth for you. Act for yourself. Face the truth."
– Katherine Mansfield

"You must be the change you wish to see in the world." – Mahatma Ghand

"All good things are difficult to achieve, and bad things are very easy to get."
– Morarji Desai

"We shape our buildings; thereafter they shape us." – Winston Churchill

*"The strong will survive, the weak will die, the last days of our lives, the world
will recycle for another time."* – Aasef Shafik

"True friends stab you in the front." – Oscar Wilde

*"Tradition does not mean that the living are dead, it means that the dead are
living."* – Harold Macmillan

"Only our individual faith in freedom can keep us free."
– Dwight D. Eisenhower

*"If you want to make peace, you don't talk to your friends. You talk to your
enemies."* – Moshe Dayan

"To measure the man, measure his heart." – Malcolm Stevenson Forbes

"Anyone who has never made a mistake has never tried anything new."
– Albert Einstein

"Anywhere I see suffering that is where I want to be, doing what I can."
– Princess Diana

"Art is I, science is we." – Charles Bernard

"Do not wait to strike till the iron is hot; but make it hot by striking."
– William B. Sprague

*"Setting a good example is a far better way to spread ideals than through force of
arms."* – Ron Paul

"Sleep is the best meditation." – Dalai Lama

*"You have brains in your head, you have feet in your shoes, you can steer yourself
in any direction you choose."* – Theodore Seuss Geisel (Dr. Seuss)

"We must use time as a tool, not as a crutch." – John F. Kennedy

"When the mind is thinking, it is talking to itself." – Plato

"Any fool can make a rule, and every fool will mind it." – Anonymous

"If an idea's worth having once, it's worth having twice." – Tom Stoppard

"You are remembered for the rules you break." – Douglas MacArthur

"You can never plan the future by the past." – Edmund Burke

"We must learn to live together as brothers or perish together as fools."
– Martin Luther King, Jr.

*"Though I am grateful for the blessings of wealth, it hasn't changed who I am.
My feet are still on the ground. I'm just wearing better shoes."* – Oprah Winfrey

"To do two things at once is to do neither." – Publilius

"The only real prison is fear, and the only real freedom is freedom from fear."
– Aung San Suu Kyi

"The harder you work, the luckier you get." – Gary Player

"There are no such things as enemy countries; it's just a disagreement in politics."
– Aasef Shafik

*"Marriage is an act of will that signifies and involves a mutual gift which unites
the spouses and binds them to their eventual souls, with whom they make a sole
family."* – Pope John Paul II

"Every story has three sides to it—yours, mine, and the facts."
– Foster Meharney Russell

*"They are twins! Only one can become the president but the other one is just as
smart as president."* – Aasef Shafik

"Don't ever take a fence down until you know why it was put up."
– Robert Frost

"You will never find time for anything. If you want time, you must make it."
– Charles Buxton

"Jesus said love one another. He didn't say love the whole world."
– Mother Teresa

"Love is the big booming beat which covers up the noise of hate."
– Margaret Cho

"News is the first rough draft of history." – Benjamin Bradlee

"It always seems impossible until it's done." – Nelson Mandela

"Lying can never save us from another lie." – Vaclav Havel

"First keep the peace within yourself, and then you can also bring peace to others." – Thomas A. Kempis

"Professionals should do their job, and politicians should not be engaged in scoring points here because of the tragedy." – Vladimir Putin

"There is no such thing as inevitable war. If war comes, it will be from failure of human wisdom." – Bonar Law

"Education is the movement from darkness to light." – Allan Bloom

"Silence is golden when you think of a good answer." – Muhammad Ali

"Disagreement can start wars and leave scars of hate." – Aasef Shafik

"Ideas without action are worthless." – Harvey Mackay

"Hurt not the earth, neither the sea, nor the trees." – Revelation 7:3

"Fair... don't learn from unfair." – Aasef Shafik

"Riots are the voices of the unheard." – Martin Luther King, Jr.

"Do not judge by appearance; a rich heart may be under a poor coat."
– Scottish proverb

"Justice does not come from the outside. It comes from inner peace."
– Barbara Hall

"Terrorism has become the systematic weapon of a war that knows no borders or seldom has a face." – Jacques Chirac

"Mankind must put an end to war before war puts an end to mankind."
– John F. Kennedy

"Democrats need to be not only gracious in defeat, but positive about the future."
– Alan Colmes

"Love begins at home, and it is not how much we do ... but how much love we put in that action." – Mother Teresa

"To lose is to learn." – Anonymous

"Humor is just another defense against the universe." – Mel Brooks

"Let us never negotiate out of fear. But let us never fear to negotiate."
– John F. Kennedy

"Justice and peace can only thrive together, never apart." – Oscar Arias Sanchez

"The world is the land of the free, and the symbol for all nations that we agree."
– Aasef Shafik

"Peace and justice are two sides of the same coin." – Dwight D. Eisenhower

"A smile is the beginning of peace." – Mother Teresa

"Now you can do it for yourself...recycle for another cycle." – Aasef Shafik

"All our dreams can come true—if we have the courage to pursue them."
– Walt Disney

"It is not every question that deserves an answer." – Publilius Syrus

"Our religion does not discriminate according to color, sex, or anything else. What counts is piety and faith." – King Hussein I

"Talk low, talk slow, and don't talk too much." – John Wayne

"What do you get by harming others? ... Many more enemies!" – Aasef Shafik

"Everyone has his day and some days last longer than others."
– Sir Winston Churchill

"The more we sweat in peace, the less we bleed in war."
– Vijaya Lakshmi Pandit

"Unsure... Make sure...Are you sure?" – Aasef Shafik

"The secret of business is to know something that nobody else knows."
– Aristotle Onassis

"If you can give your son or daughter only one gift, let it be—enthusiasm."
– Bruce Barton

"A president who breaks the law is a threat to the very structure of our government." – Al Gore

"A real friend is one who walks in when the rest of the world walks out."
– Anonymous

"The future is not a gift—it is an achievement." – Harry Lauder

"Bruce Lee is free, change his name to Mohammed Ali, he's still the same human being." – Aasef Shafik

"Our world is a school of nations... it's a classes of cultures and with colored flowers of races that what make the world so remarkable." – Aasef Shafik

"There is only one person who could ever make you happy, and that person is you." – Anonymous

"If you don't like something, change it. If you can't change it, change your attitude. Don't complain." – Maya Angelou

"A merry heart is good like a medicine." – Joel Osteen

"Ability may get you to the top, but it takes character to keep you there."
– John Wooden

"The man who is swimming against the stream knows the strength of it."
– Woodrow Wilson

"If there's no struggle, there is no progress." – Frederick Douglass

"Never spend your money before you have it." – Thomas Jefferson

"Yes! There are such things as good luck and bad luck, but not always."
– Aasef Shafik

"I am me, you are you; we are all from one same planet family." – Aasef Shafik

"A master can tell you what he expects of you. A teacher, though, awakens your own expectations." – Patricia Neal

"Don't worry so much about your self-esteem. Worry about your character. Integrity is its own reward." – Dr. Laura Schlessinger

"Your life will be no better than the plans you make and the action you take. You are the architect and builder of your own life, fortune, destiny."

– Alfred A. Montapert

"A crime is a cancer; that starts from a dot and spreads to your heart."

– Aasef Shafik

"Just because a dog barks good it doesn't mean it knows its boundaries."

– Aasef Shafik

"A spoiled person is never satisfied." – Aasef Shafik

"Convenience before beauty." – Aasef Shafik

"Stand up for your rights or you will be labeled badly." – Aasef Shafik

"Use your education to benefit yourself and others, not against others."

– Aasef Shafik

"Some will impress there master even when it's wrong." – Aasef Shafik

"Things can happen suddenly before you realize it, so always think ahead."

– Aasef Shafik

"Religions don't divide us...they guides us." – Aasef Shafik

"Our thoughts are getting bigger, our world is getting smaller, our bond should get stronger, exploring other planets, is our future." – Aasef Shafik

Happy long life!

from

Global Peace Lovers

Glossary

agnostic – doubtful or uncertain about the existence or demonstrability of God or other deity.

altruism – Regard for others, both natural and moral; devotion to the interests of others; brotherly kindness; -- opposed to egoism or selfishness.

ambivalence – The coexistence of opposing attitudes or feelings (such as love and hate) towards a person, object or idea.

ambulatory – of, relating to, or adapted to walking ambulatory exercise. Able to walk about and not bedridden, an ambulatory patient.

amnesty – a general pardon, especially for those who have committed political crimes.

anthropology – study of humankind in all its aspects, especially human culture or human development. It differs from sociology in taking a more historical and comparative approach.

astonish – to surprise somebody greatly.

astute – quick at seeing how to gain advantage, especially for oneself; shrewd; critically discerning.

atrocious – an extremely cruel act; a heinous act of injustice.

auxiliary – helping; giving assistance or support.

beguile – to deceive or delude.

benevolent – having a disposition to do good; possessing or manifesting love for mankind.

biodegradable – capable of being decomposed by biological activity, especially by microorganisms.

biodiversity – the diversity of number and variety of species, plant and animal life within a region.

bureaucratic – relating to the way administrative systems are organized.

capitalism – a socio-economic system based on private property rights, including the private ownership of resources or capital, with economic decisions made largely through the operation of free market rather than by state control.

carnivore – any animal that eats meat as the main part of its diet.

cohabitation – an emotional and physical intimate relationship which includes a common living place and which exists without legal or religious sanction; act of living together.

collaboration – act of working together with one or more people in order to achieve something.

contraception – the prevention of pregnancy using artificial methods such as condoms and birth-control pills, or natural methods such as avoiding sex during the woman's known fertile periods.

contrivance – a means, such as an elaborate plan or strategy, to accomplish a certain objective; a device to perform a certain task.

cultivation – production of food by preparing the land to grow crops.

despotic – relating to, carried out by, or dictatorial.

despotism – misuse of power.

dexterity – ease and skill in physical movement, especially in using the hands and manipulating objects.

dogma – an authoritative principle, belief, or statement of opinion, especially one considered to be absolutely true.

edify – to improve the morals or intellectual of somebody.

embezzlement – The fraudulent conversion of property from a property owner.

empire – a political unit having an extensive territory or comprising a number of territories or nations and ruled by a single supreme authority.

empowerment – granting of political, social or economic power to an individual or group.

encroach – to intrude unrightfully on someone else’s rights or territory.

erroneous – containing an error; inaccurate

exterminate – to get rid of by destroying completely; to bring an end.

fascism – any movement, ideology, or attitude that favors dictatorial government, centralized control of private enterprise, repression of all opposition, and extreme nationalism.

fundamentalist – a religious or political movement based on a literal interpretation of and strict adherence to doctrine, especially as a return to former principles.

futile – incapable of producing results; useless; not successful; not worth attempting.

genocide – systematic killing of substantial numbers of people on the basis of ethnicity, religion, political opinion, social status, or other particularity.

glasnost – a policy that commits a government or organization to greater accountability, openness, discussion, and freer disclose or information than previously.

humanitarian – concerned with people’s welfare, and the alleviation of suffering; humane or compassionate.

ideology – doctrine, philosophy, body of beliefs or principles belonging to an individual or group; the study of the origin and nature of ideas.

imbibe – to take or receive into the mind, as knowledge, ideas, or the like.

implement – a tool or instrument for working with; to bring about; to put into practice.

impregnable – impossible to break or unbeatable; too strong to be penetrated.

indigenous – originating in and naturally living, growing or occupying in a region or country.

insolence – arrogant conduct; insulting, bold behavior or attitude.

interventionist – political interference or military involvement by one country in the affairs of another.

intolerance – unwillingness or refusal to accept people who are different from you, or views, beliefs, or lifestyles that differ from your own; extreme sensitivity to a food or drug.

jubilant – uninhibited rejoicing in the celebration of a victory or success.

lymphoma – a malignant tumor that arises in the lymph nodes or in other lymphoid tissue.

manifestation – an act of showing or demonstrating something; a symptoms or observable conditions which are seen as a result of some disease.

mediator – One who negotiates between parties seeking mutual agreement.

missionary – a person who travels to another country sent by a church to spread its faith or to do social and medical work.

monotheistic – belief that there is only one God, deity, spirit, etc. especially for an organized religion, faith, or creed such as found in Judaism, Christianity, and Islam.

mortal – subject to death; all mortal creatures.

multifarious – having multiplicity; having great diversity or variety; of various kinds; diversified; made up of many differing parts; manifold.

paradox – statement, proposition, or situation that seems to be absurd or contradictory, but in fact is or may be true.

parliament – institution whose elected or appointed members meet to debate the major political issues of the day and to exercise legislative powers, and in some cases executive or judicial powers also.

perestroika – the political and economic restructuring in the former Soviet Union initiated by Mikhail Gorbachev.

pessimism – a general belief that bad things will happen.

pilgrim – religious traveler; somebody who goes on a journey to a holy place for religious reasons.

posterity – all the future generations, especially the descendants of a specific person.

predecessor – somebody who held a position or job before somebody else.

predestination – fate or destiny.

profanity – abusive, vulgar, or irreverent language.

propaganda – a concerted set of messages aimed at influencing the opinions or behavior of large numbers of people.

propagate – to spread an idea, extend the knowledge of; to cause multiply by generation, or successive production to many people.

quotation – a fragment of a human expression that is being referred to by somebody else. Most often a quotation is taken from literature, but also sentences from a speech, scenes from a movie, elements of a painting, etc. may be quoted.

radiance – the quality of being joy, shining, bright or splendid or good health discernible in somebody's face or demeanor.

recession – the act of receding or withdrawing; a contraction phase of the business cycle.

redundant – having some unusual or extra part or feature.

rehabilitator – one who helps somebody return to return to good health or normal life by providing training or therapy.

relativism – a theory, especially in ethics or aesthetics, that conceptions of truth and moral values are not absolute but are relative to the persons or groups holding them.

relinquish – to give up, abandon or retire from something; to let go, either physically or metaphorically.

repudiation – the act of refusing to accept; the act of repudiating.

reverence – veneration; profound awe and respect; an act of showing. Respect, such as a bow.

revolution – a political upheaval in a government or nation state characterized by great change; the removal and replacement of a government.

serenity – the state or quality of being serene, calm, or tranquil; lack of agitation or disturbance.

shun – to keep away from (a place, person, object, etc.) from motives of dislike, caution, etc.; take pains to avoid.

shyster – (*slang*) an unethical, unscrupulous practitioner, especially of law.

squander – to scatter, to spend or use (money, time, etc.) extravagantly or wastefully.

squeamish – easily bothered or upset; tending to be nauseous or nervous.

steadfast – firmly loyal or constant; unswerving; steady.

strenuous – requiring physical effort, energy, stamina, or strength.

subjugation – the act or process of bringing somebody, especially a people or nation, under the control of another.

tenacious – tending to stick firmly to any decision, plan, or opinion without changing or doubting it.

tether – the utmost length to which one can go in action; the utmost extent or limit of ability or resources.

tribulation – any adversity; a trying period or event.

turbulence – state of confusion characterized by unpredictability and uncontrolled change.

tyrant – an absolute ruler who governs without restriction.

verbosity – the excess use of words, especially using more than are needed for clarity or precision; long-windedness.

veritable – true, factual

vivid – strikingly bright or intense in color.

wit – a form of intellectual humor.

References:

www.wikipedia.com- the free encyclopedia

www.wiktionary.org –the free dictionary

www.quotationspage.com-free - service that anyone can use

*We collected information's for this book from many people and sources. We apologize for any errors that we may have made.

Time is ticking...



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Thank God for Everything

We human have it made.
 Why hate let's celebrate.
 There's the moon, the prettiest light of the night.
 There comes sunshine nice and warm.
 There's the air your free to inhale.
 There's plenty of water to quench your thirst.
 There's yummy...yummy food that keeps you full.
 If you have peace in your dreams there's so much more to see.
 If you teach hate you'll destroy the world into many small pieces.
 And I'm sorry that will be the end.

Peace Not Ignorance

There's no difference between white or black.
 There's no difference between Muslims or Christians.
 There's no difference between North, South, West or East.
 To the eyes of God it's all the same.
 All creations are part of this land.
 No two people think alike.
 And that's their right.
 Cultures, dialects, names, symbols, ideas
 are the excitement of the identities of one globe and guides us in our
 own unique ways.
 Peace is the only way; life is a few seconds,
 teaching peace will bring you joy, teaching hate will destroy you.
 History has past, may peace be your future.
 Peace!

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